## Newsletter of the Issaquah Alps Trails Club

# • ALPINER



July ♦ August ♦ September 2011

Cougar ♦ Squak ♦ Tiger ♦ Grand Ridge ♦ Taylor ♦ Rattlesnake

## **ANNIVERSARY MARCH STARTS JULY 2**

By Doug Simpson

The Issaquah Alps Trails Club germinated the idea of an I-90 greenway, and nearly bankrupted itself over twenty years ago in staging the initial Mountains to Sound Greenway March in 1990.

Jack Hornung, Harvey Manning and other club visionaries saw the need and the potential, and Hornung, Ralph Owen and a small cadre of dedicated lub members made a mammoth effort to get the march off the ground. A year later, the non-profit Mountains to Sound Greenway was officially formed. In the intervening years, it has gained immensely in size, scope, and stature, and made great strides in preserving lands along 1-90.

#### THE MARCH DETAILS

The 20th Anniversary March begins Saturday, July 2 in Ellensburg and covers 130 miles in nine days, ending on the Seattle waterfront. It is not too late to participate (contact "mtsgreenway.org" to gain event details and register) in the celebration.

There are three ways to participate. Hardy enthusiasts can pay \$450 adults) or \$250 (children 12 and under) to participate in the nineday outing, including three days of biking (75 miles) followed by

five days of hiking the remaining 55 miles. The cost includes meals, campsites, daily gear shuttle service, and an official march t-shirt.

The "Hike for a Day" option offers ten or eleven-mile hikes for \$35, including the t-shirt, shuttle service and dinner with the total marcher group.

The third option involves attending a community event (mostly evenings) in Ellensburg, Cle Elum, Snoqualmie Pass, Snoqualmie, Issaquah, and, finally the Seattle waterfront. The last three involve live entertainment, food, and family fun. These are free except for food purchases.

According to the Greenway Trust, the March "will celebrate the landscape and focus on ensuring its legacy." The 130-mile trek promises that participants will "enjoy scenic views, fun activities and camaraderie," in addition, of course, to the satisfaction of the physical commitment itself.

Participants will gather in Ellensburg July 2 for a kickoff celebration, then bike 26 miles from Ellensburg to Cle Elum on the 3<sup>rd</sup>. For the July 4 outing, bikers will log another 21 miles to Crystal Springs. The

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## A LOOK AT 1990 MTSG MARCH

By Doug Simpson

Looking back at Alpiners from the 1990's (these back issues, by the way, are available on loan to IATC members), one can see how much work went into putting on the first Greenway march over twenty years ago. Jack Hornung, deceased for several years now, put in a Herculean effort to bring it off.

At least 36 individuals are credited with being involved in the planning and staging of the event. A few of the names recognizable to this writer: Logistics-Maryann Tagney Jones and Linda Wood; Publicity-Harvey Manning and Connie Fair; Fund-raising—Ted Thomsen; Secretary—Suzy Rath; Finance— Joe Toynbee and Jim Cadigan; Research—Laren McLane and Gail Palm; and Route-Finding-Ralph and Peggy Owen, Stan Unger, Sally Davies, Thomsen, Gus Nelson, Tom Wood, Bob Knudsen, John Johnson and Karen Van Pelt.

(How many of these people are still around? Toynbee, Davies and the Owens, at least, are still active in the club.)

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## The Apparatus

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Whenever possible, please use e-mail to contact any member listed below.

The Alpiner is published in January, April, July, and October.

Issaquah Alps Trails Club PO Box 351, Issaquah, WA 98027 Website: www.issaquahalps.org

IATC subsists on member donations only. Please send your tax-deductible contributions to the address above to help sustain our efforts to preserve, protect, and promote the Issaquah Alps and local environment.

Articles are welcome, preferably via e-mail to: d.simpson@msn.com Send diskette or hard copy to post office box number above.

Issue deadlines: November 21 for January; February 21 for April; May 21 for July; August 21 for October.

(Note: All telephone numbers are area code 425 unless otherwise noted.)

## PRESIDENT'S REPORT

By David Kappler

Now with a few months as president of the club after a two-decade gap in my term, I am continually reminded about what a great team of volunteers we have assembled. They are doing an excellent job of protecting our environmental legacy, providing great recreational opportunities on club hikes, and building and maintaining trails for the general public. The key to the club's success continues to be a bunch of really dedicated people that perform a number of tasks very competently and best with me not getting in their way!

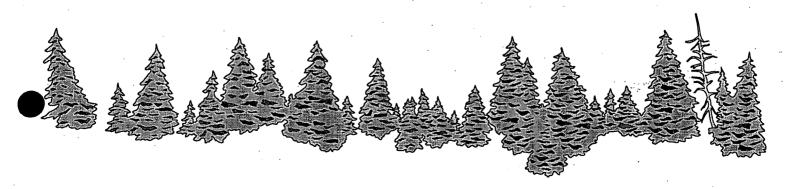
The need for new volunteers is always there. Not only to support our existing programs, but to venture into new ways of promoting and enjoying the Issaquah Alps. We welcome you to join us for trail work or to lead a few hikes a year. Please feel free to share with me your thoughts and interests or to talk more with hike leaders and other officers and board members. For me and others volunteering for the club has been life-changing and a whole discovery of new interests and friends.

We are currently in a time of great reflection as the Mountains to Sound Greenway Trust celebrates their 20th anniversary with a march in early July. I can assure you that no one is more thankful than I that the Greenway Trust was formed. The first March in 1990 was completely an Issaquah Alps event. As president of the club I was only theoretically in charge. The event actually went very smoothly because numerous club members were deeply involved and some outstanding citizens came to our rescue. It was this core of citizens combined with some of our members that formed the Mountains to Sound Greenway Trust in 1991.

The March demonstrated the need to have a working group truly committed to the whole Mountains to Sound corridor, the boundaries of which far exceeded even the most liberal definition of the "Issaquah Alps." The March made the vision of a few dreamers become the vision of regional leaders who had proven track records and the "how to" knowledge we lacked. I am reluctant to drop names in the preceding commentary. There were many people who made the first march a success, including a fair number who played key parts in the background.

On a personal note, I can't think about the first March without remembering the hike across Rattlesnake Ridge which included State Senator Gary Locke, my 74-year old father and his WWII 10th Mountain Division friend Ed Kennedy. My Dad's recent passing, just a few days after his 95th birthday, will stay with me as I take part in this year's March and reflect on how I can make this a better world as I know he worked hard to do.

