



July ♦ August ♦ September 2009

Cougar ♦ Squak ♦ Tiger ♦ Grand Ridge ♦ Taylor ♦ Rattlesnake

## 'DONUT' BUY EXPANDS GREENWAY

By Ken Konigsmark & Doug Simpson

A key parcel of forest land near the headwaters of the Raging River has been added to the Mountains to Sound Greenway, as a result of efforts by King County and Washington's Department of Natural Resources.

The 7,000 acre "doughnut hole," as officials have called it, is strategically located between Tiger Mountain on the west, Rattlesnake Mountain Scenic Area and the Cedar River Watershed to the east, and Taylor Mountain State Forest to the south. It includes land on the slopes of Rattlesnake and Taylor mountains and includes the entire upper missing gap in the connection of public lands in the Greenway Corridor.

With this acquisition, there is now an unbroken connection of public land from Coal Creek Park at the edge of I-405 to the Cougar Mountain Regional Wildland Park, to Squak Mountain State Forest, Tiger Mountain State Forest, Rattlesnake Mountain Scenic Area and to U.S. Forest Service lands of the Cascades.

*continued on page 6*

## MANNING RECOGNITION GROWS

### TALUS PARK

Honors for Harvey Manning, the founder of the Issaquah Alps Trails Club, keep rolling in nearly three years after his death. Besides his statue to be unveiled by the club and the City of Issaquah in September, he now has a park named in his honor as of April 6.

The new city park on Cougar Mountain's east side is now officially named "Harvey Manning Park at Talus," located on the northwest corner of the Talus community, nestled up against the woods he did so much to protect.

When the city had three new parks to name, a naming committee determined that the Talus site would be an appropriate place for a park named for Manning. Various city committees supported the idea, adding the "at Talus" designation in order to make clear its location.

The other two parks officially named by the Issaquah City Council are Squak Valley Park on the Issaquah-Hobart Road south of town and the Inge Johnson Park on Front Street south. The Squak park has ball fields and more open space whereas the Johnson park is more creekside open space.

### KEES AWARD

Harvey Manning becomes the third member of the Issaquah Alps Trails Club in as many years to receive the prestigious Ruth Kees Environmental Excellence Award by the City of Issaquah. The award is given posthumously to Manning, who passed away in November of 2006.

Recipients the past two years were Bill Longwell, also posthumously in 2008, and Ken Konigsmark, who remains a vice-president of the club, in 2007.

Issaquah Mayor Ava Frisinger spoke fondly of Manning, saying he was "the right person at the right time," and credited him with giving the name to "The Alps." "He recognized the Alps as a treasure that needed to be preserved," the mayor added. "He had a way with words and was a powerful lobbying tool. He was instrumental in preserving natural areas around the state."

The award was gratefully received by Manning's wife Betty and his daughter Penny at the May 4 Issaquah City Council meeting. Also in attendance were Steve Williams, Doug Simpson and Betty Culbert of the IATC.

# The Apparatus

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Whenever possible, please use e-mail to contact any member listed below.

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Issaquah Alps Trails Club  
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Website: [www.issaquahalps.org](http://www.issaquahalps.org)

IATC subsists on member donations only. Please send your tax-deductible contributions to the address above to help sustain our efforts to preserve, protect, and promote the Issaquah Alps and local environment.

Articles are welcome, preferably via e-mail to: [d.simpson@msn.com](mailto:d.simpson@msn.com)  
Send diskette or hard copy to post office box number above.

Issue deadlines: November 21 for January; February 21 for April; May 21 for July; August 21 for October.

(Note: All telephone numbers are area code 425 unless otherwise noted.)

# PRESIDENT'S REPORT

By Steve Williams

Mark your calendars! Sunday, September 20 will be the date for our dedication of the Harvey Manning statue. We have worked for several weeks now, trying to find just the right phrase to place on it. Something that would describe Harvey and all that he meant to the club, to land preservation, and to Northwest hiking. Dozens of suggestions were made, but there is room for just one on the plaque.

"Creator of the Issaquah Alps." "Wilderness Protector." "Trails Guru." "North Cascades Advocate." "Scruffy Backwoods Warrior." "Mountaineer's Editor." "Climber, Hiker and Author." "Wild Woodsman." "Cantankerous Hiking Legend." "Visionary." "Apostle of the Wilderness." "Indefatigable Campaigner for the Woods." "Trail Guide Author." "Eloquent Wordsmith of the Wilderness." "Protector of Nature for Everyone." "Developers' Gadfly." "Father of the Issaquah Alps." All of these phrases are true. . .but none said quite enough.

We finally settled on CHAMPION OF THE ISSAQUAH ALPS. The statue is our tribute to Harvey, and he was our hero in the battle to save these Alps. He didn't create the mountains (Cougar, Squak and Tiger), but he did name them "The Issaquah Alps." He founded the Trails Club, and he recruited us to enjoy those mountains so much that we would become their caretakers and protectors. He was a warrior for wilderness. His weapons were eloquent words and hiking boots. "Get the people *and* those elected officials out on the trail!" Harvey was a champion for our mountains and trails in every sense of the word.

