



October ♦ November ♦ December 2010

Cougar ♦ Squak ♦ Tiger ♦ Grand Ridge ♦ Taylor ♦ Rattlesnake

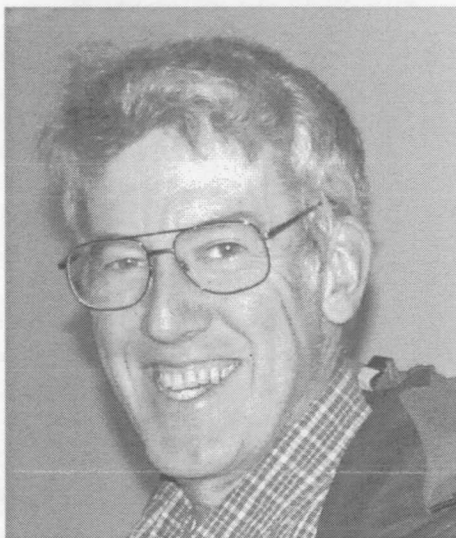
## KAPPLER PICKED PRESIDENT-ELECT

David Kappler, longtime member of the Issaquah Alps Trails Club and its second president back in the early 90's, was elected as president-elect of the IATC at its July 22 board meeting. He will assume the presidency of the club in January of 2011 when President Steve Williams steps down after three years in office.

Since the club changed its by-laws to create the president-elect position followed by a two-year term as president, the position has remained vacant. Kappler previously served IATC from 1990 to 1991 when he stepped down to serve on the Issaquah City Council.

"Dave's a dedicated, high energy guy. It's great to have him back with the club in an official capacity," said Vice-President Doug Simpson.

In other business at the quarterly meeting, the board met scholarship winner Miles Burns and received a report from Tyler Traweck, local DNR forester, about the Karisrun timber sale on Tiger Mountain in 2011. Traweck reported that bids for four units, 200 acres, will be taken in January with cutting to begin in April or May. Trail closures on the Tiger Mountain Trail and Artifacts Trail are expected.



Traweck estimated that the state would gain nearly \$3.5 million from the sale, with proceeds to benefit school construction as well as general funding for the state and King County. The DNR timber sales from the Tiger Mountain State Forest are in a 60-year cycle, so a cutting is one-sixtieth of the available trees each year, a sustainable portion.

Joe Toynbee reported that in the April to June quarter 625 hikers participated in 68 hikes, an average of 9.2 hikers, consistent with hikes in recent years. Toynbee pointed out that hike size is dependent primarily on the weather, with the hike leader and competition from other groups also factoring in.

*continued on page 4*

## IATC RESPONDS TO BIKING MECCA IDEA

Some local officials have suggested that Issaquah should become a "mecca" for biking enthusiasts on Issaquah Alps trails. The IATC held an extensive discussion of the issue and its possible effects on area trails at its recent board meeting. As a result, a club committee has reached the following conclusion and issued six policy statements.

Plans are already underway for large new biking trail areas in both the Raging River and South Fork Snoqualmie Basins that will offer significantly increased mileage for bike use. There is no need nor justification, club officials have stated, to consider additional bike trails within the Issaquah Alps or to convert any existing hiker only trails to multi-use trails.

### IATC POLICY RECOMMENDATIONS

- 1) Mountain bike trails and hiking trails should be separate.
- 2) No new mountain bike facilities should be built on Squak or Cougar mountains.
- 3) IATC supports DNR plans for connecting and improving bike trails on east Tiger Mountain

*continued on page 6*

# The Apparatus

## CLUB FOUNDER

Harvey Manning

## PRESIDENT

Steve Williams • 453-8997 • SWilliams453@yahoo.com

## PRESIDENT ELECT

David Kappler • 392-3571 • davidkappler@hotmail.com

## VICE PRESIDENTS

Ken Konigsmark • 228-4839 • kenkonigsmark@yahoo.com

Doug Simpson • 823-0747 • d.simpson@msn.com

## TREASURER

Cornelia Remy • 425-255-6999 • tlmcreamy@q.com

## SECRETARY

Kathleen Petty • 425-885-4349 • pettykathleen95@gmail.com

## BOARD OF DIRECTORS

Richard Amidei • 425-313-9901 • damidei1@comcast.net

Sally Davies • 641-0676 • sallyd50@hotmail.com

Larry Hanson • 392-2458 • larmarhan@msn.com

Jackie Hughes • 641-3815 • jhughes62003@yahoo.com

Richard Mann • 281-8465 • hiker67@yahoo.com

Scott Semans • 369-1725 • SSemans@comcast.net

Karen Tom • 391-7585 • karentom98027@yahoo.com

Joe Toynbee • 228-6118 • toynbee@blarg.net

Ed Vervoort • 206-523-6461 • evervoort@comcast.net

## HIKES COORDINATION

Jackie Hughes • 641-3815 • jhughes62003@yahoo.com

Marjorie James • 503-0228 • mjames@volt.com

Joe Toynbee • 228-6118 • toynbee@comcast.net

## BOOK SALES/DISTRIBUTION

Scott Semans • 369-1725 • SSemans@comcast.net

## WEBMASTER

Richard Amidei • 425-313-9901 • damidei1@comcast.net

## CHIEF CARTOGRAPHER

Harry Morgan • 432-3249 • hcmorgan@gmail.com

## THE ALPINER

Doug Simpson • 823-0747 • d.simpson@msn.com

## ADVOCATES

Cougar Mountain: Steve Williams • 453-8997 • SWilliams453@yahoo.com

Issaquah: Connie Marsh • 392-4908 • auntgrumpy@comcast.net

Tiger Mountain: Ed Vervoort • 206-523-6461 • evervoort@comcast.net

Raging River/Preston: Maryanne Tagney Jones • 222-7615 • branches@mindspring.com

Rattlesnake Mountain/Taylor Mountain: Ralph Owen • 746-1070

Squak Mountain: Doug Simpson • 392-6660 • d.simpson@msn.com

and Cathy Brandt • 430-9877

## VOLUNTEER TRAIL MAINTENANCE COORDINATOR

Scott Semans • 369-1725 • SSemans@comcast.net

## MOUNTAINS TO SOUND GREENWAY

Ken Konigsmark • 222-4839 • kenkonigsmark@yahoo.com

Whenever possible, please use e-mail to contact any member listed below.

