



July ♦ August ♦ September 2010

Cougar ♦ Squak ♦ Tiger ♦ Grand Ridge ♦ Taylor ♦ Rattlesnake

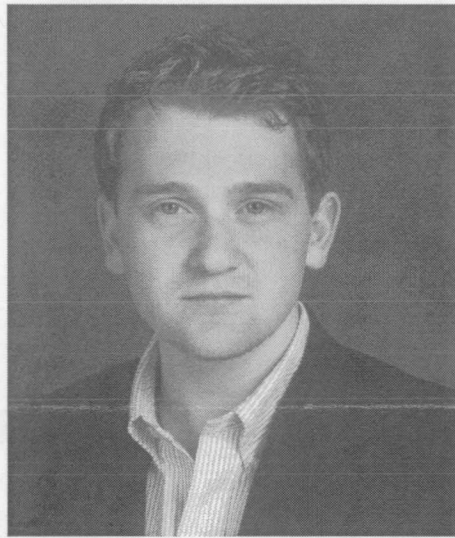
## FIRST LONGWELL SCHOLARSHIP GOES TO SKYLINE SENIOR

Using a surplus of cash from the Harvey Manning statue fund, the Issaquah Alps Trails Club recently issued its first scholarship, a \$1000 award to Skyline High School's Miles Burns.

While a statue was built for Manning, the scholarship is in the name of Bill Longwell, a longtime pillar of IATC who passed away in 2007, a year after Manning. Significant contributions to the statue fund came from gifts made in Longwell's name, thus providing a means to enumerate "The Bill Longwell Memorial Scholarship."

Despite a late start in the process, IATC's scholarship committee received ten applicants from Skyline, Issaquah, Liberty and Hazen high schools. Hazen was included with the Issaquah schools because Longwell taught there for many years and utilized many of his Hazen students in his extensive trail-building efforts.

Burns, who lives in Sammamish, plans to attend Davidson College, a small liberal arts school in North Carolina, to study political science and economics. At Skyline, he



was active as Key Club (a service organization) president, and in Junior State of America (debate) and the National Honor Society. Burns maintained a 3.95 grade-point average (11<sup>th</sup> in his class) and earned his International Baccalaureate diploma this June.

Committee member Doug Simpson made the award at a June 2 gathering at Skyline. Receiving runners-up awards of \$100 were two other Skyline seniors, Rachel Grasso (headed for the University of Washington) and Jaron Kent-Tobias (bound for Harvey Mudd College in California) and Issaquah High senior Jenna Lambdin (off to Washington

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## ANNUAL JULY 4 HIKE KEEPS TRADITION

By Ralph Owen

The Third Annual Revival of the Issaquah Alps Fireworks Viewing Hike will be held this year on the evening of July 4. This event was held annually in the early years of the club. Participants would hike from the High Point trailhead to the top of West Tiger 3 in the later afternoon to watch the fireworks shows across Pugetopolis, including Seattle's, from the top.

Our founding president, Harvey Manning, led the early charges. In the first few years, Harvey invited members to camp out on top with him as he planned to sleep atop wrapped in "a horse blanket and a plastic table cloth." It is not known if anyone took him up on his invitation—or if he even spent the night up there. Most people made their way down the trail to their cars at High Point by flashlight.

Later, after camping was officially outlawed in the Tiger Mountain State Forest, the fireworks viewers hiked down in the dark as a group.

Twenty plus years of forest growth has almost completely

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# The Apparatus

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Whenever possible, please use e-mail to contact any member listed below.

*The Alpiner* is published in January, April, July, and October.

Issaquah Alps Trails Club  
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Website: [www.issaquahalps.org](http://www.issaquahalps.org)

IATC subsists on member donations only. Please send your tax-deductible contributions to the address above to help sustain our efforts to preserve, protect, and promote the Issaquah Alps and local environment.

Articles are welcome, preferably via e-mail to: [d.simpson@msn.com](mailto:d.simpson@msn.com)  
Send diskette or hard copy to post office box number above.

Issue deadlines: November 21 for January; February 21 for April; May 21 for July; August 21 for October.

(Note: All telephone numbers are area code 425 unless otherwise noted.)

# PRESIDENT'S REPORT

By Steve Williams

First of all, I want to say Thank You ! I am happy to report that the proposed \$278,000 cut to DNR Recreation and Enforcement was restored in the final State budget. A number of legislators who were contacted said that comments from hikers and other user groups made all the difference in convincing them that the cut could not be justified. (The dollars spent are leveraged many times over by donated volunteer hours and labor.)

Second, the City of Issaquah is moving ahead on a transfer of development rights for the Park Pointe property. This should result in the land between Issaquah High School and the Tiger Mountain forest staying green forever. Again, thank you for your calls, letters and e-mails.

Third, we have begun re-writing our trail guides, and would welcome your suggestions or assistance. (e-mail me at [swilliams453@yahoo.com](mailto:swilliams453@yahoo.com)).

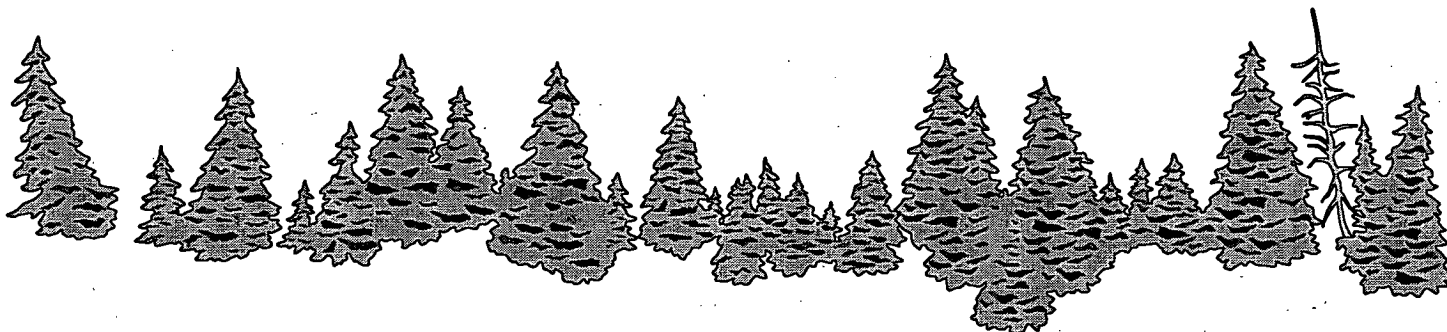
Fourth, our board has affirmed the club policy of no dogs on hikes, unless that hike is specifically advertised as a "Dogs Welcome" hike. In this manner we hope to accommodate those who love pets and want to demonstrate the proper way to hike with them (Respect for others on the trail, short leashes, clean-up bags, treats and water, limited barking and rough-housing). However, we need to remember that the club's focus has always been the preservation of wildlands and appreciation of nature. On most of our hikes that will come first, and the pets are best left at home. (It's hard to observe a chipmunk, bird or squirrel with a barking dog in the group; animals are threatened by the scent and sound of dogs in the woods; and not all of us want to share our lunch with someone's dog, or put up with constant sniffing and demands for attention.)