On Sunday, September 20, 2009 we will dedicate a life-size statue of Harvey next to the Trails Clubhouse in Issaquah—to remember him and all that he did—

and, perhaps just as important, to remind ourselves that it is now our turn to pick up the flag. If Harvey did so much, perhaps each of us can do just a little. Pull on the boots and lead a hike. Pickup the phone and make a call. Comment at that planning meeting. Tap out an email. Volunteer for trailwork. Take a kid on a hike. Talk to that council person or parks director.

It has been such a wonderful spring. Two of the wettest moths on record, followed by glorious clear sunny days and warm rebirth in the woods. Songbirds, bear tracks, dogwood blossoms, a riot of green Life surging everywhere. Harvey would have said, "Get out there and enjoy it." And also, "How can *you* give back for all these gifts of nature?" Perhaps we can ask ourselves as we gaze at the statue a moment and think, "What would Harvey do now?"

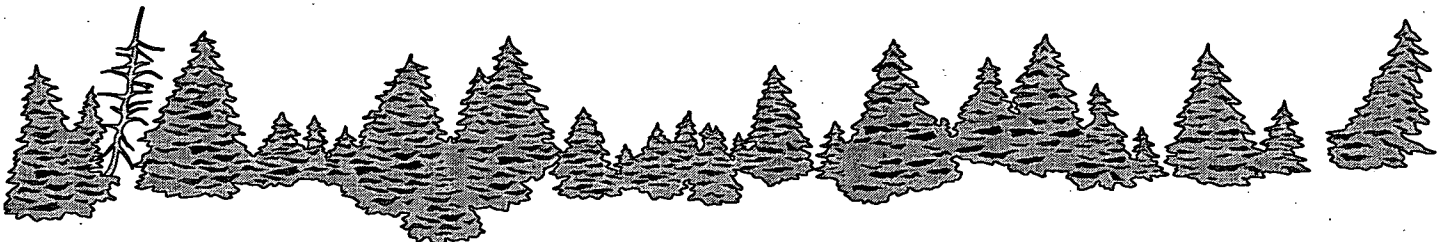
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As a footnote, I should mention here the passing of Ruth Kees, Stimson Bullitt and Tom Wood. Each of them loved the wildlands, and each was a friend to the trail club. Like Harvey, the memory of each one remains with us now as a role model. Ruth fought long and hard for Tradition Lake, the Issaquah Watershed and the Tiger Mountain Recreation Area. Stim Bullitt acquired the top square mile of Squak Mountain and encouraged his children to donate it to Washington State Parks. Like him, Tom was a Cascades climber, but he also spent many hours building local trails with Bill Longwell on Squak, Tiger and Mount Si. We owe them each a debt of gratitude, and, as with Harvey, we would do well to follow their examples. What would they have done? What should each of us be doing *this* summer?



# SQUAK BENEFACTOR DIES

## Stimson Bullitt (1919-2009)

By Doug Simpson

A remarkable man who was a great benefactor to area hikers and all lovers of green space has passed away. Charles Stimson Bullitt died April 19 at the age of 89.

Mr. Bullitt, who had purchased 590 acres atop Squak Mountain after the war in the late 40's subsequently had a cabin built for himself there. As Bullitt told me in earlier correspondence, "I found Squak Mountain appealing because it is the highest point within its radius of Seattle. It would provide a marvelous isolation in the wooded hills."

When the two-room cabin was completed in 1952, personal circumstances limited its use to just a few nights. In time it fell into disuse and was later destroyed by vandals. All that remains is the fireplace and concrete flooring.

Years later, Mr. Bullitt left the property to his three children to decide its future. He was pleased that they opted to donate it to the state in 1972, thus eventually creating Squak Mountain State Park. Bullitt later purchased and donated an additional ten acres to the park.

"This gift," IATC founder Harvey Manning wrote, "is the greatest act of environmental benevolence in local history." Though some name changes in Squak are being processed, there are two "Bullitt" trails on Squak: The Bullitt Access Trail from the Mountainside Drive trailhead from the north side to the fireplace site and the Bullitt Gorge Trail on the south end along Bullitt Creek.

Stim Bullitt was much more than a donor of land, of course, but with his Renaissance-type versatility he was impossible to pin down as this or that. Educated at Yale and the University of Washington Law School, Bullitt at various times was an attorney, a judge, a professor, and the president of KING-TV (founded by his mother Dorothy Stimson Bullitt). He later founded the Seattle Magazine and a film company, and he wrote

several books, including "River Dark and Bright," a memoir of his fascinating life.

There was also a strong physical side to his life. He received the Purple Heart for wounds suffered in the Philippines during his World War II Navy tenure. He was a champion boxer. An active outdoorsman, he climbed Mount McKinley in the 1980's when in his 60's. And he was an dedicated rock climber.

"He was a legend among rock climbers," said long-time friend Bill Sumner. "He was climbing at a level most young people never achieve, well into his 80's."

Mr. Bullitt was not a spoiled, privileged rich guy. His politics were on the progressive, liberal side. He was placed on Richard Nixon's enemies list when from his KING TV pulpit he criticized many of Nixon's policies, especially the Vietnam War. As an attorney, he was known for his work on environmental and human rights causes.

