

# THE ALPINE



April ♦ May ♦ June 2008

Cougar ♦ Squak ♦ Tiger ♦ Grand Ridge ♦ Taylor ♦ Rattlesnake

## WILLIAMS TAKES OVER

Steve Williams was elected to a two-year term as president of the Issaquah Alps Trails Club at the club's annual meeting January 24. Williams previously spent over 25 years as the manager of the Cougar Mountain Regional Wildland Park. Since retiring, he has been active on the IATC board and leading hikes for the club.

Other officers of the club for 2008 are Ken Konigsmark and Doug Simpson, vice-presidents; Jackie Hughes, treasurer; and Sally Pedowitz, secretary. Elected to positions on the board of directors were Joe Toynbee, Larry Hanson and Sally Davies. Hanson is filling the term of recently deceased Bill Longwell.

Re-elected to the board were Richard Mann and Karen Tom. Holdover board members are Rich Johnson, Harry Morgan and Scott Semans.

Among business items were problems with coordinating trail maintenance reports, which had long been logged with Chief Ranger Longwell, and approval of funding and the contract with

Lateral Line of Chimacum to initiate work on the Harvey Manning statue. Bob Gross, veteran hike leader and trail worker, has agreed to compile trail maintenance reports.

The board next meets on April 24 at the Trail Center.



## LONGWELL TRIBUTE A BIG SUCCESS

Family and friends of Bill Longwell gathered at Tiger Mountain February 18 to remember and pay tribute to the club icon who passed away last November 28. An estimated 150 people attended the event sponsored by the Issaquah Alps Trails Club.

Doug Simpson was master of ceremonies, and speeches were given by long-time friends Joe Toynbee, Larry Hanson and Dave Kappler. Honorary hikes

on Tiger were led by Toynbee, Ken Hopping and Ron Howatson, with an estimated 50 hikers participating.

Honored guests were Longwell's wife Mimi, his daughters Gretchen Longwell and Ann Lockwood, Gretchen's husband David Worth, Ann's husband Robert and their children Robert William and Elizabeth Lockwood, and Betty Manning, as well as other relatives and friends, some of whom came from afar for the occasion. Also on hand were former students from Longwell's tenure as a Hazen High School English teacher.

Longwell, who was 71, was remembered for his character and kindness, his trailblazing accomplishments on Squak and Tiger mountains, his dedicated trail maintenance work, his personal hiking accomplishments (including over 50,000 personal miles on trails), his authorship, and his genuine friendship.

Debbie Anschell and Marty Hanson coordinated the reception and refreshments. IATC club members ordered up a sunny day for the occasion. ☘

