



MANNING STATUE 'A GOOD LIKENESS'

To show their progress on the Harvey Manning statue, Sara Johani and Tom Jay of Lateral Line Studio hosted IATC officials at their Chimacum studio last January 13.

"It's a very good likeness," said Betty Manning, Harvey's widow. "I'm very pleased that it has caught the sense and essence of Harvey."

Making the trek to Chimacum, a rural community near Port Townsend, were Doug and Marilyn Simpson, Larry and Marty Hanson, Betty and daughter Penny Manning, and Fred and Amy Weinmann of Port Townsend.

The statue is now 110% life-size in clay. "It's incredible to see the development from design to life-size reality," said Simpson. Johani was interested in suggestions to further improve it before handing it over to Jay for the bronzing process. The major input of the Mannings was to flesh out the face a little and work some on his mustache and facial lines.

In a later note to the Mannings and IATC officials, Johani described some of the subtle changes she has made to further refine the features



of the statue: "I broadened the shoulders and added some bulk to the body in front also. I worked on the neck and raised his shoulders a bit around the neck. The sleeves and front of the shirt are reworked so they are more refined and convincing as folds of cloth."

Also, "I placed the watch on his left wrist. I defined the beard around his face more, as was pointed out, and made longer hair at the back of the neck. . . I reworked the collar totally. . . I finished the top of the hat and trimmed the rim by a half inch all

around. . . I strategically added deeper folds to the pants. I completely changed the back and the shirt to be more subtle and even broader, shortened the shirt a bit and reworked the folds."

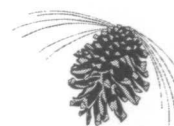
(Note: the above gives the reader some idea of the detail that Johani is taking to make the statue as realistic a picture of Manning as possible.)

The clay statue will eventually be divided into six pieces to be waxed, then smoothed out and polished before being bronze cast in May. It will experience some shrinkage in the process, rendering it somewhat closer to

actual life size.

"The statue has a likeness that people can appreciate," commented Betty Manning. "I think people will like it."

It is now scheduled to be unveiled in Issaquah in September on the grassy knoll at 1st and Andrews streets, on the same block as the Trail Center but to the north end of the block.



The Apparatus

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Whenever possible, please
use e-mail to contact any
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The Alpiner is published in
January, April, July, and October.

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IATC subsists on member donations
only. Please send your tax-deductible
contributions to the address above to
help sustain our efforts to preserve,
protect, and promote the Issaquah Alps
and local environment.

Articles are welcome, preferably
via e-mail to: d.simpson@msn.com
Send diskette or hard copy to post
office box number above.

Issue deadlines: November 21 for
January; February 21 for April; May 21
for July; August 21 for October.

(Note: All telephone
numbers are area
code 425 unless
otherwise noted.)

PRESIDENT'S REPORT

By Steve Williams

The big news this winter was the holiday snow. Big Snow—big melt, rain, wind, and then a massive slide on the Tiger Mountain Trail. Over 200 feet of trail and hillside just gone! It's almost all down in or next to High Point Creek now, and, by the way, the modern 60-foot bridge down there was dislodged and pushed downstream too. Nature seems to have a way of humbling our best efforts—and reminding us that there are forces out there much larger than anything man-made.

Climate change now seems to bring a 50 or 100-year storm nearly every other year. These are the big events that cause big damage and require months of chainsaw work, large crews and big construction projects. The budget and final solution for the Tiger Mountain Trail landslide haven't been determined yet; perhaps a cable suspension bridge—or more likely, a temporary across-the-slide scramble, followed by construction of a distant new trail re-route to avoid the whole area.

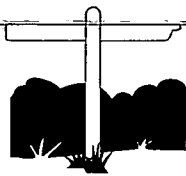
IATC members were instrumental in discovering and reporting the TMT slide and other problems like the 15 Mile Railroad Grade slide. Within days of the storms, Ken Konigsmark, Ken Hopping, Sally Davies, Louis Collet, Larry and Marty Hanson, Fred Zeitler, Scott Semans, John Johnson, Bill Davis and Ed Vervoort were out on various trails slogging through the snow, clearing what they could, and reporting back on what they couldn't handle alone.

All of this points to a new direction for IATC. As our membership ages and local trail systems mature, our role out in the woods is shifting from "trail builders" to "forest watchers." Each of the owner-manager agencies is short on staff and budget. They all need help just to monitor trails, report problems, and do general clean-up following storms. Even in "normal" times, no trail is ever finished—there will always be snags brought down by wind and snow, drains and ditches clogged by leaves and twigs, new branches growing out into the trail sunlight every summer. These are the "light maintenance" chores that our

regular IATC hikers work on bit by bit each time they go out.

Our club is also maturing and evolving. Our website (www.issaquahalps.org) now has a place where you can report trail conditions, specific problems and even record your volunteer hours. It's a great way to share information and be up to date on what is happening out in the woods. It is also really important to the agencies who need these citizen volunteer hours for local match in qualifying for grants and funding. So the next time you go out, check "Trail Conditions" at our website to see what is happening, and when you get back report on what you saw and any work that you did. It is very helpful to the agency even to hear that you liked certain trails and that they are OK. That's one day of travel, inspection and hiking that they don't have to do, and that's a few more dollars saved out of the annual budget. Helping out for us can be just a little extra effort while spending a day in the woods hiking for fun!