As a former park manager, I have countless stories about off-leash and out of control dogs. Usually they were charging up the trail followed by hapless owners who didn't bring a leash, or take the time to train the animals, or give them the attention they needed at home. The most frequent complaints we get are about aggressive dogs and owners who come to the park just so the pooping can be done somewhere besides their own yard. I am thankful that our "dogs welcome" leaders have well-trained animals and are willing to work with other owners; but as a hike leader myself, I will not accept dogs on my hikes. For thirty years now IATC hikes have been led by un-paid volunteers, who out of the goodness of their hearts share their time, skills and vehicles. The final decision as to who goes on a hike and what the focus of the walk will be must rest with the designated leader.

As with anything else in life, it all comes down to consideration for others. People have come to the park for a peaceful experience enjoying nature. No one wants to step in messes, or be snarled at, bitten, knocked to the ground, or covered with muddy paw prints. So please make sure that your animal is cared for and under control at all times. Many owners have discovered that it is best to avoid weekends, popular trailheads and crowded trails. It is also best to have the dog on leash before opening the car door - many of the worst confrontations are right in the parking lot. Please remember that many of the people you meet may not be comfortable around animals or may have had bad experiences in the past.

Finally, I'd like to say a word about our first scholarship contest. Each of our entrants had personal and specific connections to our "Issaquah Alps." Each of these students felt that the mountains and trails

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# THE ISSAQUAH ALPS: A MULTITUDE OF REACTIONS

By Miles Burns  
2010 IATC Scholarship Winner

A multitude of reactions come to mind when reflecting of the Issaquah Alps. My first feeling is one on emotion. I always feel comforted when I see the mountains while driving home on Interstate 90. They welcome me home from vacation or a trip to the mall and allow me to feel peaceful, safe and secure as they stand waiting for me. They also act as a weather beacon for my family. My mother will always say, "Look at the snow in the mountains. . . it's really winter" or "It must be spring—look at the mountains." The mountains are an integral part of my everyday existence living on the plateau, and I feel really lucky that I live where they reside!

**HAPPY.** I am happy to live in an area where the mountains and their trees, streams, lakes, fish, rock formations and native animals are preserved.

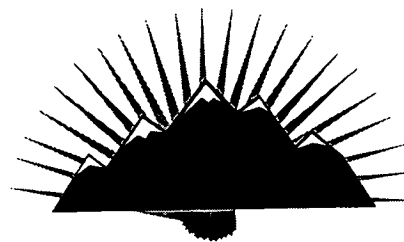
**GRATEFUL.** I am grateful that Harvey Manning, our early local environmentalist, was smart enough to change the foothills' name to something as grand as "the Alps" to help conserve them for all of us. The "Alps" name allowed their status to improve and the foothills to be considered worthy of public conservation. That was a great move to save these mountains for all of us.

**ENJOYABLE.** There is nothing more invigorating, entertaining and beautiful than walking through the mountains. You start to understand how old they are by looking at the rock formations and some old growth trees and get to view beautiful vistas, native plants, birds and, if you are lucky, some animals. It is fun, interesting and an event that friends and family can enjoy together. I know that seeing something beautiful or experiencing something funny or even slightly scary together lets us experience something unpredictable—nature. It is healthy and educational fun.

**VERSATILE.** The Issaquah Alps Trails Club has been instrumental in opening up the mountains to

the public by providing free access to trails they have developed. The IATC has also been a strong advocate for the mountains via the Greenway Trust that has worked with timber companies and developers. The trust was able to negotiate an additional 400 acres on Cougar Mountain for open space by allowing more density in housing on 165 acres there. It was great for the environment and stopped urban sprawl taking over more of the mountain by Talus.

**PRODUCTIVE.** Each of the mountains has unique characteristics and interesting features. Hikers may have guided tours that allow them to experience the diverse beauty of each area and the fragility of the mountains and their inhabitants and demonstrate the importance of saving them. The more I live in the Issaquah area, the more the mountains call out to me. I now understand that the protection of our mountains and its inhabitants is worthy of my concern and activism.



## Scholarship Recipient *continued from page 1*

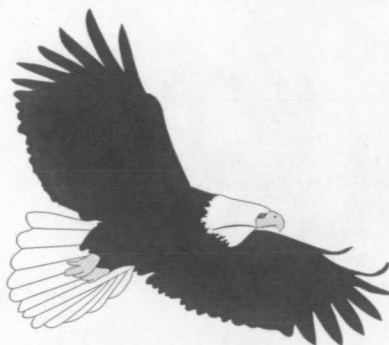
State University). The four were singled out for their essays on the topic "The Significance of the Issaquah Alps."

Setting scholarship guidelines and evaluating the essays/applications besides Simpson were Jackie Hughes, Karen Tom and President Steve Williams. It is expected that the scholarship will be awarded annually.

Burns' essay is printed here in its entirety. See page 9 to read excerpts from the other nine submitted essays.

## HIKER'S CORNER

By Joe Toynbee



Hikers in the Issaquah Alps sometimes ask leaders about seeing wildlife. The short answer to this question is "probably not." Hiking as a group with

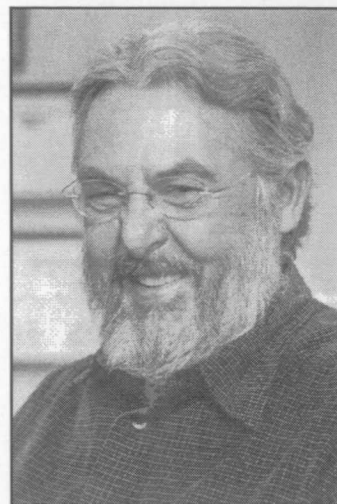
the usual noise level just about guarantees seeing nothing larger than a squirrel. Hiking alone, which is not necessarily recommended, raises the chance of wildlife sightings considerably.



In forty years of hiking in the Alps, I have seen deer twice, once on Tiger and once on Cougar. On the other hand, homeowners lower down on these peaks have probably seen deer in their yards. As for cougar or bear, your chance of seeing one is much better in the neighborhoods of Issaquah or Bellevue than back in the woods. Tracks in the snow or mud will sometimes indicate that a large critter has passed by.

What about birds? Certain places in the Alps, such as Tradition and Round lakes on Tiger, can be good for birding. Take your spotting scope and sit quietly. For a different type of wildlife, take along a book on botany; wildflowers can be surprisingly good in the Alps.

As a final comment, if you do see any wildlife in the Alps do not harass it. You are in their domain, not they in yours.



## LEON KOS RETIRES

Another friend of area green space and the Issaquah Alps Trails Club has retired, following on the heels of David Kappler's retirement from the Issaquah City Council. Leon Kos, the Issaquah City Administrator, stepped down at the end of April.

In his 33 years of service to the city, Kos witnessed incredible growth and played a large role in helping to preserve the qualities that make life in Issaquah special. He is credited with playing a key role in the conservation of forest land, streams and historical sites.