# The Apparatus

## CLUB FOUNDER

Harvey Manning

## PRESIDENT

Steve Williams • 453-8997 • wilbs@worldnet.att.net

## VICE PRESIDENTS

Ken Konigsmark • 228-4839 • kenkonigsmark@yahoo.com

Doug Simpson • 392-6660 • d.simpson@msn.com

## TREASURER

Jackie Hughes • 641-3815 • jhughes62003@yahoo.com

## SECRETARY

Sally Pedowitz • 206-323-2714 • sjoped1@msn.com

## BOARD OF DIRECTORS

Sally Davies • 641-0676 • sallyd50@hotmail.com

Larry Hanson • 392-2458 • larmarhan@msn.com

Jackie Hughes • 641-3815 • jhughes62003@yahoo.com

Rich Johnson • 392-0288 • richj@yahoo.com

Richard Mann • 391-0410 • hiker67@yahoo.com

Harry Morgan • 432-3249 • hcmorgan@att.net

Scott Semans • 369-1725 • ssemans@aol.com

Karen Tom • 391-7585 • karentom98027@yahoo.com

Joe Toynbee • 228-6118 • toynbee@blarg.net

## HIKES COORDINATION

Melinda Livingstone • 392-7455 • melindal@blarg.net

Jackie Hughes • 641-3815 • jhughes62003@yahoo.com

Joe Toynbee • 228-6118 • toynbee@blarg.net

## BOOK SALES/DISTRIBUTION

Scott Semans • 369-1725 • ssemans@aol.com

## WEBMASTER

Sue Johnson • 253-797-8836 • sighbercruiser@yahoo.com

## THE ALPINE

Doug Simpson • 392-6660 • d.simpson@msn.com

## ADVOCATES

Cougar Mountain: Steve Williams • 453-8997 • wilbs@worldnet.att.net

Issaquah: Connie Marsh • 392-4908 • auntgrumpy@comcast.net

Tiger Mountain: Larry Hanson • 392-2458 • larmarhan@msn.com

Raging River/Preston: Maryanne Tagney Jones • 222-7615 • branches@mindspring.com

Rattlesnake Mountain/Taylor Mountain: Ralph Owen • 746-1070

Squak Mountain: Doug Simpson • 392-6660 • d.simpson@msn.com  
and Cathy Brandt • 430-9877

## VOLUNTEER TRAIL MAINTENANCE COORDINATOR

Scott Semans • 369-1725 • ssemans@aol.com

## MOUNTAINS TO SOUND GREENWAY

Ken Konigsmark • 222-4839 • kenkonigsmark@yahoo.com

Whenever possible, please use e-mail to contact any member listed below.

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Issaquah Alps Trails Club  
PO Box 351, Issaquah, WA 98027  
Website: [www.issaquahalps.org](http://www.issaquahalps.org)

IATC subsists on member donations only. Please send your tax-deductible contributions to the address above to help sustain our efforts to preserve, protect, and promote the Issaquah Alps and local environment.

Articles are welcome, preferably via e-mail to: [d.simpson@msn.com](mailto:d.simpson@msn.com)  
Send diskette or hard copy to post office box number above.

Issue deadlines: November 21 for January; February 21 for April; May 21 for July; August 21 for October.

(Note: All telephone numbers are area code 425 unless otherwise noted.)

## PRESIDENT'S REPORT

By Steve Williams

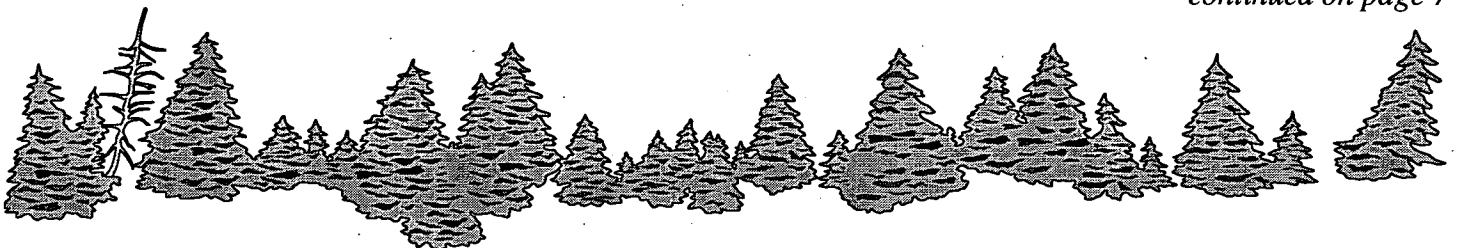
It is a significant honor, and also a great challenge, to be asked to serve as president of the Issaquah Alps Trails Club. Following in the footsteps of Harvey Manning and Bill Longwell seems an impossibly daunting task. (Harvey, our "Visionary," passed away in November of 2006; and we lost Bill, our Chief Ranger, just a year later in November of 2007). They were, they are forever, "giants" of Northwest hiking. This club was their creation, and because of their leadership we now have the trails and public lands of Squak and Tiger mountains, Rattlesnake and Taylor mountains, Cougar Mountain Regional Wildland Park, and much of the Mountains to Sound Greenway.