I hope all of us can participate in the March this year--whether it is attending some of the evening programs or joining in some of the hikes. I'm especially looking forward to the last day's hike from Newcastle Beach Park in south Bellevue to Elliot Bay in Seattle. Not exactly a wilderness experience, but certainly a celebratory urban walk. Hope to see you on the March and on the trails and to hear you share your thoughts on how we can all build on the Issaquah Alps legacy of success.



## **AN ISSAQUAH MANIFESTO**

By Will Thompson

(Ed. Note: This editorial was written for the Alpiner in 1990 as the first Greenway march was getting off the ground. Like Jack Hornung and Harvey Manning, Thompson had a great vision of the need for a greenway that has, fortunately, materialized since. His views are worth revisiting in hindsight.)

It is time to think about, and to begin to experiment with, a properly constituted alpine-urban interface in our region.

Natural beauty wherever it exists, from the turbulent and barely predictable skies to brooding accumulations of energy deep in the earth, is a dynamic equilibrium expressing the great forces to which the natives of this land once paid homage. Today, for better or worse, humanity is one of those great forces, a deliberate force which can accentuate the beauty of the mountains if it wishes, or a disruptive force which could degrade them.

Two hundred and twelve years ago, Captain Cook discovered a rainy coast where savages carved boats carved like a poet's dream; 101 years ago civil organization here opened wide the floodgate of population. Today we face another stage of that progression, in which urbanization of the region will soon become as complete as its forest cover once was.

Today our coastal cities reach the feet of the mountains in only a few places, in Washington State notably along the approach to Snoqualmie Pass. Tomorrow urban development will break like surf against all the steep margins of our sheltered coastal lowland, from the headwaters of the Willamette in Oregon to the northern Straits of Georgia in British Columbia.

Along Interstate 90, push has already come to shove on Cougar Mountain. Tiger Mountain, on the other hand, is now dedicated to the state to an experiment in optical combinations of residence, recreation, education and forestry. North Bend and Snoqualmie are hot real

VETERAN REVISITS
GREENWAY MARCHES

By Ralph Owen

The first Mountains to Sound Greenway March, a five-day, 88-mile van-supported hike from Snoqualmie Pass to Seattle's Waterfront Park was held on July 4-8, 1990. The purpose of this trek, sponsored, planned and led by the IATC, was to publicize and promote the goal of creating a green corridor stretching along the I-90 corridor from the mountains to the urban waters.

The March was an example of the IATC's method of putting people onto the trail to "vote with their feet" for the public preservation and acquisition of habitat and passive recreation land. However, this event was not the IATC's first event to be held with this goal. In the early 1980s, several "Wilderness on the Metro 210" hikes were led to introduce local politicians, the press and the general public to the benefits and the need to provide large areas of public forested wildland atop the Issaquah Alps.

As the end of the 1980s approached, large areas on Cougar, Squak and Tiger (as well as smaller areas on Grand Ridge, Rattlesnake and Taylor) had been preserved. It soon became apparent to some of the visionaries in the club that connections between the public lands atop the mountains of the Issaquah Alps were missing and needed. In 1988, the club led 40 people on The Grand Traverse, a 26- mile one-day hike with a 6500'+ gain from Lake Washington over Cougar, Squak and Tiger and on to Preston, to publicize that need. This was followed by a second Grand Traverse with 70 hikers in 1989.

With the experience of the Grand Traverse in hand, the IATC began to plan the first MTS March. Nine months of detailed preparations had been put in by a group of IATC volunteers, led by Jack Hornung and Tom Woods, until almost 100 hikers started out from the Mountaineers Lodge at Snoqualmie Pass on the morning of July 4, 1990. The scope of this work included where and how to position honey

### **HIKER'S CORNER**

By Joe Toynbee



#### ACCIDENTS DO HAPPEN

In my 50 years of hiking with the Issaquah Alps Trails Club, I have been involved twice with an accident that required calling in outside help to handle an evacuation.

One case was a broken ankle and the other broken ribs. Even though accidents are rare, some thought and preparation in advance is an excellent idea. Following are some pointers.

Every hiker, and every hike leader in particular, should take a first aid course. The American Red Cross puts on an excellent one. Then every hiker should carry an up-to-date first aid kit. Finally, a back page of the Alpiner carries a checklist of other items every hiker should carry. Things such as warm clothes are important not only to keep the victim warm, but also others members of the party. Finally, one or more cell phones should be carried by party members.

After the emergency occurs, it is vital that someone take firm charge. This would ordinarily be the hike leader, but could be someone designated by the leader. Everyone will want to help. While every emergency is different, the leader needs to protect more or less as follows:

- Stabilize the victim and attend to critical problems such as bleeding or hypothermia.
- 2) Develop an action plan. Does the victim need to be transported out, or can he or she manage with assistance? Do the cell phones work? Should some party members be sent out?
- 3) Implement the action plan. In doing so, it is important that the person in charge project a calm, confident manner. Above all the victim needs to be comforted.

## TREES PLANTED FOR KEES GROVE



RUTH KEES AWARD WINNERS David Kappler and Joanna Buehler, along with city staff, councilmembers, and guests admire some of the newly planted trees of the Ruth Kees Award Grove. (Photo by Larry Hanson)

On April 16th, the City of Issaquah hosted a tree planting event at Squak Valley Park South to kick off the initial planting for the "Ruth Kees Grove." ten native conifer trees were planted to honor the first ten recipients of the Ruth Kees Environmental Award for a Sustainable Community. The City's award is named after IATC member Kees, who was a teacher, mentor and role model for those committed to pursuing the vision of a sustainable Issaquah.

IATC figures prominently in the decade long history of the Kees award with key members being recognized during five of the ten years, including IATC founder Harvey Manning, current and past President Dave Kappler, past president Ken Konigsmark, Chief Ranger Bill Longwell, Rattlesnake Ranger Ted Thomsen, and members Janet Wall and Joanna Buehler who have each contributed to protecting waters and wetlands around Issaquah.

The past ten Ruth Kees Environmental Award recipients received the honor for efforts to establish

#### Anniversary March continued from page 1

longest pull is July 5, 28 miles from Crystal Springs to Rattlesnake Lake above North Bend, which will include a grand reopening of the historic tunnel through Snoqualmie Pass.

Then the bikes are shelved and the participants become hikers, warming up with an 11-mile hike July 6 over the Rattlesnake ledges on to Snoqualmie Point, where a large community concert will be held. The shortest hike day is the 7th, from Snoqualmie Point to Preston, just seven miles. The July 8 outing from Preston to Issaquah covers eleven miles, ending with another community concert. The last two days cover 16 miles (the longest hike) from Issaquah to Bellevue and then culminate with ten more across Lake Washington and on to the Seattle waterfront, where a culmination event will occur.