In 1972, Bullitt founded Harbor Properties, which constructed more than 1,300 residences, many classified as affordable housing. The firm also built Harbor Steps, connecting First Avenue to the central waterfront. For these projects, he was called "a champion of urban life and an advocate for creating lasting communities that serve the public interest."

Another of Mr. Bullitt's long-time friends, retired journalist Shelby Scates, said of Bullitt: "I've met a lot of strong men in my life, and I've met a lot of smart men too. But I've never met anyone who was as intellectually and physically extraordinary as he was."

Stim Bullitt leaves a large legacy to area culture, and the gift of 600 acres atop Squak Mountain should never be forgotten by Issaquah residents and area hikers.

(Note: Some material in this article is borrowed from the April 22 issue of the Seattle Times—DS)

## WATCHDOG KEEES PASSES AWAY

Longtime Issaquah Alps environmental watchdog and protector Ruth Kees passed away on May 7 at the well-lived age of 85. For fifty years Ruth, who lived with her late husband Dan in a home on 20 acres abutting Tiger Mountain State Forest, had consistently badgered local officials to protect the forested hillsides, streams, and, in particular, aquifer water quality of the Issaquah Valley and Issaquah Alps.

In partnership with the City of Issaquah, Ruth initiated an annual "Ruth Kees Environmental Award for a Sustainable Community." Bill Longwell and Harvey Manning, longtime heroes of the Issaquah Alps Trails Club, were the most recent, posthumous recipients of this award. This award will continue to be a testament to Ruth's dedicated work to protect the Issaquah Alps ecosystem.

Ms. Kees also founded the Issaquah Environmental Council, an oft-times partner with IATC on local issues of environmental concern. "Ruth was green before green was cool," stated Ken Konigsmark, IATC's Vice-President for Advocacy. "She was ahead of her time in preaching environmental protection and sustainability, causes which now are evident to everyone, but back in her early days were of little concern to most. In particular, Ruth's focus on protecting water quality of Issaquah's sole source aquifer were visionary and, in retrospect, clearly needed," Konigsmark pointed out. "She'll be sorely missed, although she's inspired and left a core of equally dedicated citizens to continue her efforts."

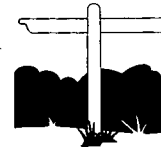
Ruth lived a fascinating life, becoming a pilot in 1946, again before it was generally accepted that women could be pilots. She was a trailblazer in this and many other issues. Ruth and Dan Kees loved their 20-acre retreat on the west face of Tiger Mountain, yet Ruth's passion for protecting her surroundings extended to the whole of the Issaquah Alps.

IATC offers tribute to Ruth Kees and her lifetime of valiant efforts to protect the Issaquah Alps and local environment. She will certainly be missed, but not forgotten.

## MARYMOOR LINK EXTENDS TRAILS

It is now possible to hike on trails from the Ballard Locks all the way to Snoqualmie Pass and beyond. On May 14, King County opened the Marymoor Connector Trail, a critical link in the "locks to lakes" regional corridor.

On one end the trail extends from Seattle, Lake Forest Park, Bothell and Woodinville, utilizing the Burke-Gilman and Sammamish River trails, with the new connector continuing on through Redmond, Sammamish, Issaquah and the Mountains to Sound Greenway via the East Lake Sammamish Trail.



## NEW NAMES FOR SQUAK TRAILS

By the end of June, some old trails on Squak Mountain will have new names, while a third possible change has been put on hold, according to Rick Benson of Washington State Parks.

The Bullitt Access Trail, on the north end from the Mountainside Drive Trailhead, has been renamed the Bullitt Fireplace Trail, to make more specific the trail's route and to remove confusion with other "access" trails.

On the south end, the conglomeration of the Equestrian Loop, the South Access Trail, the Mad Mountain Beaver Trail and the southerly portion of the Phil's Creek Trail have been combined into a single trail name—the May Valley Loop.

The latter route had been considered to become "The Bill Longwell Loop," but leaders of the Issaquah Alps Trails Club feel that a trail elsewhere on Squak would be more appropriately named for the legendary Longwell. Benson says that will be very doable when the time comes.

## Greenway Donut *continued from page 1*

"This is the culmination of a tremendous amount of investment in surrounding lands that makes the key piece of the puzzle," stated Jim Ellis of Greenway. Ellis and former King County Executive Ron Sims had made acquiring this property a critical goal as long ago as ten years.

King County is buying the development rights on 4,000 acres for approximately \$3.6 million, and DNR—which will manage the property as working forest land (as it does Tiger Mountain)—is paying an estimated \$22 million for the entire property. Fruit Growers Supply had owned the property.

Besides Ellis, who once built a cabin on the Raging River, and Sims, who had long determined to protect the river's headwaters, others taking an active role in the purchase were King County Council members Reagan Dunn and Larry Phillips, Commissioner of Public Lands Peter Goldmark and his predecessor Doug Sutherland.