*The Alpiner* is published in January, April, July, and October.

Issaquah Alps Trails Club  
PO Box 351, Issaquah, WA 98027  
Website: [www.issaquahalps.org](http://www.issaquahalps.org)

IATC subsists on member donations only. Please send your tax-deductible contributions to the address above to help sustain our efforts to preserve, protect, and promote the Issaquah Alps and local environment.

Articles are welcome, preferably via e-mail to: [d.simpson@msn.com](mailto:d.simpson@msn.com)  
Send diskette or hard copy to post office box number above.

Issue deadlines: November 21 for January; February 21 for April; May 21 for July; August 21 for October.

(Note: All telephone numbers are area code 425 unless otherwise noted.)

# PRESIDENT'S REPORT

By Steve Williams

Some problems never seem to go away. Twenty-plus years ago, our club founders were battling a “new” problem. Fat-tire bicycles were tearing up the Issaquah Alps trail system that club volunteers had so lovingly built. Harvey Manning, Bill Longwell and others had just completed a decade-long struggle to get motorcycles and jeeps out of park lands on Cougar, Squak and Tiger mountains. Then suddenly the marketing of mountain bikes in the 1980’s resulted in gangs of kids racing each other down our Alps trails on bikes.

Longwell, who was crouched on his knees pulling roots on a Tiger Mountain trail, was nearly run over. Manning, walking a new trail with his sheltie dogs was startled “out of his wits” and had to leap into the blackberries while his dogs scooted in all directions. As Harvey later said, “All peace and tranquility of the woods vanished that day.” He was furious at being run off a trail that he had built, in a park that he had saved with years of lobbying! Also on Cougar Mountain, a woman on horseback had her whole life changed in less than ten seconds. A biker group came flying down Cave Hole Trail hill at perhaps 20 mph. Terrified, her horse reared up and then fell sideways on top of her, breaking her leg. That left her with a life-long limp, ended her riding career, and “took away any wish to ever be out on those trails again.” The bike riders never even stopped!

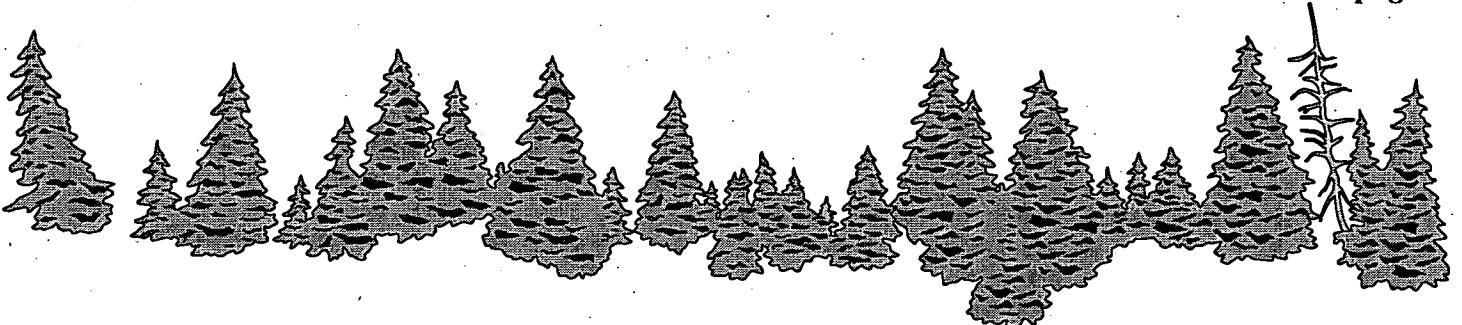
In recent years, IATC members have been finding outrageous scrap-lumber forts, ramps, jumps and high “cat walks” nailed into trees. Illegal, unsafe, and built without the knowledge or approval of the landowners, these bike “play parks” also show a total disregard for nature and the very trees that they are using.

Altogether, these are the events and actions that polarize us against bikes and lead us to say, “NO BIKES IN THE ISSAQUAH ALPS TRAIL SYSTEM.”

This also mirrors my experience in twenty years as park manager at Cougar Mountain. We tried for a time to have “multiple use” trails where bicycles were allowed, but it didn’t work. The bikers were constantly trespassing onto all of the other trails, and, as noted above, there were frequent conflicts with other users. On Tiger Mountain, DNR has now spent thousands of dollars building bridges and trails just for bikes—but, again, riders are trespassing all over the mountain. And, again, in total disdain for the environment, some bikers engage in what they call the “sport” of free-riding—which is basically flinging themselves downhill anywhere through the woods where there is no trail at all. They suit up in body armor for this, and brag about their injuries, but have no concern at all for plants, animals, ground-nesting birds, etc. It’s all *man against nature*, and is a testosterone-stupidity that certainly doesn’t deserve to be called a sport.

Trail damage and construction costs are also issues. Anyone who has ever seen bike ruts channeling water into mud holes, or bashed tree trunks and crushed plants on trail corners, or switchback cut-throughs, understands the problem. (Not helping are the TV commercials and magazine ads where mountain bikes throw mud and thrash through streams, showing the kids that this is somehow cool!) The real long-term cost to the environment and park agencies is huge. However, for a lot of us hikers and walkers, just seeing bike tracks is an affront. It means that a

*continued on page 6*



## WILLIAMS-NIXES 90 CONNECTOR

Construction to build a free-standing structure for a non-motorized trail from 12<sup>th</sup> Avenue NW to the I-90 off ramp along the west side of SR-900 is set to begin. And against the wishes of Steve Williams, president of the Issaquah Alps Trails Club.