"Issaquah would not be where it is or about what it is without Leon," said IATC Vice-President Ken Konigsmark. According to Konigsmark, Kos helped engineer the acquisition of hundreds of parcels of undeveloped land and skillfully negotiated compromises and settlements in the process.

"Leon was a visionary who understood that the City of Issaquah is at the center of the Issaquah Alps," pointed out Margaret Macleod, Interagency Coordinator. Macleod credits Kos with helping the city coordinate efforts with King County, Washington State Parks and the State Department of Natural Resources "in order to sustain wildlife habitat values along Issaquah Creek and the upland forested areas that form the Issaquah Creek Basin."

"Leon Kos' ability for strategic thinking will certainly be missed," Macleod stated.

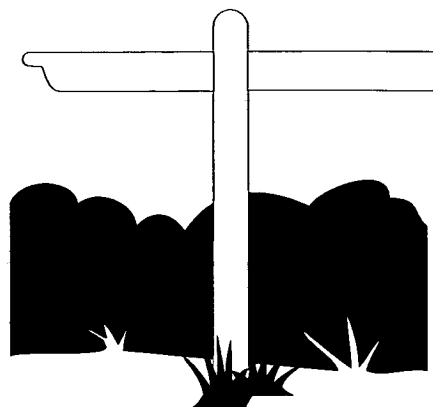
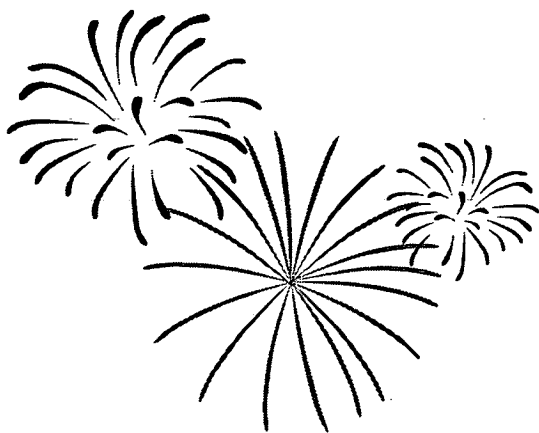
### July 4 Hike *continued from page 1*

blocked the views toward Seattle that we had enjoyed from West Tiger 3 in the club's early years. This year we are going to Poo Poo Point, where a more open view to the north is expected (weather permitting).

Hikers meet at 6:30 p.m. at the usual Issaquah Trail Center meeting place, and we will hike uphill from there at a moderate pace via the High School and Poo Poo Point trails. We plan to arrive at Poo Poo Point at about sunset for the beginning of the fireworks time. Plan to spend at least 90 minutes on top. It is very important that hikers bring plenty of warm clothes, a windbreaker or raincoat and a hot drink, as it can become very cold after the sun goes down.

After the fireworks, we will down in the dark, as a group, at a slow pace via the Chirico Trail to the paraglider landing field. Hikes should bring their own lights with extra batteries! Many of those who attended the last fireworks hike had not hiked a trail in the dark before. While they all enjoyed the new experience, they found that there seemed to be more rocks, roots and logs on the trail than they had encountered in the daylight. All agreed that bright headlamps or flashlights should be required.

This hike will require setting up a car shuttle to get the hikers back from the paraglider landing field to Issaquah. If you are planning to take the hike and are willing to hike in the car positioning, meet the hike leader at the Issaquah Trails Center at 6:10.



## SAMMAMISH TRAIL NEARLY READY

Hikers might enjoy a jaunt all the way from Issaquah to Redmond perhaps next year, or by utilizing the Sammamish River and Burke-Gilman trails cover a full 44 miles, a Manningesque hike, to be sure.

The plans for completing the East Sammamish link were released recently in an environmental report issued by King County planners. The report details the effect trail development—much of which follows the old train bed—could have on water quality, nearby wetlands, and adjacent properties.

Parts of the trail previously opened in 2004, followed two years later by an interim section in Sammamish. Plans call for the county to replace the existing gravel trail with asphalt and a separated soft-surface strip for hikers and pedestrians.

Design should be completed by October with construction on the Redmond portion starting in November or December. In the meantime, interested persons can read the report at either the Issaquah or Sammamish library.

The report was prepared by King County in conjunction with the Federal Highway Administration and the Washington State Department of Transportation to meet federal and state environmental requirements.



President's Report *continued from page 3*

had made a real difference in their lives - often from a very early age. Jaron Kent-Dobias talked about first being on the trails as a cub scout. Rachel Grasso mentioned hikes with both her four year old sister and her grandmother. (For Rachel hiking is "an all encompassing mind, body and spiritual experience.") Andrew Tierney talked about working on trails with Scout Troop 609: "The average person that hikes the trails has no idea of the effort it takes to build and maintain the trails that they hike." Kallee Hart noted that the trees clean the air, and provide the oxygen that we need to live. Kevin LeMond talked about training on the trails with his track and cross-country teams, while Caitlin Doxsie said her ballet class also uses the trails for regular cardio training. Kyle Gibbs mentioned the "Alps" as a sustained ecosystem - a safe haven for animals and a place for people to escape from the urban environment. Jenna Lambdin said simply, "The Issaquah Alps offer a beautiful place for exercise, fresh air, and quality time with family and friends." Katie O'Leary was quite poetic: "These mountains have souls. They sing on summer evenings, laugh in autumn storms and breathe life into the world. This is where countless children will grow up, fall down, where they will learn to love Nature and all her beauties and protect it."

Well said by all. Bill Longwell, the trail builder and English teacher, would, I think, be very proud. And Harvey Manning, club founder, author and "Champion of the Issaquah Alps" might even feel that the long struggle to save these wild places was worth it. Our children's children have come to value the mountains too.



## TIGER CONNECTOR

If you hike frequently on Tiger Mountain from the north side off Interstate 90, no doubt you have been frustrated that the parking area by the trailheads is often full. Then you, and many others, have had to park on the frontage road below and walk up the road, dodging cars and sometimes choking on dust to get to your destination.

No more. A new connector trail has been completed from the frontage road to the upper parking lot, a nice third of a mile jaunt to the desired trailhead. The trail was constructed by a volunteer crew from the Washington Trails Association, aided by Scott Semans of the Issaquah Alps Trails Club. Earlier, the route had been scouted and laid out by Semans, Sam Jarrett of the Department of Natural Resources, Issaquah City's Matt Mechler, and Alan Carter-Mortimer of WTA.

One of the trailworkers was alarmed when uncovering a bear's head. Fearing a possible poaching incident, WTA summoned a representative of the State Fish and Wildlife Department to check it out. It turned out that it was a hunter's trophy which has been mounted for display. Why it was buried in the woods no one knows.

## MANNING BOOKLET

In recent issues of *The Alpinist*, two chapters were reprinted from an unpublished Harvey Manning manuscript. The seven short chapters totaling 26 typewritten pages detail Harvey's beach hike from Tacoma to Seattle. Thus the hike forms a sort of continuum with Manning's book *Walking the Beach to Bellingham*.

