

THE ALPINE

July ♦ August ♦ September 2008



Cougar ♦ Squak ♦ Tiger ♦ Grand Ridge ♦ Taylor ♦ Rattlesnake

WTA WORKS TRAILS

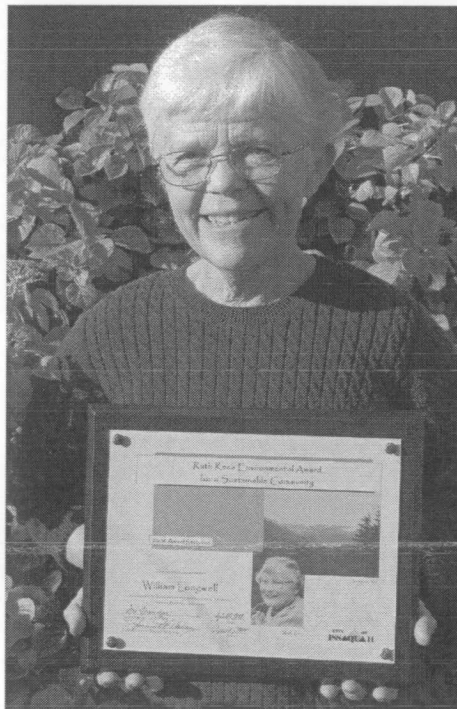
By Rich Johnson

In our Northwest climate, trails collect water. The Chybinski Trail (or "Trial" on one sign) on Squak Mountain is no exception. This water has three options. It can sit on the trail and make a mud puddle. It can run down the trail and form a rut. Or it can slide off the trail, leaving a good walking surface.

On the Chybinski Trail, the first two options are more common than the third. It takes earth-moving to get water off the trail and keep it off—lots of earth-moving. This spring work parties of the Washington Trails Association (WTA) put in several days clearing, restoring and creating drainage dips, water bars, side trail ditches, cross trail channels, culverts and turnpikes. The trail isn't perfect, but it's a lot better than it used to be.

It's easy to find rocks on Tiger Mountain's Chirico Trail, but it can be challenging to find the right ones. This trail is not on state land; it was built to access the paraglider launch area from the landing area in as few miles as possible (two miles, as it happens). It climbs steeply as it weaves up a hillside so steep that it is almost

continued on page 5



KEES AWARD FOR LONGWELL

For the second year in a row, a member of the Issaquah Alps Trails Club has received Issaquah's prestigious Ruth Kees Award for a Sustainable Community. The recipient this year at the April 21 Issaquah City Council meeting was... Bill Longwell.

Longwell, who passed away last November 28, received the award posthumously, a rare honor. Mayor Ava Frisinger presented the award to Mimi Longwell, Bill's beloved wife.

The award, which was given to Ken Konigsmark last year, is given to those who have demonstrated outstanding commitment to environmental protection in Issaquah. As IATC's chief ranger for decades, Longwell helped to reopen Squak Mountain, supervised the construction of the Tiger Mountain Trail, wrote the guidebook for Tiger, oversaw countless trailwork projects for the club, and was constantly looking for projects in the Issaquah Alps to improve hiking opportunities and greenspace in general.

NEW WEBMASTER?

For the past several years, Sue Johnson has been a splendid webmaster for the Issaquah Alps Trails Club (www.issaquahalps.org). Due to new employment requirements and resultant less time, she is having to step down from the position.

The club, thus, needs a new webmaster. The pay is lousy (no one in the club gets paid for anything), but compliments and appreciation can be profuse.

Contact President Steve Williams at 425-453-8997 or wilbs@worldnet.att.net if you might be interested. The club needs to have Johnson's successor in place by fall.

The Apparatus

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Harvey Manning

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Ken Konigsmark • 222-4839 • kenkonigsmark@yahoo.com

Whenever possible, please use e-mail to contact any member listed below.

The Alpiner is published in January, April, July, and October.

Issaquah Alps Trails Club
PO Box 351, Issaquah, WA 98027
Website: www.issaquahalps.org

IATC subsists on member donations only. Please send your tax-deductible contributions to the address above to help sustain our efforts to preserve, protect, and promote the Issaquah Alps and local environment.

Articles are welcome, preferably via e-mail to: d.simpson@msn.com
Send diskette or hard copy to post office box number above.

Issue deadlines: November 21 for January; February 21 for April; May 21 for July; August 21 for October.

(Note: All telephone numbers are area code 425 unless otherwise noted.)

PRESIDENT'S REPORT

By Steve Williams

Sometime during our last global oil "shortage," Harvey Manning, our trails club founder, offered a wise bit of advice. "To make your world larger, don't go faster or travel further—instead, go slower and look closer." The words ring ever true.