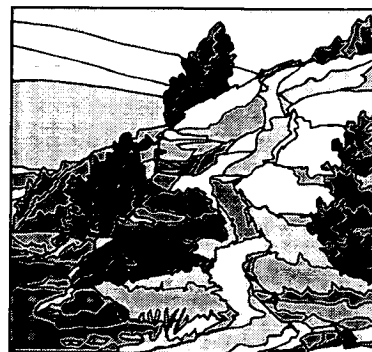
It was apparently Dunn who initially dubbed the property a "doughnut hole" in the growing Greenway expanse. Phillips called it "the emerald necklace we've been stringing together for some time."

The Greenway Trust says its government and private partners have saved 200,000 acres of forest and farmland since 1991 through public purchases and conservation easements. For members of the Issaquah Alps Club who may not recall, it was IATC that kicked off the entire Greenway effort by hosting a "Greenway March" from Snoqualmie Pass to Seattle's waterfront in 1990 to highlight the need for concerted action to save this scenic highway corridor from future sprawling development.

IATC touted that a conserved Greenway would provide multiple benefits, including recreational trails, working farms and forests, wildlife and salmon habitat, environmental benefits, to tourism and more. The Greenway Trust, formed in 1991 as a result of IATC's efforts and, as a broad coalition of like-minded partners, has truly created a permanent greenway of

connected public lands and trails. Kicking off the Greenway is one of IATC's finest accomplishments.

The purchase was the culmination of Sims' duties as King County Executive. He was recently named U.S. Deputy Secretary of Housing and Urban Development in the Obama administration.



## BUDGET WOES IMPACT NOVA

Although the state has allocated funds from possible NOVA grants to help sustain Washington State Parks for a year, the result is that 2010 will see no NOVA grants for area trail needs. This is a loss of around \$1.5 million.

The Department of Natural Resources (DNR) has also taken a 60% reduction (\$640,000) in General Fund appropriations and a 50% reduction (\$300,000) in management funds.

Thus no funds will be available for Tiger Mountain bridge replacements and trail maintenance, and the splendid efforts of enforcement officer Sean Callahan will end on December 31.

According to Mark Maurer of DNR, not all the news is bad. "We will be receiving the same amount of ORV funding (\$1.5 million). The Legislature also provided nearly \$900,000 to our program to install signs in many recreation areas and carry out the recreation plans for the Reiter Foothills and Ahtanum State Forest."

**JULY 2009**

Saturday, July 4 – 10:00am

**FOURTH OF JULY HIKE**

Dogs Welcome

Bring leash, baggies, water

Leader's Choice in Issaquah Alps

2B, 3-5 miles 800-1000' gain

Jean Lanz 206-322-0990

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Sunday, July 5 – 9:30am

Lodge Lake: hike Pacific Crest Trail

From Snoqualmie Pass, across Ski

Area to peaceful Lodge Lake.

Possible 1 mile extension to valley

Views. SLOW PACE

2B, 4 miles, 875' gain

Fred Zeitler 425-882-3435

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Monday, July 6 – 9:30am

**MIDWEEK HIKE**

Taylor Mt. – one-way hike

Includes brand-new trail. Short

Car shuttle. Possible flora and

Fauna identification.

EASY, 2B, 4-5 miles, 700' gain

Warren Jones 425-391-7409

-----

Saturday, July 11 – 9am

Tiger Mt: loop hike to West Tiger 1

Via High Point Trail, Dwight's Way,

Tiger #1 Trail. Return via Tiger #1, Rail

Road Grade. TMT and High Point Trail.

3C, 8 miles, 2,600' gain

Scott Prueter 425-269-3079

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Sunday, July 12 – 10:30am

Lewis Gorge-See Montreaux with

Suburban trails + a beautiful gorge

2A, 4 miles, 400' gain

Bert Drui 425-746-0709

-----

Saturday, July 18 – 9:00am

South Bellevue Trails: loop hike

Along the trails of some of Bellevue's

Connected green spaces and ravines.

Return through Coal Creek and Cougar

Mt. Wildland Parks

3C, 10 miles, 2000' gain

Ralph Owen 425-746-1070

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**JULY 2009**

cont.

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Sunday, July 19 – 9:00am

Twin Falls-hike along the river to

Beautiful falls, 2B, 5 miles, 700' gain

Mary Nolan 425-837-1535

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Thursday, July 23 – 7pm

**IATC BOARD MEETING**

Trails Center – 1st & Bush St.

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Saturday, July 25 – 9:00am

Olallie Lake from Exit 47

2C, 7 miles, 1700' gain

Group size limited to 12

Forest Service Pass/Golden Age

Pass required for driver

Richard Mann 425-281-8465

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Sunday, July 26 – 9am

Three-Mt. Hike: Squak Mt,

Cougar Mt, Squak Mt.

Short car shuttle

4D, 12.6 miles, 3000' gain

Scott Semans 425-369-1725

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Friday, July 31 – 10:00am

MIDWEEK HIKE – Dogs Welcome

Bring leash, baggies, water

Leader's Choice in Issaquah Alps

2B, 3-5 miles, 800-1000' gain

Jean Lanz 206-322-0990

**AUGUST 2009**

Saturday, August 1 – 9:30am

Cougar Mt-Licorice Fern-DeLeo Wall

Loop hike

2B, 4-6 miles, 600' gain

Steve Williams 425-453-8997

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Sunday, August 2 – 9:30am

Cougar Mt-loop hike from Sky

Country to covered mine shaft,

Then up to AA Peak

SLOW PACE

2B, 4.5 miles, 650' gain

Fred Zeitler 425-882-3435

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**AUGUST 2009**

cont.