Finally, in the midst of all these problems, I need to remind everyone that our birthday is coming up, and that we need to celebrate! Just a quick look back shows an amazing list of accomplishments. On May 5, 1979, Harvey Manning and friends organized the Issaquah Alps Trails Club. Now 30 years later, Cougar Mountain Regional Wildland Park is a reality; Squak Mountain public lands and trails have tripled in size; Tiger Mountain is nationally recognized for its large Natural Resource Conservation Area serving preservation, education and recreation needs; and there is a Greenway a-building from Lake Washington all the way up and over Snoqualmie Pass. This little club has had tremendous impact and has inspired a whole generation of hikers, environmentalists, and, yes, even politicians. Eventually, speaking the truth and doing the right thing gets recognized, and our Northwest world is much the better for it. It is time to say "Thank You" to Harvey and friends. Stay tuned for 30th Anniversary plans.



UW STUDENTS TO AID HIKERS

Three University of Washington students in a winter quarter Infomatics course have undertaken a project that could benefit area hikers. Utilizing websites such as that of the Washington Trails Association and applying GPS and other technology, they seek to identify problem areas to inform hikers and park officials of trail issues and needs.

Dong Jin Ahn, Ben Fields and Kevin Merritt as of mid-February have been working with Ken Konigsmark of IATC and Elizabeth Lunney of WTA. With their technology, they seek to pinpoint exact problem areas, not only citing mile markers, but also features of the local landscape.

The three students believe that their system, dubbed "Footnotes," will be useful to park services, but also believe that "hikers can use the same database to share geo-tagged photos and other information." Their "wiki trail interface" will utilize google maps to display points of interest along trail routes.

According to Ahn, spokesman of the group and a UW senior from Oak Harbor and Korea, "We hope the technical features of our program will make it a very effective application for seeking a state grant to expand upon our interactive prototype."

The last week of the quarter the three students were to have power point presentations and explain their interaction prototype as part of their graduation requirements.

In May, Ahn will present their project and use their data to discuss its usability to a research symposium. In the meantime, they will be working with area organizations and looking for others with the technical skills to help them.

"We can definitely implement this program," Ahn asserts.



HIKER'S CORNER

By Joe Toynbee

Recently an acquaintance of mine who knew I did a lot of hiking said to me: "I don't understand what you hikers are doing. You walk into the woods and then walk back out. What have you accomplished?"

I couldn't come up with an immediate reply, but I think my answer would be something like this: "Any activity that is healthy, inexpensive, provides great scenery and companionship and is fun must have something going for it."

In an effort to make our hikes more enjoyable, we will be reviving an old tradition started by our founder, Harvey Manning: The Teddy Bear Hike. Each hiker will be asked to have a teddy bear peeking out of his or her pack. Look for the hike in April.

A final thought: if my non-hiker friend mentioned above sees the Teddy Bear hike set out, he will really be convinced we are crazy.



LANDSLIDES STRIKE

Usually it's blowdown from windstorms that wreak havoc on area trails. This winter, though, it has been landslides causing problems. A large slide on the Tiger Mountain Trail, about three miles from the north trailhead near High Point, not only swept across the trail and down 60 feet, but also moved a footbridge off its foundation and slid it downhill. A few sections of trail have been officially closed pending reroutes.

In addition, a landslide on Rattlesnake Mountain has affected hikers, though trails have remained open, and a couple of slides on Squak have taken their toll.

CALLAHAN TAKES ON MOUNTAIN BIKERS

By Doug Simpson

The work of Education and Enforcement Officer Sean Callahan goes on and on. In the past few months, Callahan has been dealing with crises brought on by winter weather, contacting hikers and bikers in the field to be a presence and assess their possible violations, and to deal with the ongoing menace of illegal mountain bikers.

Using an inmate crew from the Monroe institution, Callahan demolished three illegal mountain bike trails—at Echo Glen, Tiger Mountain, and Rattlesnake Mountain. Lest we cheer too loudly this grand enterprise, Callahan points out that the persistent bikers on Tiger wasted little time before starting to rebuild their course.

“During the month of January, most of my time was spent on Tiger looking at all the trails for damage assessments.” (Note: he hiked over 80 miles in January alone.) “The storm at the beginning of the month really took a toll on the mountain.”

Heavy snows coupled with rain and snowmelt resulted in numerous landslides in the area, primarily on Tiger Mountain but also on Rattlesnake. A major washout on the Tiger Mountain Trail near High Point slid 60 feet down the hillside and moved a bridge 15 feet off its west abutment. The trails there and where it meets the West Tiger Railroad Grade were closed for rerouting, the work to be finished by April. Zealous hikers, of course, have made their own temporary reroutes. A small bridge was also lost on the TMT near Paw Print.

Ironically, in December Callahan in his investigations found four bridges that in his estimation would need replacement in the next few years. Nature it seems has moved some of these replacements onto the front burner.

Callahan also found time to explore the Middle Fork and nail some wood thieves and have their accumulation confiscated.

“His being there, and what he is accomplishing, underscores the need for a permanent position,” Margaret Macleod, Interagency Coordinator, pointed out.

SQUAK MOUNTAIN GETS FACELIFT

Squak Mountain, the often overlooked alp of the three corps peaks, is currently benefitting from state and national grant monies that Mountains to Sound Greenway work parties are putting to work in the first half of this year.