I just finished my third trip up the South Tiger Mountain Trail in two weeks, and found it refreshing and fascinating each time. We did the three-mile loop up to the powerline viewpoint and back, but the woods were so lush, and so diverse—what a wonderful trail experience! On Joe Toynbee's "flower hike," we identified 67 different species with hardly any effort, and lots of enjoyment.

My next two trips were spent sharing the discoveries with friends and family. A few of us recognized the glossy, heart-shaped leaves of Wild Ginger hugging the ground, but the revelation was in taking a really close-look-at-the-flower. It is a brown, inconspicuous bell that lies on its side with at least one of three long "tailed" bracts or sepal covers touching the ground. Turn the bell over, and the red-velvet tails lead to a miniature universe inside. A creamy white cup holds an upright vase at the center (pistil and ovaries), ribbed with red and yellow lines (stamens), and it is speckled again with red velvet spots and has tiny yellow pollen lobes at the very top. What an elaborate castle for a tiny beetle or ant pollinator to climb into! Who would have thought all this treasure could be discovered just by kneeling down and turning over a single leaf on the forest floor? (Bring a magnifying glass next time.)

Likewise, we were enthralled by our discovery of Oregon Fairy Bells. Certainly the plant name was on Bill Longwell's list; and this hike was the one he always led at the height of spring. But what delicate white fairy dresses were dancing there—hidden under narrow green umbrella leaves. "Go slow, look close—notice things; there are gifts out there!"

Dappled sunlight streamed through the trees to greet us. Luxuriant new leaves in what seemed like a hundred different shades of green were warming

and unfolding everywhere. The perfume of False Solomon's Seal was carried up the hill by light breezes, welcoming us to a magical place, the trail along Clarkin's Cliff. Tiny birds sang in the valley below us, while the tropical song of Black-headed Grosbeaks came from the tall fir trees above. Now and then a Douglas Squirrel chattered and announced our arrival in his woods.

We were so fortunate to have all this less than an hour's drive from home, and just minutes after entering the woods from the road edge. Each time I go, I offer a sigh of thanks to Harvey and Bill (and the hundreds of others) who lobbied State DNR to allow public trails on Tiger Mountain. Frequently, I think of all the work it took to create these trails, and again I think of those who went before me. And, yes, there are mud pockets and horse-damaged tread, and fresh turnpike log curbs still waiting for volunteers to fill the space between them with rock.

Maintenance is needed, and maintenance continues each season. Someone has even left little piles of rock here and there, to be carried up on the next hike by whoever comes along. Crews with power carriers and several dumptruck loads of rock will have to solve the larger problems, but every little bit helps. (Out of gratitude and respect, I do what I can to clear out nettles on my downhill trip.)

So this summer take a hike with the club close to home and save some gas. Learn some new uncrowded trailheads, go mid-week or early in the day, and take time to "look close" on the trail less traveled. "Get out there and enjoy it... and when you can, where you can, help take care of it."

Look for the IATC booth at
TRAIL FEST 2008
 July 19th 10am–5pm
 Rattlesnake Lake, North Bend
 (www.TrailFest.org)

ON BERRY PICKING - AND LIFE

By Marty Hanson

Spring has been cool and wet, but lovely as always on Tiger Mountain—especially seeing the many white, turning to pink trilliums and the take-your-breath-away masses of purple bleeding heart blossoms. Now the small white flowers of the trailing blackberry promise of treasures to come.

I have been a berry-picker for years, having been introduced to this Northwest bounty in the late sixties. Annual pilgrimages are made to huge cultivated fields of strawberries, raspberries, and blueberries, but by far my favorite berries to pick are those elusive wild ones. I first learned of *Rubus ursinus*, commonly known as wild mountain or trailing blackberry, soon after moving to Washington from a neighbor and dedicated berry-picker. We found them growing on our cul-de-sac in Bellevue. These were the berries used in the delicious pies served at a favorite restaurant near Mt. Rainier. We moved to Tiger Mountain in 1972 where there were many berry patches to be discovered, and I have been picking ever since.

Berry-picking companions have included a husband, mother, mother-in-law, two sons and two Labrador Retrievers. The husband has been good at picking, ever mindful of the fruits of his labor. I have good memories of picking with my two mothers—they enjoyed it as much as I did. The two sons were only acceptable pickers, and only because of a family rule: those who don't pick don't eat (pie)! I have softened a bit through the years and do serve them pie even though they don't pick. By far my best picking partners have been my two Labs, first Prince and then Sophie. They always enjoyed a Tiger Mountain walk and never complained about my slow pace or laughed when I lost my balance and sat down ungracefully in the berry patch. Sophie was an especially good berry sleuth, sniffing out berries that I had missed. I have picked in the company of spiders, slugs, bees, mosquitoes, snakes, butterflies, with a lovely background of bird melodies and mostly it has been good. I have shared berry patches with other pickers of the four-legged variety called *Euarctos Americanus* (black bear), but fortunately not at the same time!

