



October ♦ November ♦ December 2016

Cougar ♦ Squak ♦ Tiger ♦ Grand Ridge ♦ Taylor ♦ Rattlesnake

IATC Founder Harvey Manning Honored at Cougar Mt. Park

by Ken Konigsmark

On a splendid and historic day, June 29, IATC's founder Harvey Manning was posthumously honored at a ceremony to rename two significant features within Cougar Mountain Regional Wildland Park in his memory.

The former Anti-Aircraft Peak Trailhead, as well as the Anti-Aircraft Ridge Trail, are now very appropriately renamed and re-signed as Harvey Manning Trailhead and the Harvey Manning Trail.

Harvey lived close by these features on the slopes of Cougar Mountain and while wandering the informal trails of the mountain during the 1970s and '80s recognized that these unprotected forests and peaks were doomed to be lost to urban sprawl without quick action to preserve and protect them. His championing for a new "wildland" park found a ready and receptive audience in County Executive Randy Revelle who took the first actions to purchase and protect what is now the largest urban wildland park in the nation.

In subsequent years, continually prodded by Harvey's typewritten missives, King County Councilmember Larry Phillips continued to advocate for further land acquisitions on Cougar Mountain and throughout the Issaquah Alps. Harvey's tireless efforts, along with the



HONORING HARVEY: from left to right, Katy Terry (Deputy Director, KC parks), Don Makai (KC), Reagan Dunn (King County Council), IATC's Kirt Lenard, Larry Phillips, Fred Jarrett (Dep. Director, King County Exec), Randy Revelle, and Penny Manning (Harvey's daughter). Revelle, former King County Exec, initiated action for the Cougar park; Makai pushed for the Manning rename; Phillips was a long-time KC Council champion for the park and open space. (Photo by Ken Konigsmark)

strong support of Revelle, Phillips, and others, left an invaluable lasting legacy of public open space not only on Cougar Mountain but throughout the entire Issaquah Alps.

With this legacy in mind, King County Parks moved to rightly honor Harvey in the June 29 ceremony that, also rightly, included both former County Executive Revelle and Councilmember Phillips as key speakers. They, along with other featured speakers, praised Harvey's sustained push for open space on

Cougar Mountain and elsewhere, recognizing that were it not for such a preservation vision and tireless advocacy Cougar Mountain Regional Wildland Park simply wouldn't exist.

Harvey's daughter Penny also attended and spoke wistfully of her memories of her father's camping trips with her and his teachings of the values of nature. Penny expressed gratitude that her father would be remembered in such a

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The Apparatus

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IATC subsists on member donations only. Please send your tax-deductible contributions to the address above to help sustain our efforts to preserve, protect, and promote the Issaquah Alps and local environment.

Articles are welcome, preferably via e-mail to: d.simpson6191@gmail.com
Send diskette or hard copy to post office box number above.

Issue deadlines: November 21 for January; February 21 for April; May 21 for July; August 21 for October.

(Note: All telephone numbers are area code 425 unless otherwise noted.)

PRESIDENT'S REPORT

By Kirt Lenard

It has been a busy summer in the Issaquah Alps! The club continues to host hikes, build and repair trails, publish an excellent newsletter, and above all, encourage the preservation of green spaces. I am continually amazed by how much we are able to accomplish given the fact that we are a 100% volunteer organization. My thanks to all of you whose efforts make it happen!

One thing your Board and Officers are charged with doing is looking out for “the next big thing.” In other words, besides all the important work the club is doing, what else should we be planning for? Our mission remains the same, but our challenges change all the time and we need to adapt. Is there anything we should be doing: More of? Less of? Or not at all?

As we start gathering our thoughts for the Annual Membership meeting, I would love to hear from our members and friends with suggestions. Thanks in advance for your ideas.

Besides all that, we have also been doing a little infrastructure work, up-dating and revising our membership and mailing lists to better keep in touch with our members. Along these lines, another of our volunteers, Monica Poinescu, has been very helpful organizing and analyzing the club membership information.