"We really want people to come and celebrate with us," stated Doug Schindler, Deputy Director for Greenway. Schindler attended the April 28 IATC board meeting, working out details for the club's participation in the March.

#### THE GREENWAY STORY

The Mountains to Sound Greenway encompasses over 1.5 million acres of connected open space lands and vibrant urban areas surrounding I-90 between Puget Sound and Central Washington. It is bordered by major watersheds, framed by the urban areas of Seattle and Ellensburg, and woven together by the interstate highway (I-90) and an extensive network of trails that link the public to the Greenway landscape.

The Greenway Trust achieved for Interstate 90 recognition as the first interstate highway named a National Scenic Byway. Not resting on their laurels, the Trust is seeking for the Greenway designation as a National Heritage Area, which would "gain official recognition for the Greenway at all levels of government and provide a framework for formalizing partnerships and interpreting resources."

Jim Reinhardsen of the Greenway Trust explains that "A National Heritage Area is a special place were natural, cultural, historic and scenic resources combine

to form a cohesive, naturally distinctive landscape arising from patterns of human activity shaped by geography."

The Greenway coalition in the past twenty years has preserved over 200,000 acres of green space valued at \$500 million. In addition, 700,000 native trees and shrubs have been planted. On average, each year some 4000 volunteers put in 504,000 hours of trail work. The Greenway Trails Program maintains more than 100 miles of trails each year, and forty miles of logging roads have been removed.

Over the years, the Greenway Trust has purchased \$275 million worth of land acquisitions, taking 140,000 acres into public ownership. "And we're not done yet!" Schindler exclaimed.

The Greenway's task is more than acquiring and maintaining, however. As Ken Konigsmark of IATC points out, "No land is protected permanently—it takes continuous vigilance and advocacy to ensure that conserved lands don't disappear through zoning changes, a different public use, or governmental budget constraints. We, as citizens and government leaders, need to be the guardians of our Greenway if we want to ensure that future generations will enjoy these same treasures."

The City of Issaquah has certainly bought into the Greenway and all it represents. As Mayor Ava Frisinger has stated, "By thoughtful planning and careful land use decisions over many years, we have embraced the Mountains to Sound Greenway vision and retained our city's connection to the natural world."

#### IATC INVOLVEMENT

The Issaquah Alps Trails Club has played a huge formative role in the "greenway" concept. It sponsored and had the two previous marches and is now a major player in this 20-Year Celebration of the Greenway Trust. It is hoped that IATC members will take advantage of the opportunity to celebrate the splendor that is the Mountains to Sound Greenway.



## WHY NOT VACATION IN THE WOODS?

By Doug Simpson

Just think... for just \$195 (that is if you're a member of the Washington Trails Association, \$225 otherwise) you could go work in the woods for five or even seven days. WTA's Volunteer Vacation Program (yes, vacation) is a thriving entity with people of all ages clamoring to be a part of it.

Programs exist for both teens and adults throughout the summer. In less than 15 years, the VVPs have grown from one to 45. And the program's success is evidenced by the fact that about 85% of the volunteers come back again because of their positive initial experience.

In the adult vacations, the volunteers head into the back country on Saturday, bringing their own tents and sleeping bags. Everything else, including food for quality meals, is provided. Then Sunday through Tuesday are work days, before having a day off on Wednesday. Thursday and Friday are also work days.

"We treat the volunteers really well," said Tim Van Beek, the Project Coordinator for WTA. "The volunteers work hard and well and thrive on what they accomplish. "They're rock stars," exclaimed Van Beek.

Younger volunteers, many ninth and tenth graders, embark on youth outings of five days, from Sunday through Friday. Then with that under their belts, subsequent vacations are seven days into the back country, many of which this summer are in places like the Carbon River near Mt. Rainier, and locations near Republic, Twisp and Cape Disappointment near the mouth of the Columbia River.

"We have three rules," Van Beek said: "safety, fun and work. It makes for a positive work experience, and the volunteers keep coming back."

According to Van Beek, with 9,000 miles of trails in the state, the trails need help. "We want to get people in the woods. That's what it's all about."

The volunteer work parties can't exceed twelve, in accordance with wilderness regulations. Tasks range

from cutting back overgrown bushes to rebuilding bridges. No power tools are used so all work is done by hand.

Lisa Black, one of the program's leaders, calls it "a cheap week in the woods." Volunteers range from 14 to 82, with the average age about 40.

"The real draw of the week," according to Black, "is to see the actual results from your work."

"Camping out and rebuilding trails is hard work," Communications and Outreach Director Lauren Braden states. "Working trips build a sense of community. On these trips, she adds, "people make friends and really get to know each other." The volunteers fall in love with it, she points out, and just want to come back.

Persons interested in a vacation working in the woods can log on to WTA.org and find an application under "Trips." But to participate this summer, prospective volunteers had better apply soon.

#### 1990 March continued from page 1

Hornung and the other club leaders were successful in gaining the support of political and other regional leaders. Honorary Co-Chairmen were Brian Boyle, James Ellis and Bruce Laing. Others, some as speakers, were Sue Donaldson, Rod Chandler, Gary Locke, Dan McDonald, Hazel Wolf and Manning.

Cooperating organizations included The Mountaineers, the Sierra Club, Washington Wildlife Coalition, and the Tri-Mountain Volkssport Club. Major financial support came from the Boeing Company and REI. Hornung and Thomsen, in addition to superlative efforts in time and energy, donated \$100 each.

It was a yeoman effort by all these folks to bring off a most significant event in Western Washington outdoor recreation.

#### Issaquah Manifesto continued from page 4

estate at the base of the Mount Si Recreation Area. A small city is growing up expediently, but perhaps also with some limited forethought, on Snoqualmie Pass itself.

Mountain recreation has, among other virtues, a civilizing influence which is often not realized. All authority which is not mere oppression has a principle function protective control of precisely those complex and powerful forces the ordinary, or even extraordinary, manifestations of which we see as natural beauty.

To have observed how natural forces balance out in that elegant equilibrium, perhaps especially as one sees their vigorous resolution in the mountains, is to have better measure than one otherwise can of the capabilities, and even more acutely the limitations of humanity in dealing with its environment. People with that experience are enabled, in many cases, to understand more fully and to deal more capably (and perhaps more patiently) with community problems and community functionaries.

In vast urban aggregations which exclude natural beauty, on the other hand, the distinction between beneficial and oppressive civil authority can become more obscure than it has here until now. That is especially true among young people shut into such places, as we clearly see in our eastern cities and begin to see even here.