The trail is to be a link between Lake Sammamish, the transportation center at Newport Way and on to trails on Squak and Cougar mountains. Williams, believing the \$4.4 million could be put to better use, sees it partly as a safety issue as those using the trail would be subject to entrenched and careless driving habits by those exiting the freeway.

"Frankly, it's a very expensive project for something that is probably going to be used more by shoppers and bike commuters than anything else," Williams stated. The IATC leader suggested that the money could be better used to establish a connector between Squak and Cougar for hikers and/or wildlife. Another alternative would be to apply the money directly to public transportation projects, Williams suggested.

C. A. Carey Corp. has the contract for the project, which is scheduled to be completed by April 2011, according to Issaquah's Public Works Engineering Director Bob Brock.



**Kappler** *continued from page 1*

The board also discussed at length the issue of mountain bikes on local trails. A policy statement was to be formulated, which is printed elsewhere in this issue. Also discussed was the proposed land swap between Park Pointe and Highlands, which has been on again, off again for months now.



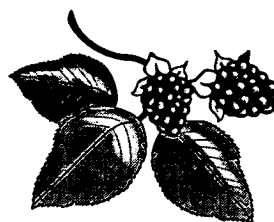
## HIKES TARGET INVASIVES

Invasive plants on the Tiger Mountain Tradition Plateau are the target of two unique hikes in the coming months, IATC President-Elect Dave Kappler announced.

On Sunday, October 10, Kappler's hike will work on mapping the locations where non-native invasive plants such as ivy, scots broom and holly are located. On Saturday November 20, a follow up outing would work on removing ivy and holly. For both outings meet at the trail center in Issaquah at 10 a.m.

State Department of Natural Resource (DNR) leaders have given their support to the project. In recent months the Issaquah Environmental Council has been sponsoring similar outings in city parks. IATC's Connie Marsh has led work parties that have already done much similar work in the plateau area.

"Getting the plateau into NRCA classification by both the city and the state has been really important to our efforts," Kappler stated. "Besides being good stewards of the trails, IATC needs to be good stewards to the land as well."





## MINING EXPERT DIED FROM FALL

Stephen Grate, an expert on area mines, died from a fall while hiking near Leavenworth recently. Grate, though not a member of the Issaquah Alps Trails Club, was the go to person for hikes in the area illustrating local mining history. Grate, 52, worked through the Issaquah Historical Society and the Issaquah Valley Senior Center.

An independent computer consultant, Grate was a man who pursued his interests with great diligence, leading to his expert skills not only in area mining history, but also in computers and photography. He gave much of his time to volunteering for the local historical society and the senior center, whether leading hikes, giving lectures or teaching classes. He was honored as Volunteer of the Year in 2006 by the Issaquah Historical Society.

Volunteer Coordinator Karen Klein cited Grate's "contagious enthusiasm for history and his keen ability to interest children in the topic." Museum Director Erica Maniez called him "a Renaissance man" for his varied interests and accomplishments.

"I enjoyed his hikes to local mining sites," said Doug Simpson of IATC. "He really knew the area and its history."



On summiting Mount Rainier: "Once more, and again, and crampons bite the crest and only these daggers stabbed into the outermost bulge of Earth prevent the wind from flinging the climber into space to collide with stars and bounce them around the galaxy like billiard balls." --H. Manning

## HIKER'S CORNER

By Joe Toynbee

*What does a hike leader do?*

A great deal of what an Issaquah Alps hike leader does is beneath the surface. Keeping the group from getting lost, and especially individual members of the group, requires constant vigilance. A good leader will



appoint a responsible rear guard, regroup at all trail junctions, and maintain a hiking pace that keeps the group together. On occasion a group may move faster or slower than some members may like, but this is the price for the advantage of group hiking.

Next time you go on a club hike, observe what the leader is trying to do and help out as best you can. Some day you too may be up front leading the troops into action.



## LAWYER NEEDED

The Issaquah Alps Trails Club is looking to its membership for an attorney willing to give the club advice on legal issues that may occasionally arise. Ted Thomsen, who recently passed away, previously served the club in this capacity. So, is there an attorney out there willing to give occasional legal advice?

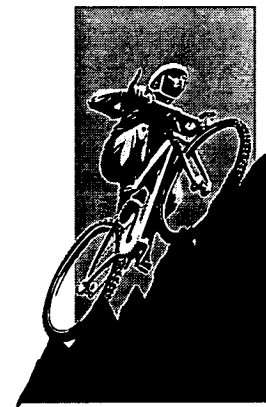
**President's Report** *continued from page 3*

machine has invaded the very place we came to get away from things man-made. It says that we now have to be constantly on alert to avoid being run-over from the rear or smashed into from the front. We have to be ready to jump sideways into the brush in a split-second. In public meetings the bikers always say, "Oh, we would never do that or go that fast." They don't seem to understand our anger or fears. I wonder how they might feel if a dirt-bike motorcycle gang invaded their new trails at Grand Ridge or Duthie Hill. Perhaps then they would feel the same fear of collision and assault by a machine. Might they then experience the same anger at having their woods and trails torn up by more powerful outside invaders?

The tragedy of an elderly woman who died after being struck by a bicycle on the Cedar River Trail this year points out another problem. Older folks may have hearing loss, or directional hearing aids. Younger folks may have I-pods, ear-buds, cell phones or perhaps so much texting focus that they just don't hear a warning. Often the warning comes too late, or people are confused about what they should do. When many people hear "on your left," they instinctively turn to the left. Pre-schoolers or dogs (on or off leash) are always unpredictable. Bikers need to slow down to walking speed, and then wait for recognition and room to pass. Just as with runners or horses, the request should be "Hello there, may we pass here?"

