Newsletter of the Issaquah Alps Trails Club

ALPINER



April ♦ May ♦ June 2015

Cougar ♦ Squak ♦ Tiger ♦ Grand Ridge ♦ Taylor ♦ Rattlesnake

25th GREENWAY TREK

By Doug Simpson

Up for a celebration—and have lots of energy and stamina? Then you may wish to participate in the Greenway 25th Anniversary Trek this July 11-19. To do the full nine-day outing, however, you need to both hike and bike from Ellensburg to Seattle, covering 133 miles.

Participants gather in Ellensburg for a campout on the 11th, then after breakfast pedal off at 9 a.m. for a 26-mile ride to South Cle Elum. The biking continues for four days, the last including the two-mile long Snoqualmie Tunnel, from the summit to Rattlesnake Lake, another 26-mile jaunt in all. That day is available to bikers for a single-day outing.

Then, bikes aside, the feet take over as hikers have days of 10, 10, 9, 13, and 11 miles from Rattlesnake Lake to the Seattle waterfront. On the 18th, another one-day outing is available from Issaquah to Bellevue, dubbed "the Hidden Trails of Cougar Mountain." In all, the trek covers 133 miles.

The hiking pace is about two miles per hour, the biking one around seven mph. After rising at 7 followed by breakfast, the trekkers set off

continued on page 5

HOW TO REPORT A PROBLEM

What do you do if you discover a situation, problem or concern when hiking in the Issaquah Alps? Reporting an issue can be difficult. When hiking on Squak Mountain, for example, you may be on property managed by the City of Issaquah, King County Parks or Washington State Parks. And people frequently talk about "Tiger Mountain State Park" instead of West Tiger Natural Resources Conservation Area or Tiger Mountain State Forest.

The same confusion can occur on all our public lands in the Mountains to Sound Greenway corridor. We have set up an email address that you can use to report something that just doesn't seem right. We will help to figure out what jurisdiction should respond, and we can help get notification to the correct person in the responsible agency. Of course, in the case of an emergency, calling 911 would be the appropriate response.

To report a concern please email us at: Concerns@IssaquahAlps.org.

SCHOLARSHIP AVAILABLE

The Issaquah Alps Trails Club annually sponsors the Bill Longwell Memorial Scholarship, available to the year's graduating seniors. Top prize is a \$1000 scholarship, with second place getting \$500 and third place getting \$250. Entrants must complete BOTH events described below and submit their application and essay by May 1, 2015. (See the online Alpiner for the cover sheet that accompanies the essay.)

The topic: Participate in one hike sponsored by IATC (see schedule at Issaquahalps.org) AND one trail work party through the Washington Trails Association or the Mountains to Sound Greenway. (Trail work parties are listed on their respective websites; some are also listed on the club website.) Talk with the hike and trail work leaders as well as other members of the groups. In a 600-800 word essay describe BOTH experiences and what you feel you have gained from them. What insights did you gain about both organizations and how they have benefited recreation in this area?

High school graduating seniors who are offspring of IATC members are also eligible to apply.

Submit applications electonically in Word format to Jackie Hughes Jhughes 102010@live.com by May 1st.

The Apparatus

CLUB FOUNDER

Harvey Manning

PRESIDENT

David Kappler • 392-3571 • David Kappler@hotmail.com

VICE PRESIDENT

Doug Simpson • 823-0747 • dsimpson6191@gmail.com

TREASURER

Jackie Hughes • 641-3815 • jhughes62003@yahoo.com

SECRETARY

Kathleen Petty • 885-4349 • pettykathleen95@gmail.com

BOARD OF DIRECTORS

Tom Anderson • 206-245-3787 • tnetherly@comcast.net

Kirt Lenard • 894-7790 • kdlenard@gmail.com

Rachel Hopkins • 206-715-5009 • rachelberningerhopkins@gmail.com

Ken Konigsmark • 222-4839 • kenkonigsmark@yahoo.com

George Potter • 557-6554 • george.q.potter@gmail.com

Scott Prueter • scottp222@hotmail.com

Doug Simpson • 823-0747 • dsimpson6191@gmail.com

Ed Vervoort • 206-523-6461 • evervoort@comcast.net

Steve Williams • 453-8997 • SWilliams 453@yahoo.com

LEGAL ADVISOR

Jim Hilton

HIKES COORDINATION

Jackie Hughes • 641-3815 • jhughes62003@yahoo.com

Jean Lanz • 206-322-0990 • lanzjb@earthlink.net

Joe Toynbee • 228-6118 • toynbee@blarg.net

BOOK SALES/DISTRIBUTION

Scott Prueter • scottp222@hotmail.com

WEBMASTER

George Potter • 557-6554 • george.q.potter@gmail.com

CHIEF CARTOGRAPHER

Harry Morgan • 432-3249 • hcmorgan@gmail.com

THE ALPINER

Doug Simpson • 823-0747 • dsimpson6191@gmail.com

ADVOCATES

Cougar Mountain: Steve Williams • 453-8997 • SWilliams 453@yahoo.com

Issaquah: Connie Marsh • 392-4908 • auntgrumpy@comcast.net

Tiger Mountain: Ed Vervoort • 206-523-6461 • evervoort@comcast.net

Rattlesnake Mountain/Taylor Mountain: Ralph Owen • 270-3322

Squak Mountain: Cathy Brandt • 430-9877

VOLUNTEER TRAIL MAINTENANCE COORDINATOR

Open

MOUNTAINS TO SOUND GREENWAY

Ken Konigsmark • 222-4839 • kenkonigsmark@yahoo.com

Whenever possible, please use e-mail to contact any member listed below.