Taking a look at the results, one thing we noticed right away is that the club has not done a great job of letting everyone know the status of their membership. We certainly don't want to lose track of a member because we didn't reach out and keep in touch!

I have recently seen notes included with contributions to the effect that ‘... I don't know exactly when my membership expired, I think several years ago, but here is a contribution anyway...’ That's a tribute to the loyalty of our members, but we think a gentle

reminder from the club now and then might be helpful. We will do better!

And thanks to all of you who contribute regularly and generously to the club despite our shaky membership system!

It wouldn't be a President's Report without a plea for volunteers! Several of you have stepped up recently and we appreciate it very much. We still need more hike leaders, trail workers and especially right now we need someone willing to take over the job of club treasurer. Let me know if you are interested in helping out in any capacity.

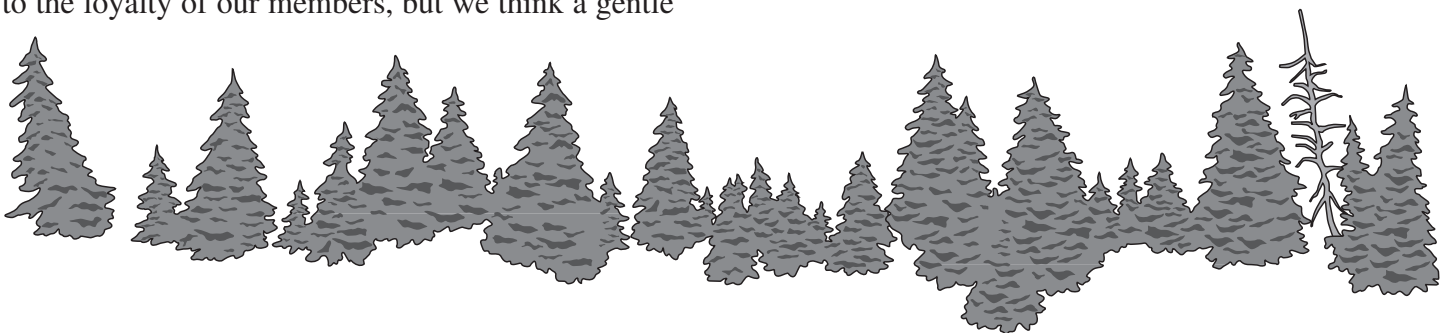
Also, before you know it, we will be having our Annual Membership meeting in January. All eligible members will receive a formal invitation to attend and we hope you will join us. More details to follow.

That's about all for now. See you out on the trails and enjoying the gorgeous fall weather!

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fitting way on the mountain that was his and her “backyard” as well as the beginning of protection efforts that resulted in tens of thousands of acres now being publicly owned and protected within the Issaquah Alps.

IATC President Kirt Lenard also spoke on behalf of the club, honoring Harvey while challenging each of us to continue this legacy into the future. IATC thanks King County Parks for their effort to honor Harvey and pay tribute to his key role in the creation and expansion of Cougar Mountain Regional Wildland Park.



ADVOCACY REPORT FOR FALL 2016

By Dave Kappler, 425-652-2753

This is a summary of some of the issues I have been working on in my role as Vice President for Advocacy. Please feel free to contact me for more information about anything mentioned or anything not mentioned that the club should show an interest in.

A new plat was proposed west of Swedish Hospital in the Highlands. The plat was in an area popular with walkers, but no trail was proposed in the development. Through the development approval a nice trail routing was approved. The routing may be improved if a city purchase of adjoining county property is completed.

The above mentioned county property includes the steep still wooded slope west of the hospital and land both below and above the forested slope that has development potential and the potential for important linking trails.

I've been working with some Highlands' residents to support a looping interpretive walking trail south of the proposed Bellevue College property.