Saturday, August 8 – 9am

Squak Mt: loop hike over Central  
Peak and West Peak with Rainier view

For lunch

3C, 6 miles, 1,700' gain

Scott Prueter 425-269-3079

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Sunday, August 9 – 9:00am

Olallie Ridge from Denny Creek

Parking lot

2C, 6-7 miles, 1200' gain

Forest Service Pass/Golden Age Pass

Required for driver

Doug Simpson 425-392-6660

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Saturday, August 15 – 9am

Poo Poo Pt-hike to popular

Hang glider take-off spot

2C, 5 miles, 1700' gain

(if no parking available, then to

So. Tiger Mt-TMT + So. Tiger

Power Line Trail; views from

Lunch spot; 2B, 5 miles, 1050' gain

Mary Nolan 425-837-1535

-----

Sunday, August 16 – 10:30am

Tiger Mt. caves & lakes

2B, 4 miles, 650' gain

Bert Drui 425-746-0709

-----

Saturday, August 22 – 9am

Annette Lake

2C, 7.5 miles, 1900' gain

Group size limited to 12

Forest Service Pass/Golden Age Pass

Required for driver

Richard Mann 425-281-8465

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Sunday, August 23 – 9:30am

South Squak Mt. trails with Rainier

View - 2C, 6 miles, 1400' gain

Steve Williams 425-453-8997

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## AUGUST 2009

cont.

Thursday, August 27 – 7:00pm  
**HIKE LEADER'S MEETING**  
Trails Center – 1<sup>st</sup> & Bush St.  
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Friday, August 28 – 10am  
**MIDWEEK HIKE - Dogs Welcome**  
Bring leash, baggies, water  
Leader's Choice in Issaquah Alps  
2B, 3 – 5 miles, 800-1000' gain  
Jean Lanz 206-322-0990  
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Saturday, August 29 – 9:30am  
Rattlesnake Ledges  
2B, 4.5 miles, 1000' gain  
Doug Simpson 425-392-6660  
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Sunday, August 30 – 1:00pm  
Tiger Mt – Tradition Plateau  
Explore trails, lakes, wetlands +  
Biological diversity  
2B, 5-6 miles, 600' gain  
Dave Kappler 425-392-3571  
-----

## SEPTEMBER 2009

Saturday, September 5 – 9am  
Twin Falls – hike along the river  
To several scenic falls  
2C, 7 miles, 500' gain  
Joe Toynbee 425-228-6118  
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Sunday, September 6 – 9:00am  
Little Si – an old favorite  
2C, 5 miles, 1300' gain  
(Contingency: if no parking, then to  
Cedar Butte)  
Mary Nolan 425-837-1535  
-----

Saturday, September 12 – 9:00am  
Cougar Mt: double loop around  
Wilderness Peak and on to Longview  
Peak, 3C, 7 miles, 1700' gain  
Scott Prueter 425-269-3079  
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IATC ENCOURAGES CARPOOLING +  
RECOMMENDS \$1.00 MINIMUM OR  
\$0.15/MILE GAS  
CONTRIBUTION TO DRIVER

## SEPTEMBER 2009

cont.

Sunday, September 13 – 8:30am  
West Rattlesnake Loop: hike to the  
Views from the Grand Prospect and the  
Powerline Prospect via the Rattlesnake  
Mt. Trail and connectors  
3C, 9 miles, 2400' gain  
Ralph Owen 425-746-1070  
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Saturday, September 19 – 9:00am  
Snow Lake  
2C, 6 miles, 1700' gain  
Group size limited to 12  
Forest Service Pass/Golden Age Pass  
Required for driver  
Richard Mann 425-281-8465  
-----

Saturday, September 19 – 10:00am  
Follow Coal Creek from Redtown on  
Cougar Mt. to entrance at Lake  
Washington, 2B, 6 miles, 300' gain  
Bert Drui 425-746-0709  
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Sunday, September 20 – 9:30am  
Tiger Mt: partial loop hike from Tiger  
Summit to TMT and up to the 1925  
Fatal Railroad Crash site  
SLOW PACE  
2B, 5 miles, 900' gain  
Fred Zeitler 425-882-3435  
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Friday, September 25 – 10:00am  
**MIDWEEK HIKE – Dogs Welcome**  
Bring leash, baggies, water  
Leader's Choice in Issaquah Alps  
2B, 3 – 5 miles, 800-1000' gain  
Jean Lanz 206-322-0990  
-----

Saturday, September 26 – 9:00am  
Cougar Mt: Licorice Fern Trail to  
Wilderness Peak; 1-way car shuttle  
2C, 6.5 miles, 1100' gain  
Bob Gross 425-427-8449  
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Sunday, September 27 – 1:00pm  
Tiger Mt: Tradition Plateau  
Explore trails, lakes, wetlands +  
Biological diversity  
2B, 5-6 miles, 600' gain  
Dave Kappler 425-392-3571  
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GEAR CHECKLIST = WATER, FOOD, DAYPACK  
RAINGEAR, WARM CLOTHES,  
HIKING SHOES / BOOTS