The Alpiner is published in January, April, July, and October.

Issaquah Alps Trails Club PO Box 351, Issaquah, WA 98027 Website: www.issaquahalps.org

IATC subsists on member donations only. Please send your tax-deductible contributions to the address above to help sustain our efforts to preserve, protect, and promote the Issaquah Alps and local environment.

Articles are welcome, preferably via e-mail to: d.simpson6191@gmail.com Send diskette or hard copy to post office box number above.

Issue deadlines: November 21 for January; February 21 for April; May 21 for July; August 21 for October.

(Note: All telephone numbers are area code 425 unless otherwise noted.)

PRESIDENT'S REPORT

By David Kappler

We are keeping busy carrying on all the efforts of the club. Trail restoration projects led by club members, Washington Trails Association, King County Parks, Issaquah Environmental Council, City of Issaquah and Mountains to Sound Greenway are ongoing. Two and often three free hikes are offered each week led by our expert guides. April is Earth Day month, and we will be working on removing invasive plants at the High Point Trailhead on the actual Earth Day, Wednesday, April 22, and working on Issaquah open space on Keep Issaquah Beautiful Day, Saturday, April 25.

These and other events will be updated on our webpage: IssaquahAlps.org.

Saturday, June 6 is National Trails Day, and entry to state parks and other facilities will not require a Discover Pass that day. Many groups and agencies will be sponsoring events.

Perhaps the biggest event of the year for our club will be on National Trails Day. It is the proposed opening of the new King County Trailhead on SR900 on the former Issaquah Highlands Camping Club site, including new trails on hundreds of acres of King County land that previously had no access or trails. Construction of the trails on this land has been led by hundreds of WTA volunteers, county crews and IATC club members. If everything stays on schedule, the opening on the site will be quite a celebration, with a variety of guided walks and hikes and other events. Our website will provide the full plans as they are developed. In the meantime, please check our website and volunteer for trail construction events planned for Squak.

Help us celebrate Earth Day and National Trails Day this spring!





HIKERS CORNER

By Joe Toynbee

Some of our hikers may wonder what happens to the signup sheet filled out at the trailhead. After the hike, the sheet is sent to a member of the Hikes Coordination

Committee. The sheets are then filed chronologically.

Further use might include: Determining which hikes are the most popular. Are we scheduling enough hikes? Do we need more leaders? One bit of information is that two-thirds of our hikers are women. Are we macho enough? Another fact is that our hike groups average about eight participants, a remarkably steady count over the years. Also, not surprisingly, bad weather reduces hike turnout noticeably.

After a couple of years the signup sheets are disposed of.



DNR BRINGS REVENUE

The Washington Department of Natural Resources generated more than \$265 million on non-tax revenue in 2014, according to Commissioner of Public Lands Peter Goldmark. The money benefits K-12 public schools, colleges, universities, state institutions, county services and other beneficiaries.

"There were many other accomplishments in 2014, which contributed substantially to our goals to manage the state's resources sustainably, making decisions based on good science, in the public interest and with the public's knowledge," Goldmark wrote in his annual report.

Goldmark cited DNR efforts in responding to the horrific Oso landslide and in dealing with record enormous fires last year.

AN EDITORIAL:

IATC LEADERS GIVE OF THEMSELVES

Everyone knows that no member of the Issaquah Alps Trails Club makes a penny for his time or services—not the hike leaders, not the board members, not even the club president. Those of us who are active in the club give of ourselves out of respect for the club and because of our love of hiking and the trails and mountains that make the outdoors here so extraordinary.

Club members are certainly aware of the consuming dedication of club president DAVE KAPPLER. Throughout his many years on the Issaquah City Council, he never overlooked the activities and issues of the club. His recent successful efforts in acquiring acreage on Squak Mountain rather than seeing it logged and developed by private interests were above and beyond.

Three former presidents, rather than stepping back once the presidential pressure is off, remain active in the club. KEN KONIGSMARK spent six years as the club leader and more than that as a vice-president for advocacy affairs. His contacts throughout the state are invaluable to the club. STEVE WILLIAMS, after years as the manager of the Cougar Mountain Regional Wildland Park, took a break and stepped up for three years as president. His leadership was significant for the club in some critical years. He serves on the scholarship committee and even acted as secretary at a recent board meeting. I spent four years as president myself and many years since as vice-president.