For that reason, as well as for our mere pleasure, it is urgent that we enlist as volunteers, in cooperation with local government, land management agencies, and affected neighborhoods, to ensure that our developing urban-alpine interface remains as open as possible to joyous movement of our people up and own (preferably on foot!), and thus to a flow of essential values from the mountains to the sea and back again.

(Ed. Note: the bold face ending passage is mine for emphasis in this reprinting.)

#### Marches Revisited continued from page 4

buckets (provided by our co-sponsor King County Parks), satisfying the demands of the land managers enroute, finding routes in the gaps between missing trails and finding and paying community groups along the way who would feed and entertain us. Over the next five days we would follow the John Wayne Trail to Rattlesnake Lake, and follow routes up and over Rattlesnake, Tiger, Squak and Cougar on our way to Bellevue's Newcastle Beach Park. The last day we walked over the I-90 bridge on our way to Seattle's Waterfront Park.

A list of the highlights and low lights of this first MTS March would include:

- 1) The first day was hot, and big crushed rock had been recently put down on the John Wayne Trail. At the end of this first 23-mile day fully a third of the hikers had blisters. King County Search and Rescue, which was providing emergency backup service was pressed into service to treat a long line of hikers with blistered feet each morning. By the end of the March they had bought up all of the moleskin and Second Skin on the Eastside.
- 2) On top of Rattlesnake, we met a brand new logging road that had obliterated part of our route.
- 3) After dinner at Newcastle Beach Park, the evening's entertainment began. We were invited to join in the singing of "America." Three words into the song, a bald eagle flew over us and circled overhead until the end of the song.
- 4) After the Newcastle Beach show was over, we slipped into our tents under a full moon. At about 2:30 a.m., the automatic sprinklers popped up around us, drenching many. Dave Kappler called the 911 operator, who commented that "we expect anything during a full moon." 5) On the last day we marched to the Seattle waterfront where we were greeted by a display by one of Seattle's fireboats and speeches by many politicians, many of them environmentalists for the day.



## Mountains to Sound 9 Day March occurs July 2 thru July 10.

<u>Day hikes and multi-day hikes available</u> <u>celebrating our I90 Greenway.</u> For details and to register, visit mtsgreenway.org

#### **JULY 2011**

Saturday, July 2 – 10AM Enjoy views from North Bend's Cedar Butte 2B, 5 miles, 1000' gain Bob Gross - 425-427-8449

Sunday, July 3 – 10AM Tiger Mt's Swamp - Big Tree-Adventure + Bus Trails 2A, 3.5 miles, 400' gain Jean Lanz – 206-322-0990

Monday, July 4 Holiday – 10AM
Dogs Welcome Hike – bring leash/baggies/water
Leader's Choice in the Issaquah Alps
3C, 6-10 miles, 800-1600' gain
Tom Pohle – 425-481-2341

Saturday, July 9 – 9AM
Preston-Snoqualmie Trail
Hike to view of falls and uphill to lunch
2A, 5 miles, 400' gain
Mary Nolan – 425-837-1535

Sunday, July 10 – 9AM
West Tiger 3, 2, 1 Loop from High Pt TH
Nook Trail, Section Line Trail, Tigers 3 and
2, TMT, Poo Top Trail,
Tiger 1, West Tiger 1 Trail, West Tiger RR, K-3, TMT.
3D, 10 miles, 3400' gain, fast pace, Strenuous
Aaron Shaw - 425-391-1600.

Saturday, July 16 – 8:30AM

Annette Lake – A scenic forest trail to a beautiful lake

Northwest Forest Pass required for parking

7.4 miles, 1700' gain

Harney – 206-545-2829

Saturday, July 16 – 10AM

Dogs Welcome Hike – bring leash/baggies/water
Leader's Choice in the Issaquah Alps

2B, 4-6 miles, 800-1200' gain

Tom Pohle – 425-481-2341

Sunday, July 17 – 9:30AM
Weeks Falls & Twin Falls. One way hike from
Weeks Falls to Iron Horse to Twin Falls.
Car shuttle. SLOW PACE.
2A, 3.5 miles, 400' gain
Fred Zeitler = 425-882-3435

Friday, July 22 – 10AM
Dogs Welcome Hike – bring leash/baggies/water
Leader's Choice in Issaquah Alps
2B, 3-4 miles 500'-900' gain
Dori Ost – 206-909-1080

Saturday, July 23 – Mason Lake - Wilderness Area Call leader to register + for time 3C, 7 miles, 2300' gain Richard Mann – 425-281-8465

Sunday, July 24 – 9AM
Mini-Grand Traverse – A one way walk from
Cougar Mt's Coal Creek/Red Town TH back to the
Issaquah Trails Center. Visit Cougar's high point and
Issaquah's historic cemetery. Car shuttle
3C, 8 miles, 1500' gain
Ralph Owen – 425-746-1070

Thursday, July 28 – 7PM IATC Board Meeting Trails Center – 1st and Bush

Saturday, July 30 – 9AM Rattlesnake Mt – Stan's Overlook 2C, 5 miles, 1400' gain Mary Nolan – 425-837-1535

Sunday, July 31 – 9:30AM Sammamish's Hazel Wolf Wetland and Soaring Eagle Park 2B, 5 miles, 300' gain Steve Williams – 425-453-8997

PLEASE NOTE:
A DISCOVER PASS WILL BE REQUIRED
FOR VEHICLE PARKING FOR ANY HIKE
ON STATE LANDS.
GO TO discoverpass wa.gov FOR DETAILS



#### **AUGUST 2011**

Friday, August 5 – 10AM

Dogs Welcome Hike – bring leash/baggies/water
Leader's Choice in the Issaquah Alps
2B, 4-6 miles, 800-1200' gain
Tom Pohle – 425-481-2341

Saturday, August 6 – 9:30AM Squak Mt from Mountainside Dr 2B, 5 miles, 1200' gain Steve Williams – 425-453-8997

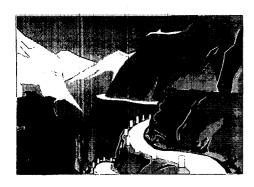
Sunday, August 7 – 9:30AM Lodge Lake on the Pacific Crest Trail Northwest Forest Pass required for parking 2B, 4 miles, 850' gain Bob Gross – 425-427-8449

> Saturday, August 13 – 9AM Cedar River Trail 2B, 7 miles, no gain Joe Toynbee – 425-228-6118

Saturday, August 13 – 10AM
Dogs Welcome Hike – bring leash/baggies/water
Leader's Choice in the Issaquah Alps
3C, 6-10 miles, 800-1600' gain
Tom Pohle – 425-481-2341