Through the years I have learned a few things about berry-picking...and life. Finding a good patch is not always easy and often takes a lot of looking—patience and perseverance pay off with delicious rewards. Somehow the hardest to find are the most appreciated; where there is one berry on the surface, there is often a multitude hiding beneath the leaves—it just takes looking in depth. Being in a hurry is not good—so many treasures are not found by moving too fast. After picking all the visible berries, viewing from a different angle may reveal more—it is amazing what new solutions a different perspective can give! Never put all your berries in the same bucket—one little spill and you may lose them all. Sometimes the biggest and most luscious berries seem just out of reach and too much work to attain. Take that extra step, reach out and stretch a little to capture the prize. It is so satisfying to attain your goal and, besides, reaching and stretching are good—they make you grow. I hope to be a berry-picker for a very long time.



TRAILS FOR FAMILIES FIXED ON TIGER

As this issue reaches its readers, it was expected that the renovated Swamp Creek and Big Tree trails would be reopened to the public. A winter storm had caused severe damage to the trails, and boardwalk sections had become very slippery during the rainy months (January to December?).

These trails are specially designed for families. The Swamp Creek Trail has an interpretive sign story, "Zoe and the Swamp Monster," which was written and illustrated by area middle school students.

The renovations and relocation project costs about \$85,000, according to Interagency Coordinator Margaret Macleod, with \$75,000 coming from a grant from the federally funded National Recreation Trails Program. The City of Issaquah is providing the balance. The Mountains to Sound Greenway has provided over two thousand volunteer hours to complete the project.

WTA Trails *cont. from page 1*

a cliff in places. Footsteps and gravity inexorably send the trail down the slope. The trail had become narrow and rough.

The answer is rock retaining walls, and WTA built eight of them this spring. The crews lifted rocks and set them down. They rolled and, importantly, stopped them from rolling. They dug in and stacked selected rocks to build sturdy walls. It took lots of rocks. The Chirico Trail won't last forever, but at least it will last longer.

**END OF THE BYPASS?**

The long proposed Southeast Bypass is dead. The Issaquah City Council killed it last December with its "no build" option vote. That's the end of it, right? And may it take the proposed Park Pointe development—so dependent on it for I-90 access—with it!

But wait. Bypass proponents aren't giving up easily. From their perspective, the problem of downtown traffic congestion not only still exists, but is likely to continually worsen. If they can't have the Bypass, they want something. . . answers, at least.

Actually, the Council's "no build" vote remains somewhat in limbo as this goes to press, as officials gradually compose the "Record of Decision" required to make the decision official by the State Department of Transportation and the Federal Highway Administration. It may already have happened.

Meanwhile, dead or not, one hopes the Bypass proponents and opponents will work together for alternatives that provide some relief to the problem. Whatever is or isn't done, it will surely be a case of pleasing some of the people to some extent. It will not be possible to please all of the people with whatever is ultimately done. --Doug Simpson

HIKES FOR FAMILIES

The Issaquah Alps Trails Club will be sponsoring a series of family hikes in the next quarter. The dates are Sundays at 1 p.m. on July 20, August 17 and September 21. IATC leader and city councilman Dave Kappler is overseeing the project.

For all these hikes the participants will meet at the Issaquah Library at Front and Sunset streets. All the hikes are four miles or less with little or no elevation gain.

On July 20, the group will carpool to the High Point Trailhead to explore the Tradition Plateau trails with an emphasis on lakes, wetlands and biological diversity.

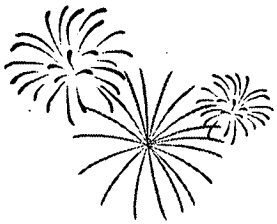
The August 17 hike will again carpool to High Point, and with up to 600 feet of elevation gain will explore some of Tiger Mountain's lower trails, emphasizing natural history and geology.

On September 21, an in town hike will visit the Issaquah Salmon Hatchery and other Issaquah Creek sites during the annual salmon migration to explore the natural spawning process. At three miles, this is the shortest and easiest of the three hikes.

NEW LAW FOR DNR LANDS

The State Dept. of Natural Resources is updating laws relating to public use, enhancing their authority to deal with vandalism and inappropriate uses. These laws will affect hikers, equestrians, trail maintainers, and adjacent property owners. A summary is available at:

<http://apps.leg.wa.gov/documents/laws/wsr/2008/10/08-10-059.htm>. Public hearings end June 25 and adoption is expected Sept. 2. Members with concerns (esp. re. WAC 332-52-405) may contact IATC President Steve Williams regarding Club policy and opportunities for continued public input.