As Manning wrote to friend Betty Culbert, who possesses the original manuscript: "Much of my walking was on beaches of the Whulge (Lushootseed word for 'the saltwater we know'). Herein is a classic bit—the first person to walk the beach from Tacoma to Seattle meets up with the first American to climb Mt. Everest (Jim Whitaker at his Seattle home)."

Copies of Manning's manuscript can be purchased by sending \$10 to the Issaquah Alps Trails Club at PO Box 351, Issaquah, WA 98027.

## MTSG WORKER ATTACKED ON TIGER

By Scott Semans

The unsuccessful attack upon a young woman on the Tradition Plateau April 24th by a man using a stun gun has raised concern among area hikers. A warning including the artist's sketch seen here has been posted at many trailheads throughout the Alps.

The woman, age 24, was part of a large work party overseen by the Mountains to Sound Greenway and was about 100 yards up the Tiger Mountain Trail, walking between work stations to get tools. Around 10:40 a.m. a man in running attire approached, engaged her in conversation, then jabbed her with a hand-held stunner. She was able to fight him off and run back to the main work party, largely uninjured. The incident took place just yards from the High Point parking lot off Exit 20 of I-90. A disused social trail connecting the lot with the TMT could have given the attacker the idea that he was in a little-frequented area, and may have provided a quick escape route without passing by the work crew, as he was not seen again.

Similar incidents in the Alps are rare to nonexistent. None of the local land managers can recall any sort of person-on-person attack or violence back to the day in 1974 when Ted Bundy cruised Lake Sammamish State Park. The singularity and ineptness of this attack, and the muscular response by the King County Sheriff's Office, suggest that we will not see a repetition of this event.

The sighting of a naked hiker three weeks later on May 16th, a fair distance up the West Tiger 3 Trail, was conflated in the press with the April attack, but the Sheriff's Office believes they are unrelated. The descriptions of the two men do not match and the nudist/flasher did not make contact. After checking this one out, I believe naked guy sightings in the Alps could be the subject of a whole article.

When hiking heavily used public trails the same precautions you would take in an urban environment apply. Consider taking a companion or a dog. Take a cell phone. Be alert: text-messaging or loud music put you out of contact with your surroundings. Looking confident, even if you aren't, and making eye contact is the best way to deflect ill intent. The usual wisdom



Artist's sketch of Tiger Mountain attacker.  
*A white male in his mid-40s about 5-8, 160 pounds  
with gray to white hair.*

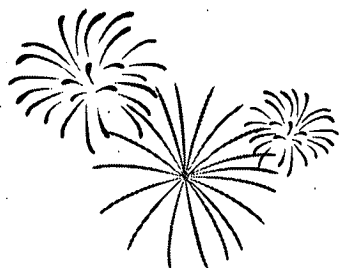
is that hikers are safe in the deeper woods because the pickings are too slim to attract predators. The main risk is from injury. Telling someone your route in advance or leaving a note in your car buys a bit of insurance.

IATC work parties follow the same safety procedures as WTA and the Greenway: safe tool use is demonstrated, workers are paired to share experience and tasks, and the crew leader and assistants constantly rotate between work stations. IATC hike leaders and assistants also discuss safe procedures prior to hikes, discourage wandering away from the main body or falling behind, and are constantly taking count. Leaders carry first aid kits.

If you were near the Tradition Plateau parking lot around 10-11 a.m. on Monday the 24th or recognize the suspect from the drawing, please contact the King County Sheriff's Office at 206-296-3311. The sheriff does not patrol the High Point trailhead, but responds to calls. State D.N.R. has been able to sporadically fund an enforcement officer for Tiger and other regional hiking areas, including the interior trails, but the grant money dried up again last year.

Enjoy the woods in the safety of a group: IATC offers free guided hikes on Tiger and other regional mountains virtually every weekend day, and occasional weekdays. Hikes allowing dogs are also scheduled.





# **JULY 2010**

Saturday, July 3 – 9am - 2pm  
Taylor Mt Holder Ridge – Whiskey Still Loop  
Mt Rainier views in good weather  
Possible horses on trail  
2B, 6 miles, 1500' gain  
Steve Williams 425-453-8997

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Sunday, July 4 – 6:15pm  
**INDEPENDENCE DAY FIREWORKS VIEWING**  
Evening hike to PooPoo Pt via Issaquah HS  
and PooPoo Pt Trails. We will spend time  
after sunset at PooPoo Pt. Bring hot drinks,  
snacks, warm clothes and bright headlamps or  
flashlights and extra batteries.  
Return via the Chirico Trail in the dark  
At a moderately slow pace. Car shuttle required.  
3C, 7 miles, 1900' gain  
Ralph Owen 425-746-1070

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Monday, July 5 – 9:30am  
Cedar Butte – where geology and history meet  
2B, 5 miles, 1000' gain  
Richard Mann 425-281-8465

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Monday, July 5 – 10am  
Dogs Welcome Hike – Bring leash, baggies  
Water. Leader's choice in Issaquah Alps  
2B, 3-5 miles, 600-1000' gain  
Jean Lanz 206-322-0990

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Saturday, July 10 – 9am  
South Bellevue and Coal Creek Park Trails  
Walk from Lewis Creek Park to Newcastle  
Beach Park thru some of Bellevue's protected  
Green spaces and lower Coal Creek Park  
3C, 10 miles, 1400' gain  
Ralph Owen 425-746-1070

Sunday, July 11 – 9am  
Explore North Bend's Twin Falls  
2B, 4 miles, 800' gain  
Mary Nolan 425-837-1535

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Sunday, July 11 – 1pm  
Tiger Mt's Tradition Plateau – Human and  
Natural history, emphasis on flowers/shrubs  
2B, 5 miles, 600' gain  
Dave Kappler 425-392-3571

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Friday, July 16 – 10am  
Dogs Welcome Hike – Bring leash, baggies  
Water. Leader's choice in Issaquah Alps  
2B, 3-5 miles, 600-1000' gain  
Tom Pohle 425-481-2341

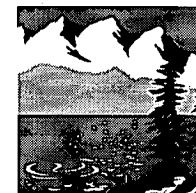
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Saturday, July 17 – 9am  
Tiger Mt – Loop hike to W Tiger 1 via  
High Pt Trail, Dwight's Way, Tiger 1 Trail.  
Return via Tiger 1, RR Grade, TMT + High Pt  
3D, 8 miles, 2800' gain – very strenuous  
Scott Prueter 425-269-3079

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Sunday, July 18 – 9am  
Lodge Lake – hike Pacific Crest Trail from  
Snoq Pass across ski area to peaceful Lodge  
Lake. Possible 1 mile extension for valley view  
2B, 4-5 miles, 875' gain Slow Pace  
Fred Zeitler 425-882-3435

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Saturday, July 24 – 9am  
Annette Lake near Snoq Pass  
3C, 7.5 miles, 1900' gain  
Richard Mann 425-281-8465

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Sunday, July 25 – Call leader for time  
Commonwealth Basin – Wilderness  
Area = limited to 12 hikers – Forest  
Service Parking Pass required  
4D, 10 miles, 3000' gain, slow pace  
Bob Gross 425-427-8449