★ ★ ★

PLEASE CHECK  
NUMBER / LETTER CLASSIFICATION  
FOR HIKE DIFFICULTY

★ ★ ★

ALL HIKES MEET AT THE TRAILS CENTER –  
1<sup>ST</sup> AND BUSH ST. IN ISSAQUAH





## KAMIKAZE FALLS GETS NEW TRAIL

(Reprinted from MTSG newsletter)

Between Mt. Si and Mt. Tenerife is the impressive but relatively unknown Kamikaze Falls. "There is an unsanctioned trail that goes right along Kamikaze Creek," says Mike Stenger, Greenway Trust Trails Program Manager. "The trail is too close to the creek and was not built to withstand so many feet walking on it. That causes erosion right into the stream."

The Greenway Trust in partnership with the Washington State Department of Natural Resources are building a sustainable trail to the falls. Part of the Mt. Si Natural Resources Conservation Area, the trail will provide a 3.6 mile round trip to the falls.

"This new trail will prevent future ecological damage and provide a safe and enjoyable hiking experience," Says Kelly Heintz, Natural Areas Manager for DNR.

Conservation corps crews began work this spring, and volunteer trail work events were scheduled for this past May and June.



## HIKER'S CORNER

By Joe Toynbee



Enough time has now elapsed since the death of those two giants of our club, Harvey Manning and Bill Longwell, to provide some perspective. It seems to me that each of these two men has a great predecessor. In the case of Harvey, it was John Muir. Both men in their later years had full beards and resembled Old Testament prophets. Both men wrote prolifically and well in the cause of conservation. Finally, both men were responsible for helping save large areas of land: Harvey for Cougar Mountain Regional Wildland Park and John for Yosemite National Park.

In the case of Bill, the predecessor was Henry David Thoreau. Bill told me once that Squak Mountain had been his Walden. Both men, although sociable, spent much time hiking alone. For years Bill hiked thirty miles from Chinook to White Pass in one day, and Henry went on similar rambles in the area around Concord. He once wrote, "I have traveled much in Concord." Both were prolific writers, although Bill never produced anything of the stature of "Walden." Finally, in a cruel irony, both these great walkers died of a lung ailment.

We in the Issaquah Alps Trails Club were indeed fortunate to have had Harvey Manning and Bill Longwell among us. Let us hope that their spirits are somewhere communing with their great predecessors.





## MIDDLE FORK AREA ADDED

In the lush forest of the Middle Fork Snoqualmie River Valley, another 14 acres have been protected by King County.

"This is an important acquisition. Twenty years ago we didn't know what would become of the Middle Fork," says Doug Schindler, Deputy Director of the Greenway Trust. "Most of the lower valley was in private ownership and starting to be carved up into cabin sites. Shooting, dumping, and craziness was the scene."

"Today, through the hard work of many, most of the 110,000-acre valley is in public ownership and the area is cleaned up and safe for families. This property is one of the last in-holdings we have been hoping to acquire for 15 years," Schindler added.

"This acquisition advances our Greenway goal to improve public access in the valley," says Mark Boyar, Greenway Trust board member and president of the Middle Fork Snoqualmie Recreation Coalition. "This parcel is right on the Middle Fork Road in an area well-suited for recreation. Trails from here can go up both sides of the valley, and it's also a popular spot for kayakers, rafters, and fishers, so a new trailhead is much needed. This purchase couldn't have been better timed."

King County acquired the land using Conservation Futures funding, levy funds from property taxes that are dedicated to the purchase and permanent preservation of open space lands. The County will add this property to its Middle Fork Snoqualmie Natural Area.

(Article is reprinted in large part from the May issue of the Mountains to Sound Greenway newsletter.)

## TEDDY BEARS RIDE AGAIN

By Doug Simpson

An old Harvey Manning tradition was revived recently when veteran IATC leader Joe Toynbee led a teddy bear hike on April 4. Fifteen hikers showed up, all but two with teddy bears, and proudly hiked five miles from Cougar Mountain's Sky Country trailhead.

Manning used to lead a teddy bear hike on January 1<sup>st</sup> every year, but that practice had lapsed into lore until recently recalled memories set the ball rolling toward a revival. Apparently, years ago a good-natured hiker responded to an appeal by the Mountaineers for suggestions for an 11<sup>th</sup> hiking essential and submitted "carry a teddy bear," assuming the suggestion would be laughed off and forgotten among more "serious" ideas.

However, Manning (active then in Mountaineers) said that was a great idea and adopted it himself. "Harvey liked to shake things up a little," said Toynbee, "and show that hikers were not just a bunch of stuffy outdoorsmen."

"It was fun, a wonderful outing," said Lena Cushing. "I remember Harvey fondly," said Cushing. "He was so real, a very special person."

"It wasn't mentioned on the hike, but the trail we hiked on was built by Harvey," recalls Betty Culbert. "I wanted to get out on the hike, partly because it was a link to Harvey."

Culbert had to borrow her teddy bear from a child at her Sunday school. Cushing claimed hers was the best bear on the hike because it has her name on it, as a gift from the Humane Society.