Sunday, August 14 – 9AM North Bend's Twin Falls Spectacular views of local falls 2B, 3-4 miles, 600' gain Mary Nolan – 425-837-1535

Saturday, August 20 – 1PM Tiger Mt's Tradition Loop Learn about local plants + trees 2B, 5 miles, 600' gain Dave Kappler -425-392-3571



#### AUGUST 2011 cont.

Sunday, August 21 – 9AM
Two for one Hike.
We'll visit 2 popular destinations
Franklin Falls + Asahel Curtis Nature Trail
Northwest Forest Pass required for parking
Car shuttle to Exit 47. SLOW PACE
2B, 4 miles, 500' gain
Fred Zeitler – 425-882-3435

Thursday, August 25 – 7PM Hike Leaders' Meeting Trails Center – 1st + Bush

Friday, August 26 – 10AM

Dogs Welcome Hike – bring leash/baggies/water

Leader's Choice in Issaquah Alps

2B, 3-4 miles, 500'-900' gain

Dori Ost – 206-909-1080

Saturday, August 27 – 9AM
Annette Lake – near Snoq Pass
Northwest Forest Pass required for parking
3C, 8 miles, 1900' gain
Richard Mann – 425-281-8465

Sunday, August 28 – 9AM
Grand Ridge. A one-way walk in the woods thru
King County's Grand Ridge Park. Car shuttle
2B, 7 miles, 1100' gain
Ralph Owen – 425-746-1070

IATC ENCOURAGES CARPOOLING +
RECOMMENDS \$1 MINIMUM OR
15¢/MILE GAS CONTRIB TO DRIVER



#### SEPTEMBER 2011

Saturday, September 3 – 9AM Lodge Lake on the Pacific Crest Trail Northwest Forest Pass required for parking 2B, 4 miles, 850' gain Mary Nolan – 425-837-1535

Sunday, September 4
Kendal Katwalk-Wilderness Area
Call leader to register + for time
Northwest Forest Pass required for parking
4D, 12 miles, 2700' gain SLOW PACE
Bob Gross – 425-427-8449

Monday, Sept 5, Labor Day – 10AM
Dogs Welcome Hike – bring leash/baggies/water
Leader's Choice in the Issaquah Alps
3C, 6-10 miles, 800-1600' gain
Tom Pohle – 425-481-2341

Saturday, September 10 – 9:30AM Cougar Mt – Loop hike to AA Peak via Mine shaft. SLOW PACE 2B, 4.5 miles, 650' gain Fred Zeitler – 425-882-3435

Sunday, September 11 – 10AM North Bend's Cedar Butte Where history and geology meet 2B, 5 miles, 900' gain Doug Simpson – 425-823-0747

Saturday, September 17 – 1PM Tiger Mt's Tradition Loop Learn to ID local plants + trees 2B, 5 miles, 600' gain Dave Kappler -425-392-3571

Sunday, September 18 – 9:30AM Taylor Mt – explore trails and roads 2B, 6.5 miles, 800' gain Steve Williams – 425-453-8997

Sunday, September 18 – 10AM

Dogs Welcome Hike – bring leash/baggies/water

Leader's Choice in the Issaquah Alps

2B, 4-6 miles 200-1200' gain

Tom Pohls 25-481-2341



Friday, September 23 – 10AM
Dogs Welcome Hike – bring leash/baggles/water
Leader's Choice in Issaquah Alps
2B, 3-4 miles, 500'-900' gain
Dori Ost – 206-909-1080

Saturday, September 24 – 9AM Rattlesnake Mt – Grand Prospect 3C, 10 miles, 2200' gain Richard Mann – 425-281-8465

Sunday, September 25
Ollalie Lake – Hike to a beautiful Alpine Lake
Wilderness Area – Call leader to register + for time
Northwest Forest Pass required for parking
3B, 5-6 miles, 1200' gain
Mary Nolan – 425-837-1535

#### **OCTOBER 2011**

Saturday + Sunday - October 1+2 SALMON DAYS IN ISSAQUAH No hikes scheduled - Visit us at our Booth by the Salmon Hatchery

 $\star$   $\star$ 

GEAR CHECKLIST = WATER, FOOD,
DAYPACK, RAINGEAR, WARM CLOTHES,
HIKING SHOES/BOOTS



PLEASE CHECK
NUMBER / LETTER CLASSIFICATION
FOR HIKE DIFFICULTY



ALL HIKES MEET AT THE TRAILS
CENTER – 1ST AND BUSH IN ISSAQUAH.
HIKES LEAVE AT THE TIME STATED
SO PLAN TO ARRIVE A BIT EARLIER



#### Marches Revisited continued from page 8

Many good things came about because of this first March. The Mountains to Sound Greenway Trust, with representatives of all the communities along the Greenway and many private companies on its board, formed under the leadership of Jim Ellis a year after the March. While there have been many heroes of the Greenway, it can be truthfully said that without the IATC and the 100 hikers of the 1990 March there would be no Greenway today.

The Greenway originally stretched from Snoqualmie Pass to Seattle's waterfront. During the first ten years, other communities asked to be included, and it was extended to Thorp on the east slopes of the Cascades. When the 122+ mile 10th anniversary March was held July 13-22, 2000, it started at the historic Thorp grist mill. The first three days of the March followed the John Wayne Trail from there to Snoqualmie Pass. This time the hikers were joined by bikers, a train of wagon riders as far as Rattlesnake Lake and even one llama-drawn cart. After walking through the railroad tunnel under Snoqualmie Pass, the remaining seven days followed a revised version of the route of the first five-day March. The Mountains to Sound Greenway Trust was the main sponsor and did the heavy duty planning and leading this time. The IATC participated as one of the co-sponsors and helped find routes for some of the missing segments of the "trail."

Some of the highlights from this second March include: 1) New or improved trails were built along the way by the MTS Greenway, WTA and others in preparation for the March. There still was not an official, continuous trail in place, but many of the gaps had been filled in. 2) Many new public land acquisitions along the corridor had been made, brokered by the MTS Trust. These were noted and celebrated during the March. 3) Many of the 100+ marchers were teengers, some of them avid environmentalists. It was entertaining and enlightening to interact with them. 4) We were welcomed by the people of the communities along the way, and we had entertainment each night. 5) There were other interesting demonstrations along the way. Two possibly related ones: On Tiger we were given a demonstration of a machine that threw chunks of biosolids (dried sewage) onto forestland to help boost tree growth. Several times during the

March politicians gave speeches in which they threw chunks of "wisdom" onto the listening hikers.