The county is working on expanding the Big Tree Ridge Trailhead. The actual trailhead is not in the city, but the city needs to work with the county to make this trailhead the best it can be and make sure access is improved as the city implements its Newport Way improvement projects.

Near this trailhead there are three issues I am working on. The biggest one is the proposed plat of the Bergsma property. We have a chance for some great trail connections and permanent protection of 12.5 acres of great trees and streams adjoining the county property. I'm a broken record with the city and Rowley staff about the need for a bike and pedestrian bridge across Tibbetts Creek in line with Maple Street. This is the much needed connection from the Issaquah Transit Center to Cougar Mountain and supports our vision from the 1970s for "Wilderness on the Metro."

Across Newport from the trailhead there is new plat with trail issues that I have been working on as well.

There is a development along Tibbetts Creek across from the Talus entrance. The site is about 22 acres, but through clustering 75% will be in open space. We have a chance to add another link to the long proposed Lake Sammamish to Cedar River Trail and a link from SR 900 to this trail.

Two issues not in the City of Issaquah: Restore some views from West Tiger 3. Parking at the landing area for Poo Poo Point is limited and due to wetland, creek and private ownership issues is very hard to expand. This results in people walking long distances along the Hobart-Issaquah Road on very narrow road shoulders. The actual Poo Poo Point Trail that begins at Issaquah High School is a longer alternative route and not as direct as it takes hikers above and east of the Point before descending to the Point. Some exploring may lead to a more efficient routing of this trail.

There are a number of "big picture" planning and implementing topics the club is involved with. Some of these efforts require acquisition of key properties and staying out of the negotiations is usually best for the most efficient use of public tax dollars and the actual acquisition of needed properties. We have a great group of governments and agencies working in our interest and sometimes staying out of their way is the most effective support we can offer!

CITY PARK GETS BOOST

The Issaquah City Council used its park mitigation reserves to supply needed moneys to complete funding for its downtown city park. Mayor Fred Butler called the park "the crown jewel of the city's park system." The second phase of Confluence funding includes a timber arch pedestrian bridge, a playground update, pedestrian paths, two creek overlooks and a new parking lot at Margaret's Meadow.

Butler added, "Over the years, as we have preserved this land piece by piece, we have never lost sight of our goal to create a beautiful park in the heart of our historic downtown." The expenditure passed five votes to two, with the nays reluctant to add more funding to the project.

IATC Honors Scholarship Winners at Board Meeting

By Gail Folkins

The Issaquah Alps Trails Club Board kicked off its quarterly meeting on July 28 by honoring its two scholarship winners. IATC President Kirt Lenard first introduced David Vaiser, who attended Hazen High School and will attend the University of Washington with an eye towards a molecular biology major. Vaiser's suggestions for getting more young people involved in IATC were to work with Boy Scout troops on hikes and trail work. He also suggested field trips for elementary age kids to the Issaquah Alps.

Cassandra Slauch, also a Hazen High graduate, will attend Brigham Young University. She is familiar with the Alps through her cross-country running on Cougar, and work on the trail at Beaver Lake Preserve. Board members agreed to conduct additional outreach at area high schools in support of the scholarship program.

The IATC is still seeking a treasurer – in the interim, Lenard is performing these duties with the help of Monica Poinescu, who is also assisting Lenard with membership and renewals. The board discussed using a single annual renewal date for all members, which would be announced in the fall *Alpiner*. The board also discussed encouraging members to subscribe to digital versions of the newsletter due to the cost of the print version. In social media news, the club has 600 new “likes” on Facebook.

Thanks to the help of various volunteers on the TMT trail work over the past few months, renovations are nearly complete. Cornelia Remy has agreed to keep club hiking records for next quarter. Later in the meeting, the IATC Board supported David Dumphy's plans for a second family hike.

The board made plans to take part in WTA's 50th Anniversary event in Snoqualmie with a booth staffed by several board members. Dave Kappler will coordinate this year's IATC presence at Issaquah Salmon Days Oct 1-2.