We inherit quite a legacy, and with it now a responsibility to do our part to carry it on. I can say yes to my new role because of the great support group quietly doing the daily work of the club behind me. Doug Simpson, who has done such an admirable job as president these last four years, will be staying on to produce the Alpiner and to chair the Manning statue project. Jackie Hughes continues to do yeoman work as treasurer, and as a hikes coordinator along with Melinda Livingstone and Joy Toynbee. Scott Semans will continue to coordinate book sales and trailwork, while Sally Pedowitz serves as secretary and Sue Johnson as webmaster. We also welcome onto the board Toynbee, Larry Hanson and Sally Davies, who worked alongside Bill for many, many years on the trails of Tiger Mountain. It's important to remember that Bill and Harvey didn't do it alone; as Doug has rightly pointed out, the club has a lot of "unsung heroes" doing the daily nitty-gritty work. We honor them best by using the trails, and by helping out where we can.

First and foremost, I think Bill and Harvey would say, "Get out there and enjoy it!" As I write this, soft green leaves are unfolding, and pure white orchid-like flowers of Indian plum are beginning to dot the woods. (Bill and Joe Toynbee always had an annual contest to see who would see the first Indian plum in flower.) Those blooms mean the return of spring and rebirth of life in our winter woods. Get away from your TV screen and packed houses and crowded roads. Take your children and friends with you. (Studies indicate that our children now spend an average of 50 hours a week sitting in front of a TV or computer or text phone or video-game monitor. No wonder we have childhood obesity and "nature deficit disorder"! ) Get out into the "Alps" and suck in some fresh air; move your body, rediscover your muscles, enjoy some sun on your back, light breezes on your cheek, and perhaps even a raindrop or two. Bill and Harvey loved the woods, and they relished the small "daily gifts" that nature has to offer. Listen to a winter wren's spring song and your spirit will be uplifted too.

Next, I think we need to cherish what Bill and Harvey (and thirty years of other club members) worked so hard to save for us. By that I mean help take care of it, and share your respect and enjoyment of it with others. Take a nature guide and learn a new bird or plant while you are out there. They will become friends that you can show your grandkids the next time you are out in the woods. Take some plastic baggies and bring home any litter that you find. Take a garden shovel and dig a drainage ditch or two. Grab a folding saw and clear off those branches that have fallen across the trail. Maybe even don some gloves and declare war on blackberry vines or nettle patches for a small part of your day. You will have a sense

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## BILL'S MOUNTAIN

By Marty Hanson

Larry and I and two young sons moved to the slopes of West Tiger Mountain in January 1972 and were soon exploring our new backyard. The main access to Tiger Mountain for us was the Tiger Mountain Road from Highway 18, the first hike listed in the original *100 Hikes in Western Washington*, published in 1966, and our neighborhood trail, later named the Hidden Forest Trail by Harvey Manning. There was a little more information in *Footloose Around Puget Sound*, published in 1969. Harvey Manning's book *Footsore I* in 1977 described more trails. At this time, things were happening on Tiger. West Side Road was built followed by clear-cuts and more roads, IATC was founded, and a real Tiger Mountain map was published followed by the first *Guide to Trails of Tiger Mountain* in 1980. I was in heaven, so many places to explore by me and my dog.

We became active in the club and soon Harvey Manning convinced (actually coerced) me into being the production manager – editor of the club's publications. I was a novice, but learned by doing. Previously Susan Olson had done a terrific job. And so I worked with Bill Longwell on his book, and did so for 20 years. He had specific requirements and modeled the guide after a Mountaineers book, *Routes and Rocks, Hiker's Guide to the North Cascades*. That is why there are mileage markers in all the margins of the Tiger Guide.

Bill's knowledge of the history of logging, mining, and all other things pertaining to Tiger Mountain was amazing. Read the introduction to his book to really appreciate it. He scouted the old railroad grades, cleared them, and wrote about these new trails in his book. Many more trails were built by him and his friends. His knowledge of the flora and fauna has been described elsewhere, but many references are in the Tiger Guide. In some of the earlier editions, there are black and white silhouettes of many of the local plants. Bill collected, pressed, named the plants, and then gave them to me for inclusion in the book. He used four USGS quadrangles (no longer available)

to make the map, which is amazingly detailed. You should also know that Mimi Longwell did all the beautiful lettering on the map. She also drew the Animal Tracks on page 8 of the last edition. It was a privilege to work so closely with Bill on his book. I learned so much from him and do indeed sorely miss him.