Mike Stenger, MTSG’s Trails Program Manager, pointed out that work started on the mountain’s south side in January, primarily on equestrian trails, improving drainage and raising the trail bed to improve often impassable trails in the area. Other trails used by hikers, including Phil’s Creek Trail and Phil’s Connector Trail (which climbs west to the access road), are also receiving significant work. Phil’s Creek’s severe drainage problems and overgrowth have been a large focus.

“We also worked on bridges and steps on the Eastside Trail,” Stenger said. “That was an area in pretty severe disrepair.”

March and April efforts were likely to swing to the north to the Bullitt Access Trail above the Mountainside Drive trailhead and sections of the Central Peak Trail off the Bullitt.

Like her sister peaks, Squak suffered from winter weather landslides. One 35 feet wide on the Equestrian Trail needed attention, and a smaller one on the Bullitt Access Trail was also noted.

Two funding sources made the work possible, Stenger pointed out. The State of Washington appropriated \$400,000 for work on Squak Mountain State Park, and an additional \$75,000 was provided by a grant from the National Recreational Trails Association, monies generated in part from gas tax revenues.

The main focus of the work has been drainage, beating back brush, and improving tread and bridges. Stenger indicated that new signage should also be provided before the project winds down.

REMEMBERING LONGWELL

By Fred Zeitler

It has been well over a year since Bill Longwell left us for building new trails up in heaven. Even after all that time I am often reminded of Bill when I go hiking on Squak and Tiger and others of his favorite spots.

Just last month, Joe Toynbee and I were hiking on Hancock land by "10 Creek," on our way past Klaus, Boyle and Bridges lakes to a lunch-spot lookout. On this day the weather was perfect and we were able to see Fuller Mountain, Mount Si (and Little Si) and Mount Rainier all lined up for the great view that Bill always enjoyed.

I first met Bill Longwell in 1995. I had just retired from Boeing and discovered the mountains as my new outlet. Shortly after my first hike with the Issaquah Alps, I went on work parties led by Bill. Soon thereafter a small group of us started meeting each spring to clear trails from the winter blowdown and from brush invading the trails.

After big blowdowns in 1997 and 1998, I spent weekly outings with Bill and Joe Toynbee, clearing trails on Squak Mountain and long the TMT on Tiger Mountain. I was made welcome by Bill and Joe and soon felt like one of the musketeers. I continued working with Bill on trails along the Middle Fork of the Snoqualmie River, the Preston Trail, the Taylor River Trail, and even the Pacific Coast Trail around Snoqualmie Pass.

In the last year I have cut back drastically on trail maintenance work due to back problems. I still go hiking three times a week and am constantly reminded of Bill Longwell and the hours we spent on some of the trails. Bill was always willing to share information about the trails, the flora and fauna, the wildlife and even the history of many of the places and trails. Some of these bits of knowledge come to the surface now when I hike "his trails."

Needless to say, we miss Bill. I was lucky to count myself as one of his friends, and I hope to see him again in the great beyond. Happy trails!

TERRACE TRAIL TO COUGAR

Scott Semans, trail builder extraordinaire for the Issaquah Alps Trails Club, remains a busy man. In recent months, he has finished work on one Cougar Mountain trail, the Terrace Trail in cooperation with Newcastle Trails, and then moved on to the Talus Bridge Trail on Cougar's opposite side.

Semans, Peggy Price from the Newcastle group, and local volunteer Bruce Christopherson worked out a route up the mountain's southwest flank connecting the Highlands neighborhood along SE 144th, a branch of the historic Thomas Rouse Road, to Newcastle's Terrace neighborhood. The trail is about two-thirds of a mile long, gains 500 feet, and intersects with the East Crosstown Trail, providing a link to the Cougar Mountain Regional Wildland's southern trail system.

"When the East Crosstown Trail is upgraded, residents currently using the roads for hiking and jogging will have a woods route nearly to downtown," Semans said. "The bottom half, which was my main focus, is interesting in itself, as it is full of erratic boulders." Also visible from the trail and the DeLeo Wall Trail above are Madrona trees, found almost nowhere else in the Issaquah Alps.

Price and the Newcastle club worked primarily on the upper part of the trail, making extensive use of rock provided by the City from its ongoing widening of Coal Creek Parkway, including an extensive rock wall, which connects to the East Cross Trail and eventually to the Marshall Hill and DeLeo Wall trails in the park. Newcastle city with Earthcorps assistance spent \$17,000 for steps at the top, whereas the city spent \$4,000 in materials for the bottom steps.

Newcastle city paid over \$20,000 to a contractor for an extensive flight of steps at the upper entry, but got a similar flight at the lower entry – plus the entirety of the trail itself – for about \$4000 in materials and \$2000 in City staff time assisting the project.