IATC has quite a few trail books with out-of-date routes that still offer historical value in trail naming and origins. The club will keep a few books for board

members, donate copies to historical societies, and award others as prizes at this fall's events.

Kappler reported several issues in the advocacy report, including a proposed trail route as part of development west of Swedish Hospital in the Highlands; trail connections between the Issaquah Transit Center and Cougar Mountain; a link in the Lake Sammamish to Cedar River Trail; and improved access to Poo Poo Point.

Ways to Engage w/ the IATC – From Online to Outside

By Gail Folkins

IATC members have a variety of ways to interact with their club, whether liking a post on social media or participating in trail work. Depending on the weather, time, and one's inclination, club involvement can range from the click of a mouse to an afternoon spent on the trails.

The popularity of IATC's Facebook page, which the club has had for about four years, is growing, as evidenced by its recent surge in “likes” (with 600 recently added). IATC board member Tom Anderson, who manages the page, has begun using low-cost “boosts” for certain posts to increase their reach. The club also has Twitter and LinkedIn accounts, which it hopes to expand through posts and usage.

The IATC website, updated by webmaster and IATC board member George Potter, houses the most up-to-date hiking information for members along with club information. An upcoming initiative is reformatting the website to a small-screen format for tablets and smart phones. Potter also welcomes photo submissions from members showing their local hikes.

For outdoor involvement, IATC offers hikes of varying distances and levels on most weekends, along with weekday hikes. These hikes, in addition to providing recreational opportunities, help spread the

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ALPS VIEW AT ISSUE

Dear Editor,

I understand from my summer issue of the *Alpiner* that you are seeking input about disappearing viewpoints due to tree growth of summits, such as Middle Tiger. I recently had the pleasure of hiking Middle Tiger, and it is certainly a summit without a viewpoint.

A viewpoint is nice, but is not the ultimate reason that I hike. In fact, as I get older and more cranky, I find myself disappointed upon reaching summits that display too clearly the urban sprawl that has decimated the lowlands and not a few of the highlands hereabouts.

With respect to summits like Middle Tiger, if there is desire to create a viewpoint I would suggest you orient the viewpoint to the west and leave the trees screening the view of Mirrormont, the King County landfill and beyond. There is a stretch of the trail above Zeig's Zag on the TMT that provides a wonderful territorial view over the foreground clearcut and framed by the masses of both South and East Tiger that looks mostly southwest to the Cascades as far as the Fifes Peak and Castle Mountain areas north of Mt. Rainier. No subdivisions in sight! That is a view to be treasured.

I've also been up the West Tiger summits II and III this summer and, not having been there since the last century, the trees have certainly grown in the meantime. Again, if you are contemplating improving the views, I would suggest views toward the crest of the Cascades and leave the trees screening the view of urban areas. With all the population growth we've suffered, it is becoming increasingly important to try to preserve some sort of "feel" of wilderness, even if it is apparent and not real. It's good for the soul.

Jena Gilman, North Bend



TEST YOUR IATC KNOWLEDGE

- 1) Who was the founder of the Issaquah Alps Trails Club?
- 2) What is the IATC website address?
- 3) Name 5 of the 6 mountains or geographic areas considered to be within the Issaquah Alps.
- 4) What is the name of IATC's quarterly publication?
- 5) What is the official name of the King County park on Cougar Mountain?
- 6) Within +/- acres, what is the acreage of county lands on Cougar Mountain?
- 7) How many miles of hiking trails exist within the park on Cougar Mountain?
- 8) In 1990, IATC gave birth to what has become a larger regional effort to conserve open space and build and maintain trails. What is the name of that organization?
- 9) What is the name of the prominent point on Tiger Mountain where hang gliders launch from?
- 10) Within +/- 500 feet, what is the elevation of Tiger 1, the tallest peak on Tiger Mountain?
- 11) Squak Mountain State Park was created by a donation from which well-known Seattle family?
- 12) Where is the "hiker hut" located?
- 13) What is the name of Tiger Mountain's across-the-mountain trail created by IATC's Bill Longwell?
- 14) What are the names of the two lakes located on the flat plateau adjoining the I-90 exit 20 trail head for west Tiger Mountain?
- 15) Within +/- 2 years, when was IATC founded?