JULY 2008

Tuesday, July 1 – 10am
Midweek Hike – May Valley Trail &
Newcastle Highlands: birds and flowers
if we find them

SLOW PACE

1A, 3 miles, 300' gain
Warren Jones
425-391-7409

Saturday, July 5 – 9am
Taylor Mountain

2B, 6 miles, 1000' gain
Joe Toynbee 425-228-6118

Sunday, July 6 – 9:30 am
Cougar Mt-loop hike from Sky Country TH to
AA Peak via mine shaft and Clay Pit
2B, 4.5 miles, 650' gain
SLOW PACE
Fred Zeitler 425-882-3435

Saturday, July 12
McClellan Butte, 4D, 9 miles, 3700' gain
Group size limited to 12
Forest Service Pass/Golden Age Pass required for driver
Call Richard Mann
425-391-0410

Sunday, July 13 - 10am
Tiger Mt. High School Trail from Trail House
2B, 4-6 miles, 600' gain
Joe Toynbee 425-228-6118

Thursday, July 17-9:30am
Old Newcastle to Newcastle via
Coal Creek RR Grade
2B, 4 miles, 500' gain
Steve Williams 425-453-8997

Saturday, July 19 - 10am-5pm
TRAIL FEST 2008
Rattlesnake Lake, North Bend
(www.TrailFest.org)

Saturday, July 19 - 10am
Tiger Mt. Caves & Lakes
2B, 4 miles, 650' gain
Bert Drui 425-746-0709

Sunday, July 20 - 9am
Little Si and 2 Mossy Vistas. Visit a
toadstool peak near the base of Mt. Si,
then on to 2 moss-covered rocky vistas on the
lower slopes of Si. Nice view, weather permitting
2B, 5 miles, 2000' gain
Ralph Owen 425-746-1070

Sunday, July 20 - 1:00 pm
FAMILY HIKE - Meet at the Issaquah Library
located at Front and Sunset
Carpool to High Point Trailhead and
explore a number of trails on the
Lake Tradition Plateau.
Emphasis on lakes, wetlands and
biological diversity
2A, 4 miles, minimal elevation gain
David Kappler 425 392-3571

Saturday, July 26 – 9:30am
Twin Falls-lunch along river after hike
2B, 5 miles, 700' gain
Mary Nolan 425-837-1535

Sunday, July 27 – 9 am
Squak Mt – hidden trails & trailheads:
up & down the west face of Squak
on rarely used trails
1B, 3 miles, 700' gain
Scott Semans 425-369-1725



AUGUST 2008

Saturday, August 2 - 9:30am
Lake Annette
3C, 7.4 miles, 1700' gain
Forest Service Pass/Golden Age Pass required for driver
Denis Harney 206-545-2829

Sunday, August 3 - 9:30 am
Snoqualmie Ridge: loop hike with nice views
of Snoqualmie Valley
2B, 5-6 miles, 800' gain
SLOW PACE
Fred Zeitler 425-882-3435

Saturday, August 9
Granite Mt.
4D, 8 miles, 3800' gain
Group size limited to 12
Forest Service Pass/Golden Age Pass required for driver
Call Richard Mann
425-391-0410

Sunday, August 10 – 10am
Cougar Mt. - loop hike from Sky Country
to Longview Peak; return past Doughty Falls
2B, 6 miles, 850' gain
Katharine Wismer
425-391-5995

Thursday, August 14-9:30am
Squak Mt: Rainier view the hard way
2C, 6 miles, 1400' gain
Steve Williams 425-453-8997

Saturday, August 16 – 10am
Cougar Mt. – Fantastic Erratic Loop,
2B, 2.5 miles, 700' gain
Bert Drui 425-746-0709

Sunday, August 17 – 1:00 pm
FAMILY HIKE-meet at the Issaquah Library
located at Front St. and Sunset
Carpool to the High Point Trailhead and explore
some of the trails on the lower elevations of
Tiger Mt. Emphasis on natural history and geology
2B, 4 miles, 600' gain
David Kappler 425-392-3571

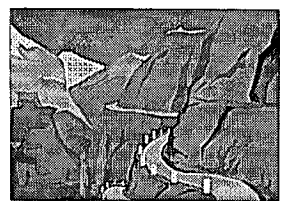
Thursday, August 21- 7pm
Hike Leaders' Meeting
Trails Center – 1st & Bush