I guess what I am hoping for is both a change of attitude and behavior. Instead of yelling at people to "Get out of the way!" bikers need to show courtesy and say "Thanks for sharing the trail." Instead of being speed and muscle "conquerors" of the woods, bikers need to slow down and chat with the people they meet. Hikers are there for exercise too, but they view the woods as a treasure chest of surprises to be appreciated. You can't enjoy Chocolate Lillies or Phantom Orchids at 14 miles per hour—in fact you'll probably run over them before you see them. As Harvey was fond of saying, "You just don't go to a museum expecting to play basketball!" There is a reason why bikes are not permitted in nature parks, on interpretive trails, in wilderness areas, and on Mt. Rainier and Olympic National Park trails.

Now we have news articles stating that Issaquah should become "a mountain bike mecca," when in fact the bikers represent only a very small percentage of the population on the trails. (Some problems never go away.) Nationwide and locally, walking and hiking are by far the most popular forms of outdoor recreation, and trails serve by far the largest number of people for the least cost. So we of the Issaquah Alps Trails Club again say, "Bikers, pay your dues. Help parks acquire land, and then get permission to build your own trails, to standards that match your type of use." To the park agencies we say, "Plan separate trails for separate uses, and provide the law enforcement need to keep them separate." To everyone we say, "Slow down, show some respect for the other users out there on the trail, and please take the time to really respect and enjoy nature and the wonderful parks and forests that we have here in the Northwest."

**Biking Mecca** *continued from page 1*

in order to limit bike incursions and illegal use elsewhere on Tiger.

- 4) IATC supports a long ranging Grand Ridge Park plan to resolve the issues of combined trail use, signage, enforcement, parking and amenities.
- 5) IATC strongly maintains that no further trails should be created for mountain biking without functioning, funded enforcement, and without the ability to build and maintain such trails without diverting limited public trails funds from hiking trails and parks that support a vastly larger number of public users.
- 6) Issaquah is an outdoor recreation destination with hiking the largest and strongest component—and should be marketed as such.



Sunday, November 14 – 9am  
West Squak Loop. Hike from Tibbets  
Valley Park to Squak's Central Peak and  
Back via a combination of well known and  
Little traveled trails.  
3C, 8 miles, 2000' gain  
Ralph Owen 425-746-1070  
-----

Wednesday, November 17 – 9:30am  
Squak Mt – Thrush Gap and Issaquah Creek  
3C, 7 miles, 2000' gain  
Steve Williams 425-453-8997  
-----

Saturday, November 20 – 10am  
Tiger Mt – Removal of invasive  
Plants identified in October.  
Bring work gloves and pruners  
2C, 3-4 miles, 400' gain  
Dave Kappler 425-392-3571  
-----

Sunday, November 21 – Noon  
Tiger Mt's Tradition Plateau –  
Human and natural history with  
Emphasis on flowers and shrubs  
2B, 5 miles, 600' gain  
Dave Kappler 425-392-3571  
-----

Thursday, November 25 – 9:30am  
**THANKSGIVING DAY**  
Leader's Choice  
2B, 4-5 miles, 800-1000' gain  
Mary Nolan 425-837-1535  
-----

Friday, November 26 – 10am  
Dogs Welcome Hike – Bring leash, baggies  
Water. Leader's choice in Issaquah Alps  
2B, 3-5 miles, 400-800' gain  
Jean Lanz 206-322-0990  
-----

Saturday, November 27 – 9am  
Cougar Mt – Loop from Bear  
Ridge to AA Peak to Claypit.  
Return via Klondike Trail  
3C, 8 miles, 2000' gain  
Richard Mann 425-281-8465  
-----

---

**IATC ENCOURAGES CARPOOLING +  
RECOMMENDS \$1 MINIMUM OR  
15¢/MILE GAS CONTRIB TO DRIVER**

---

Sunday, November 28 – 9:30am  
Preston-Snoqualmie Trail. One-way hike from  
Preston to Falls Overlook. Small car shuttle.  
2A, 7.2 miles, 200' gain Slow Pace  
Fred Zeitler 425-882-3435  
-----

#### DECEMBER 2010

Thursday, December 2 – 7pm  
Hike Leaders' Meeting  
Trails Center, 1<sup>st</sup> and Bush  
-----

Saturday, December 4 – 8:30am  
Tiger Mt – Wright's Reach  
3C, 10 miles, 1500' gain Slow Pace  
Ron Howatson 425-392-8344  
-----

Sunday, December 5 – 9am  
East Cougar Loop – from Talus Bridge  
TH to Cougar's Antiaircraft Peak.  
Return by a combination of trails.  
3B, 7 miles, 1000' gain  
Ralph Owen 425-746-1070  
-----

Friday, December 10 – 10am  
Dogs Welcome Hike – Bring leash, baggies  
Water. Leader's choice in Issaquah Alps  
2B, 3-5 miles, 600-1000' gain  
Tom Pohle 425-481-2341  
-----

Saturday, December 11 – 9am  
Cougar Mt – Double loop around  
Wilderness Peak and on to Longview Pk  
3C, 7 miles, 1700' gain – Strenuous  
Scott Prueter 425-269-3079  
-----

Sunday, December 12 – Noon  
Tiger Mt's Tradition Plateau – Human and  
Natural history, emphasis on trees/shrubs  
2B, 5 miles, 600' gain  
Dave Kappler 425-392-3571  
-----

Saturday, December 18 – 10am  
First time hike on mostly wooded trails  
Near the north end of Lake Washington  
2B, 4 miles, 500' gain  
Doug Simpson 425-823-0747  
-----

Sunday, December 19 – 9:30am  
Cougar Mt – Partial loop hike from Sky  
Country to Longview Peak. Return via  
Doughty Fall – Slow Pace  
2B, 5.5 miles, 850' gain  
Fred Zeitler 425-882-3435  
-----

Wednesday, December 22 – 9:30am  
Talus - East Cougar Loop  
2B, 3 miles, 500' gain  
Steve Williams 425-453-8997  
-----