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Friday, July 30 – 10am  
Dogs Welcome Hike – Bring leash, baggies  
Water. Leader's choice in Issaquah Alps  
2B, 3-5 miles, 600-1000' gain  
Jean Lanz 206-322-0990



Saturday, July 31 – 9am  
North Bend's Little Si  
2C, 5 miles, 1300' gain  
Mary Nolan 425-837-1535

# **AUGUST 2010**

Sunday, August 1 – 1pm  
Tiger Mt's Tradition Plateau – Human and  
Natural history, emphasis on flowers/shrubs  
2B, 5 miles, 600' gain  
Dave Kappler 425-392-3571

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Wednesday, August 4 – 9:30am  
Cougar Mt - Licorice Fern Trail  
2B, 4 miles, 600' gain  
Steve Williams 425-453-8997

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Saturday, August 7 – 9am  
Coal Creek Falls Loop  
2B, 5 miles, 800' gain  
Joe Toynbee 425-228-6118

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Sunday, August 8 – Call leader for time  
Kendall Katwalk – Wilderness area  
Limited to 12 hikers – Forest  
Service Parking Pass required  
4D, 12 miles, 2700' gain, slow pace  
Bob Gross 425-427-8449

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Friday, August 13 – 10am  
Dogs Welcome Hike – Bring leash, baggies  
Water. Leader's choice in Issaquah Alps  
2B, 3-5 miles, 600-1000' gain  
Tom Pohle 425-481-2341

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Saturday, August 14 – 9am  
Squak Mt – Loop hike over Central and  
West Peaks with Rainier view for lunch.  
3C, 6 miles, 1900' gain - strenuous  
Scott Prueter 425-269-3079



**Sunday, August 15 – 9am**  
**3 Lakes + Biergarten. Back by popular**  
**Demand-hike past 3 quaint lakes, then on to**  
**"Fred's Biergarten". Slow Pace**  
**2B, 6 miles, 600' gain**  
**Fred Zeitler 425-882-3435**

-----  
**Wednesday, August 18 - 9:30am**  
**May Valley Stroll**  
**2A, 3 miles, 100' gain**  
**Steve Williams 425-453-8997**

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**Saturday, August 21 – Call leader for time**  
**Ollalie Lake Wilderness Hike**  
**Group limited to 12 hikers**  
**Forest Parking Pass Required**  
**3C, 6 miles, 1250' gain**  
**Mary Nolan 425-837-1535**

-----  
**Sunday, August 22 – 9am**  
**Grand Ridge Lower Loop from**  
**Central Park**  
**2B, 5.5 miles, 800' gain**  
**Steve Williams 425-453-8997**

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**Friday, August 27 – 10am**  
**Dogs Welcome Hike – Bring leash, baggies**  
**Water. Leader's choice in Issaquah Alps**  
**2B, 3-5 miles, 600-1000' gain**  
**Jean Lanz 206-322-0990**

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**Saturday, August 28 – 9am**  
**Rattlesnake Mt Traverse**  
**4D, 11 miles, 3000' gain**  
**Richard Mann 425-281-8465**

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**Sunday, August 29 – 8:30am**  
**Annette Lake near Snoq Pass**  
**3C, 7.3 miles, 1700' gain**  
**Denis Harney 206-545-2829**

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**IATC ENCOURAGES CARPOOLING +**  
**RECOMMENDS \$1 MINIMUM OR**  
**15¢/MILE GAS CONTRIB TO DRIVER**



### SEPTEMBER 2010

**Thursday, Sept 2 - 9:30am**  
**North Bend's Rattlesnake Ledge**  
**2C, 5 miles, 1400' gain**  
**Steve Williams 425-453-8997**

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**Saturday, Sept 4 – 9am**  
**Mt Washington Pinnacles – Hike to view**  
**Spot overlooking the Snoqualmie Valleys**  
**On the North Ridge Slopes of Mt Washington**  
**3C, 7 miles, 2500' gain**  
**Ralph Owen 425-746-1070**

-----  
**Sunday, Sept 5 – 9am**  
**Tiger Mt – Tradition Plateau Ramble**  
**2B, 4miles, 600' gain**  
**Joe Toynbee 425-228-6118**

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**Monday, Sept 6 – 10am LABOR DAY**  
**Dogs Welcome Hike – Bring leash, baggies**  
**Water. Leader's choice in Issaquah Alps**  
**2B, 3-5 miles, 600-1000' gain**  
**Tom Pohle 425-481-2341**

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**Saturday, Sept 11 – 9am**  
**Cougar Mt – Double loop around**  
**Wilderness Peak and on to Longview Pk**  
**3C, 7 miles, 1700' gain – strenuous**  
**Scott Prueter 425-269-3079**

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**Sunday, Sept 12 – 9:30am**  
**Rattlesnake Mt – Stan's Overlook**  
**2C, 5 miles, 1400' gain**  
**Mary Nolan 425-837-1535**

-----  
**Saturday, Sept 18 – 9am**  
**Squak Mt – Thrush Gap**  
**3C, 7 miles, 2000' gain**  
**Steve Williams 425-453-8997**



**Sunday, Sept 19 – 1pm**  
**Tiger Mt's Tradition Plateau – Human and**  
**Natural history, emphasis on flowers/shrubs**  
**2B, 5 miles, 600' gain**  
**Dave Kappler 425-392-3571**

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**Friday, Sept 24 – 10am**  
**Dogs Welcome Hike – Bring leash, baggies**  
**Water. Leader's choice in Issaquah Alps**  
**2B, 3-5 miles, 600-1000' gain**  
**Tom Pohle 425-481-2341**

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**Saturday, Sept 25 – Call leader for time**  
**Melakwa Lake near Snoq Pass**  
**Wilderness area – limited to 12 hikers**  
**Forest Service Parking Permit required**  
**3D, 9 miles, 2600' gain**  
**Richard Mann 425-281-8465**

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**Sunday, Sept 26 – 9am**  
**Tiger Mt – Hike to Otter Lake then onto**  
**Site of 1925 RR crash. Return via road.**  
**2B, 5.5 miles, 900' gain Slow Pace**  
**Fred Zeitler 425-882-3435**

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 ★ ★ ★

**GEAR CHECKLIST = WATER, FOOD,**  
**DAYPACK, RAINGEAR, WARM CLOTHES,**  
**HIKING SHOES/BOOTS**

★ ★ ★

**PLEASE CHECK**  
**NUMBER / LETTER CLASSIFICATION**  
**FOR HIKE DIFFICULTY**

★ ★ ★

**ALL HIKES MEET AT THE TRAILS**  
**CENTER – 1ST AND BUSH IN ISSAQUAH.**  
**HIKES LEAVE AT THE TIME STATED**  
**SO PLAN TO ARRIVE A BIT EARLIER**

★ ★ ★

## COMMENTS FROM STUDENT ESSAYS

(Editor's Note: We have taken the liberty to include excerpts from all of the submitted essays, to give the writers' credit and to illustrate the quality of thinking and writing that we received.)

Jaron Kent-Tobias (a runner-up from Skyline High): "Rather than from stand alone prestige and fame, the Issaquah Alps derive their significance from their invaluable contributions to the local community."