The Mountains to Sound Greenway Trust has continued to broker new public land acquisitions during its second ten years. In February, 2011, its board defined the official boundaries of the Greenway. The 1.5 million acres within the Greenway stretch from Ellensburg to Seattle's Puget Sound shores. The IATC should be proud that our earlier endeavors at defining and preserving much of the Issaquah Alps set the groundwork and example for the Greenway.



## DISCOVER PASS IN EFFECT JULY 1

State recreation lands now officially require a Discover Pass, at a cost of \$30 per vehicle per year or \$10 for a day-use pass. Almost seven million acres of recreation area are accessible with the pass.

Passes can be purchased at most sporting goods stores or online through the Department of Fish and Wildlife's recreational licensing system (www.fishhunt.dfa.wa.gov). By fall, the passes will also be available from the State Department of Licensing.

Any parking in excess of 30 minutes will require a pass. The penalty without a pass (which must be displayed on the front windshield) is \$99, reduced to \$59 if a pass is evidenced within 15 days of the violation.

Anyone who purchases a hunting or fishing license will be given a pass. But for state parks or Department of Natural Resources land, a pass must still be purchased.

Complimentary annual passes will be given to anyone who works 24 hours on agency-approved trailwork projects. Details for these are still being developed.

## THE WEEDWHACKER ERA: OLD GEEZERS AT WORK

By Joe Toynbee

It is hard to imagine what the trail system in the Issaquah Alps looked like in 1979 when the club was formed. My first club hike in December of 1979 gives some idea. We met our leader, Harvey Manning, at the Issaquah Park and Ride in a pouring rain and started by crossing Highway 900.

When then started climbing up Cougar on a barely visible boot track. After about a mile we came to a "NO TRESPASSING" sign. Harvey looked at it and said "that sign was put up for me. They don't want us here." We circled around on an even worse trail and eventually got back without being peppered by buckshot.

Many trails in the early days of the club were built on the premise... "If you build it, they will come," The idea was to make any sort of a trail, advertise it in the Alpiner and/or by word of mouth, and then let boots build it. The hope was that public officials would notice the trail, and perhaps the land could be acquired.

Upon this scene about 1981 arrived a man named Dwight Riggs. Dwight had moved to the area from New Mexico, fallen in love with the Alps, and decided to do something about the primitive trails. To do this he founded a group known as the Wednesday Weedwhackers. We would meet each Wednesday, usually at the Issaquah Park and Ride, and decide where to go to do trail work. Back then one could go just about anywhere.

Dwight was a big man, both in size and spirit. He was a human bulldozer, capable of moving large logs and rocks the rest of us could hardly budge. Another unforgettable member of the Whackers was Will Thompson. Will had been a famous mountain climber in his youth, going out with people such as the noted Fred Beckey. Numerous people turned out with the Whackers over time, but the people I remember besides Dwight and Will were George Mischler and Bob Knutsen.

In the early 1990's, the Weedwhackers evolved into the Issaquah Alps Trails Club Trails Crew. Dwight had moved to Arizona, so our leader became Bill Longwell, a retired school teacher with a real passion for trail work. About this time the trail building era had about ended, and trail maintenance was the big task. We were joined by people such as Debbie Anschell, Ken Hopping, Bob Ziegler and Fred Zeitler.

Back about the year 2000, Longwell remarked to me, "Who is going to do this trail work when we old geezers are gone?" But wonder of wonders, here came these marvelous groups such as the Washington Trails Association, the Mountains to Sound Greenway and others. Trail work for the IATC remains in the capable hands of Scott Semans, Ed Vervoort and others.

So a tip of the hat to the Weedwhackers and all the groups who haven taken over from them. The Issasquah Alps would be a very different place without these folks. (Ed. Note: and that includes Joe Toynbee!)



## **DONATIONS NEEDED**

The Issaquah Alps Trails Club does not charge dues. The club exists solely from donations made by its members. Unfortunately, it is easy for those members to lose tract of when they last contributed.

Do you remember the last time you made a donation to IATC? Your last contribution date is listed on the left of your address label. If it has been a while since you made a donation, maybe it's time to donate again.

Paying your dues not only enables you to receive the quarterly Alpiner with the full hiking schedule, but the money also help the club to print/reprint its books and makes available funds for tools for trailwork and numerous incidental club expenses.

## **MEMORIES OF 1990 GREENWAY MARCH**

By Diane Guthrie

(Ed. Note: I thought it might be fun to revisit some entertaining excerpts from Diane Guthrie's diary taken during the 1990 Greenway march.)

#### **DAY 1:**

When traveling west on a ski slope, Indian Paintbrush plants dotted the slope and confused us. Their color is similar to the orange in the orange and black ribbons that were used to mark our route. . .

For the next 18 miles our marching terrain was hard and rocky. Half of a mile was on a logging road, the remainder was on the old Milwaukee Railroad grade. When entering a dilapidated and ghostly snow shed, we heard a train whistle. Denny Crosten, a railroad history enthusiast, had created the sound from a wooden whistle.

Tom Wood visited many lunchers and spread the news of how the hike was going. Two people had dropped out of the hike. Half the leaders were in the back. Tom wondered, "At exactly what point did we lose control?"

... Two miles after crossing the Mine Creek trestle, we crossed Hall's Creek. Dozens of hikers removed their footware to cool their feet in the water. Roxanne Love placed moleskin on her feet and said, "I am stopping to patch my tires." (Could this creek be renamed "Blister" or "Moleskin Creek" in our honor? "Halls" conjures up thoughts of sore throats, not sore feet.) Later we discovered that Jack Hornung had lacerated his finger while descending to the creek and had been taken to the hospital.

#### **DAY 2:**

After crossing Highway 18 into Preston, a surprise was in store for us. With only two and a half miles to go, we sang as we entered a forest part paralleling Lake Creek. Our songs became drowned out by thunder, and there was downpour that swept us to Preston. We

were promised running water at each campground, but had not expected the water to be running down the streets of Preston.

Preston gave us a great welcome. At 6 p.m. many hikers were splashing past the 100-year-old church, and its bells were ringing.

After dinner, Maryann Tagney Jones introduced Sven and Ole. The curtain opened and there Ole stood with an extra high backpack with a pan on top. He called for Sven. The pan lifted up and Sven appeared. Ole had unknowingly carried Sven on his back for the past ten miles and was also dragging a box which contained a mattress, eggs and jumper cables. They were doing the "Summit to Plummet."

Both were concerned about preserving nature. Sven thought that chopping wood and soaking it in lye like lutefisk would help. Ole said that he had stopped brushing his teeth because the fluoride ruins the ozone layer. Sven corrected him. It was not the fluoride but floral carbons that were the problem. Ole said, "I'll stop buying flowers then."