Sunday, December 26 – 9:30am  
Cougar Mt – Loop to Far Country with  
Stop at new trail to Far Country Falls  
1B, 4 miles, 650' gain Slow Pace  
Fred Zeitler 425-882-3435  
-----

Friday, December 31 – 10am  
Dogs Welcome Hike – Bring leash, baggies  
Water. Leader's choice in Issaquah Alps  
2B, 3-5 miles, 400-800' gain  
Jean Lanz 206-322-0990  
-----

#### JANUARY 2011

Saturday, January 1 – 9:30am  
Leader's Choice  
2B, 4-5 miles, 800-1000' gain  
Mary Nolan 425-837-1535  
-----

Sunday, January 2 – 9am  
Squak Mt – Mad Mountain Beaver  
Loop to West and Central Peaks  
3C, 8 miles, 2000' gain  
Richard Mann 425-281-8465  
-----

★ ★ ★

**GEAR CHECKLIST = WATER, FOOD,  
DAYPACK, RAINGEAR, WARM CLOTHES,  
HIKING SHOES/BOOTS**

★ ★ ★

**PLEASE CHECK  
NUMBER / LETTER CLASSIFICATION  
FOR HIKE DIFFICULTY**

★ ★ ★

**ALL HIKES MEET AT THE TRAILS  
CENTER – 1ST AND BUSH IN ISSAQUAH.  
HIKES LEAVE AT THE TIME STATED  
SO PLAN TO ARRIVE A BIT EARLIER**

★ ★ ★



# OCTOBER 2010

Saturday and Sunday  
October 2 + 3 - SALMON DAYS  
No hikes scheduled

Friday, October 8 - 10am  
Dogs Welcome Hike - Bring leash, baggies  
Water. Leader's choice in Issaquah Alps  
2B, 3-5 miles, 600-1000' gain  
Tom Pohle 425-481-2341

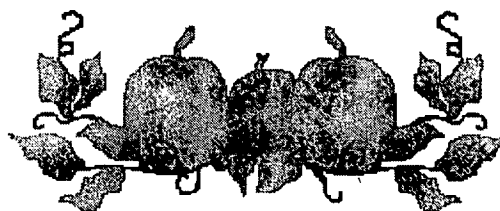
Saturday, October 9 - Call  
Leader for Time + Signup  
Snow Lake - Wilderness Hike  
NW Forest Pass needed for drivers  
3C, 6 miles, 1700' gain  
Mary Nolan 425-837-1535

Sunday, October 10 - 10am  
Tiger Mt - Hike and Trailwork.  
Map locations of invasive plants on the  
Plateau. Some off trail scouting and  
Limited removal of English Ivy  
Bring work gloves and pruners  
2B, 3-4 miles, 400' gain  
Dave Kappler 425-392-3571

Saturday, October 16 - 9am  
Tiger Mt - Chirico Trail to  
Trails Center (with shuttle)  
3C, 7.2 miles, 1700' gain  
Denis Harney 206-545-2829

Sunday, October 17 - 9:30am  
Rattlesnake Mt - Hike to West  
Ridge with views to Tiger Mt  
2B, 4.5 miles, 850' gain Slow Pace  
Fred Zeitler 425-882-3435

Sunday, October 17 - 1-4pm  
Cougar Mt - Coal Creek  
Mining History hike  
2A, 2 miles, 200' gain  
Steve Williams 425-453-8997



-----  
Saturday, October 23 - 9am  
Tiger Mt - Loop hike to W Tiger 1 via  
High Pt Trail, Dwight's Way, Tiger 1 Trail.  
Return via Tiger 1, RR Grade, TMT + High Pt  
3D, 8 miles, 2800' gain-Very Strenuous  
Scott Prueter 425-269-3079

-----  
Sunday, October 24 - 9am  
Tiger Mt - High Pt to TMT to  
Tiger 2 and 3  
3C, 8.5 miles, 2700' gain  
Richard Mann 425-281-8465

-----  
Thursday, October 28 - 7pm  
IATC BOARD MEETING  
Trails Center, 1<sup>st</sup> and Bush

-----  
Friday, October 29 - 10am  
Dogs Welcome Hike - Bring leash, baggies  
Water. Leader's choice in Issaquah Alps  
2B, 3-5 miles, 400-800' gain  
Jean Lanz 206-322-0990

-----  
Saturday, October 30 - 8:30am  
Cedar River Watershed Education  
Center "Drinking Water Discovery  
Tour" - 9:30am to 12:30pm  
A 3-hr, docent-led tour includes bus  
transportation and short walks  
into this protected, mountain-river-fed  
watershed, source of most of Seattle's  
drinking water. Cost of \$5 per person.  
Seating is limited. YOU MUST CALL  
LEADER TO SIGN UP.  
Joe Toynbee 425-228-6118



Saturday, October 30 - 1pm  
NOTE: THIS HIKE MEETS AT CEDAR  
RIVER WATERSHED EDUCATION CENTER  
IN NORTH BEND by Rattlesnake Lake  
Cedar Butte where geology and history meet  
2B, 5 miles, 1000' gain  
Joe Toynbee 425-228-6118

-----  
Sunday, October 31 - 9:30am  
North Bend's Little Si  
2C, 5 miles, 1300' gain  
Bob Gross 425-427-8449

# NOVEMBER 2010

Saturday, November 6 - 9am  
Cougar Mt - Redtown Loop  
Visit 3 waterfalls  
2C, 6.5 miles, 1300' gain  
Denis Harney 206-545-2829