Rachel Grasso (a runner-up from Skyline): "This is a place where I can be alone to think, rejuvenate, and reconnect with nature in its purest form. Being in the mountain air and amongst the trees creates a very relaxing, therapeutic environment."

Jenna Lambdin (a runner up from Issaquah High): "The scent of a recent spring rain lingers in the mountain air, sweet melodies and twittering are uttered by the birds in the canopies above, and shards of sunlight sneaking through the lush foliage dance around with the slight breeze. All this brings back fond memories. Hiking has always been something that I enjoy thoroughly."

Katharine O'Leary (Issaquah): "Honestly, I think it's a miracle that these mountains are still as green as they are. Thank you, Harvey Manning. With the housing boom pressing down and the scuttle to the suburbs, I'm amazed that these lands don't look like Bellevue: trees here and there, only the animals that can forage still alive in bushes and sewers. . ."

Kevin LeMond (Issaquah): "I love Issaquah, but running the streets of the city is noisy, congested and stressful. Running the Issaquah Alps is peaceful, invigorating and breathtaking. How lucky I am to have these trails literally in my backyard."

Kyle Gibbs (from Hazen High): "These mountains are a source of escape from our urban environment. With all the development in our cities, and construction in our neighborhoods, we have torn down our forests

and destroyed animal habitats. In just a few minutes from our doorstep, we can escape to the quiet of trees, trails and animals."

Kallee Hart (from Liberty High): "The Issaquah Alps are necessary for the Issaquah wildlife to survive. These animals need a place to live, a place that can supply them with the essential elements for life. These animals need trees and other crucial structural materials the Alps provide for shelter as well as food and the water the Alps store and retain."

Rachel Grasso: "The Alps provide a location where one is able to bond with family and friends while enjoying the great outdoors. . . I remember going on hikes as a five-year old with my parents and my brother, and the thrill and sense of accomplishment of making it to the top of Tiger Mountain."

Jaron Kent-Tobias: "The Alps provide an easy and convenient way for our nature-deprived youth to develop heavily in their appreciation of the outdoors. This kind of development is crucial in the production of ecologically-minded and active individuals."

Kyle Gibbs: "These mountains are where I first learned my lessons and love of the outdoors. . . An escape to these mountains gives me time to reflect and relax. . . Whenever I need to think or relax I take a walk in these local trail systems, and the sounds of birds, trickling water and silence clears my head and helps me forget my worries."

Andrew Tierney (Liberty): "While I was a Boy Scout in Troop 609, I worked on maintaining trails as well as building them. After actually making the trails, I was amazed at the amount of hard work that it takes to make a path. The average person that hikes the trails has no idea of the effort it takes to build and maintain the trails that they hike."

Jenna Lambdin: "The nature I see all around me when I'm hiking is probably my favorite part. The moss hanging from the branches, the ample amount of ferns; it's just unbelievably green."

*continued on page 10*

### Essay Comments *continued from page 9*

Katharine O'Leary: "These mountains have souls. They sing on summer evenings, laugh in autumn storms and breathe life into the world. This is where countless children will grow up, fall down, where they will learn to love Nature and all her beauties and protect it. People who fall in love with the mountains won't abandon them; as long as they're here, someone will love them and protect them."

Rachel Grasso: "As opposed to the simple physical advantages that most other activities provide, hiking presents an all-encompassing mind, body and spirit experience in a breathtaking natural environment."

Kevin LeMond: "Whether out for a stroll or embarking on the treacherous but rewarding hike to the top of Poo Poo Point, you are rewarded with breathtaking views and nature at its best."

Jenna Lambdin: "Perhaps the most important reason the Issaquah Alps are significant is that the health of our watershed, the Issaquah Basin, is dependent on them. . . When rain falls on these mountains, the foliage and root system act as a natural filter for the water. Because these mountains are mostly wooded, the pollution is kept at a minimum. If they were to be stripped and built upon, the environment would suffer immensely."

Caitlin Doxsie (Issaquah): "This wonderful gift of geography entices so many to choose to live in Issaquah. The Issaquah Alps are literally outside our back door, creating a feeling of being in the mountains, but in reality we are only a step away from civilization. It is a hidden gem, one that our residents enjoy."

Andrew Tierney: "Living here has been amazing, and we are lucky to have the Issaquah Alps so close and accessible to so many people. It's not a surprise that this area is one of the most desirable places to live in the entire United States."

Jaron Kent-Tobias: "Towering high above the roads and homes that make up our city, the Issaquah Alps have and continue to prove that they are not to be underestimated as a significant asset to the city and the region."

Jenna Lambdin: "Our community depends on these mountains more than people realize and maybe takes their beauty and role in the environment for granted. They play a vital role in our society, whether it is the source of healthy water, a place for exercise and fresh air, or their beauty."

Kyle Gibbs: "If you've never visited the Issaquah Alps, I would encourage you to make a visit soon. From a short half-hour hike to a day-long outing, you will find it enjoyable, inspiring and refreshing. You must might develop a new hobby that will reduce your stress, improve your physical ability and put a smile on your face!"



## DONATIONS NEEDED

The Issaquah Alps Trails Club does not charge dues. The club exists solely from donations made by its members. Unfortunately, it is easy for those members to lose track of when they last contributed.

Do you remember the last time you made a donation to IATC? Your last contribution date is listed on the left of your Alpiner address label. If it has been a while since you made a donation, maybe it's time to donate again.

Paying your dues not only enables you to receive the quarterly Alpiner with the full hiking schedule, but the money also help the club to print/reprint its books and makes available funds for tools for trailwork and numerous incidental club expenses.

## An Editorial

# IATC CONTINUES TO SERVE

The Issaquah Alps Trails Club continues to find new ways to serve Issaquah, King County and the Pacific Northwest. To area laymen, the club may be seen simply as a hiking organization that provides a service for interested hikers. Of course, it is much more than that.

\*Harvey Manning founded the club in 1979 primarily to build a base of environmentalists to save Cougar Mountain from overreaching developers. His efforts led to the establishment of the Cougar Mountain Regional Wildland Park. His open space efforts increased over the years to accomplish enormous expansion of protected lands for hiking and other recreations. His advocacy has been continued over the years by Dave Kappler, Steven Drew, Ken Konigsmark, Steve Williams and many others. The importance of IATC as a benefactor for green space preservation is undeniable.

\*Bill Longwell, Scott Semans, the Weedwhackers and countless others have spent many thousands of hours over the years building and maintaining trails in the Issaquah Alps and beyond. These dedicated trail workers have provided an invaluable service to any and all hikers, not just members of IATC.

\*Members of IATC have provided guidebooks, historical books and maps to benefit interested persons with knowledge of and access to the Issaquah Alps.

\*Members of IATC have held political office, served on city, county and state committees and given voice to countless issues of concern. Thus the club has actively participated in the political process.

\*This year the club has found another way to serve the community. Forming a new link with the educational process, IATC has initiated an annual college scholarship to benefit outstanding students who possess a sensitivity to the club's goals and values.