Before Bill discovered Tiger Mountain, there were only rough roads and perhaps a few neighborhood trails, the rest being wild land. What a gift he has given us and the generations to come. Tiger Mountain is truly Bill's Mountain.

## BILL LONGWELL: OUR MOUNTAIN MAN

By Ken Konigsmark

Bill Longwell didn't look like a "mountain man"; he looked like an English teacher (which he was). But more than anyone I've met, Bill was the epitome of a true mountain man, someone who deeply loved the wildlands, was truly at home there, and always exhilarated in the majesty of mountains, forests, meadows and trails.

I don't know anyone who, like Bill, devoted so much dedication and physical effort to so many trails that today benefit so many fellow hikers. Bill's logbook documenting his and his teams' many years of work parties provides ample evidence of this work, but the true magnitude of Bill's devoted efforts is shown in the eternal legacy he left on the ground in the form of the TMT, Squak Mountain trails, Rattlesnake Ledge Trail, and many miles of other trails that Bill created and maintained. I and thousands more cherish the pleasurable times we now spend on these trails thanks to Bill's pathfinding, trail-building efforts.

Anytime I needed a recommendation for a new backpacking trip route, I would consult Bill. I swear the man knew virtually every trail in the state and could provide details as if he'd hiked them

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## **Our Mountain Man** *cont. from page 4*

just yesterday. I have enjoyed so many hiking destinations that I probably never would have visited without having first gotten Bill's advice. Bill was an overflowing fount of knowledge on trails, on birds, on plants, and just anything else I'd talk with him about.

Bill Longwell was a genuine hero of mine, someone I hope to be like as I get older: a gentleman, a wise man, a teacher, and one tough hiker who could go the distance with anyone on any trail.

Happy hiking, Bill!

## **A VERY SPECIAL PERSON**

By Joe Toynbee

In the course of a rather long life, I have met some special people, but none more so than Bill Longwell. He had a passion for the natural world so deep and so sincere as to be awesome. To Bill, hiking, trail work, botanizing, birding and other outdoor pursuits were an excuse to be out in the nature he loved. I always came back from a trip with Bill with a greater appreciation of the beautiful part of the world we live in.

The passing of Bill has left a major gap in the lives of those of us who loved him. I am sure the trails in heaven are getting better attention now!

## **LONGWELL STOOD TALL**

By Doug Simpson

Though he didn't have a big ego and certainly didn't carry himself with anything one might call a swagger, Bill Longwell—in my eyes at least—stood tall and strode majestically. I knew Bill for less than ten years, and I always held him in awe and was always pleased when he would speak to me or offer to help in some way.

I wrote the book on Squak Mountain, but Bill reopened Squak to hikers and knew the mountain better than I ever will. I was proud of myself whenever I hiked the 16-mile Tiger Mountain Trail, but Bill built the trail.

I am proud of my six years of service on the IATC board, but Bill was on the board for 26 years. I was pleased with myself that I once hiked 750 miles in a year, but Bill hiked 50,000 in his life.

You get the idea. Bill was a giant Sitka spruce among scrub alder like most of the rest of us.

Yet Bill was the nicest man. He was always polite, always the gentleman, always helpful to others. He was a complex person with many interests and preoccupations. Getting to know him was like peeling back the layers of an onion: there was always another interesting layer underneath.

Despite his physical problems in recent years, to me Bill was indestructible. He was as much a part of the forests and mountains he loved as the tallest trees. Truly unique, he remains the Chief Ranger in our minds and hearts. The IATC was truly blessed to have Bill Longwell as one of ours.

## **BILL'S PROFOUND IMPACT**

By Arlene Williams

The thing that speaks volumes about the incredible influence Bill Longwell had on our world is the simple but highly profound impact he passed on to everyone he met, whether a lifetime family member, long-time acquaintance, or just someone he stopped to chat with along a trail.