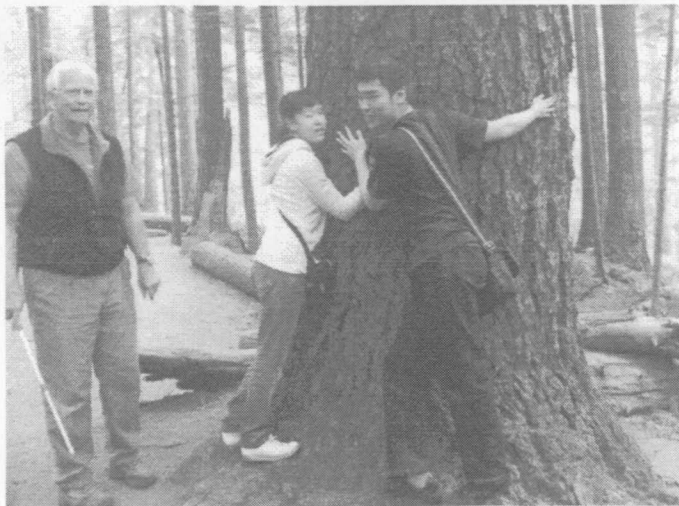
-----  
Sunday, November 7 - 9:30am  
DAYLITE TIME ENDS  
Cougar Mt - Looping trails on  
Cougar's upper reaches  
2B, 4-5 miles, 500' gain  
Doug Simpson 425-823-0747

-----  
Thursday, November 11 - 10am  
VETERANS DAY - Dogs Welcome  
Hike - Bring leash, baggies, water.  
Leader's choice in Issaquah Alps  
2B, 3-5 miles, 600-1000' gain  
Tom Pohle 425-481-2341

-----  
Saturday, November 13 - 9am  
Squak Mt - Loop hike over Central and  
West Peaks with Rainier view for lunch.  
3C, 6 miles, 1900' gain - strenuous  
Scott Prueter 425-269-3079



## BLIND STUDENTS HIKE TWIN FALLS

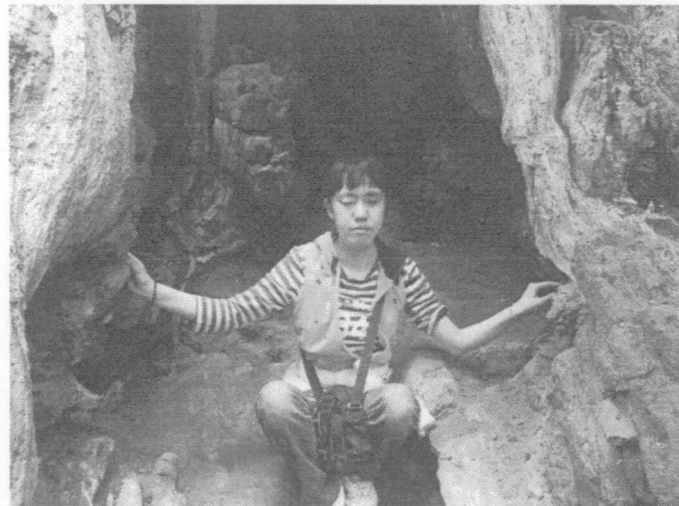


For the second year in a row, the Issaquah Alps Trails Club hosted a group of blind Korean students on a hike to Twin Falls. Sammamish resident Yang-su Cho, blind himself, brought along with his wife Ju-Yeong Lee, daughter Anna and six high school age Korean students participated in a program he oversees.

IATC was well-represented. President Steve Williams, Vice-President Doug Simpson, and board members Sally Davies, Karen Tom, Richard Mann and Ed Vervoort were on hand as well as Bob Gross and Roger Wickstrom. They provided plenty of trail guidance for the young Koreans, some of whom had never hiked before.

Each student held one end of a cane, with a hike leader holding the other end to steer the blind student and caution against rocks, protruding roots and trail edges. Frequent stops were made for students to feel trees, rocks, plants and even the Snoqualmie River. Students were able to perceive the power of the rushing water of river and falls, the great quantity of rocks and the texture of things they touched. All did a good job of hiking without mishap.

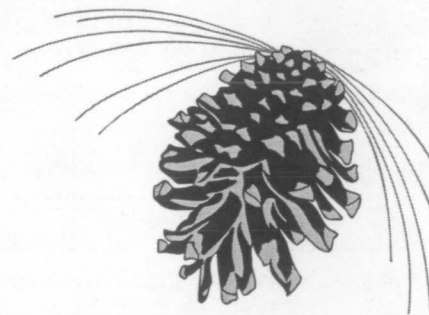
According to Williams, "I think we learn just as much as the students do, because we have to really pay attention to them as people, and use all of our senses to 'explain' the environment around us: the crunch of gravel or the squish of mud underfoot; the feel of clay or sand; the smell of fresh earth, decaying logs, sun-warmed vanilla leaf; the sound of birds singing or



kids playing at the river edge; the roar of the falls and the shudder of the bridge; the taste of salmon berries huckleberries of licorice root; mist and dew, and light fresh breezes that touch your cheek. Noticing all of that enriches any hiker's experience. It was a great day for all of us."

"It's such a rewarding experience to share our beautiful outdoors with people who lack our opportunities and experience with nature," said Simpson.

Cho has been hosting and coordinating blind Korean students for seven years. He is an avid hiker himself, comfortable in the outdoors accompanied by his wife.



After joining the Mountaineers in 1948: "In my immediate circle of mountain companions, "conservationists" were so notably rare as to be objects of curiosity, and I used to consider their sermons on the mount as eccentricities to be tolerated and enjoyed as one enjoys a friend's odd devotion to yodeling or smoked oysters." --H. Manning

## UPROOTING THE HOLLY TREE

By Bill Longwell

(Ed. Note: Bill Longwell, the IATC icon who passed away a few years ago, was a prolific writer for IATC. This is a reprint of one of his articles.)

It's always been a great pleasure for me while walking some Issaquah Alps trail to come upon a wild English Holly tree, often buried deep within some forest. I knew the location of many holly trees, and often at Christmas-time would carry branches home for Christmas decorations.

On rare occasions, I'd find a tree that bore red berries. I think I know of only three such berried holly trees in the whole Issaquah Alps. These locations I treasure, and I was careful to tell few others of my finds. By the way, those three trees still stand, alone, in the forest hidden away. (Ed. Note: They're probably still there, unseen by area hikers.)