Other board members are also very active in the club. GEORGE POTTER seems omnipresent, having served as webmaster, treasurer, frequent hike leader, and trail worker. . . JACKIE HUGHES, after years as treasurer, has worked for years as a hikes coordinator and member of the scholarship committee and is now treasurer again. . . ED VERVOORT practically lives on Tiger Mountain, spending countless hours working on cleaning and maintaining trails. . . SCOTT PRUETER has taken on the task of overseeing the club's books and maps. . . KIRT LENARD not only helps with trail work but has become our specialist

on insurance matters. . . RACHEL HOPKINS is working to improve the club's presence in the social media. . . KATHLEEN PETTY has been a most efficient secretary for the past four years. . . JIM HILTON is not a board member, but has proven to be dedicated and involved in the legal issues for the club, most recently spearheading important bylaws revisions.

Outside of the board there are perhaps twenty others who, rain or shine, take on the task of leading hikes and all the attendant responsibilities.

Still, despite the dedication of its leaders, the IATC needs new blood and some younger bodies to carry the torch. Readers, can you help us?

-- Doug Simpson

COUNCIL SETS PARK NAMES

Confluence Park is now the official name of temporarily dubbed Confluence Area Parks, the Issaquah City Council established. Confluence is a 15.8 acre property at 655 Rainier Boulevard North.

The former Darren Pritt property at 5th Ave. NW and Juniper Street has been dubbed Salmon Run Nature Park. It's a passive park with views of Issaquah Creek. The Council accepted the Park Board recommendation to consolidate the Hope family property on Front Street South into the existing South Issaquah Creek Greenway.

Within the Confluence Park the Council designated three smaller areas, the Tulle Anderson Homestead, Cybil-Madeline Green, and Margaret's Meadow. The latter honors the late Margaret Macleod, city parks planner and interagency coordinator, who did so much for land conservation and trail and park projects, acquiring millions in grant money. She had a hand in the acquisitions of all these properties.

25TH GREENWAY continued from page 1



at 9 a.m. for the day's outing. Snacks and lunch are provided enroute, with stopping for the day sometime between 3 and 5 p.m. followed by dinner at 6.

This year marks the 25th year since the original march in 1990 when a hundred hikers marched

from Snoqualmie Pass to Seattle in five days. Early stalwarts of the Issaquah Alps Trails Club, Harvey Manning (the idea) and Jack Hornung (putting the idea into practice) originated the concept and vision.

In 1991, the Greenway Trust was formed "to bring attention to the remarkable natural and historic assets of an Interstate 90 landscape threatened by rapid population growth and sprawl." And, of course, to strive to protect and preserve it.

Expenses to put on such a marathon trek are considerable. The charge for the full nine days is \$425 (\$375 if you pay before March 31—hurry!). For biking days only it is \$275 per person, hiking only \$350 each. The single Snoqualmie Tunnel day costs \$25, as does the solo Cougar hike day.

Payment covers all meals, insurance, permit fees, truck and logistical support, a t-shirt, route map, portapotties and all administrative costs.

The 2011 trek was the first to depart from Ellensburg and include a biking element. This year twenty youths from the YMCA's "Bold and Gold" program will be invited "in order to nurture multi-cultural leadership skills in teenagers through outdoor experience."

The Greenway appeals to possible participants to "join us" and "explore spectacular trails, mountains, and communities, on a fully supported biking, hiking and camping excursion."

For more information, check the website: mtsgreenway.org/trek.



PARKS REMAIN UNDERFUNDED

By Doug Simpson

Struggling to stay alive and relevant, Washington State Parks are in desperate need of a higher funding level, not just to stay afloat, but to restore some of the resources lost in recent years.

As stated by parks' officials John R. Floberg and Mark O. Brown, "The deterioration of facilities and reduction in services at our state parks over the past five years are evident." Since the last recession, the equivalent of 200 positions out of 595 were lost.

As a result, parks' conditions and hours of operation have continued to decline. The Parks Commission has requested \$84 million for the next biennium, which represents just one-tenth of 1 percent of the state budget.

Governor Jay Inslee—battling a recalcitrant state legislature whose court-ordered mandate to provide better funding for schools already brings financial pressure—is aware of the need. He proposes about \$30 million for parks, which would more than triple the funding received for the 2013-2015 biennium.

A significant increase would not only resuscitate the parks, but also provide a boost to the state's economy. With just 0.5 percent of the recreational land base, state parks get 33 million visits per year—more than the state's national parks, national forests and federal lands combined.

Nearly 200,000 direct and indirect jobs are supported by the state by spending for outdoor recreation. Clearly, Governor Inslee deserves public support and the Republican-controlled state legislature needs rigorous prodding by citizens to do something to rectify this terrible underfunding of state parks.

CHAPTER 7: IATC HISTORY 1985-MID THRU 1986

MANNING DAY AND NEWCASTLE III

By Doug Simpson

Early in 1985, IATC was on a mission to install trail signs. Chief Ranger Bill Longwell led the movement, leading to "hundreds" of trail signs for the Issaquah Alps. Urged on Mayor A.J. Culver, the Issaquah Tourism Committee donated \$1000 to add twenty of the signs.