My "Bill story" began differently than most. In 2003, I had the dubious pleasure of dislocating my shoulder and tearing a rotator cuff, requiring surgery. Dubious, perhaps, but this would turn out to be a pleasure, as it would lead to my acquaintance with none other than the "guru of Tiger Mountain" (as dubbed by Harvey Manning). Bill Longwell had also sustained a shoulder injury, and we ended up on the same physical therapy schedule. I guess I got the better of that deal because while I got to pick the brains of "the guru" every time I went to therapy, all he got back was my personal hiking stories, which were far less informative than his.

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## HARVEY'S 11<sup>TH</sup> ESSENTIAL

By Fred Weinmann, Washington Native Plant Society

I can't resist another Harvey Manning story. Many years ago there developed a controversy within the Mountaineers. The issue had to do with the ten essentials, a subject the Mountaineers take pretty seriously (for those who have not been indoctrinated into Mountaineer's rules and traditions, the classic ten essentials for a hiking trip are: map, compass, sunglasses and sunscreen, extra clothing, flashlight, first aid kit, fire starter, matches, knife, and extra food. These have been updated in recent years). The question was: What is the 11<sup>th</sup> essential? In light of today's norms where water pollution and Giardia are on everybody's mind, the obvious answer is a water bottle and filter. But in the old days it was not so obvious. Suggestions ranged from toilet paper to space blankets and beyond. Debate raged.

At that time Harvey Manning was one of the active members and leaders of the Mountaineers. He finally ended the debate by pronouncing that a Teddy Bear is the 11<sup>th</sup> essential. I cannot really vouch for the accuracy of this story since I barely remember the days when I was a member of the Mountaineers, but it is as close as I can come to the facts of the case. As for the rest of the story to follow, I was an active participant and will take full credit for errors and omissions.

In order to seal the deal regarding the 11<sup>th</sup> essential, Harvey, as usual, put his hiking boots on the trail. Each year on January 1 he led a Teddy Bear Hike. It was always a short hike in wildlands close to town, the areas Harvey called "The Wilderness Within." Participants brought Teddy Bears. About 15 years ago Harvey began to slow down a bit and to give up some of his commitments. He asked if I would lead the Teddy Bear Hike. That year (some time in the early 90s) we hiked the Mercer Slough Preserve area. In each of the following years I led a New Year's Day Teddy Bear hike under the auspices of the Issaquah Alps Trails Club and/or the Washington Native Plant Society. For those of you who were not aware of it, Harvey was a dedicated member of the Washington Native Plant Society for many, many years.

A little over four years ago Ann and I moved to Port Townsend. We brought the Teddy Bear tradition to the Quimper Peninsula. The first year we had just eight people for a hike at Fort Worden State Park, the next year we had 21 people who started out in a driving rain at Cappy's Trails, a local wildland area within Port Townsend, the following year we had 15 people at Old Fort Townsend State Park and January 1, 2008 we had 35 hikers at Cappy's Trails. All of our hikes have been to celebrate the Wilderness Within. As a way to remember Harvey, I believe it would be fitting not only continue the tradition, but to expand on it. Why not have multiple Harvey Manning Memorial Teddy Bear Hikes at various locations on New Year's day? I believe this would honor not only Harvey's love of hiking and commitment to preservation of the Wilderness Within, but also his wonderful awareness of what is really important (i.e. putting your boots on the trails).

## BYPASS GOES DOWN

The controversial and costly Southeast Bypass proposal, after more than a decade of studies and wrangling, has been killed by the Issaquah City Council. By a 5-2 vote March 3, the council turned down the proposal, opting for a "no build" alternative.

The Issaquah Alps Trails Club was consistently opposed to the measure for its deleterious effects on Tiger Mountain's terrain, hydrology, wildlife and trails impact.

The proposed one-mile highway was favored by many for the rerouting of significant traffic from downtown Issaquah streets, which would in turn have moved the congestion a mile south to the Issaquah-Hobart Road.