Ironically perhaps, there were more men than women on the hike. One active IATC hiker, Richard Mannn, was without a bear. "My mother took mine away when I was six years old," he reflected somewhat sadly.

Toynbee plans to make the hike an annual event in April, "when the weather is more reliable." Another former active member in the trails club, Fred Weinmann, picked up the tradition a few years ago and leads annual teddy bear hikes in the Port Townsend area, where he now resides.

Everyone agreed the hike was fun. "If we're not having fun out there," Toynbee stated, "why are we doing it?"

# Hiking Information

## Hike Leaders

Hike leaders are volunteers who donate their time to lead people who want to hike and explore the trails in the Issaquah Alps and other nearby foothills (Cascades) in King County. Hikes are scheduled and led year-round unless severe conditions pose a safety hazard.. Minimum attendance is three, including the leader.

Trails in the Issaquah Alps may be good or bad, easy or hard, muddy or dusty, brushy or clear, steep or flat—or all the above. Some are not much more than animal trails. As volunteers, neither hike leaders, the Issaquah Alps Trails Club (IATC), or Club directors are in any way responsible or liable for a hiker's comfort, transportation, property, safety, or general well-being while traveling to and from the trailhead or hiking or working on any trail.

The Club's sole purpose is to show hikers where the trails are and to lead the way. The public, other clubs, youth groups, church groups, and others are welcome and wholeheartedly invited to join hike leaders and others who want to hike these trails. Children under 18 should be accompanied by an adult. Please, no dogs on hikes.

## Hike Classifications

Each hike has a number and letter designation after it (e.g., 2C). Numbers indicate hiking time and letters indicate degree of difficulty.

## Hiking Time

Class 1: 2 hours    Class 3: 6 hours  
Class 2: 4 hours    Class 4: 8 hours

These are approximate hiking times. They do not include travel time to and from the trailhead (20 to 40 minutes depending on the location of the hike) or meal times (lunch will add another 20 to 40 minutes depending on the mood of the group).

Times are based on an assumption of a two-mile-per-hour pace with one-half hour added for each 1000 feet of elevation gain. Trail conditions, weather, and unexpected hazards could extend the hiking time.

## Degree of Difficulty

A: Little or no elevation gain, up to 500 feet, no difficulties for average walker.

B: Some climbing, up to 1200 feet, or some other difficulty.

C: More climbing, up to 2500 feet, or some other difficulty.

D: Much climbing, over 2500 feet of elevation gain.

## Hike Description Modifiers

Leader's choice: The leader had not decided where to hike before publication of the hikes schedule.

Trail party: Trail maintenance work party.

Exploratory: The leader goes cross country off the main trail system to explore animal trails, canyons, old logging roads, or old railroad grades.

Expect to go through brush, over logs, tiptoe through wildflowers, and/or mud while having a good time hiking where others seldom tread.

## Hike Information *continued from page 9*

Family hike: For parents and children. Easy pace. Call leader for hike particulars.

*NOTE: Group hikes do not lend themselves to dogs. Please leave your dogs at home when going on a Trails Club hike.*

## Meeting Place

Trails Club hikes meet in the parking lot at the corner of First and Bush streets next to the IATC clubhouse (the little yellow stationmaster's house). To get there, take exit 17 (Issaquah Front Street) from Interstate 90 and turn south into downtown Issaquah. Go about one mile through town on Front Street, then go two blocks past the light at Sunset Way, and then turn left on Bush Street. Go two blocks to Rainier and turn into the lot on the left.

## Clothing

Dress for the Pacific Northwest outdoors. Expect rain, snow, sunshine, fog, and everything in between. Bring extra clothing, raingear, food, drink, matches, flashlight, and first-aid supplies. Wear comfortable hiking boots or hiking shoes.

## Trail Maintenance

Volunteers periodically organize and schedule trail maintenance parties as listed in the hikes schedule. Work parties meet at the same place as hikes (see above). The Club is well supplied with heavy trail maintenance tools, but workers may also bring their own loppers, weed whackers, and other tools.

Trail work parties last at least four hours. Trail maintenance is vital to the Club's work and is

## ✓ Checklist:

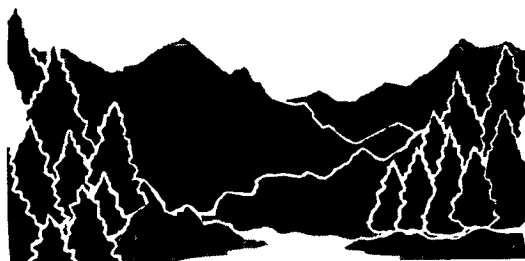
- Food
- Water
- Daypack
- Raingear
- Warm clothes
- Hiking Shoes

Each item is required in order to participate in an Issaquah Alps Trails Club hike!

*Don't leave the trailhead without them!*

an integral part of the Department of Natural Resources (DNR) management plan for Tiger Mountain.

Work parties must limit their activity to trails listed by the DNR as scheduled for maintenance. Construction of new trails is not allowed. Work parties are a great way to meet people! Individuals and groups are encouraged to adopt a trail—or section of trail—and take the responsibility of maintaining it.