#### **DAY 3:**

Tom Wood assured us that the trails of Tiger Mountain were going to be soft. This was good news to a hiker with pink and purple blisters under his toenail. Steve Millikin said, "My feet are no longer speaking to me."

Wood promised us a sauna at Tiger 1 that he guaranteed to be 75 degrees. When we reached the clouded-over West Tiger 1, Tom delivered on his promise. On the back side of the buildings by the tower was a vent of warm air protected by a lean-to shelter. Up to four hikers at once could huddle in the space to warm up and dry off. Several people started eating, so Tom declared it a lunch break.



#### Memories continued from page 11

#### **DAY 4:**

Hikers set up a line for foot doctoring by Search and Rescue volunteers right away even though one of the hikers said, "I don't get blisters while I'm sleeping.

(At the end of the day at Newcastle Beach) We fell asleep under a clear sky with a full moon providing a night light. At 2:30 a.m., we were awakened by showering lawn sprinklers. Quick-thinking people placed garbage cans and large juice containers over the nozzles to restrict the spray. Dave Kappler called 911 to get assistance. He expected the operator too find this request unusual, but the operator said, "We expect anything during a full moon."

#### **DAY 5:**

Ann Marshall, editor of the Signpost magazine, was overheard saying, "I've done it on aspirin since Preston". . . In Seattle, people asked us questions. When they found out how far we had walked, they said, "Are you serious?" We replied, "Yes, crazy but serious." One hiker, after being asked why he did it, said: "Someone told us to go take a hike, so we did."

#### Kees Grove continued from page 5

the Mountains to Sound Greenway, blaze trails in the Issaquah Alps and protect Issaquah waterways, including:

2003: Ruth Kees — Environmental activist and award namesake fought for decades to protect Issaquah Creek, Tiger Mountain and the Lower Issaquah Valley Aquifer.

2004: Joanna Buehler and Janet Wall — Buehler founded Save Lake Sammamish. Wall, a city River & Streams Board member, helped improve water quality, and fish and wildlife habitat, in the lake and watershed.

2005: Chrys Bertolotto — A former city Resource Conservation Office employee, established the Issaquah Stream Team and marshaled dollars to build the Pickering Farm Garden.

2006: David Kappler — Former councilmember and long time advocate for expanded public trails and open space preservation

2007: Ken Konigsmark — Shaped land-use policies and helped establish the greenway.

2008: William Longwell Jr. — Longtime IATC member who established trails on Squak and Tiger mountains

2009: Harvey Manning — Coined the phrase "Issaquah Alps" and founded IATC.

2010: Ted Thomsen — IATC representative to Mountains to Sound Greenway; helped foster the 101-mile Greenway effort

2011: Maureen McCarry—City Councilwoman whose support was crucial to stopping the SE Bypass and preserving Park Pointe lands on Tiger Mountain.

The ten trees will be just the start of the Ruth Kees Grove, which will grow each year as new community members are honored. Eventually, the grove will also include a trail, decorative rock features and a small patio/courtyard with recipients' names engraved in paver stones.

## VOLUNTEERS HELP CITY'S MECHLER

Matt Mechler, the City of Issaquah's Open Space Steward of Parks and Recreation, labors long on outdoor projects and benefits greatly from volunteer help. This summer he is utilizing help from five Eagle Scouts to construct a trail in Squak Valley Park North.

They work in 150-foot increments on the trail of less than a half mile on a nice setting through the meadow. He expects the trail to be mostly finished this year.

Mechler also coordinates with Connie Marsh and the Issaquah Environmental Council to uproot invasive plants such as blackberries and ivy. "The IEC is a great benefit to the city," he said. On a recent weekend, 8-10 workers put in 42 hours of work.

To pursue volunteer opportunities, check the city's website, www.ci.issaquah.wa.us.

## **Hiking Information**

#### **Hike Leaders**

Hike leaders are volunteers who donate their time to lead people who want to hike and explore the trails in the Issaquah Alps and other nearby foothills (Cascades) in King County. Hikes are scheduled and led year-round unless severe conditions pose a safety hazard. Minimum attendance is three, including the leader.

Trails in the Issaquah Alps may be good or bad, easy or hard, muddy or dusty, brushy or clear, steep or flat—or all the above. Some are not much more than animal trails. As volunteers, neither hike leaders, the Issaquah Alps Trails Club (IATC), or Club directors are in any way responsible or liable for a hiker's comfort, transportation, property, safety, or general well-being while traveling to and from the trailhead or hiking or working on any trail.

The Club's sole purpose is to show hikers where the trails are and to lead the way. The public, other clubs, youth groups, church groups, and others are welcome and wholeheartedly invited to join hike leaders and others who want to hike these trails. Children under 18 should be accompanied by an adult. Please, no dogs on hikes.

#### **Hike Classifications**

Each hike has a number and letter designation after it (e.g., 2C). Numbers indicate hiking time and letters indicate degree of difficulty.

#### **Hiking Time**

Class 1: 2 hours Class 3: 6 hours Class 2: 4 hours Class 4: 8 hours

These are approximate hiking times. They do not include travel time to and from the trailhead (20 to 40 minutes depending on the location of the hike) or meal times (lunch will add another 20 to 40 minutes depending on the mood of the group).

Times are based on an assumption of a two-mile-perhour pace with one-half hour added for each 1000 feet of elevation gain. Trail conditions, weather, and unexpected hazards could extend the hiking time.

#### **Degree of Difficulty**

A: Little or no elevation gain, up to 500 feet, no difficulties for average walker.

B: Some climbing, up to 1200 feet, or some other difficulty.

C: More climbing, up to 2500 feet, or some other difficulty.

D: Much climbing, over 2500 feet of elevation gain.

#### **Hike Description Modifiers**

Leader's choice: The leader had not decided where to hike before publication of the hikes schedule.

Trail party: Trail maintenance work party.

Exploratory: The leader goes cross country off the main trail system to explore animal trails, canyons, old logging roads, or old railroad grades.

Expect to go through brush, over logs, tiptoe through wildflowers, and/or mud while having a good time hiking where others seldom tread.



#### Hike Information continued from page 13

Family hike: For parents and children. Easy pace. Call leader for hike particulars.

NOTE: Group hikes do not lend themselves to dogs. Please leave your dogs at home when going on a Trails Club hike.

#### **Meeting Place**

Trails Club hikes meet in the parking lot at the corner of First and Bush streets next to the IATC clubhouse (the little yellow stationmaster's house). To get there, take exit 17 (Issaquah Front Street) from Interstate 90 and turn south into downtown Issaquah. Go about one mile through town on Front Street, then go two blocks past the light at Sunset Way, and then turn left on Bush Street. Go two blocks to Rainier and turn into the lot on the left.