The proposed Park Place development, which would further intensify the area's congestion, may be affected by the decision, which removes easy bypass access from the development, leaving only quiet, little used city streets as the alternative.

The City of Issaquah, it is assumed, must now go back to the drawing board to consider other alternatives for easing downtown congestion.

**President's Report** *cont. from page 3*

is hard to describe. It's even more rewarding to adopt a section of trail and watch your accomplishments accumulate over time. You will find pride in caring for *your* woods and joy in sharing with others.

Finally, I think our founders would say, "Continue the good fight." There are lots of trails, and habitat areas, and wildlife corridors that don't yet have protection. There are lots of linkages between protected areas that still need to be made. And as our population continues to increase, the pressures to urbanize will make things even more difficult. We all need to be thinking and fighting for green connections between Cougar and Squak and Tiger mountains. The "speedways" between them now make crossings difficult for both animals and people, but when those roads go to four and six lane "freeways" the mountains will be walled off from each other. We need to create "green land bridges" above, or "large green underpasses" below those vehicle battlefields. The lid parks on Mercer Island and the raised freeway above Denny Creek show that this can be successfully done. The dead animals on our roads show that it needs to happen now.

For my part, I would add a new charge, and that is that we must begin to think and act as global citizens. Whether we like it or not, the very retreats and sacred places that we love are now being polluted by coal fall-out from China. Part of protecting our "Alps" now involves finding clean energy both here *and* abroad! The fuel that we that we consume in our own cars and homes pollutes our skies and contributes to the global warming that will certainly change the forest and hills that we love. Even the water cycles that are so critical to our green Northwest are being disrupted and diminished. It is my belief that we go to the hills to reconnect with nature and to recharge our physical and spiritual batteries, and much of that has to do with getting away from man and man-made things. However, part of being good stewards of Harvey and Bill's legacy must be seeking new ways to live lightly in our cities, and in learning new ways to share responsibly the limited resources of our Planet Earth.

So get out and enjoy the trails. Breathe in the new life of spring. And by way of saying thanks, let's

all look for a place where we can help. Do a little trailwork. Send an e-mail or postcard to your elected officials. Help out as an assistant hike leader. Get a kid outside and onto a trail. These are my thoughts. Let me know what yours are. I look forward to seeing you out hiking.

(Ed. Note: Steve Williams has been a member of IATC since 1980. He has been a board member for the past two years, and was the Park Manager at Cougar Mountain for twenty years prior to that. As a volunteer he also led youth hikes for the Burbank Nature Project on Mercer Island and history hikes for the Eastside Heritage Center in Bellevue.)

**HIKERS' CORNER**

By Joe Toynbee

The US Forest Service used to have a slogan: flick a stick, knock a rock, dig a drain. The objective was to have each member of a hike group do a little bit of trail housekeeping, with a large cumulative effect. If each hiker in a group of ten throws off half a dozen bits of litter, that is 60 bits. Hikers are also encouraged to bring along either a folding saw or a pair of hand clippers.

It would be great if IATC hike groups could do a bit of trail work. Very little would be added to the time of the trip. Some trails, of course, don't need any work.



On a final note, there will be a Hike Leader Training Session on Saturday, April 26 at 9 a.m. The session is intended both for current leaders who wish to improve their skills, and for those thinking of becoming hike leaders. The instruction will be practical and hands-on. The session will end about 1 p.m. Please sign up with me at 425-228-6118. We will meet as usual in Issaquah to convoy to High Point.