\*Oh, and IATC continues to maintain its aggressive, year-round hiking program that for over thirty years has benefited area hikers with trail options every week.

--Doug Simpson



## PARK POINTE TRANSFER

Park Pointe is that long discussed 100 acre parcel that is behind Issaquah High School and continues up on to the Tradition Lake Plateau. The property is zoned for medium density residential and has been the subject of a number of development plans by its owners or potential buyers. Most recently the property was foreclosed on and is now owned by the bank that held the mortgage.

The property adjoins the Issaquah Sportsmen's Club firing range and has numerous environmental challenges that kept it from developing even during good economic times. Now its value is the development rights associated with the zoning that can be transferred to other property. Transferable rights are usually called TDRs and may be used to add units to a residential property or square footage to a commercial property.

The City of Issaquah and King County have been working hard to find a buyer for the TDRs so they could be transferred to another property that does not have the environmental and transportation limitations of the Park Pointe property. The property itself would go into public ownership and be managed like other parcels in the city and state natural resource conservation areas which it adjoins.

At this time it is anticipated that the development rights will be transferred to property in or adjoining the Issaquah Highlands. This is not a simple or quick process, but looks promising. Due to the high interest in this issue, you should see ongoing stories in the local papers and on the City of Issaquah website: [www.ci.issaquah.wa.us](http://www.ci.issaquah.wa.us) using the phrase "Park Pointe" in the search box.

## GREENWAY HERITAGE STUDY IS UNDERWAY



The Mountains to Sound Greenway is going through an eight-month Heritage Study process to develop a plan for its future needs and plans. If the study goes as expected, the goal will be to use the study as the basis for having the area designated a National Heritage Area.

Little did anyone know in 1990 when the Issaquah Alps Trails Club planted the seed for looking at the corridor from Puget Sound to the Cascade Mountains along I-90 how successfully that seed would grow to create the MTSG that now exists. The Greenway came to be viewed as a single entity encompassing housing, forestry, agriculture, recreation and conservation.

The IATC took that initial vision to create a five-day march from Snoqualmie Pass to Elliot Bay to draw attention to the corridor. The next year the MTSG was formed by noted regional leaders including IATC members who participated in the initial march.

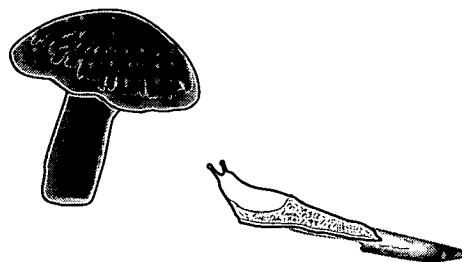
The Greenway developed a multi-year plan in 1994 that was very ambitious but which has seen tremendous accomplishments. Since then 200,000 acres of land has been conserved and 800,000 acres are in public ownership including farm and forest lands, many parks serving many needs, and natural resource conservation areas.

IATC maintains an interest in several aspects of the Greenway, past and future, including forestry, history, education-interpretation, ecology and wildland trails. The club hopes to have the energy to provide its knowledge and ideas to the working groups tasked with planning.

The club will be directly represented on the Wildland Trails Working Group by David Kappler. Kappler was IATC president in 1990 when the original march occurred and just retired from the Issaquah City Council after 18 years of service. "I welcome your thoughts about how our existing trail network can be improved and what additional trails need to be added," Kappler stated.

A major topic of the Group will be dealing with the various trail user groups and trying to meet needs in a safe, environmentally sound, affordable and manageable manner.

For more information on the Heritage Study, check the Greenway website ([www.mtsgreenway.org/heritagestudy](http://www.mtsgreenway.org/heritagestudy)) or Kappler ([davidkappler@yahoo.com](mailto:davidkappler@yahoo.com)) or Greenway's Deputy Director Doug Schindler ([doug.schindler@mtsgreenway.org](mailto:doug.schindler@mtsgreenway.org)) via email.



## SWAMP TRAIL REOPENED

The Swamp Trail, off Tiger Mountain's High Point trail system, has been reopened, Matt Mechler of the City of Issaquah has announced. The six-tenths of a mile trail had been closed for repairs.

It will remain open until October 15, after which the interpretive boardwalk section may be permanently closed. The planking has deteriorated badly over the years. However, the signage will be taken up and placed along the newer trail.

So, if you want to take your children on the Swamp Trail's interpretive boardwalk hikes, you need to do so in the next three or four months.



# Hiking Information

## Hike Leaders

Hike leaders are volunteers who donate their time to lead people who want to hike and explore the trails in the Issaquah Alps and other nearby foothills (Cascades) in King County. Hikes are scheduled and led year-round unless severe conditions pose a safety hazard.. Minimum attendance is three, including the leader.

Trails in the Issaquah Alps may be good or bad, easy or hard, muddy or dusty, brushy or clear, steep or flat—or all the above. Some are not much more than animal trails. As volunteers, neither hike leaders, the Issaquah Alps Trails Club (IATC), or Club directors are in any way responsible or liable for a hiker's comfort, transportation, property, safety, or general well-being while traveling to and from the trailhead or hiking or working on any trail.

The Club's sole purpose is to show hikers where the trails are and to lead the way. The public, other clubs, youth groups, church groups, and others are welcome and wholeheartedly invited to join hike leaders and others who want to hike these trails. Children under 18 should be accompanied by an adult. Please, no dogs on hikes.

## Hike Classifications

Each hike has a number and letter designation after it (e.g., 2C). Numbers indicate hiking time and letters indicate degree of difficulty.

## Hiking Time

Class 1: 2 hours    Class 3: 6 hours  
Class 2: 4 hours    Class 4: 8 hours

These are approximate hiking times. They do not include travel time to and from the trailhead (20 to 40 minutes depending on the location of the hike) or meal times (lunch will add another 20 to 40 minutes depending on the mood of the group).

Times are based on an assumption of a two-mile-per-hour pace with one-half hour added for each 1000 feet of elevation gain. Trail conditions, weather, and unexpected hazards could extend the hiking time.

## Degree of Difficulty

A: Little or no elevation gain, up to 500 feet, no difficulties for average walker.

B: Some climbing, up to 1200 feet, or some other difficulty.

C: More climbing, up to 2500 feet, or some other difficulty.

D: Much climbing, over 2500 feet of elevation gain.

## Hike Description Modifiers

Leader's choice: The leader had not decided where to hike before publication of the hikes schedule.

Trail party: Trail maintenance work party.

Exploratory: The leader goes cross country off the main trail system to explore animal trails, canyons, old logging roads, or old railroad grades.

Expect to go through brush, over logs, tiptoe through wildflowers, and/or mud while having a good time hiking where others seldom tread.



*continued on page 14*

## Hike Information *continued from page 13*

Family hike: For parents and children. Easy pace. Call leader for hike particulars.

*NOTE: Group hikes do not lend themselves to dogs. Please leave your dogs at home when going on a Trails Club hike.*

## Meeting Place

Trails Club hikes meet in the parking lot at the corner of First and Bush streets next to the IATC clubhouse (the little yellow stationmaster's house). To get there, take exit 17 (Issaquah Front Street) from Interstate 90 and turn south into downtown Issaquah. Go about one mile through town on Front Street, then go two blocks past the light at Sunset Way, and then turn left on Bush Street. Go two blocks to Rainier and turn into the lot on the left.