Saturday, August 23-9:30am
Rattlesnake Mt-Stan's Overlook
2C, 5 miles, 1400' gain
Mary Nolan 425-837-1535

Sunday, August 24 – 9 am
Cougar Mt – location to be determined
2B, 6 miles, 800' gain
Jackie Hughes 425-641-3815

Saturday, August 30 – 8am
Donna's Pinnacles via Rattlesnake Ledges
beginning at Rattlesnake Lake, follow RMT
over East Peak on our way to the seldom-
visited Donna's Pinnacle.
Great views, weather permitting
3D, 10 miles, 3100' gain
Ralph Owen 425-746-1070

Sunday, August 31 – 9 am
Lodge Lake-hike Pacific Crest Trail past
Summit West Ski Area and lunch at a
quiet lake; possible 1-mile extension to views.
SLOW PACE 2B, 4 miles,
500' gain in, 350' out
Fred Zeitler 425-882-3435



SEPTEMBER 2008

Saturday, September 6-10am
Tiger Mt.-loop hike past Talus Rocks
2C, 6 miles, 1300' gain
Katharine Wismer
425-391-5995

Sunday, September 7-8 am
Rattlesnake Mt Traverse with car shuttle
4D, 10 miles, 3000' gain
Sally Davies 425-641-0676

Saturday, September 13-9am
Squak Mt: loop hike over Central Peak and
West Peak with Rainier view for lunch
3C, 7 miles, 2000' gain
Scott Prueter 425-292-9118

Sunday, September 14
Ollalie Lake (from Exit 47)
3C, 8 miles, 2300' gain
Forest Service Pass/Golden Age Pass required for driver
Group size limited to 12
Call Denis Harney
206-545-2829

Wednesday, September 17
9:30 am – So. Tiger Mt.
"Lollipop Loop"
2B, 4 miles, 1000' gain
Steve Williams 425-453-8997

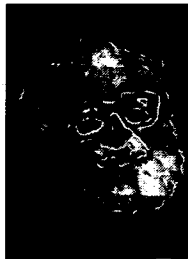
Saturday, September 20-10am
Cougar Mt: Nike Site to AA Peak,
cold war history
2B, 4 miles, 250' gain
Bert Drui 425-746-0709

Saturday, September 20
Kendall Kat Walk
4D, 11 miles, 2700' gain
Forest Service Pass/Golden Age Pass required for driver
Group size limited to 12
Call Richard Mann
425-391-0410

Sunday, September 21-1pm
FAMILY HIKE: meet at the Issaquah
Library located at Front and Sunset
The salmon will have started returning
to Issaquah Creek. We will visit the
hatchery & sites along the creek where
natural spawning is occurring
2A, 3 miles, minimal elevation gain
David Kappler 425-392-3571

Saturday, September 27 – 9:30 am
Little Si-an old favorite
2C, 5 miles, 1300' gain
Mary Nolan 425-837-1535

IATC RECOMMENDS \$1.00 minimum or
\$0.20/MILE GAS CONTRIBUTION TO DRIVER
IATC ENCOURAGES CARPOOLING



DONATIONS NEEDED FOR MANNING STATUE

"Collecting over \$60,000 to build a statue is not an easy task," says Doug Simpson, IATC vice-president and chairman of the committee to raise funds for the Harvey Manning statue.

"Money doesn't grow on trees, I know," Simpson states, "but it is frustrating when we're getting so close to our goal, but can't get the \$62,000 or so needed for the project."

As of May 20, the club had received over \$45,000 with pledges for another \$9,000 bringing the total monies to about \$54,000. To date, 68 individual donors have given from \$25 to \$5,000.

Organizations have given \$39,500, including the pledges. "But some local businesses we were expecting support from have not seen fit to help us," according to Simpson.

The statue will be placed at 1st and Andrews streets in downtown Issaquah, near City Hall and the club's trail center and facing Tiger and Squak mountains. It will not be unveiled until May of 2009, to coincide with the 30th anniversary of the club Manning founded in 1979.

"We still have time to accumulate the funds," Simpson points out, "but we seem to have lost our momentum a bit. So if some of you haven't given yet but would like to help, please make a donation to the Issaquah Alps Trails Club, PO Box 351, Issaquah, 98027." Gifts are tax-deductible.

Donors of \$1,000 or more will have their names placed on an attached plaque. Thus far, the plaque will have thirteen names.

MELCHER ON DUTY

With a long association in Issaquah, Matt Mechler has been hired recently to be the City of Issaquah's Open Space Steward. Mechler, who has been a city employee for 21 years, was hired from a competitive field of candidates in April.

Mechler, among other duties, will manage the city's growing portfolio of public lands. As was reported in the Issaquah Press, "He will look after trails, open space, native growth protection easements...and... will develop management plans, coordinate volunteer work, write grant applications and perform a variety of custodial tasks."