In the time before computer websites, an Issaquah Alps hotline was established, with recorded descriptions of upcoming hikes and other messages 24 hours a day.

Board candidates for the January annual meeting were Betty Manning, Marianne Bagley, George Jackman, and Ralph Owen, a renewal.

In Manning's 23rd report in March, he cited "The Treaty of Olympia," in which State Land Commissioner Brian Boyle and King County Executive Randy Revelle reached a deal to acquire 240 acres on Cougar Mountain and forestall the acreage being logged by State Department of Natural Resources.

IATC took part in the formation of the Washington Trails Association. Early on, WTA was fighting the "Off Road Vehicle Fund," which received an unfair, disproportionate share of recreational funding.

By June, a Search and Rescue procedure had been established by the club for lost hikers on the three major area mountains. For Tiger, Bill Longwell, Dwight Riggs and Stan Unger were available. For Squak, it was Longwell, Unger, Dave Kappler and Tom Mechler. On call for Cougar were Kappler, Unger, Ralph Owen and Harvey Manning.

The program for **Return to Newcastle III** was established for June 2. It was to include guided tours and history and nature walks, as well as a big-top tent for pioneers of the underground, old-time fiddlers, artifacts and "broken-down mountaineers." (Manning himself?)

The club was cooperating with the Sky Sports Foundation proposal for the Pickering Farm and Skyport (which, of course, has long since disappeared from its location near where the 6 Motel now sits).

IATC veteran Betty Culbert coordinated IATC's sponsorship of a Volksmarch, the 11th annual event of the Evergreen Wanderers. The April event would "bring more people to the Issaquah Alps in a single bunch than the area has ever seen, all at once." Later, it was estimated that 80-90 marchers participated, no doubt fewer than anticipated.

In May, "Longwell's Army" planned to assault yet another section of the fledgling Tiger Mountain Trail, with assistance from REI, which was sponsoring a pre-work breakfast.

County Exec Randy Revelle officially pronounced May 21, 1985 to be **Harvey Manning Day.** Manning commented, "Every dog has his day." When told it was a great ending, Manning replied: "It's only the beginning. You ain't seen *nothing* yet."

The **Return of Newcastle III** was a big success, having increased over the years from an initial 500 participants, to 1,000, to perhaps 5,000 in 1985. Dave Kappler oversaw the event, aided by Ralph and Peggy Owen, and, of course, Manning himself.

Legendary mountain man Will Thompson, with IATC backing and assistance, set out to complete the first trail to Little Si. At the conclusion of the work day, Manning wrote "We'll ramble to the summit on Will's Trail and hoist the American flag and sing "Columbia, the Gem of the Ocean."

Treasurer Darla O'Brian reported that club finances were in need of a boost after costs for Newcastle III were twice the revenue and guidebooks and Alpiner revenue were about what they cost. The \$5 family

CHAPTER 7 continued from page 6

revenue were about what they cost. The \$5 family dues were seeming insufficient.

Again citing the offenses of the "4x4s and 2-and-3 wheel razzers," Manning vowed to continue the battle against them. "Just as freeways breed commuters, 'ATV parks' breed the stunned brains who eventually creep into the cracks in government and try to inherit the earth — **your** earth with **your** tax funds."

By early 1986, a new slate of "watchers" (people who oversee problems) was announced. For Tiger it was Laurene McLane; Squak, Dave Kappler; Cougar, Ralph Owen; Issaquah, Ruth Kees; Raging River, Maryanne Tagney Jones; and Yellow Lake, Marty Murphy. More were sought for Coal Creek and May Creek. Corrine Zibelli was named Club Calligrapher (!), Larry Hanson was Tiger's Eye (but not watcher?), and Fred Rounds was Resident Oracle (?).

With 137 new members added (including five "born agains"), 45 of the members were paying \$10 or more in dues, with 1474 Alpiners mailed out. The membership push at the end of 1985 brought in 223 renewals and 47 more new members in January brought the total to 1172.

The *Cougar-Squak Trails Guide* brought the club's book list to three, adding to Longwell's Tiger guide and Marvin Pistrang's "Bedrock and Bootsoles."

New hike leaders in the past 18 months were Mary and Jim Cadigan, Steve Cavit, Betty Culbert, Linda Davies, Connie Dow, Bob Eschrich, Kate and Bob Gross, Larry Hanson Steve Irby, George Jackman, Kathy Johnson, Pat Kaald, Falk Krueger, Ralph Leach, Clint Lemon, Laurene McLane, Marty Murphy, Darla O'Brian, Jon Pollock, Will Thompson, Joe Toynbee, Maureen Wells, Jerry Wheeler, Joan Wilkins, Steve Williams and Bob Ward. Some illustrious names there!





WILDERNESS FIRST AID CLASS OFFERED

The City of Issaquah's Parks and Recreation Dept together with Evergreen Wilderness LLC are offering a Wilderness First Aid course which "combines a classroom lecture with hands-on scenarios to teach you the skills needed when help from a professional responder is not quickly available." At the end of the training you will have the knowledge, skills and ability to help you make sound decisions in any outdoor emergency or injury.