## APRIL 2008

Saturday, April 5 – 10am  
Cougar Mt – AA Peak from Newport Way  
2C, 6 miles, 1400' gain  
Bob Gross 425-427-8449

Sunday, April 6 – 8:30am  
Middle Tiger – 2 loops, Artifacts Trail,  
TMT, Horse Trail return  
3D, 13 miles, 2200' gain  
Ron Howatson 425-392-8344

Wednesday, April 9 – 9am  
MIDWEEK HIKE  
Squak Mt – loop hike from Mtside Dr  
to viewpt. Return Chybinski T  
2C, 4.5 miles, 1300' gain  
Melinda Livingstone 425-392-7455

Saturday, April 12 – 9am  
Squak Mt loop from the south;  
Rainier view, West Peak  
3C, 10 miles, 2500' gain  
Richard Mann 425-391-0410

Saturday, April 12 – 10am  
Tiger Mt – Tradition Plateau  
Swamp, Bit Tree, Adventure Trails  
2A, 4 miles, 400' gain  
Bert Drui 425-746-0709

Sunday, April 13 – 9am  
Tiger Mt – Westside Traverse  
Chirico Trail to PooPoo Pt  
3C, 9.5 miles, 2500' gain  
Tom Palm 206-783-6005

Saturday, April 19 – 9:30am  
Cougar Mt – Redtown to Longview loop  
3C, 7 miles, 1500' gain  
Denis Harney 206-545-2829

Sunday, April 20 – 9:30am  
Cougar Mt – loop hike from Sky  
Country to Longview Peak;  
Doughty Falls  
2B, 6 miles, 850' gain  
Fred Zeitler 425-882-3435

Thursday, April 24 – 7pm  
BOARD MEETING  
Trails Center – 1<sup>st</sup> + Bush

Friday, April 25 – 10am  
MIDWEEK HIKE – Echo Mt  
2B, 4-5 miles, 500' gain  
Betty Culbert 425-432-7387

Saturday, April 26 – 8:30am  
Tiger Mt – West Tiger 1+Preston T  
3D, 10 miles, 2600' gain  
Ron Howatson 425-392-8344

Saturday, April 26  
HIKE LEADERS TRAINING SESSION  
CALL LEADER FOR TIME  
1A, 3 miles, 0 gain  
Joe Toynbee 425-228-6118

Sunday, April 27 – 9:30am  
Rattlesnake Ledge – a rocky ledge with  
Great views of Snoqualmie Valley  
2C, 4-5 miles, 1300' gain  
Mary Nolan 425-837-1535

IATC ENCOURAGES CARPOOLING +  
RECOMMENDS \$0.10/MILE GAS  
CONTRIBUTION TO DRIVER

## MAY 2008

Saturday, May 3 – 8:30am  
Tiger Mt – Holder Ck to TMT;  
Side trip to Wright's Reach  
3C, 7-8 miles, 1500' gain  
Sally Davies 425-641-0676

Sunday, May 4 – 9am  
Squak Mt – East Ridge to Thrush Gap  
2C, 4-5 miles, 1500' gain  
Steve Williams 425-453-8997

Saturday, May 10 – 8:30am  
Middle Tiger via TMT – return S. Tiger  
3C, 11 miles, 2500' gain  
Richard Mann 425-391-0410

Saturday, May 10 – 9am  
South Tiger Flower Walk  
2A, 4 miles, 300' gain  
Joe Toynbee 425-228-6118

Sunday, May 11 – 9am  
Taylor Mt – Holder Creek +  
Southwest Ridge to Summit  
3C, 10 miles, 2300' gain  
Ralph Owen 425-746-1070

Sunday, May 11 – 10am  
DOGS ALLOWED WALK  
Bring leash and scoop supplies  
Squak Mt – Debbie's View  
2C, 4-5 miles, 1300' gain  
Karen Tom 425-391-7585

Saturday, May 17 – 10am  
Tiger Mt – Adventure Trail  
2B, 4-6 miles, 600' gain  
Katharine Wismer 425-391-5995

Sunday, May 18 – 9am  
Fuller Mt – 3 lakes + Biergarten!  
2B, 6 miles, 600' gain  
Fred Zeitler 425-882-3435

Sunday, May 18 – 1pm  
FAMILY HIKE – Exploring Lake  
Sammamish St Park's Hidden Treasures  
Meet at Issaquah Library – carpool to Pickering Barn  
1A, 3 miles, 0 gain  
Dave Kappler 425-392-3571

Thursday, May 22 – 7pm  
HIKE LEADERS' MEETING  
Trails Center – 1<sup>st</sup> + Bush