# Issaquah Alps Trails Club Publications Order Form

Return this completed form along with your check to:

Issaquah Alps Trails Club Publications, P.O. Box 466, Issaquah, WA 98027

Name: \_\_\_\_\_ Address: \_\_\_\_\_

ITEM	PRICE*	QTY.	TOTAL
Book: The Flowering of the Issaquah Alps--Revised!	\$ 9.00		
Book: The Authoritative Guide to the Trails of Cougar Mountain Wildland Park and Surrounds	15.00**		
Book: Guide to Trails of Tiger Mountain	15.00***		
Book: The Coals of Newcastle: A Hundred Years of Hidden History	15.00		
Book: Eastside Family Hikes	3.00		
Book: Squak Mountain: An Island in the Sky	15.00		
Book: 55 Hikes Around Snoqualmie Pass	10.00		
Map: Issaquah Alps Tiger Mountain, 1998 revision	2.00		
Map: Issaquah Alps Cougar Mountain, 2001 revision	2.00		
Map: Issaquah Alps Squak Mountain (2005)	6.00		
Green Trails Map: Tiger & Taylor Mountains, Map 204S	8.00		
Green Trails Map: Cougar & Squak Mountains, Map 203S	8.00		
Green Trails Map: Rattlesnake Mountain & Upper Snoqualmie Valley Map 205S	8.00		
Green Trails Map: Mount Si NRCA & Snoqualmie Corridor, Map 206S	8.00		

\*All prices include shipping and handling.

\*\*One (1) IATC Cougar Mountain Map included.

\*\*\*One (1) IATC Tiger Mountain Map included.

Total: \_\_\_\_\_

## Issaquah Alps Trails Club Foundation and Membership Request Form



Name: \_\_\_\_\_

Address: \_\_\_\_\_

Telephone: \_\_\_\_\_ E-mail: \_\_\_\_\_

All donations are tax deductible. Your donations fund The Alpiner publication costs and the club's minimal operating costs first, with 100% of remaining funds being directed where they can best address the trail design, construction, maintenance and advocacy needs throughout the Issaquah Alps. **Note:** Membership does not require a donation; however, donations help us preserve and enhance your Issaquah Alps.

Annual donation levels:

p The basic hiker.....\$15 p The project supporter.....\$25  
p The IATC sponsor.....\$50 p The visionary.....\$100 and above

**IMPORTANT:** This form and your donation and/or membership request form should be mailed to:  
IATC Foundation, P.O. Box 351, Issaquah, WA 98027

**Issaquah Alps Trail Club**  
**P.O. Box 351**  
**Issaquah, WA 98027**

**Address Service Requested**

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Last Contrib. Date: 8/8/2008



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ISSAQUAH WA 98027-0022  
2\*166

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**Issaquah Alps Trails Club**

## **Issaquah Alps Trails Club Publications**

*See page 11 for the publications order form.*

Note: All of the following prices  
include shipping & handling.

o *Flowering of the Issaquah Alps*—Revised! By Fred and Ann Weinmann and Harvey Manning. 1996 updated edition. This new edition lists trees, shrubs, ferns, and flowers found in the Issaquah Alps. Flowers are listed by color, season when flowering, and where many of the plants can be found. \$9.

o *Guide to the Trails of Cougar Mountain Regional Wildland Park and Surrounds*—By Charles McCrone. 2000 edition. Completely updated version gives historical background and descriptions for every park trail, plus 30 other trails in the surrounding area including Bellevue, Newcastle, Renton, and the Precipice. \$15 (includes map listed in next column).

o *Guide to Trails of Tiger Mountain*—By Bill Longwell. 2003 revised edition. Updated trail information, two new trails and numerous photographs. \$15 (includes map listed in next column).

o *The Coals of Newcastle: A Hundred Years of Hidden History* By Richard K. McDonald and Lucille McDonald. A complete history of the once-thriving coal mining area of Cougar Mountain now hidden from all but hikers. 100+ photographs, 4 maps, and Tim O'Brian's account of the incredible Seattle and Walla Walla Railroad. \$15.

o *Eastside Family Hikes*—By Peggy Barchi. 2001 revised and updated edition. Descriptions of family hikes (annotated for stroller use and picnicking) on the Eastside. \$3.

o *Squak Mountain: An Island in the Sky* By Doug Simpson with trail descriptions by David Langrock. Provides a history of Squak Mountain and its gestation as a park. Includes 4 loop hikes covering most of the mountain trails. Includes many earlier writings by Bill Longwell and vignettes by others. \$15.

o *Green Trails Tiger & Taylor Mountain*. Map 204S. \$8.

o *Green Trails Cougar & Squak Mountains*. Map 203S. \$8.

o *Green Trails Rattlesnake Mountain & Upper Snoqualmie Valley*. Map 205S. \$8.

o *Green Trails Mount Si NRCA & Snoqualmie Corridor*. Map 206S. \$8.

o *Green Trails Quality Squak Mountain Map*. By IATC member Harry Morgan. \$6.

o *IATC Tiger Mountain map*. 1998 revised. \$2.

o *IATC Cougar Mountain map*. 2001 revised. \$2.

o *55 Hikes Around Snoqualmie Pass* By Harvey Manning. \$10.