English Holly is not native to Washington forests. It no doubt has been propagated by birds. Numerous holly farms surround the Issaquah Alps and surrounding forests, so it's not hard to see why individual holly trees exist.

Mary Cadigan, long-time Issaquah Alps member and plant expert, is also a member of the Washington Native Plant Society. She relates that the Native Plant Society is unhappy about all the non-native holly trees that grow in our forests.

I'm not sure what the Society plans to do about the proliferation of holly trees. It would be impossible to eradicate those trees, but perhaps the Society has a plan. We'll see. Anyway, it was always my secret goal to dig up some wild holly tree and transplant it in my yard. I kept my eyes open for a suitable specimen.

In the fall of 1992, I found my perfect holly tree on Snoqualmie Ridge, then a wild area of Weyerhaeuser's Snoqualmie Tree Farm. It grew alongside a 25-year old logging road. This was five years before the Snoqualmie Ridge development began, and the Ridge was then my private hiking reserve.

So, one cold November day I hiked three miles from my home, shovel in hand, some rope and my backpack frame, and walked to my prized holly tree, then about four feet tall. Right away I learned that holly trees often grow runners from a nearby tree. I also learned that besides a million roots, holly trees have a DEEP-growing tap root and that it would be impossible to get at the whole root. I dug it up anyway.

I carried it home on my back three miles, planted it in an already planned space, and hoped for the best. My neighbor, watching my project, predicted the worst. And, she was right, partially. The tree began to brown and seemed to die. I cut it right back to within a foot from the ground, thinking my long thought out project was a failure.

However, in the spring, new growth appeared on the cutback tree. I felt somewhat vindicated. And, in the past ten years, the tree has been reborn and now stands six feet tall. It is still my perfect tree.

I always felt somewhat guilty for digging up that tree, until I saw what happened on the Ridge. The Ridge is now all sidewalks and a 1000 houses, soon to be 2500 houses. And more in the offing. The old location of my holly tree is the exact location of the Snoqualmie Ridge Golf Course clubhouse.



## BEAR RIDGE BREAK-INS

Cougar Mountain's Bear Ridge Trailhead off SR-900 (limited to three parking spaces) has been experiencing vandalism this past summer. Sally Pfeiffer of IATC has been victimized there twice, vowing not to park there again.

"I don't know what to do about this ongoing problem," Pfeiffer stated, "but you can't arrange your life based on the actions of criminals or you would never leave home."

So park at that trailhead at your own risk.

# Hiking Information

## Hike Leaders

Hike leaders are volunteers who donate their time to lead people who want to hike and explore the trails in the Issaquah Alps and other nearby foothills (Cascades) in King County. Hikes are scheduled and led year-round unless severe conditions pose a safety hazard.. Minimum attendance is three, including the leader.

Trails in the Issaquah Alps may be good or bad, easy or hard, muddy or dusty, brushy or clear, steep or flat—or all the above. Some are not much more than animal trails. As volunteers, neither hike leaders, the Issaquah Alps Trails Club (IATC), or Club directors are in any way responsible or liable for a hiker's comfort, transportation, property, safety, or general well-being while traveling to and from the trailhead or hiking or working on any trail.

The Club's sole purpose is to show hikers where the trails are and to lead the way. The public, other clubs, youth groups, church groups, and others are welcome and wholeheartedly invited to join hike leaders and others who want to hike these trails. Children under 18 should be accompanied by an adult. Please, no dogs on hikes.

## Hike Classifications

Each hike has a number and letter designation after it (e.g., 2C). Numbers indicate hiking time and letters indicate degree of difficulty.

## Hiking Time

Class 1: 2 hours    Class 3: 6 hours  
Class 2: 4 hours    Class 4: 8 hours

These are approximate hiking times. They do not include travel time to and from the trailhead (20 to 40 minutes depending on the location of the hike) or meal times (lunch will add another 20 to 40 minutes depending on the mood of the group).

Times are based on an assumption of a two-mile-per-hour pace with one-half hour added for each 1000 feet of elevation gain. Trail conditions, weather, and unexpected hazards could extend the hiking time.

## Degree of Difficulty

- A: Little or no elevation gain, up to 500 feet, no difficulties for average walker.
- B: Some climbing, up to 1200 feet, or some other difficulty.
- C: More climbing, up to 2500 feet, or some other difficulty.
- D: Much climbing, over 2500 feet of elevation gain.

## Hike Description Modifiers

Leader's choice: The leader had not decided where to hike before publication of the hikes schedule.

Trail party: Trail maintenance work party.

Exploratory: The leader goes cross country off the main trail system to explore animal trails, canyons, old logging roads, or old railroad grades. Expect to go through brush, over logs, tiptoe through wildflowers, and/or mud while having a good time hiking where others seldom tread.



*continued on page 10*

## Hike Information *continued from page 9*

Family hike: For parents and children. Easy pace.  
Call leader for hike particulars.

*NOTE: Group hikes do not lend themselves to dogs. Please leave your dogs at home when going on a Trails Club hike.*

## Meeting Place

Trails Club hikes meet in the parking lot at the corner of First and Bush streets next to the IATC clubhouse (the little yellow stationmaster's house). To get there, take exit 17 (Issaquah Front Street) from Interstate 90 and turn south into downtown Issaquah. Go about one mile through town on Front Street, then go two blocks past the light at Sunset Way, and then turn left on Bush Street. Go two blocks to Rainier and turn into the lot on the left.

## Clothing

Dress for the Pacific Northwest outdoors. Expect rain, snow, sunshine, fog, and everything in between. Bring extra clothing, raingear, food, drink, matches, flashlight, and first-aid supplies. Wear comfortable hiking boots or hiking shoes.

## Trail Maintenance

Volunteers periodically organize and schedule trail maintenance parties as listed in the hikes schedule. Work parties meet at the same place as hikes (see above). The Club is well supplied with heavy trail maintenance tools, but workers may also bring their own loppers, weed whackers, and other tools.