(See answers on p.9)



PARKS' MCGILL STEPS DOWN

After 28 years with the Issaquah Parks Department, the last 12 as director, Anne McGill has retired.

"We worked as a team" McGill said, "and with the help of the 2006 and 2013 park bond passages we got a lot done." She cited the accumulation of all 15.5 acres from various acquisitions to create the downtown Issaquah Confluence Park as critically important.

McGill graduated from Sammamish High School and the University of Washington in 1981. She worked on parks for the City of Bellevue before being hired for the parks job in Issaquah. She joined the Issaquah Alps Trails Club in 1988 but lapsed when her family later moved to Snoqualmie.

"The team of Al Erickson Margaret Macleod, Brian Berntsen and Matt Mechler was terrific to work with. Margaret was wonderful, a great grant writer and friend I still miss every day," she stated.

McGill lauded her relationship with IATC, saying it was always supportive and helped so much with volunteer projects and with money for signage from the Connie Marsh donation to the club.

In retirement she has more time with husband Richard, her four kids and seven grandchildren. Since retiring, she's done a lot of child care. She and Richard plan to do lots of travel in the future, notably to Grand Canyon and Cuba. She also hopes to become a more active hiker.

McGill's replacement, Jeff Worthy, has been parks director in Sammamish and Kent, providing lots of experience. She also praised Jennifer Fink, who replaced Macleod as Interagency Coordinator.

VET HOWATSON PASSES

Long-time IATC member Ron Howatson passed away on June 8. Howatson, who was 83, lived in Preston and graduated from Issaquah High School in 1950. He lived on Tiger Mountain for years, and often worked on trails there.

Howatson was a Seabee in the U.S. Navy during the Korean War, after which he embarked on a 40-year career as an electrician. He had four children, three stepchildren, 14 grandchildren and 16 great grandchildren. A devoted family man, he was preceded in death by wife Norma in 2015.

"Ron would always come out to help if asked," friend Sally Davies said. "He'd come driving up in his big red truck."

He was an active member of Bill Longwell's Weed Whackers, an experienced group that worked regularly on trail projects. He was very skilled at tree-cutting.

Howatson was very proud of his military service. Active in the Veterans of Foreign Wars (Veteran of the Year in 2012), for over ten years he placed flags on the graves of veterans at Issaquah's Hillside Cemetery. He used to carry a VFW flag, leading the front of each Salmon Days parade.

"Ron used to lead an annual hike of the entire 16-mile Tiger Mountain Trail," Doug Simpson recalled. "He was a terrific leader who knew how to pace the long, demanding trail for all the hike participants." Besides an active family life and hiking and trail work activities, Howatson enjoyed gardening, vintage cars and tractors, of which he had a collection.

Hopefully, someone will remember to put a flag on Ron's gravesite next Memorial Day.

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word about protected areas. Advocacy, another club mission, aims to preserve wilderness and provides another occasion for member involvement.

Another means of club engagement is helping shape the trails. Work parties bring together club members and volunteers to maintain and enhance established routes that may be compromised due to wear-and-tear, weather, or a combination of factors. These trail initiatives are an excellent way to contribute to the club and learn new routes to explore in the future.

Chapter 13: 1992-Spring 1993:

DNR CLARIFIES TIGER CONSERVATION AREA

By Doug Simpson

With King County Parks developing a master plan for the Cougar Mountain Regional Wildland Park, IATC President Gus Nelson addressed the need for wildlife corridors. "Without wildlife corridors to connect the wildland park with other natural areas, its wildlife value will be lessened, so much so that the park's wildlife will face decreasing survivability in the face of urban growth," Nelson wrote in his message to club members.