The course, for participants age 12 to adult, is 9AM – 4PM, March 28-29, 2015, at the Issaquah Community Center, 301 Rainier Blvd. S. Register online or call 425-837-3300.



MIDDLE FORK CLOSURE

Due to washouts of the Middle Fork road, it has been completely closed. But it has been reopened as far as the parking area for the Mailbox Peak Trail. Thereafter, it will remain barricaded for an indefinite period of time.

Contact Mike Niemi, of the Federal Highway Administration if you have questions. His Vancouver number is 360-619-7758. Email: mfsnoqualmie@dot.gov.

IATC BOARD PICKS ANDERSON

Long-time Issaquah resident and community activist Tom Anderson was elected to fill a position on IATC's Board of Directors January 22. Anderson, 59, is a veteran hiker and climber, having scaled all the state's major peaks except Mt. Olympus. In 2012 he made it to the summit of Mt. Kiliminjaro.

A graduate of Auburn High School and Walla Walla College in 1977, Anderson and wife Tina moved to Issaquah in 1979 and built a home on family property at the base of Tiger Mountain, where has done most of recent hiking. "Tiger's trails are right out my door," he said.

His family roots go back to his grandfather, Thomas Lee, who came to the Issaquah area in 1900 from Norway to work in the woods and mills.

Anderson started his working career as an electrical engineer at Boeing, but evolved into a software engineer. The last twenty years or so he has focused on medical services for both Siemens Ultrasound in Issaquah and Boston Scientific. Now, as a consulting engineer for Glacier River Design, he works mostly out of his home.

Active with the Issaquah Historical Society as a board member and docent, he also wrote "The Issaquah Doodle Book" for the museum. The book features sketches of scenes in Issaquah that have a history. The reader is encouraged to embellish each page with some doodling, thus the name. One page features the statue of Harvey Manning.



Anderson has been a member of the Mountaineers since 1980, and of IATC off and on since the 80's. He participated in the club's second Grand Traverse and in his outings knew Manning and Ruth Kees.

A bout with pulmonary embolism has slowed Anderson's outdoor exertions recently, but he will again be an active hiker—and may lead hikes—as he is more fully recovered.

Not sure how he will fully participate in board activities, Tom Anderson is interested in the club's quest to involve youth and believes the forthcoming planning retreat is an excellent opportunity to explore some ideas.



MERTES DONATION



Nicole and Lou Mertes, IATC members, generously donated to the City of Issaquah a wooden bench that was recently installed along the Ruth Kees Big Tree Trail on Tiger Mountain. The bench is positioned so you can sit and enjoy the largest Douglas fir tree in Issaquah. The trail is located in the West Tiger Mountain/Lake Tradition Natural Resource Conservation Area.

The Mertes, who live in Bellevue, spend much of their time exploring trails around Lake Tradition and Tiger Mountain. They wanted to give back to the community and offer a place to admire Issaquah's natural beauty.



GIRARD PICKS LOW-SNOW HIKES

Pete Girard, long-time IATC member and leader of the specialized Trail Mix, has identified ten hikes near I-90 for hiking in low-snow areas. Girard cohort Peter Stevens worked with Girard on the listing.

Both the West and East Rattlesnake trails are featured with their nice views and access via Exit 27 or 32 from Interstate 90.

Both Mount Si and Little Si are included, also off Exit 32 in North Bend.



Three Tiger Mountain trails are included, the ever popular West Tiger 3, West Tiger 2 (and 1) from the High Point exit 20, and South Tiger, accessible from the Highway 18 trailhead or the Tiger Mountain Road.

The last three are on the other two Issaquah Alps peaks, Squak Mountain, off the south side from the May Valley Road, and Cougar Mountain via Big Tree Ridge off State Highway 900 by Newport Way or from the Wilderness Peak trailhead off SR-900.

(This info is condensed from a recent Seattle Times article.)



TIGER BRIDGE SETS UP LOOP



By Ed Vervoort

With the completion of the 15-Mile RR Grade bridge in September and the extensive rebuilding of the western approach after a December landslide, the RR Grade in conjunction with sections of the Tiger Mountain (TMT) and the Hidden Forest trails creates a nice 3.6 mile loop hike. Starting from the Paw Print rest area on the Main Tiger (4000 Road), do the hike in a counter-clockwise direction (TMT, Hidden Forest and 15-Mile RR Grade). That way you will descend the very steep section of the Hidden Forest Trail rather than having to ascend it.

The real problem is getting to the Paw Print rest area. There are four possible starting points: Chirico Trail (Issaquah-Hobart Road), Tiger Summit (Highway 18), Preston Trail (DOT facility, I-90, exit 22) and High Point Trail (I-90, exit 20). Starting from High Point is the nicest although not the shortest route to the Paw Print. Follow these directions for starting from High Point:

Follow the High Point Trail (.8 mile) to Dwight's Way. Turn left and follow it (.8) to the Preston Trail. Turn right onto the Preston and follow it (.6) to the Middle Bootleg Trail. Stay to the left and follow it (1 mile) to the intersection with the Upper Bootleg and the Paw Print Connector. Follow the Paw Print (.8) to the rest area.