## Clothing

Dress for the Pacific Northwest outdoors. Expect rain, snow, sunshine, fog, and everything in between. Bring extra clothing, raingear, food, drink, matches, flashlight, and first-aid supplies. Wear comfortable hiking boots or hiking shoes.

## Trail Maintenance

Volunteers periodically organize and schedule trail maintenance parties as listed in the hikes schedule. Work parties meet at the same place as hikes (see above). The Club is well supplied with heavy trail maintenance tools, but workers may also bring their own loppers, weed whackers, and other tools.

Trail work parties last at least four hours. Trail maintenance is vital to the Club's work and is

## ✓ Checklist:

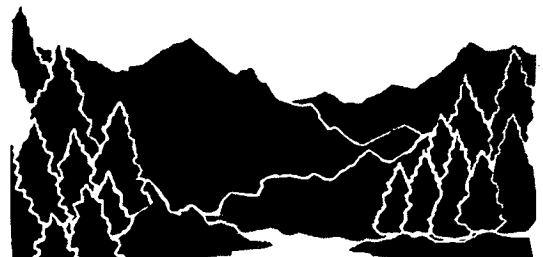
- Food
- Water
- Daypack
- Raingear
- Warm clothes
- Hiking Shoes

Each item is required in order to participate in an Issaquah Alps Trails Club hike!

*Don't leave the trailhead without them!*

an integral part of the Department of Natural Resources (DNR) management plan for Tiger Mountain.

Work parties must limit their activity to trails listed by the DNR as scheduled for maintenance. Construction of new trails is not allowed. Work parties are a great way to meet people! Individuals and groups are encouraged to adopt a trail—or section of trail—and take the responsibility of maintaining it.



# Issaquah Alps Trails Club Publications Order Form

Return this completed form along with your check to:

Issaquah Alps Trails Club Publications, P.O. Box 466, Issaquah, WA 98027

Name: \_\_\_\_\_ Address: \_\_\_\_\_

ITEM	PRICE*	QTY.	TOTAL
Book: The Flowering of the Issaquah Alps--Revised!	\$ 9.00		
Book: The Authoritative Guide to the Trails of Cougar Mountain Wildland Park and Surrounds	15.00**		
Book: Guide to Trails of Tiger Mountain	15.00		
Book: The Coals of Newcastle: A Hundred Years of Hidden History	15.00		
Book: Eastside Family Hikes	3.00		
Book: Squak Mountain: An Island in the Sky	15.00		
Book: 55 Hikes Around Snoqualmie Pass	10.00		
Map: Issaquah Alps Cougar Mountain, 2001 revision	2.00		
Map: Issaquah Alps Squak Mountain (2005)	6.00		
Green Trails Map: Tiger & Taylor Mountains, Map 204S	(List 9.50) 8.00		
Green Trails Map: Cougar & Squak Mountains, Map 203S	(List 9.50) 8.00		
Green Trails Map: Rattlesnake Mountain & Upper Snoqualmie Valley Map 205S	(List 9.50) 8.00		
Green Trails Map: Mount Si NRCA & Snoqualmie Corridor, Map 206S	(List 9.50) 8.00		
*All prices include shipping and handling.			

\*\*One (1) IATC Cougar Mountain Map included.

\*\*\*One (1) IATC Tiger Mountain Map included.

Total: \_\_\_\_\_

## Issaquah Alps Trails Club Foundation and Membership Request Form

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Telephone: \_\_\_\_\_ E-mail: \_\_\_\_\_



All donations are tax deductible. Your donations fund The Alpiner publication costs and the club's minimal operating costs first, with 100% of remaining funds being directed where they can best address the trail design, construction, maintenance and advocacy needs throughout the Issaquah Alps.

**Note:** Membership does not require a donation; however, donations help us preserve and enhance your Issaquah Alps.

Annual donation levels:

p The basic hiker.....\$15 p The project supporter.....\$25

p The IATC sponsor.....\$50 p The visionary.....\$100 and above

**IMPORTANT:** This form and your donation and/or membership request form should be mailed to:  
IATC Foundation, P.O. Box 351, Issaquah, WA 98027

Issaquah Alps Trail Club  
P.O. Box 351  
Issaquah, WA 98027

Address Service Requested

Non Profit  
U.S. Postage  
PAID  
Issaquah, WA  
Permit #70

Charles & Malena McCrone  
PO Box 593  
Issaquah WA 98027-0022

Last Contrib. / 11/1/2009

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Issaquah Alps Trails Club

## Issaquah Alps Trails Club Publications

*See page 15 for the publications order form.*

Note: ~~All of the following prices~~  
include shipping & handling.

o *Flowering of the Issaquah Alps*—Revised! By Fred and Ann Weinmann and Harvey Manning. 1996 updated edition. This new edition lists trees, shrubs, ferns, and flowers found in the Issaquah Alps. Flowers are listed by color, season when flowering, and where many of the plants can be found. \$9.

o *Guide to the Trails of Cougar Mountain Regional Wildland Park and Surrounds*—By Charles McCrone. 2000 edition. Completely updated version gives historical background and descriptions for every park trail, plus 30 other trails in the surrounding area including Bellevue, Newcastle, Renton, and the Precipice. \$15 (includes map listed in next column).

o *Guide to Trails of Tiger Mountain*—By Bill Longwell. 2003 revised edition. Updated trail information, two new trails and numerous photographs. \$15 (includes map listed in next column).

o *The Coals of Newcastle: A Hundred Years of Hidden History* By Richard K. McDonald and Lucille McDonald. A complete history of the once-thriving coal mining area of Cougar Mountain now hidden from all but hikers. 100+ photographs, 4 maps, and Tim O'Brian's account of the incredible Seattle and Walla Walla Railroad. \$15.

o *Eastside Family Hikes*—By Peggy Barchi. 2001 revised and updated edition. Descriptions of family hikes (annotated for stroller use and picnicking) on the Eastside. \$3.

o *Squak Mountain: An Island in the Sky* By Doug Simpson with trail descriptions by David Langrock. Provides a history of Squak Mountain and its gestation as a park. Includes 4 loop hikes covering most of the mountain trails. Includes many earlier writings by Bill Longwell and vignettes by others...\$15.

o *Green Trails Tiger & Taylor Mountain*. Map 204S. (List \$9.50) \$8.

o *Green Trails Cougar & Squak Mountains*. Map 203S. (List \$9.50) \$8.

o *Green Trails Rattlesnake Mountain & Upper Snoqualmie Valley*. Map 205S. (List \$9.50) \$8.

o *Green Trails Mount Si NRCA & Snoqualmie Corridor*. Map 206S. \$8.

o *Green Trails Quality Squak Mountain Map*. By IATC member Harry Morgan. \$6.

o *IATC Cougar Mountain map*. 2001 revised.

o *55 Hikes Around Snoqualmie Pass* By Harvey Manning. \$10.