Nelson also vowed that the club would strongly encourage the acquisition of Section 9 on Squak Mountain to increase Squak Mountain State Park from the present 550 acres to 2200 acres, 40 percent of the mountain.

A battle between IATC and the City of Issaquah was in progress over a comprehensive trails plan for the area. The club had proposed such a plan, but now the city was apparently adopting its own plan independent of IATC input.

Greenway Chief Ted Thomsen, also an IATC board member, was encouraging membership to get actively involved in the Mountains to Sound Greenway Trust. He listed thirteen task forces that interested parties could get involved with.

Doug McClelland, of the local Department of Natural Resources, with colleagues Wendy Sammarco and Dan Pomerack, wrote an article for the *Alpiner* clarifying the nature of the Conservation Area, which part of Tiger Mountain had become. "This area was chosen because of its unique environmental and scenic features and opportunities for continued low-impact recreation," McClelland wrote. The conservation area was to be over 200 acres, about a fifth of the Tiger Mountain State Forest. At issue was the need to blend the goals of the Conservation Area with the concept of a working state forest.

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In the second issue of 1992 (April-June), the Save Lake Sammamish organization was appalled at development plans for the 61-square miles of the Issaquah Creek Basin between Preston and Cougar Mountain, Hobart and Lake Sammamish. The plan

would reduce forest land from 72% to 5%. Joanna Buehler was leading the organization's efforts to block the proposal.

In the second part of his clarification on the Tiger Mountain Conservation acreage, McClelland elaborated on the distinction. The state forest portion allows for an annual harvest of 125 acres of timber, which provides revenue for schools and King County.

To further inform hikers about the I-90 Greenway corridor, Joe Toynbee announced an intensive six-hike program from July 11-26, from Snoqualmie Pass to Discovery Park in Seattle, a distance of 70 miles.

NELSON RESIGNS PRESIDENCY

After Gus Nelson's resignation from the IATC presidency based on his dispute with the City of Issaquah over its trails plan, the club was without a president. Bill McFerrin was the vice-president in charge of operations trying to hold the club together. Nelson had served for less than a year.

In "Pursuit of Amiable Science," Fred Weinmann discussed classification of plants, noting that most plants on Tiger Mountain were blending nicely in that environment. One of his questions was "What unique forest and wetlands ecosystems can we share without damaging the resources?"

In his third installment on "Recreation Management in a Working Forest," DNR's McClelland stated that "The land managers are trying to provide a balance" between timber harvest and recreation. He noted that DNR considers hiking trails an asset in harvest areas.

Peggy Bardchi, in an article entitled "Babes on Trails," took issue with the notion that mothers with pre-school kids would be kept from hiking. She discussed her experience hiking with toddlers, including numerous suggestions for making the experience a good one.

Greenway's Ted Thomsen wrote of his vision for the Greenway and asked readers to write and share their

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expectations. For his own hiker vision, Thomsen suggested a three-day hike: 1) the lowland trails using the Iron Horse Trail, 2) the south ridge trail over the peaks and valleys of Cougar, Squak, Tiger and Rattlesnake, and 3) the north ridge trails from Mount Si through the Alpine Lakes Wilderness Area.

Though no longer club president, Gus Nelson contributed a lengthy article on the history of Squak Mountain, emphasizing the critical importance of the proposed Section 9 acquisition, necessary to avert a pending development of 31 homes. He lauded the role of the Trust for Public Land in stepping forward to help the cause. Section 9, Nelson stressed, is the critical missing link for a corridor from Cougar Mountain to Tiger Mountain and beyond.