Price, a "Longwell-type" record-keeper, lists her

continued on page 7

APRIL 2009

Saturday, April 4 – 9am
 Cougar Mt - Sky Country
 This Teddy Bear hike was a
 Tradition with our founder,
 Harvey Manning. Bring a Teddy
 Bear to have peeping out of your pack.
 EASY, 2A, 5 miles, 500' gain
 Joe Toynbee 425-228-6118

Sunday, April 5 – 9:30am
 S Tiger Mt – Two small looks via
 TMT + S Tiger Power Line Trail
 Views from lunch spot-SLOW PACE
 MODERATE 2B, 5 miles, 1050' gain
 Fred Zeitler 425-882-3435

Wednesday, April 8 – 10am
 MIDWEEK HIKE - SLOW PACE
 Ravensdale Creek – Loop hike to
 Lake Sawyer and back Flower, bird and critter ID
 EASY 2A, 4 miles, 400' gain
 Warren Jones 425-391-7409

Saturday, April 11 – 9am
 W Tiger 2 from High Point - Return via W Tiger 3
 STRENUOUS, 3D, 8.5 miles, 2700' gain
 Richard Mann – 425-281-8465

Sunday, April 12 – 9:30am
 Cougar Mt – Marshall's Hill + Coal Creek Falls Loop
 MODERATE, 2B - 5 miles, 1200' gain
 Steve Williams 425-453-8997

Sunday, April 12 – 10am
 Dogs Welcome-bring leash, water, baggies
 Leader's Choice in Issaquah Alps
 MODERATE, 2B, 4-5 miles, 800-1000' gain
 Jean Lanz 206-322-0990

Saturday, April 18 – 9:30am
 Rattlesnake Mt – Cedar Butte
 Geology + history collide
 MODERATE, 2B, 5 miles, 900' gain
 Doug Simpson 425-392-6660

Sunday, April 19 – 9am
 Grand Ridge – A nice one-way walk
 In the woods of Grand Ridge Park.
 Car shuttle – MODERATE pace, 3B,
 8 miles, 1000' gain
 Ralph Owen 425-746-1070

Thursday, April 23 – 7pm
 IATC BOARD MEETING
 Trails Center – 1st + Bush

Friday, April 24 – 9:30am
 MIDWEEK HIKE
 Echo Mt flower ID
 EASY, 2B, 5 miles, 600' gain
 Betty Culbert 425-432-7387

Saturday, April 25 - 9:00am
 Tiger Mt – Loop hike over
 West Tiger 2 via TMT and K3.
 Return via West Tiger 3 trail.
 STRENUOUS, 3C, 8 miles, 2500 ft. gain
 Scott Prueter 425-269-3079

Sunday, April 26 – 10:30am
 Newcastle history hike – more History than hike
 EASY 2A, 4 miles, 100' gain
 Bert Drui 425-746-0709

Sunday, April 26 – 1pm
 Tiger Mt – Tradition Plateau
 Explore trails, lakes, wetlands + Biological diversity.
 EASY, 2B, 5-6 miles, 600' gain
 Dave Kappler 425-392-3571

Thursday, April 30 – 9:30am
 MIDWEEK HIKE- Dogs Welcome
 Bring leash, baggies, water
 Leader's Choice in Issaquah Alps
 MODERATE, 2B 4-5 miles, 800-1000' gain
 Jean Lanz 206-322-0990

MAY 2009

Saturday, May 2 – 9:30am
 Tiger Mt – PooPoo Point
 Hike to the popular hang Glider take-off spot
 MODERATE, 2C, 5 miles, 1700' gain
 Mary Nolan 425-837-1535

Sunday, May 3 – 9:30am
 Tiger Mt–Loop from Hwy 18 to Otter Lake + on to the
 1925 Fatal Railroad Crash site SLOW PACE
 MODERATE, 2B, 5 miles, 700' gain
 Fred Zeitler 425-882-3435

Tuesday, May 5 – 9:30am
 MIDWEEK HIKE-Cougar Mt.
 30th IATC Anniversary Hike –
 Reminiscing about Harvey and 30
 Years of IATC boots on the ground
 AA Peak Loop from Sky Country
 MODERATE, 2B, 4 miles, 800' gain
 Steve Williams 425-453-8997

Wednesday, May 6 – 9:30am
 MIDWEEK HIKE – Tiger Mt
 PooPoo Point. Car shuttle to Chirico
 Trail; return to Trails Center via PooPoo Point Trail
 MODERATE, 2C, 6.5 miles, 1900' gain
 Dick Amidei 425-313-9901

Saturday May 9 - 9:00am
 Squak Mt – Loop hike over Central +
 West Peaks; Rainier view for lunch
 STRENUOUS, 3C, 7 miles, 2000 ft. gain
 Scott Prueter 425-269-3079

Sunday, May 10 – 9:30am
 Tiger Mt - High Pt Trail + Lingerling Loop.
 Lunch at Fred's Corner
 MODERATE, 2B, 5 miles, 1200' gain
 Ron Howatson 425-392-8344

Friday, May 15 – 9:30am
 Echo Mt – Flower ID
 MIDWEEK HIKE
 MODERATE, 2B, 5 miles, 600' gain
 Betty Culbert 425-432-7387

Saturday, May 16 – 9am
 Rattlesnake Mt traverse
 Car shuttle
 VERY STRENUOUS, 4D, 11 miles, 3000' gain
 Richard Mann 425-281 8465

Sunday, May 17 – 9:30am
 Shoreline stroll at Luther Burbank Park
 EASY, 1A, 2 miles, 300' gain
 Steve Williams 425-453-8997

MAY 2009
cont.