#### Clothing

Dress for the Pacific Northwest outdoors. Expect rain, snow, sunshine, fog, and everything in between. Bring extra clothing, raingear, food, drink, matches, flashlight, and first-aid supplies. Wear comfortable hiking boots or hiking shoes.

#### **Trail Maintenance**

Volunteers periodically organize and schedule trail maintenance parties as listed in the hikes schedule. Work parties meet at the same place as hikes (see above). The Club is well supplied with heavy trail maintenance tools, but workers may also bring their own loppers, weed whackers, and other tools.

Trail work parties last at least four hours. Trail maintenance is vital to the Club's work and is

### ✓ Checklist:

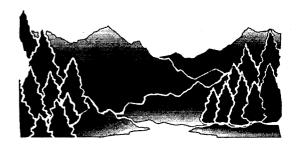
- Food
- Water
- Daypack
- · Raingear
- · Warm clothes
- · Hiking Shoes

Each item is required in order to participate in an Issaquah Alps Trails Club hike!

Don't leave the trailhead without them!

an integral part of the Department of Natural Resources (DNR) management plan for Tiger Mountain.

Work parties must limit their activity to trails listed by the DNR as scheduled for maintenance. Construction of new trails is not allowed. Work parties are a great way to meet people! Individuals and groups are encouraged to adopt a trail—or section of trail—and take the responsibility of maintaining it.



## Issaquah Alps Trails Club Publications Order Form

Return this completed form along with your check to: Issaquah Alps Trails Club Publications, P.O. Box 351, Issaquah, WA 98027

Name: Address:			· · · · · · · · · · · · · · · · · · ·
ITEM	PRICE*	QTY.	TOTAL
Book: The Flowering of the Issaquah AlpsRevised!	\$ 9.00		
Book: The Authoritative Guide to the Trails of Cougar Mountain Wildland Park and Surrounds	15.00**		
Book: Guide to Trails of Tiger Mountain	15.00		
Book: The Coals of Newcastle: A Hundred Years of Hidden History	15.00		
Book: Eastside Family Hikes	3.00		
Book: Squak Mountain: An Island in the Sky	15.00	-	٠.
Book: 55 Hikes Around Snoqualmie Pass	10.00		
Map: Issaquah Alps Cougar Mountain, 2001 revision	2.00		
Map: Issaquah Alps Squak Mountain (2005)	6.00		
Green Trails Map: Tiger & Taylor Mountains, Map 204S	(List 9.50) 8.00		
Green Trails Map: Cougar & Squak Mountains, Map 203S	(List 9.50) 8.00		
Green Trails Map: Rattlesnake Mountain & Upper Snoqualmie Valley Map 205S	(List 9.50) 8.00		
Green Trails Map: Mount Si NRCA & Snoqualmie Corridor, Map 206S	(List 9.50) 8.00		
*All prices include shipping and handling.	<u> </u>	*	

☐ The IATC sponsor.....\$50

IATC Foundation, P.O. Box 351, Issaquah, WA 98027

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Name:			· 		•
Address:					.,
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operating of design, con	costs first, with 1009 enstruction, maintenan	% of remaining funds nce and advocacy nee	s being directed when eds throughout the Iss	ation costs and the club's mining they can best address the traquah Alps. <b>Note:</b> Membershance your Issaquah Alps.	ail
	donation levels:				
The bas	ic hiker	. \$15   The	project supporter	\$25	

IMPORTANT: This form and your donation and/or membership request form should be mailed to:

☐ The visionary......\$100 and above

Total:

<sup>\*\*</sup>One (1) IATC Cougar Mountain Map included.

<sup>\*\*\*</sup>One (1) IATC Tiger Mountain Map included.

Issaquah Alps Trail Club P.O. Box 351 Issaquah, WA 98027

**Address Service Requested** 

Non Profit
U.S. Postage
——PAID——

Issaquah, WA Permit #70

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8/8/2010

Charles & Malena McCrone PO Box 593 Issaquah WA 98027-0022

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l6 Issaquah Alps Trails Club

#### **Issaquah Alps Trails Club Publications**

See page 15 for the publications order form.

Note: All of the following prices include shipping & handling.

- o *Flowering of the Issaquah Alps*—Revised! By Fred and Ann Weinmann and Harvey Manning. 1996 updated edition. This new edition lists trees, shrubs, ferns, and flowers found in the Issaquah Alps. Flowers are listed by color, season when flowering, and where many of the plants can be found. \$9.
- o Guide to the Trails of Cougar Mountain Regional Wildland Park and Surrounds—By Charles McCrone. 2000 edition. Completely updated version gives historical background and descriptions for every park trail, plus 30 other trails in the surrounding area including Bellevue, Newcastle, Renton, and the Precipice. \$15 (includes map listed in next column).
- o *Guide to Trails of Tiger Mountain*—By Bill Longwell. 2003 revised edition. Updated trail information, two new trails and numerous photographs. \$15 (includes map listed in next column).
- o *The Coals of Newcastle: A Hundred Years of Hidden History*By Richard K. McDonald and Lucille McDonald. A complete history of the once-thriving coal mining area of Cougar Mountain now hidden from all but hikers. 100+ photographs, 4 maps, and Tim O'Brian's account of the incredible Seattle and Walla Walla Railroad. \$15.

- o *Eastside Family Hikes*—By Peggy Barchi. 2001 revised and updated edition. Descriptions of family hikes (annotated for stroller use and picnicking) on the Eastside. \$3.
- o *Squak Mountain: An Island in the Sky* By Doug Simpson with trail descriptions by David Langrock. Provides a history of Squak Mountain and its gestation as a park. Includes 4 loop hikes covering most of the mountain trails. Includes many earlier writings by Bill Longwell and vignettes by others. \$15.
- o Green Trails Tiger & Taylor Mountain. Map 204S. (List \$9.50) \$8.
- o Green Trails Cougar & Squak Mountains. Map 203S. (List \$9.50) \$8.
- o Green Trails Rattlesnake Mountain & Upper Snoqualmie Valley. Map 205S. (List \$9.50) \$8.
- o Green Trails Mount Si NRCA & Snoqualmie Corridor. Map 206S. \$8.
- o *Green Trails Quality Squak Mountain Map.* By IATC member Harry Morgan. \$6.
- o IATC Cougar Mountain map. 2001 revised.
- o 55 Hikes Around Snoqualmie Pass By Harvey Manning. \$10.