Mechler will take some of the grant-writing burden off Interagency Coordinator Margaret Macleod. In fact, he has already put together a \$5,000 grant with Mountains to Sound Greenway Trust and Recreational Equipment, Inc., to restore a wetland just east of the King County Library system building on Newport Way.

Mechler, who spoke to leaders of the Issaquah Alps Trails Club at its April board meeting, is also at work on the Swamp and Big Tree trail projects of the Lake Tradition Plateau and will supervise, working with IATC's Scott Semans, the club's connector trail from Cougar's Bear Ridge Trail to the Talus development.

He also plans to revive "Stewardship Saturdays" volunteer conservation events to benefit the area.



"Sometimes I rode my father's shoulders right out into the middle of the river, and while he cast for steelhead I enjoyed the view of Whitehorse, the highest mountain in the world. All week long I examined the mountain carefully, not sure whether I was looking for a horse-like pattern of snowfields or a literal white horse prancing along the crest. Whichever it was, I never saw the horse. But I'm still looking." --H. Manning

WTA Trails *cont. from page 1*

a cliff in places. Footsteps and gravity inexorably send the trail down the slope. The trail had become narrow and rough.

The answer is rock retaining walls, and WTA built eight of them this spring. The crews lifted rocks and set them down. They rolled and, importantly, stopped them from rolling. They dug in and stacked selected rocks to build sturdy walls. It took lots of rocks. The Chirico Trail won't last forever, but at least it will last longer.



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“Collecting over \$60,000 to build a statue is not an easy task,” says Doug Simpson, IATC vice-president and chairman of the committee to raise funds for the Harvey Manning statue.

“Money doesn’t grow on trees, I know,” Simpson states, “but it is frustrating when we’re getting so close to our goal, but can’t get the \$62,000 or so needed for the project.”

As of May 20, the club had received over \$45,000 with pledges for another \$9,000 bringing the total monies to about \$54,000. To date, 68 individual donors have given from \$25 to \$5,000.

Organizations have given \$39,500, including the pledges. “But some local businesses we were expecting support from have not seen fit to help us,” according to Simpson.

The statue will be placed at 1st and Andrews streets in downtown Issaquah, near City Hall and the club’s trail center and facing Tiger and Squak mountains. It will not be unveiled until May of 2009, to coincide with the 30th anniversary of the club Manning founded in 1979.

“We still have time to accumulate the funds,” Simpson points out, “but we seem to have lost our momentum a bit. So if some of you haven’t given yet but would like to help, please make a donation to the Issaquah Alps Trails Club, PO Box 351, Issaquah, 98027.” Gifts are tax-deductible.

Donors of \$1,000 or more will have their names placed on an attached plaque. Thus far, the plaque will have thirteen names.

MELCHER ON DUTY

With a long association in Issaquah, Matt Mechler has been hired recently to be the City of Issaquah’s Open Space Steward. Mechler, who has been a city employee for 21 years, was hired from a competitive field of candidates in April.

Mechler, among other duties, will manage the city’s growing portfolio of public lands. As was reported in the Issaquah Press, “He will look after trails, open space, native growth protection easements...and... will develop management plans, coordinate volunteer work, write grant applications and perform a variety of custodial tasks.”

Mechler will take some of the grant-writing burden off Interagency Coordinator Margaret Macleod. In fact, he has already put together a \$5,000 grant with Mountains to Sound Greenway Trust and Recreational Equipment, Inc., to restore a wetland just east of the King County Library system building on Newport Way.

Mechler, who spoke to leaders of the Issaquah Alps Trails Club at its April board meeting, is also at work on the Swamp and Big Tree trail projects of the Lake Tradition Plateau and will supervise, working with IATC’s Scott Semans, the club’s connector trail from Cougar’s Bear Ridge Trail to the Talus development.

He also plans to revive “Stewardship Saturdays” volunteer conservation events to benefit the area.



“Sometimes I rode my father’s shoulders right out into the middle of the river, and while he cast for steelhead I enjoyed the view of Whitehorse, the highest mountain in the world. All week long I examined the mountain carefully, not sure whether I was looking for a horse-like pattern of snowfields or a literal white horse prancing along the crest. Whichever it was, I never saw the horse. But I’m still looking.” --H. Manning

Hiking Information

Hike Leaders

Hike leaders are volunteers who donate their time to lead people who want to hike and explore the trails in the Issaquah Alps and other nearby foothills (Cascades) in King County. Hikes are scheduled and led year-round unless severe conditions pose a safety hazard.. Minimum attendance is three, including the leader.