Thursday, May 21 – 7pm
HIKE LEADERS' MEETING
Trails Center – 1st + Bush

Saturday, May 23 – 9am
Tiger Mt – Flower ID hike
North Slope from High Point
EASY, 2A, 4 miles, 500' gain
Joe Toynbee 425-228-6118

Sunday, May 24 – 9:30am
Rattlesnake Mt – Stan's Overlook
MODERATE, 2C, 5 miles, 1400' gain
Mary Nolan 425-837-1535

Monday, May 25 – 9am
MEMORIAL DAY HIKE
Cougar Mt – AA Peak from Newport Way
MODERATE, 2C, 6 miles, 1400' gain
Bob Gross 425-427-8449

Friday, May 29 – 9:30am
MIDWEEK HIKE- Dogs Welcome
Bring leash, baggies, water
Leader's Choice in Issaquah Alps
MODERATE, 2B, 4-5 miles, 800-1000' gain
Jean Lanz 206-322-0990

Saturday, May 30 – 8:30am
Peaks of Squak – Visit Squak Mt's
Central, East + West Peaks and walk
Squak Mt's East Ridge.
Some easy off trail rambling
STRENUOUS, 3C, 9 miles, 3000' gain
Ralph Owen 425-746-1070

Sunday, May 31 – 1pm
Lake Sammamish State Park
Exploratory - special emphasis on
Flooding caused changes to Issaquah
Creek and lands in the park
EASY, 1A, 5 miles, no gain
Dave Kappler 425-392-3571

**IATC ENCOURAGES CARPOOLING +
RECOMMENDS \$1.00 MINIMUM OR
\$.15/MILE GAS
CONTRIBUTION TO DRIVER**

JUNE 2009

Saturday, June 6 - 9:00am
Cougar Mt – Double loop around
Wilderness Pk and on to Longview Pk
STRENUOUS, 3C, 7 miles, 1900 ft. gain
Scott Prueter 425-269-3079

Sunday, June 7 – 8:30am
W Tiger – High Point Trial, Dwight's Way
STRENUOUS, 3C, 7 miles, 1500' gain
Ron Howatson 425-392-8344

Wednesday, June 10 – 9:30am
MIDWEEK HIKE – MODERATE
Talus and Olallie Lakes
MODERATE, 2C, 6 miles, 1200' gain
Dick Amidei 425-313-9901

Saturday, June 13 – 1pm
Return to Newcastle with Coal Creek history
EASY, 1B, 3 miles, 600' gain
Steve Williams 425-453-8997

Sunday, June 14 – 8:30am
E Tiger Loop – Hike to Tiger Mt's
Highest peak from Preston
Back via trails and gated roads
STRENUOUS, 3C, 11 miles, 2800' gain
Ralph Owen 425-746-1070

GREENWAY DAYS

Saturday, June 20 – 9am
North Bend's Mt Si
STRENUOUS, 3D,
8 miles, 3500' gain
Richard Mann 425-281-8465

Saturday, June 20 – 9:30am
Coal Creek Trail – Lk Washington to
Red Town with car shuttle
MODERATE, 2B, 6 miles, 900' gain
Steve Williams 425-453-8997

Sunday, June 21 – 9:30am
Cougar Mt – Red Town Loop to
DeLeo Wall + Coal Creek Falls
MODERATE, 2B, 5 miles, 800' gain
Doug Simpson 425-392-6660

Sunday, June 21 – 10:30am
Cougar Mt – Coal Creek Falls Loop
EASY, 1A, 4 miles, 200' gain
Bert Drui 425-746-0709

Tuesday, June 24th – 9:30am
MIDWEEK HIKE – Squak Mt
Crystal Creek and East Ridge Trail
MODERATE, 2B, 5 miles, 1200' gain
Steve Williams 425-453-8997

Friday, June 26 – 9:30am
MIDWEEK HIKE- Dogs Welcome
Bring leash, baggies, water
Leader's Choice in Issaquah Alps
MODERATE, 2B, 4-5 miles, 800-1000' gain
Jean Lanz 206-322-0990

Saturday, June 27 – 9:30am
The ledges of Rattlesnake Mt
MODERATE, 2C, 5 miles, 1400' gain
Mary Nolan 425-837-1535

Sunday, June 28 – 1pm
Tiger Mt – Tradition Plateau
Explore trails, lakes, wetlands +
Biological diversity
MODERATE, 2B, 5-6 miles, 600' gain
Dave Kappler 425-392-3571



**GEAR CHECKLIST=WATER, FOOD, DAYPACK,
RAINGEAR, WARM CLOTHES, HIKING SHOES/
BOOTS**

**ALL HIKE MEET AT THE TRAILS CENTER –
1ST AND BUSH IN ISSAQUAH**

Terrace Trail To Cougar *continued from page 6*

Price, a "Longwell-type" record-keeper, lists her hours on the project at 894, Semans' at 803 and others at over 1200, thus total volunteer hours at 2910. Projected at the City of Bellevue's \$14 hour rate, volunteer work was worth almost \$41,000.

Semans credited Christopherson for laying out a single track for much of the trail, and perhaps as many as 100 volunteers worked on it, including some neighbors and scout groups. And IATC's John Johnson designed and built a technically challenging switchback.

According to Price, the trail is a link "down the May Creek Valley to Lake Washington Boulevard, across Renton via paved routes currently in the planning stage, and the Interurban Trail to Alki Point." Most of the route is already developed. Part of it is on the City of Renton's comprehensive plan.

