July 2015

July 1, Wednesday – 1PM Leader's Choice.. SLOW PACE. Easy, 5-6 miles, little elevation gain. Robbie Davis 425-369-4369

July 4, Saturday – 10AM HOLIDAY

Dogs Welcome – Leader's choice in Issaquah area
Bring leash/water/baggies.

Easy, 4-6 miles, up to 1000' gain.

Tom Pohle 425-481-2341

July 5, Sunday – 9:30AM

Cougar Mt - North East Loops (including logging history & lesser used trails).

Easy, 5 miles, 850' gain, slow pace.

Steve Williams 425-453-8997

July 8, Wednesday – 1PM Leader's Choice. SLOW PACE. Easy, 5-6 miles, little elevation gain. Robbie Davis 425-369-4369

July 11, Saturday – 8:30AM

Mt. Washington - Hike up the Great Wall

Trail to the spectacular view on the summit
and return on the shorter direct route.

Strenuous, 10 miles, 3300' gain

Discover Pass required for drivers

Dave Warner – 206-920-3212

July 12, Sunday – 10AM Stan's Overlook on Rattlesnake Mt Easy, 5 miles, 1200' gain Mary Nolan – 425-837-1535

July 15, Wednesday - 9:30AM Squak Mtn. - East Ridge, Thrush Gap and 'hobbit twolders' Moderate, 6 miles, 1700' gain, slow pace. Steve Williams 425-453-8997

July 18, Saturday – 9AM
Lila Lake - visit two beautiful lakes in the area.
Hike past Rachel Lake and on to Lila Lake.
These are not the easiest lakes to get to,
but they are well worth the effort. Rough trail
Strenuous, 11 miles, 2400' gain, Moderate pace
George Potter 425-516-5200



July 19, Sunday - 9AM

Mount Catherine - hike past the Twin lakes to visit
Mount Catherine for wonderful views of
Snoqualmie Pass and the Cascades to
the north and south.

Moderate, 6 miles, 2200' gain, Rough trail, Moderate pace
George Potter 425-516-5200

July 23, Thursday – 7PM IATC Board Meeting Trails Center – 1st + Bush

July 25, Saturday – 9:30AM Soaring Eagle Park Easy, 6 miles, 100' gain Richard Mann 425-633-7815

July 26, Sunday – 9AM
Tradition Plateau/Park Pointe Loop.
Start and end at the IATC clubhouse as we hike in the woods on a number of new and old trails on the lower slopes of Tiger Mountain.

Moderate, 7 miles, 1100' gain. Ralph Owen 425-270-3322.

July 29, Wednesday – 1PM Leader's Choice.. SLOW PACE. Easy, 5-6 miles, little elevation gain. Robbie Davis 425-369-4369

July 31, Friday – 10AM

Dogs Welcome – Leader's choice in Issaquah area Bring leash/water/baggies. Easy, 4-6 miles, up to 1000' gain. Jean Lanz – 206-322-0990

August 2015

August 1, Saturday – 8:30AM

Hall Creek - Change Creek loop

Explore the Hall Creek and Change Creek valleys on a long loop hike connecting trails and logging roads throughout the seldom-hiked ridges between Mount Washington and McClellan Butte.

We'll tag several summits and enjoy views galore.

Strenuous, 15 miles, 4000' gain.

Ben Pryor - pryorb@gmail.com

August 2, Sunday – Noon Mark's Cliff Trail on Squak Mt. Easy, 4-6 miles, 600'-800' gain Dave Kappler – 425-652-2753

August 5, Wednesday – 9:30AM
Twin Falls from Weeks Falls, I-90 exit 38
Wagon Road history, BIG trees, and 3 Waterfalls!
(Discover Pass required for drivers)
Easy, 4.5 miles, 700' gain, slow pace.
Steve Williams 425 453-8997

August 8, Saturday

Hike the Pacific Crest Trail north from
Snoqualmie Pass to Kendall Katwalk.
Group limit of 12 hikers.

MUST contact hike leader to sign up.

NW Forest Pass required for drivers.
Strenuous, 11 mi., 2700' gain.

Dave Warner – 206-920-3212 - warnerdh@aol.com

August 8, Saturday – 10AM

Dogs Welcome – Leader's choice in Issaquah area
Bring leash/water/baggies.

Easy, 4-6 miles, up to 1000' gain.

Tom Pohle 425-481-2341

August 9, Sunday – 8:30AM

Peak and a Half. A walk in the woods on this one way hike from Cougar Mt's Radar Park back to the IATC clubhouse in Issaquah. We'll drop to cross Highway 900 and then go up on over Squak Mt. on our way. Car shuttle required.

Strenuous, 10 miles, 2200' gain.