Trail work parties last at least four hours. Trail maintenance is vital to the Club's work and is

## ✓ Checklist:

- Food
- Water
- Daypack
- Raingear
- Warm clothes
- Hiking Shoes

Each item is required in order to participate in an Issaquah Alps Trails Club hike!

*Don't leave the trailhead without them!*

an integral part of the Department of Natural Resources (DNR) management plan for Tiger Mountain.

Work parties must limit their activity to trails listed by the DNR as scheduled for maintenance. Construction of new trails is not allowed. Work parties are a great way to meet people! Individuals and groups are encouraged to adopt a trail—or section of trail—and take the responsibility of maintaining it.



# Issaquah Alps Trails Club Publications Order Form

Return this completed form along with your check to:

Issaquah Alps Trails Club Publications, P.O. Box 466, Issaquah, WA 98027

Name: \_\_\_\_\_ Address: \_\_\_\_\_

ITEM	PRICE*	QTY.	TOTAL
Book: The Flowering of the Issaquah Alps--Revised!	\$ 9.00		
Book: The Authoritative Guide to the Trails of Cougar Mountain Wildland Park and Surrounds	15.00**		
Book: Guide to Trails of Tiger Mountain	15.00		
Book: The Coals of Newcastle: A Hundred Years of Hidden History	15.00		
Book: Eastside Family Hikes	3.00		
Book: Squak Mountain: An Island in the Sky	15.00		
Book: 55 Hikes Around Snoqualmie Pass	10.00		
Map: Issaquah Alps Cougar Mountain, 2001 revision	2.00		
Map: Issaquah Alps Squak Mountain (2005)	6.00		
Green Trails Map: Tiger & Taylor Mountains, Map 204S	(List 9.50) 8.00		
Green Trails Map: Cougar & Squak Mountains, Map 203S	(List 9.50) 8.00		
Green Trails Map: Rattlesnake Mountain & Upper Snoqualmie Valley Map 205S	(List 9.50) 8.00		
Green Trails Map: Mount Si NRCA & Snoqualmie Corridor, Map 206S	(List 9.50) 8.00		
*All prices include shipping and handling.			

\*\*One (1) IATC Cougar Mountain Map included.

\*\*\*One (1) IATC Tiger Mountain Map included.

Total: \_\_\_\_\_

## Issaquah Alps Trails Club Foundation and Membership Request Form



Name: \_\_\_\_\_

Address: \_\_\_\_\_

Telephone: \_\_\_\_\_ E-mail: \_\_\_\_\_

All donations are tax deductible. Your donations fund The Alpiner publication costs and the club's minimal operating costs first, with 100% of remaining funds being directed where they can best address the trail design, construction, maintenance and advocacy needs throughout the Issaquah Alps. **Note:** Membership does not require a donation; however, donations help us preserve and enhance your Issaquah Alps.

Suggested donation levels:

☐ The basic hiker.....\$15

☐ The project supporter.....\$25

☐ The IATC sponsor.....\$50

☐ The visionary.....\$100 and above

**IMPORTANT:** This form and your donation and/or membership request form should be mailed to:  
IATC Foundation, P.O. Box 351, Issaquah, WA 98027

Issaquah Alps Trail Club  
P.O. Box 351  
Issaquah, WA 98027

Address Service Requested

Non Profit  
U.S. Postage  
PAID  
Issaquah, WA  
Permit #70



Charles & Malena  
PO Box 593  
Issaquah WA 98027-0022

3 / 1

12

Issaquah Alps Trails Club

## Issaquah Alps Trails Club Publications

See page 15 for the publications order form.

Note: All of the following prices  
include shipping & handling.

- o *Flowering of the Issaquah Alps*—Revised! By Fred and Ann Weinmann and Harvey Manning. 1996 updated edition. This new edition lists trees, shrubs, ferns, and flowers found in the Issaquah Alps. Flowers are listed by color, season when flowering, and where many of the plants can be found. \$9.
- o *Guide to the Trails of Cougar Mountain Regional Wildland Park and Surrounds*—By Charles McCrone. 2000 edition. Completely updated version gives historical background and descriptions for every park trail, plus 30 other trails in the surrounding area including Bellevue, Newcastle, Renton, and the Precipice. \$15 (includes map listed in next column).
- o *Guide to Trails of Tiger Mountain*—By Bill Longwell. 2003 revised edition. Updated trail information, two new trails and numerous photographs. \$15 (includes map listed in next column).
- o *The Coals of Newcastle: A Hundred Years of Hidden History* By Richard K. McDonald and Lucille McDonald. A complete history of the once-thriving coal mining area of Cougar Mountain now hidden from all but hikers. 100+ photographs, 4 maps, and Tim O'Brian's account of the incredible Seattle and Walla Walla Railroad. \$15.

- o *Eastside Family Hikes*—By Peggy Barchi. 2001 revised and updated edition. Descriptions of family hikes (annotated for stroller use and picnicking) on the Eastside. \$3.
- o *Squak Mountain: An Island in the Sky* By Doug Simpson with trail descriptions by David Langrock. Provides a history of Squak Mountain and its gestation as a park. Includes 4 loop hikes covering most of the mountain trails. Includes many earlier writings by Bill Longwell and vignettes by others. \$15.
- o *Green Trails Tiger & Taylor Mountain*. Map 204S. (List \$9.50) \$8.
- o *Green Trails Cougar & Squak Mountains*. Map 203S. (List \$9.50) \$8.
- o *Green Trails Rattlesnake Mountain & Upper Snoqualmie Valley*. Map 205S. (List \$9.50) \$8.
- o *Green Trails Mount Si NRCA & Snoqualmie Corridor*. Map 206S. \$8.
- o *Green Trails Quality Squak Mountain Map*. By IATC member Harry Morgan. \$6.
- o *IATC Cougar Mountain map*. 2001 revised.
- o *55 Hikes Around Snoqualmie Pass* By Harvey Manning. \$10.