The Terrace Trail was designed as hiker only, leaving Semans worried that without proper signage horses could be (and have been) destructive, as they had previously used a series of rutted trails before it was made into a hiking trail. Features such as stone steps and narrow gaps between boulders make horse use difficult, if not dangerous.



IT'S GOOD FOR YOU

Good news from a recent issue of *Men's Health* magazine: "You may finally have a legitimate reason to hug a tree: A hike in the woods can boost your immunity, say Japanese researchers. They found that men who walked through a forest for a total of six hours over two days experienced a 46% spike in their blood levels of natural killer cells, which are part of your body's SWAT team against invading viruses. Apparently, all trees release airborne chemicals called phytoncides that not only protect their foliage from microbes but also help to stimulate our own immune systems."

So go forth and do likewise.

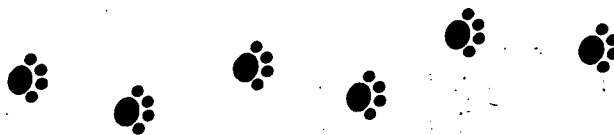
ANNUAL MEETING SETTLES BOARD

IATC's board of directors has few changes this year after annual meeting elections. Steve Williams continues in his second year as president, and Ken Konigsmark and Doug Simpson carry over as vice-presidents. Cornelia Remy, who has been working in the position already, succeeds Jackie Hughes as treasurer.

Hughes remains on the board, as do Larry Hanson and Sally Davies, both elected to new three-year terms. Dick Amidei, who has been serving as webmaster, also steps into a board seat, replacing Harry Morgan, who still serves the club in a new designation as "chief cartographer."

With Sally Pedowitz stepping down as secretary, Kathleen Petty was appointed in February to serve at least until the 2010 annual meeting. Petty, part-time office manager for the Bellevue Botanical Garden Society, describes herself as "an avid hiker and backpacker for close to thirty years now." The board is still seeking a candidate for president-elect to have Williams' eventual successor in place. He is currently serving a two-year term.

"I'm very pleased with the board as it is now comprised," Williams said. "We have good people who serve the club with diligence."



TRAIL INFO SOUGHT

In an effort to be aware of problems on area trails, the Issaquah Alps Trails Club has instituted a procedure to speed knowledge and, hopefully, action for improvement.

Hike leaders, especially, but anyone really, is asked to submit concerns to the club's website, www.issaquahalps.org. Webmaster Dick Amidei is monitoring the news, posting it, and contacting the appropriate agency about the problem.

COAL OIL

By Bill Longwell

Anyone who likes looking at old-time logging books or pictures surely knows that after loggers felled the giant trees of the old forests, someone had to buck them into lengths. Different cross-cut saws felled and bucked. Bucking was a one-person job, and one saw blade often lasted two days. The cutter placed a handle on one end for one day, and the next day switched ends until each side of the blade dulled. Then during the night an expert re-sharpened the saw.

After looking closely at these old-time pictures, the viewer can almost always notice a dark bottle hanging from the log that the cutter bucked, a bottle filled with coal oil, which lubricated the saw blades. Today cutters use WD-10/40. Ask Ken Hopping, who does most of the cross-cut sawing for IATC.

Buckers always had to watch for these large logs rolling back on them as they were finishing their cut. These trees, often ten-feet thick, and not the 18-inch logs that grow in forests today, were always dangerous. A buckler must always have his wits about him; he could not afford carelessness. So a well-oiled saw was necessary, and coal oil served the purpose.

This is not oil from a lump of coal we are accustomed to, but a coal oil distilled from shale coal (cannel coal that has been around since 1850). The cross-cut saw industry apparently latched on to its use after its discovery.

In 1978, I found one of these old coal bottles in the Tiger Mountain woods, one of my first artifact finds. It had perhaps lain there 50 years. At the time I was exploring for a TMT route from the West Side Road. At first I had chosen an up-and-down route along Middle Ridge, about a mile above the West Side Road. That route connected Wright's Reach, a seldom visited site (probably old mining there?), just above Karl's Gap, at milepost 5 on the TMT.

Then in that 1978 summer, I discovered the switch-backing railroad grade that almost circles Middle Ridge, and I knew I had found the perfect route for the TMT. The grade ran close to the West Side Road to intersect with the old Middle Tiger Trail.

I had just stopped a few feet above the grade and was laying out the route to Karl's Gap, when there, lying against a log for some 50 years, sat an amber-colored coal-oil bottle. I knew at a glance what it was. Another treasure. And, it still smelled of coal oil. Someone had placed it there most likely, meaning to pick it back up, but the train came by, and the logger was quick to jump back on. Perhaps this was the rescue train that carried loggers to safety in Hobart when fire raged down Tiger on February 23, 1925.

I carried the bottle home, and it sat in my garage/shop until one sad day I dropped it onto the concrete floor and broke it.

IATC TO SHOW AT HOBBY EXPO

The Issaquah Alps Trails Club will once again have a table at the City of Issaquah's Hobby and Volunteer Expo. It will be held Saturday, April 25, from 9 a.m. to 4 p.m. at the Pickering Barn next to Costco.