The last 500 feet of the trail has been turned into a logging road, and the only thing that remains of the rest area is the rest room/outhouse that will be on your left just before reaching the Main Tiger Road. Logging is scheduled to start sometime after May 1 of this year, so you may not be able to use this approach after they start logging.

Cross the Main Tiger and you will be on the 15-Mile RR Grade. Follow it (.3) to an intersection with the TMT (the new bridge is about a half mile straight ahead on the RR Grade). If you want to do the longer loop counter-clockwise (easier than clockwise), turn right and follow the TMT (1.6) to the Hidden Forest Trail. Turn left and follow it down (.3) to an unmarked intersection with the 15-Mile RR Grade. Turn left and follow it over the new bridge (about .8) and back to the Paw Print rest area (.8) beyond the new bridge.

The TMT (between the RR Grade and Hidden Forest trails) will also be affected during the logging. Consult either the Green Trails Tiger Mountain or the National Geographic Issaquah Alps maps for alternate routes.

LOCAL BIRD SPECIES RISING

With the discovery of four new species to the area, the Eastside Audubon Society now counts a record 97 bird species in the East King County area. Newly seen birds are a Golden Eagle, Eurasian Collard Doves, a Turkey Vulture and a Gyrfalcon.

Over fifty Audubon watchers participated in the Eastside count in late December, the 31st year for the local group. Results are sent in to the National Audubon Society, which has been tracking bird population since 1900.

According to Andy McCormick, Eastside Audubon president, many birds are on the brink of exctinction due to loss of suitable habitat because of climate change.



OUTDOOR REC PROFITABLE

By Doug Simpson

Did you know that the average Washington resident spends an average of 56 days a year in some form of outdoor recreation? And that the popular outdoor pastimes generate \$21.6 billion a year on outings, trips and the pertinent equipment?

This data was prepared by Earth Economics for the Washington State Recreation and Conservation Office. Offering impact data by geography, by country and by activity, it is the first comprehensive analysis of Washington's recreation economy. State Senator Kevin Ranker (D-Orcas Island) led the legislative push for the study.

Nearly 200,000 jobs are supported by outdoor recreation, comparable to the aerospace and tech industries, the study reports. Spending totals \$104 billion on sightseeing and nature activities, including \$7 billion on wildlife watching and outdoor photography. Another \$8 billion is spent on water-related activities, including boating, fishing, swimming and diving.

"In the Mountains to Sound Greenway, we are fortunate to live and work just minutes away from parks, forests, trails and countless opportunities for outdoor recreation," according to Doug Schindler, deputy director of the Greenway Trust.

"Access to nature improves people's health and contributes to the quality of life we all enjoy. This

new report shows how important outdoor recreation is as an economic engine for our region, bringing much-needed funding from tourism and recreation activities to local communities," Schindler noted.

In King County alone, \$5.4 billion is spent on outdoor recreation, supporting over 50,000 local jobs.

Tourism factors in heavily, as out-of-staters account for 12 percent of the recreation days and 27 percent of the dollars spent on outdoor recreation. According to the study, every dollar spent by a non-resident generates \$1.36 in economic impact, resulting in \$4.6 billion in new money for the state's economy. And recreational spending is a major impetus in moving income from urban to rural areas, thus contributing to jobs in rural areas.

"We're very excited to share this report," said Kaleen Cottingham, director of the Recreation and Conservation Office, which commissioned the study. "I think it confirms what many of us know—that recreation is a big part of what makes Washington a great place to live.

"Outdoor recreation creates hundreds of thousands of jobs, supports many local businesses and is important to all of us for staying healthy, educating our children and giving us a beautiful place to live," Cottingham added. "This report puts hard numbers behind the benefits of outdoor recreation and shows that investment in outdoor recreation will bring a substantial return on the dollar."

Senator Ranker, citing the importance of the data from the study, stated: "We must not only continue to invest in the protection of our great outdoors, we must also support and invest in the hundreds of thousands of jobs that depend on it."





BOARD DONATES FOR YOUTH HIKE

At its annual meeting January 22, the IATC Board of Directors voted to donate \$5,000 to the Mountains to Sound Greenway for its scholarship program that partners with the YMCA and YWCA to provide opportunity for twenty youth, 16-18 years old, to participate in its wilderness hiking program. Racial and ethnic groups will be included.

Board members Rachel Hopkins, Kirk Lenart and Ken Konigsmark were elected to new three-year terms. Tom Anderson was elected to fill Jackie Hughes' term through 2016. Hughes, though, will begin her second term as club treasurer, freeing George Potter to focus more on the club website. Other existing officers—President Dave Kappler, Vice-President Doug Simpson and Secretary Kathleen Petty were re-elected.