Trails in the Issaquah Alps may be good or bad, easy or hard, muddy or dusty, brushy or clear, steep or flat—or all the above. Some are not much more than animal trails. As volunteers, neither hike leaders, the Issaquah Alps Trails Club (IATC), or Club directors are in any way responsible or liable for a hiker's comfort, transportation, property, safety, or general well-being while traveling to and from the trailhead or hiking or working on any trail.

The Club's sole purpose is to show hikers where the trails are and to lead the way. The public, other clubs, youth groups, church groups, and others are welcome and wholeheartedly invited to join hike leaders and others who want to hike these trails. Children under 18 should be accompanied by an adult. Please, no dogs on hikes.

Hike Classifications

Each hike has a number and letter designation after it (e.g., 2C). Numbers indicate hiking time and letters indicate degree of difficulty.

Hiking Time

Class 1: 2 hours Class 3: 6 hours
Class 2: 4 hours Class 4: 8 hours

These are approximate hiking times. They do not include travel time to and from the trailhead (20 to 40 minutes depending on the location of the hike) or meal times (lunch will add another 20 to 40 minutes depending on the mood of the group).

Times are based on an assumption of a two-mile-per-hour pace with one-half hour added for each 1000 feet of elevation gain. Trail conditions, weather, and unexpected hazards could extend the hiking time.

Degree of Difficulty

A: Little or no elevation gain, up to 500 feet, no difficulties for average walker.

B: Some climbing, up to 1200 feet, or some other difficulty.

C: More climbing, up to 2500 feet, or some other difficulty.

D: Much climbing, over 2500 feet of elevation gain.

Hike Description Modifiers

Leader's choice: The leader had not decided where to hike before publication of the hikes schedule.

Trail party: Trail maintenance work party.

Exploratory: The leader goes cross country off the main trail system to explore animal trails, canyons, old logging roads, or old railroad grades.

Expect to go through brush, over logs, tiptoe through wildflowers, and/or mud while having a good time hiking where others seldom tread.

Hike Information *continued from page 9*

Family hike: For parents and children. Easy pace. Call leader for hike particulars.

NOTE: Group hikes do not lend themselves to dogs. Please leave your dogs at home when going on a Trails Club hike.

Meeting Place

Trails Club hikes meet in the parking lot at the corner of First and Bush streets next to the IATC clubhouse (the little yellow stationmaster's house). To get there, take exit 17 (Issaquah Front Street) from Interstate 90 and turn south into downtown Issaquah. Go about one mile through town on Front Street, then go two blocks past the light at Sunset Way, and then turn left on Bush Street. Go two blocks to Rainier and turn into the lot on the left.

Clothing

Dress for the Pacific Northwest outdoors. Expect rain, snow, sunshine, fog, and everything in between. Bring extra clothing, raingear, food, drink, matches, flashlight, and first-aid supplies. Wear comfortable hiking boots or hiking shoes.

Trail Maintenance

Volunteers periodically organize and schedule trail maintenance parties as listed in the hikes schedule. Work parties meet at the same place as hikes (see above). The Club is well supplied with heavy trail maintenance tools, but workers may also bring their own loppers, weed whackers, and other tools.

Trail work parties last at least four hours. Trail maintenance is vital to the Club's work and is

✓ Checklist:

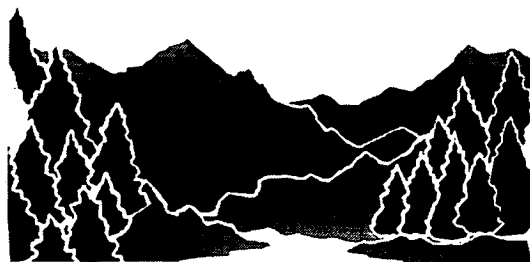
- Food
- Water
- Daypack
- Raingear
- Warm clothes
- Hiking Shoes

Each item is required in order to participate in an Issaquah Alps Trails Club hike!

Don't leave the trailhead without them!

an integral part of the Department of Natural Resources (DNR) management plan for Tiger Mountain.

Work parties must limit their activity to trails listed by the DNR as scheduled for maintenance. Construction of new trails is not allowed. Work parties are a great way to meet people! Individuals and groups are encouraged to adopt a trail—or section of trail—and take the responsibility of maintaining it.