Ralph Owen 425-270-3322

August 15, Saturday – 9AM
Lake Lillian - hike past the Twin Lakes
and visit the lovely Lake Lillian. Rough trail
Moderate, 9 miles, 2500' gain, Moderate pace
George Potter 425-516-5200

August 16, Sunday – 9AM
Rampart Falls Hike - see the falls that cascade
down from the Rampart Lakes. Good trail
Moderate, 7 miles, 400' gain, Moderate pace
George Potter 425-516-5200

August 19, Wednesday – 1PM Leader's Choice.. SLOW PACE. Easy, 5-6 miles, little elevation gain. Robbie Davis 425-369-4369

August cont.

August 22, Saturday-8:30AM

Rainy Lake - from the Middle Fork Snoqualmie valley to a little-visited alpine lake at the foot of Preacher Mountain, with old growth forest and views of Garfield Mountain to enjoy along the way. NW Forest Pass required Strenuous, 10 miles, 3300' gain.

Ben Pryor - pryorb@gmail.com

August 23, Sunday - 9:30AM

Squak Mtn. - west side; 'olde campground'
New park - A ramble on old roads to wetlands,
ponds and rock walls with rare plants
Easy, 3.5 miles, 450' gain, slow pace.
Steve Williams 425 453-8997

August 26, Wednesday - 7PM

Hike Leaders' Meeting Trails Center, 1st + Bush

August 28, Friday - 10AM

Dogs Welcome – Leader's choice in Issaquah area Bring leash/water/baggies. Moderate, 5-7 miles, up to 1200' gain. Dori Ost - 206-939-3034

August 29, Saturday - 9:30AM

Cougar Mt from Sky Country TH Moderate, 7 miles, 1200'-1500' gain Richard Mann 425-633-7815

August 30. Sunday - 9:30AM

Leader's Choice in the Issaquah Alps Easy, 4-6 miles, 800'-1000' gain Scott Semans 425-369-1725

September 2015

September 5, Saturday - 8:30AM

Leader's Choice along the I-90 Corridor Strenuous, 10-12 miles, 3000'-4000' gain Ben Pryor - pryorb@gmail.com

September 6, Sunday - 9:30AM

Leader's Choice in the Issaquah Alps Easy, 4-6 miles, 800'-1000' gain Scott Semans 425-369-1725

September 7, Monday – 10AM HOLIDAY

Dogs Welcome – Leader's choice in Issaquah area Bring leash/water/baggies. Easy, 4-6 miles, up to 1000' gain. Jean Lanz - 206-322-0990

September 12, Saturday

Climb the Ira Spring and other trails for grand views from Little Bandera summit. Strenuous due to steepness and rocky areas. Group limit of 12 hikers.

MUST contact hike leader to sign up.

Strenuous, 8 miles, 3000' gain.

NW Forest Pass required for drivers.

Dave Warner – 206-920-3212 - warnerdh@aol.com

September 13, Sunday- 9:00AM

Debbie's View from new park on Squak Mt. Moderate, 6-8 miles, 1400'-1600' gain Dave Kappler – 425-652-2753

September 16, Wednesday - 9:30AM

Rattlesnake Ledges, I-90 exit 32 (Discover Pass required for drivers) Moderate, 4.5 miles 1,300' gain, slow pace. Steve Williams 425-453-8997.

September 19, Saturday – 9AM

Red Pass - hike through Commonwealth Basin to Red Pass along an old portion of the PCT. Good trail Strenuous, 10 miles, 2950' gain, Moderate pace George Potter 425-516-5200

September 20, Sunday - 9AM

Tinkham Lake - visit one of the hidden gems along the PCT. Rough trail. Moderate, 6-7 miles, 1700' gain, Moderate pace George Potter 425-516-5200

September 25, Friday – 10AM

Dogs Welcome – Leader's choice in Issaquah area Bring leash/water/baggies. Easy, 4-6 miles, up to 1000' gain. Jean Lanz - 206-322-0990

September 26. Saturday - 9:30AM

Squak Mt from the south entrance - Loop over Central Peak to fireplace and Debbie's View Moderate, 6-8 miles, 1500' gain Richard Mann 425-633-7815 September 27, Sunday - 9:30 AM Cedar Butte & Watershed history, I-90 exit 32 (Discover Pass required for drivers)

Easy, 4 - 5 miles, 1,000' gain, slow pace. Steve Williams 425-453-8997.



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IATC ENCOURAGES CARPOOLING and recommends a contribution to your driver for gas 15¢/mile, \$1.00 minimum



GEAR CHECKLIST:

WATER, FOOD, DAYPACK, RAINGEAR, WARM CLOTHES, HIKING FOOTWARE



Hikes meet beside the grassy area located approximately at 175 Rainier Blvd S, Issaquah (near SE Bush St).



HIKES LEAVE AT THE TIME STATED. PLAN TO ARRIVE A BIT EARLY



Bring your WA Discover Pass and your National Forest Pass, if you have them. A DISCOVER PASS WILL BE REQUIRED for vehicle parking for any hike on state lands. GO TO discoverpass.wa.gov for details.



A NORTHWEST FOREST PASS or an INTERAGENCY
PASS WILL BE REQUIRED for vehicle parking
for any hike in National Forests, etc. - for details,
GO TO fs.fed.us/passespermits/rec-fee.shtml