In a related article, the first by Ken Konigsmark, the newcomer discussed an “assault” on Squak Mountain, a persistent violation of the “foot traffic only” signage by off-road vehicles and mountain bikes. Konigsmark urged members to aggressively push the Lake Sammamish State Park office, the State Parks Regional Office, the State Parks Commission, as well as King County and the City of Issaquah to take a more active role in protecting Squak Mountain. Konigsmark personally placed logs, rocks and other barriers across trails, sometimes confronted by the trail renegades.

Fred Weinmann, in “Brambling in the Alps,” discussed the prevalence of berries, six of which are in evidence. His article focused on Dewberries (“our only common native blackberry”), Salmonberries (delectable to some, bland to others), Thimbleberries (tart to some, flavorless to others), and Blackcaps (less abundant but like sweet raspberries).

Joe Toynbee announced a “Trail Cruises” plan in which the designated hike would be combined with some trail maintenance work, needed since “most of the trails have been built that are going to be built in the Issaquah Alps.”

About 100 people signed up for the six planned Greenway hikes over three weekends. Three hikers—B.J. Kirkendall, Mary Slattery and Dave Ziegler—did all six hikes, covering the Greenway route from Snoqualmie Pass to Puget Sound.

Ralph Owen announced the passing of 93-year old Lucille McDonald, co-author with her son Richard

of the IATC publication *Coals to Newcastle: A Hundred Years of Hidden History*. The book was chosen book of the year by a King County historical organization. McDonald was a long-time journalist who wrote over ten books on state history.

Club members Roger Delmer, Jack Hornung and Bill McFerrin were set to testify before an Issaquah committee to express IATC concerns about the city’s planned Recreational Trails Plan.

State DNR had hired graduate students David Wortman and Jennifer Powers from the University of Washington’s College of Forest Resources to make the Tiger Mountain State Forest Plan, incorporating the new West Tiger Natural Resources Conservation Area.

Gus Nelson and Jack Hornung were recognized by the IATC board for “their outstanding and successful work to preserve the Issaquah Alps.”

Ann Weinmann reported that IATC had led 65 sixth graders from Issaquah Middle School, along with teachers and parents, on four separate hikes on Cougar Mountain to introduce the students to a “wilderness experience.” Volunteer hike leaders from the club were Joe Toynbee, Ann Leber, Gail Palm and Jim and Mary Cadigan.

New hike leaders in 1992 were Mary Lynch, Bill McFerrin, Dawn and Lynda Millick, Patsey Parsons and Tom Walsh.

ALPS PHOTOS TO BE JUDGED

Up to ten photo contest entries will be judged by visitors to the IATC’s Salmon Days booth October 1-2. The three top vote-getters will receive REI gift cards for \$100, \$75, and \$50.

Unlike in last year’s contest, all photos will be judged in a single category. The entrants will have been judged on technical merit, composition and creativity as well as by best representing the natural beauty of the Issaquah Alps.

QUIZ ANSWERS (from p.6)

- 1) Harvey Manning; 2) www.issaquahalps.org;
- 3) Cougar, Squak, Tiger, Grand Ridge, Rattlesnake and Raging River; 4) *Alpiner*; 5) Cougar Mountain Regional Wildland Park; 6) 3194 acres; 7) 36 miles; 8) Mountains to Sound Greenway Trust; 9) Poo Poo Point; 10) 3004 feet; 11) The Bullitt family; 12) On top of Tiger 1; 13) The Tiger Mountain Trail; 14) Tradition and Round lakes; 15) 1979.

Hiking Information

Hike Leaders

Hike leaders are volunteers who donate their time to lead people who want to hike and explore the trails in the Issaquah Alps and other nearby foothills (Cascades) in King County. Hikes are scheduled and led year-round unless severe conditions pose a safety hazard. Minimum attendance is three, including the leader.

Trails in the Issaquah Alps may be good or bad, easy or hard, muddy or dusty, brushy or clear, steep or flat—or all the above. Some are not much more than animal trails. As volunteers, neither hike leaders, the Issaquah Alps Trails Club (IATC), or Club directors are in any way responsible or liable for a hiker's comfort, transportation, property, safety, or general well-being while traveling to and from the trailhead or hiking or working on any trail.