The no charge event offers an opportunity to learn about local clubs, hobby groups and service organizations. The IATC table will have free information as well as books and maps for sale.

The event is concurrent with the Issaquah Farmer's Market (so park around back), where browsers can purchase food, flowers and crafts.

A NOTE ABOUT MEMBERSHIP

Your membership in the IATC benefits both you and the community. Your contribution insures your access to the complete quarterly hiking schedule in which free hikes are offered each weekend day, but in addition, your dollars support our trail maintenance activities as well as our trails advocacy work with local agencies. Most folks contribute yearly in order to keep their membership current. (Your annual renewal date appears on your mailing label.) If we haven't heard from you in three years or more, we begin removing your name from our mailing list. Of course, lifetime members who contribute \$200 or more are never removed from the list unless they specifically request it. If you have any questions or comments about your membership, feel free to contact Cornelia Remy at tlmcreamy@q.com

Hiking Information

Hike Leaders

Hike leaders are volunteers who donate their time to lead people who want to hike and explore the trails in the Issaquah Alps and other nearby foothills (Cascades) in King County. Hikes are scheduled and led year-round unless severe conditions pose a safety hazard. Minimum attendance is three, including the leader.

Trails in the Issaquah Alps may be good or bad, easy or hard, muddy or dusty, brushy or clear, steep or flat—or all the above. Some are not much more than animal trails. As volunteers, neither hike leaders, the Issaquah Alps Trails Club (IATC), or Club directors are in any way responsible or liable for a hiker's comfort, transportation, property, safety, or general well-being while traveling to and from the trailhead or hiking or working on any trail.

The Club's sole purpose is to show hikers where the trails are and to lead the way. The public, other clubs, youth groups, church groups, and others are welcome and wholeheartedly invited to join hike leaders and others who want to hike these trails. Children under 18 should be accompanied by an adult. Please, no dogs on hikes.

Hike Classifications

Each hike has a number and letter designation after it (e.g., 2C). Numbers indicate hiking time and letters indicate degree of difficulty.

Hiking Time

Class 1: 2 hours Class 3: 6 hours
Class 2: 4 hours Class 4: 8 hours

These are approximate hiking times. They do not include travel time to and from the trailhead (20 to 40 minutes depending on the location of the hike) or meal times (lunch will add another 20 to 40 minutes depending on the mood of the group).

Times are based on an assumption of a two-mile-per-hour pace with one-half hour added for each 1000 feet of elevation gain. Trail conditions, weather, and unexpected hazards could extend the hiking time.

Degree of Difficulty

- A: Little or no elevation gain, up to 500 feet, no difficulties for average walker.
- B: Some climbing, up to 1200 feet, or some other difficulty.
- C: More climbing, up to 2500 feet, or some other difficulty.
- D: Much climbing, over 2500 feet of elevation gain.

Hike Description Modifiers

Leader's choice: The leader had not decided where to hike before publication of the hikes schedule.

Trail party: Trail maintenance work party.

Exploratory: The leader goes cross country off the main trail system to explore animal trails, canyons, old logging roads, or old railroad grades.

Expect to go through brush, over logs, tiptoe through wildflowers, and/or mud while having a good time hiking where others seldom tread.

Hike Information *continued from page 9*

Family hike: For parents and children. Easy pace. Call leader for hike particulars.

NOTE: Group hikes do not lend themselves to dogs. Please leave your dogs at home when going on a Trails Club hike.

Meeting Place

Trails Club hikes meet in the parking lot at the corner of First and Bush streets next to the IATC clubhouse (the little yellow stationmaster's house). To get there, take exit 17 (Issaquah Front Street) from Interstate 90 and turn south into downtown Issaquah. Go about one mile through town on Front Street, then go two blocks past the light at Sunset Way, and then turn left on Bush Street. Go two blocks to Rainier and turn into the lot on the left.

Clothing

Dress for the Pacific Northwest outdoors. Expect rain, snow, sunshine, fog, and everything in between. Bring extra clothing, raingear, food, drink, matches, flashlight, and first-aid supplies. Wear comfortable hiking boots or hiking shoes.

Trail Maintenance

Volunteers periodically organize and schedule trail maintenance parties as listed in the hikes schedule. Work parties meet at the same place as hikes (see above). The Club is well supplied with heavy trail maintenance tools, but workers may also bring their own loppers, weed whackers, and other tools.

Trail work parties last at least four hours. Trail maintenance is vital to the Club's work and is

✓ Checklist:

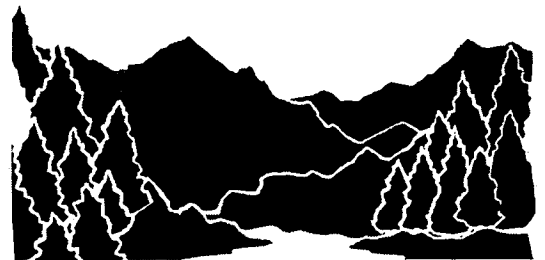
- Food
- Water
- Daypack
- Raingear
- Warm clothes
- Hiking Shoes

Each item is required in order to participate in an Issaquah Alps Trails Club hike!

Don't leave the trailhead without them!

an integral part of the Department of Natural Resources (DNR) management plan for Tiger Mountain.