Trail mainentance specialist Ed Vervoort reported working on Tiger Mountain 102 days in 2014, one day on Squak, as well as 18 hours of forest watching for a total of 1020 hours. He pointed out a problem of illegal camp sites on Tiger.

The opening of new trails on Squak Mountain's west side acquisition may be delayed until June. President Kappler said he envisions the old camp clubhouse being converted into an education center, with bathrooms and an eating area.

At the urging of Kirt Lenart, the board agreed to have a retreat on March 30 to discuss club philosophy, long-range plans and budget concerns.

LOBBY DAY FOR FUNDING

By Rachel Hopkins

Members of the Issaquah Alps Trails Club traveled to Olympia February 24 and joined the Washington Trails Association Lobby Day event. Together we enjoyed a sunny day in our capitol while advocating for public lands.

The morning began with the WTA briefing us on the important issues at stake and guiding us in how to ask our representatives for their support. We learned that we needed to advocate for expanding the outdoor recreation economy with SB 5843, request support for Washington State Parks' operating and capital budget requests, as well as the Washington Wildlife and Recreation Coalition request, and to ask for support for the Department of Natural Resources recreation funding.

Our public lands are dealing with mounting maintenance issues, understaffing and funding shortfalls. Improvements are desperately needed to to keep parks and trails open to the public.

Those of us in the 5th District were able to meet with Senator Mark Mullet and Representative Chad Magendanz. We all felt the experience was rewarding and enjoyable. IATC board member Kirt Lenard found his visits with his representatives from the 45th District to be very interesting. "I was struck by how well informed my reps were," Kirt mentioned. When asked what he thought of the whole experience, he said, "It exceeded my expectations. I am excited to be part of another WTA Lobby Day in the future."

Participating for IATC were President David Kappler, George Potter, Lenard and Rachel Hopkins.



Hiking Information

Hike Leaders

Hike leaders are volunteers who donate their time to lead people who want to hike and explore the trails in the Issaquah Alps and other nearby foothills (Cascades) in King County. Hikes are scheduled and led year-round unless severe conditions pose a safety hazard. Minimum attendance is three, including the leader.

Trails in the Issaquah Alps may be good or bad, easy or hard, muddy or dusty, brushy or clear, steep or flat—or all the above. Some are not much more than animal trails. As volunteers, neither hike leaders, the Issaquah Alps Trails Club (IATC), or Club directors are in any way responsible or liable for a hiker's comfort, transportation, property, safety, or general well-being while traveling to and from the trailhead or hiking or working on any trail.

The Club's sole purpose is to show hikers where the trails are and to lead the way. The public, other clubs, youth groups, church groups, and others are welcome and wholeheartedly invited to join hike leaders and others who want to hike these trails. Children under 18 should be accompanied by an adult. Please, dogs only on designated dog hikes.



Degree of Difficulty

Very Easy: up to 4 miles and 600 feet of elevation gain – for beginners.

Easy: up to 6 miles and 1200 feet gain – not difficult for occasional hikers.

Moderate: up to 10 miles with 1200 to 2500 feet gain – usually not difficult for regular hikers.

Strenuous: up to 12 miles and 3500 feet gain – for experienced hikers in good condition.

Very Strenuous: over 12 miles and/or over 3500 feet gain – only for experienced hikers in very good physical and aerobic condition.

Hike Description Modifiers

Leader's choice: The leader had not decided where to hike before publication of the hikes schedule.

Trail party: Trail maintenance work party.

Exploratory: The leader goes cross country off the main trail system to explore animal trails, canyons, old logging roads, or old railroad grades.

Expect to go through brush, over logs, tiptoe through wildflowers, and/or mud while having a good time hiking where others seldom tread.

continued on page 14

WEBSITE HELP NEEDED

IATC wants to update its website and could use help. If you are knowledgeable and can help, please contact George Potter at 425-557-6554.

HIKING INFORMATION

continued from page 13

Family hike: For parents and children. Easy pace. Call leader for hike particulars.

NOTE: Group hikes do not lend themselves to dogs unless on designated dog hikes.

Meeting Place

Trails Club hikes meet in the parking lot at the corner of First and Bush streets next to the IATC clubhouse (the little yellow stationmaster's house). To get there, take exit 17 (Issaquah Front Street) from Interstate 90 and turn south into downtown Issaquah. Go about one mile through town on Front Street, then go two blocks past the light at Sunset Way, and then turn left on Bush Street. Go two blocks to Rainier and turn into the lot on the left.

Clothing

Dress for the Pacific Northwest outdoors. Expect rain, snow, sunshine, fog, and everything in between. Bring extra clothing, raingear, food, drink, matches, flashlight, and first-aid supplies. Wear comfortable hiking boots or hiking shoes.

Trail Maintenance

Volunteers periodically organize and schedule trail maintenance parties as listed in the hikes schedule. Work parties meet at the same place as hikes (see above). The club is well supplied with heavy trail maintenance tools, but workers may also bring their own loppers, weed whackers, and other tools.