The Club's sole purpose is to show hikers where the trails are and to lead the way. The public, other clubs, youth groups, church groups, and others are welcome and wholeheartedly invited to join hike leaders and others who want to hike these trails. Children under 18 should be accompanied by an adult. Please, dogs only on designated dog hikes.



Degree of Difficulty

Very Easy: up to 4 miles and 600 feet of elevation gain – for beginners.

Easy: up to 6 miles and 1200 feet gain – not difficult for occasional hikers.

Moderate: up to 10 miles with 1200 to 2500 feet gain – usually not difficult for regular hikers.

Strenuous: up to 12 miles and 3500 feet gain – for experienced hikers in good condition.

Very Strenuous: over 12 miles and/or over 3500 feet gain – only for experienced hikers in very good physical and aerobic condition.

Hike Description Modifiers

Leader's choice: The leader had not decided where to hike before publication of the hikes schedule.

Trail party: Trail maintenance work party.

Exploratory: The leader goes cross country off the main trail system to explore animal trails, canyons, old logging roads, or old railroad grades.

Expect to go through brush, over logs, tiptoe through wildflowers, and/or mud while having a good time hiking where others seldom tread.

WEBSITE HELP NEEDED

IATC wants to update its website and could use help. If you are knowledgeable and can help, please contact George Potter at 425-557-6554.

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HIKING INFORMATION

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Family hike: For parents and children. Easy pace. Call leader for hike particulars.

NOTE: Group hikes do not lend themselves to dogs unless on designated dog hikes.

Meeting Place

Trails Club hikes meet in the parking lot at the corner of First and Bush streets next to the IATC clubhouse (the little yellow stationmaster's house). To get there, take exit 17 (Issaquah Front Street) from Interstate 90 and turn south into downtown Issaquah. Go about one mile through town on Front Street, then go two blocks past the light at Sunset Way, and then turn left on Bush Street. Go two blocks to Rainier and turn into the lot on the left.

Clothing

Dress for the Pacific Northwest outdoors. Expect rain, snow, sunshine, fog, and everything in between. Bring extra clothing, raingear, food, drink, matches, flashlight, and first-aid supplies. Wear comfortable hiking boots or hiking shoes.

Trail Maintenance

Volunteers periodically organize and schedule trail maintenance parties as listed in the hikes schedule. Work parties meet at the same place as hikes (see above). The club is well supplied with heavy trail maintenance tools, but workers may also bring their own loppers, weed whackers, and other tools.

Trail work parties last at least four hours. Trail maintenance is vital to the Club's work and is

✓ Checklist:

- Food
- Water
- Daypack
- Raingear
- Warm clothes
- Hiking Shoes

Each item is required in order to participate in an Issaquah Alps Trails Club hike!

Don't leave the trailhead without them!

an integral part of the Department of Natural Resources (DNR) management plan for Tiger Mountain.

Work parties must limit their activity to trails listed by the DNR as scheduled for maintenance. Construction of new trails is not allowed. Work parties are a great way to meet people!



Issaquah Alps Trail Club
P.O. Box 351
Issaquah, WA 98027

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**Issaquah Alps Trails Club Foundation and
Membership Request Form**



Name: _____

Address: _____

Telephone: _____ E-mail: _____

All donations are tax deductible. Your donations fund The *Alpiner* publication costs and the club's minimal operating costs first, with 100% of remaining funds being directed where they can best address the trail design, construction, maintenance and advocacy needs throughout the Issaquah Alps.

Don't forget to renew your membership!

☐ \$20 Membership Renewal (PDF Newsletter)

☐ \$25 Membership Renewal (Print Newsletter)

IMPORTANT: This form and your donation and/or membership request form should be mailed to:
IATC Foundation, P.O. Box 351, Issaquah, WA 98027