Issaquah Alps Trails Club Publications Order Form

Return this completed form along with your check to:

Issaquah Alps Trails Club Publications, P.O. Box 466, Issaquah, WA 98027

Name: _____ Address: _____

ITEM	PRICE*	QTY.	TOTAL
Book: The Flowering of the Issaquah Alps--Revised!	\$ 9.00		
Book: The Authoritative Guide to the Trails of Cougar Mountain Wildland Park and Surrounds	15.00**		
Book: Guide to Trails of Tiger Mountain	15.00***		
Book: The Coals of Newcastle: A Hundred Years of Hidden History	15.00		
Book: Eastside Family Hikes	3.00		
Book: Squak Mountain: An Island in the Sky	15.00		
Book: 55 Hikes Around Snoqualmie Pass	10.00		
Map: Issaquah Alps Tiger Mountain, 1998 revision	2.00		
Map: Issaquah Alps Cougar Mountain, 2001 revision	2.00		
Map: Issaquah Alps Squak Mountain (2005)	6.00		
Green Trails Map: Tiger & Taylor Mountains, Map 204S	8.00		
Green Trails Map: Cougar & Squak Mountains, Map 203S	8.00		
Green Trails Map: Rattlesnake Mountain & Upper Snoqualmie Valley Map 205S	8.00		
Green Trails Map: Mount Si NRCA & Snoqualmie Corridor, Map 206S	8.00		

*All prices include shipping and handling.

**One (1) IATC Cougar Mountain Map included.

***One (1) IATC Tiger Mountain Map included.

Total: _____

Issaquah Alps Trails Club Foundation and Membership Request Form



Name: _____

Address: _____

Telephone: _____ E-mail: _____

All donations are tax deductible. Your donations fund The Alpiner publication costs and the club's minimal operating costs first, with 100% of remaining funds being directed where they can best address the trail design, construction, maintenance and advocacy needs throughout the Issaquah Alps. **Note:** Membership does not require a donation; however, donations help us preserve and enhance your Issaquah Alps.

Annual donation levels:

p The basic hiker.....\$15 p The project supporter.....\$25
p The IATC sponsor.....\$50 p The visionary.....\$100 and above

IMPORTANT: This form and your donation and/or membership request form should be mailed to:
IATC Foundation, P.O. Box 351, Issaquah, WA 98027

Issaquah Alps Trail Club
P.O. Box 351
Issaquah, WA 98027

Address Service Requested

Non Profit
U.S. Postage
PAID
Issaquah, WA
Permit #70

Renew Date 9/1/07



Charles & Malena McCrone
PO Box 593
Issaquah WA 98027-0022

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Issaquah Alps Trails Club

Issaquah Alps Trails Club Publications

See page 11 for the publications order form.

Note: All of the following prices
include shipping & handling.

o *Flowering of the Issaquah Alps*—Revised! By Fred and Ann Weinmann and Harvey Manning. 1996 updated edition. This new edition lists trees, shrubs, ferns, and flowers found in the Issaquah Alps. Flowers are listed by color, season when flowering, and where many of the plants can be found. \$9.

o *Guide to the Trails of Cougar Mountain Regional Wildland Park and Surrounds*—By Charles McCrone. 2000 edition. Completely updated version gives historical background and descriptions for every park trail, plus 30 other trails in the surrounding area including Bellevue, Newcastle, Renton, and the Precipice. \$15 (includes map listed in next column).

o *Guide to Trails of Tiger Mountain*—By Bill Longwell. 2003 revised edition. Updated trail information, two new trails and numerous photographs. \$15 (includes map listed in next column).

o *The Coals of Newcastle: A Hundred Years of Hidden History* By Richard K. McDonald and Lucille McDonald. A complete history of the once-thriving coal mining area of Cougar Mountain now hidden from all but hikers. 100+ photographs, 4 maps, and Tim O'Brian's account of the incredible Seattle and Walla Walla Railroad. \$15.

o *Eastside Family Hikes*—By Peggy Barchi. 2001 revised and updated edition. Descriptions of family hikes (annotated for stroller use and picnicking) on the Eastside. \$3.

o *Squak Mountain: An Island in the Sky* By Doug Simpson with trail descriptions by David Langrock. Provides a history of Squak Mountain and its gestation as a park. Includes 4 loop hikes covering most of the mountain trails. Includes many earlier writings by Bill Longwell and vignettes by others. \$15.

o *Green Trails Tiger & Taylor Mountain*. Map 204S. \$8.

o *Green Trails Cougar & Squak Mountains*. Map 203S. \$8.

o *Green Trails Rattlesnake Mountain & Upper Snoqualmie Valley*. Map 205S. \$8.

o *Green Trails Mount Si NRCA & Snoqualmie Corridor*. Map 206S. \$8.

o *Green Trails Quality Squak Mountain Map*. By IATC member Harry Morgan. \$6.

o *IATC Tiger Mountain Map*. 1998 revised. \$2.

o *IATC Cougar Mountain map*. 2001 revised. \$2.

o *55 Hikes Around Snoqualmie Pass* By Harvey Manning. \$10.