Work parties must limit their activity to trails listed by the DNR as scheduled for maintenance. Construction of new trails is not allowed. Work parties are a great way to meet people! Individuals and groups are encouraged to adopt a trail—or section of trail—and take the responsibility of maintaining it.



Issaquah Alps Trails Club Publications Order Form

Return this completed form along with your check to:

Issaquah Alps Trails Club Publications, P.O. Box 466, Issaquah, WA 98027

Name: _____ Address: _____

ITEM	PRICE*	QTY.	TOTAL
Book: The Flowering of the Issaquah Alps--Revised!	\$ 9.00		
Book: The Authoritative Guide to the Trails of Cougar Mountain Wildland Park and Surrounds	15.00**		
Book: Guide to Trails of Tiger Mountain	15.00***		
Book: The Coals of Newcastle: A Hundred Years of Hidden History	15.00		
Book: Eastside Family Hikes	3.00		
Book: Squak Mountain: An Island in the Sky	15.00		
Book: 55 Hikes Around Snoqualmie Pass	10.00		
Map: Issaquah Alps Tiger Mountain, 1998 revision	2.00		
Map: Issaquah Alps Cougar Mountain, 2001 revision	2.00		
Map: Issaquah Alps Squak Mountain (2005)	6.00		
Green Trails Map: Tiger & Taylor Mountains, Map 204S	8.00		
Green Trails Map: Cougar & Squak Mountains, Map 203S	8.00		
Green Trails Map: Rattlesnake Mountain & Upper Snoqualmie Valley Map 205S	8.00		
Green Trails Map: Mount Si NRCA & Snoqualmie Corridor, Map 206S	8.00		

*All prices include shipping and handling.

**One (1) IATC Cougar Mountain Map included.

***One (1) IATC Tiger Mountain Map included.

Total: _____

Issaquah Alps Trails Club Foundation and Membership Request Form



Name: _____

Address: _____

Telephone: _____ E-mail: _____

All donations are tax deductible. Your donations fund The Alpiner publication costs and the club's minimal operating costs first, with 100% of remaining funds being directed where they can best address the trail design, construction, maintenance and advocacy needs throughout the Issaquah Alps.

Note: Membership does not require a donation; however, donations help us preserve and enhance your Issaquah Alps.

Annual donation levels:

☐ The basic hiker.....\$15

☐ The project supporter.....\$25

☐ The IATC sponsor.....\$50

☐ The visionary.....\$100 and above

IMPORTANT: This form and your donation and/or membership request form should be mailed to:
IATC Foundation, P.O. Box 351, Issaquah, WA 98027

Issaquah Alps Trail Club
P.O. Box 351
Issaquah, WA 98027

Address Service Requested

Non Profit
U.S. Postage
PAID
Issaquah, WA
Permit #70

Last Contrib. Date 8/8/2008

CHARLES & MALENA MCCRONE
PO BOX 593
ISSAQUAH WA 98027-0022



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Issaquah Alps Trails Club

Issaquah Alps Trails Club Publications

See page 11 for the publications order form.

Note: All of the following prices
include shipping & handling.

o *Flowering of the Issaquah Alps*—Revised! By Fred and Ann Weinmann and Harvey Manning. 1996 updated edition. This new edition lists trees, shrubs, ferns, and flowers found in the Issaquah Alps. Flowers are listed by color, season when flowering, and where many of the plants can be found. \$9.

o *Guide to the Trails of Cougar Mountain Regional Wildland Park and Surrounds*—By Charles McCrone. 2000 edition. Completely updated version gives historical background and descriptions for every park trail, plus 30 other trails in the surrounding area including Bellevue, Newcastle, Renton, and the Precipice. \$15 (includes map listed in next column).

o *Guide to Trails of Tiger Mountain*—By Bill Longwell. 2003 revised edition. Updated trail information, two new trails and numerous photographs. \$15 (includes map listed in next column).

o *The Coals of Newcastle: A Hundred Years of Hidden History* By Richard K. McDonald and Lucille McDonald. A complete history of the once-thriving coal mining area of Cougar Mountain now hidden from all but hikers. 100+ photographs, 4 maps, and Tim O'Brian's account of the incredible Seattle and Walla Walla Railroad. \$15.

o *Eastside Family Hikes*—By Peggy Barchi. 2001 revised and updated edition. Descriptions of family hikes (annotated for stroller use and picnicking) on the Eastside. \$3.

o *Squak Mountain: An Island in the Sky* By Doug Simpson with trail descriptions by David Langrock. Provides a history of Squak Mountain and its gestation as a park. Includes 4 loop hikes covering most of the mountain trails. Includes many earlier writings by Bill Longwell and vignettes by others. \$15.

o *Green Trails Tiger & Taylor Mountain*. Map 204S. \$8.

o *Green Trails Cougar & Squak Mountains*. Map 203S. \$8.

o *Green Trails Rattlesnake Mountain & Upper Snoqualmie Valley*. Map 205S. \$8.

o *Green Trails Mount Si NRCA & Snoqualmie Corridor*. Map 206S. \$8.

o *Green Trails Quality Squak Mountain Map*. By IATC member Harry Morgan. \$6.

o *IATC Tiger Mountain map*. 1998 revised. \$2.

o *IATC Cougar Mountain map*. 2001 revised. \$2.

o *55 Hikes Around Snoqualmie Pass* By Harvey Manning. \$10.