Trail work parties last at least four hours. Trail maintenance is vital to the Club's work and is



- Food
- Water
- Daypack
- Raingear
- · Warm clothes
- Hiking Shoes

Each item is required in order to participate in an Issaquah Alps Trails Club hike!

Don't leave the trailhead without them!

an integral part of the Department of Natural Resources (DNR) management plan for Tiger Mountain.

Work parties must limit their activity to trails listed by the DNR as scheduled for maintenance. Construction of new trails is not allowed. Work parties are a great way to meet people!



Issaquah Alps Trails Club Publications Order Form

Return this completed form along with your check to: Issaquah Alps Trails Club Publications, P.O. Box 351, Issaquah, WA 98027

me: Address:			
ITEM	PRICE*	QTY.	TOTAL
Book: The Flowering of the Issaquah AlpsRevised!	\$ 9.00		
Book: The Authoritative Guide to the Trails of Cougar	15.00**		
Mountain Wildland Park and Surrounds with Map			
Book: Guide to Trails of Tiger Mountain	15.00		
Book: Eastside Family Hikes, 2010 revision	3.00		
Book: Squak Mountain: An Island in the Sky	15.00		
Book: 55 Hikes Around Snoqualmie Pass	10.00		
Map: Issaquah Alps Cougar Mountain, 2001 revision	2.00		
Map: Issaquah Alps Squak Mountain (2005)	6.00		
Green Trails Map: Tiger & Taylor Mountains, Map 204S	(List 12.00) 11.00		
Green Trails Map: Cougar & Squak Mountains, Map 203S	(List 12.00) 11.00		
Green Trails Map: Rattlesnake Mountain & Upper Snoqualmie Valley Map 205S	(List 12.00) 11.00		
Green Trails Map: Mount Si NRCA & Snoqualmie Corridor, Map 206S	(List 12.00) 11.00		
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Total	_

Issaquah Alps Trails Club Foundation and Membership Request Form
Name:
Address:
Telephone:E-mail:
All donations are tax deductible. Your donations fund The Alpiner publication costs and the club's minimal operating costs first, with 100% of remaining funds being directed where they can best address the trail design, construction, maintenance and advocacy needs throughout the Issaquah Alps. Note: Membership does not require a donation; however, donations help us preserve and enhance your Issaquah Alps.
Suggested donation levels:
The basic hiker $$25$ The visionary $$100$ and above
☐ The project supporter\$50 ☐ The adventurer\$250 and above ☐ The IATC sponsor\$75
IMPORTANT: This form and your donation and/or membership request form should be mailed to:

^{*}All prices include shipping and handling.

^{**}One (1) IATC Cougar Mountain Map included.

Issaquah Alps Trail Club P.O. Box 351 Issaquah, WA 98027

Address Service Requested

Non Profit U.S. Postage PAID Issaquah, WA Permit #70

16 Issaquah Alps Trails Club

Issaquah Alps Trails Club Publications

See page 15 for the publications order form.

Note: All of the following prices include shipping & handling.

- o *Flowering of the Issaquah Alps*—Revised! By Fred and Ann Weinmann and Harvey Manning. 1996 updated edition. This new edition lists trees, shrubs, ferns, and flowers found in the Issaquah Alps. Flowers are listed by color, season when flowering, and where many of the plants can be found.
- o *Guide to the Trails of Cougar Mountain Regional Wildland Park and Surrounds*—By Charles McCrone. 2000 edition. Completely updated version gives historical background and descriptions for every park trail, plus 30 other trails in the surrounding area including Bellevue, Newcastle, Renton, and the Precipice (includes map).
- o *Guide to Trails of Tiger Mountain*—By Bill Longwell. 2003 revised edition. Updated trail information, two new trails and numerous photographs (includes map).
- o *The Coals of Newcastle: A Hundred Years of Hidden History* By Richard K. McDonald and Lucille McDonald. A complete history of the once-thriving coal mining area of Cougar Mountain now hidden from all but hikers. 100+ photographs, 4 maps, and Tim O'Brian's account of the incredible Seattle and Walla Walla Railroad.

- o *Eastside Family Hikes*—By Peggy Barchi. 2001 revised and updated edition. Descriptions of family hikes (annotated for stroller use and picnicking) on the Eastside.
- o *Squak Mountain: An Island in the Sky* By Doug Simpson with trail descriptions by David Langrock. Provides a history of Squak Mountain and its gestation as a park. Includes 4 loop hikes covering most of the mountain trails. Includes many earlier writings by Bill Longwell and vignettes by others.
- o Green Trails Tiger & Taylor Mountain. Map 204S.
- o Green Trails Cougar & Squak Mountains. Map 203S.
- o *Green Trails Rattlesnake Mountain & Upper Snoqualmie Valley.* Map 205S.
- o Green Trails Mount Si NRCA & Snoqualmie Corridor. Map 206S.
- o *Green Trails Quality Squak Mountain Map.* By IATC member Harry Morgan.
- o IATC Cougar Mountain map. 2001 revised.
- o 55 Hikes Around Snoqualmie Pass By Harvey Manning.