Friday, May 23 – 6-8pm  
MIDWEEK HIKE  
Preston Flower Walk  
1A, 1-2 miles, 0 gain  
Steve Williams 425-453-8997

Saturday, May 24 – 9am  
Squak Mt – loop hike, Debbie's View,  
Sunrise Place + E. Ridge T  
2C, 6 miles, 1800' gain  
Doug Simpson 425-392-6660

Saturday, May 24 – 10am  
Far Country Lookout Loop  
2B, 4 miles, 550' gain  
Bert Drui 425-746-0709

Sunday, May 25 – 9am  
Tiger Mt Westside loop; Trail Center  
to Nook, WT3, PooPoo Pt  
3D, 11-12 miles, 2500' gain  
Tom Palm 206-783-6005

Monday, May 26 – 9am  
MEMORIAL DAY HIKE  
Tiger Mt – PooPoo Pt via Chirico Trail  
2B, 4-5 miles, 1900' gain  
Mary Nolan 425-837-1535

Saturday, May 31  
Tiger Mt – TMT Traverse  
4D, 16 miles, 3000' gain  
Call leader for sign up  
Sally Davies 425-641-0676



## JUNE 2008

Sunday, June 1 – 10am  
DOGS ALLOWED WALK  
Bring leash + scoop supplies  
Tiger Mt – Tradition Plateau  
2B, 6 miles, 600' gain  
Karen Tom 425-391-7585

Sunday, June 1 – 2-5pm  
Return to Newcastle History Hike  
2A, 3 miles, 250' gain  
Steve Williams 425-453-8997

Saturday, June 7 – 10am  
NATIONAL TRAILS DAY  
Cougar Mt – DeLeo Wall from  
Redtown; Wildside Trail  
2B, 4.5 miles, 700' gain  
Katharine Wismer 425-391-5995

Sunday, June 8 – 9am  
Mt Washington Pinnacles  
4D, 10 miles, 3000' gain  
Tom Palm 206-783-6005

Saturday, June 14 – 10am  
Cougar Mt – Coal Ck Falls Loop  
2B, 3 miles, 600' gain  
Bert Drui 425-746-0709

Sunday, June 15 – 9am  
N. Cougar Precipice; Lakemont Park  
to Tibbets Park  
EXPLORATORY  
3C, 9 miles, 1200' gain  
Ralph Owen 425-746-1070

Wednesday, June 18 – 9am-Noon  
MIDWEEK HIKE – Leader's Choice  
Easy flower ID walk  
1A, 3 miles, 0 gain  
Steve Williams 425-453-8997

Saturday, June 21 – 8:30am  
Tiger Mt – E Tiger+Preston Trails  
3D, 10 miles, 2900' gain  
Ron Howatson 425-392-8344

Saturday, June 21 – 9am  
Cougar Mt – Newcastle to Licorice Fern  
via DeLeo Wall – Car Shuttle  
2A, 3.5 miles, 500' gain  
Scott Semans 425-369-1725

Sunday, June 22 – 1pm  
FAMILY HIKE – Exploring the  
West side of Tradition Plateau  
Adventure + Wetlands Trails  
Meet at Issaquah Library  
2B, 4 miles, 600' gain  
Dave Kappler 425-392-3571

GREENWAY DAYS=28<sup>th</sup>+29<sup>th</sup>

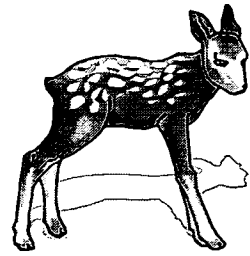
Saturday, June 28 – 8:30am  
Rattlesnake Mt Traverse with Car shuttle  
4D, 10 miles, 3000' gain  
Richard Mann 425-391-0410

Saturday, June 28 – 9:30am  
Cedar Butte, an easy hike to great  
Views-with some history + geology  
2B, 5 miles, 900' gain  
Doug Simpson 425-392-6660

Sunday, June 29 – 9:30am  
Little Si – an old favorite  
2C, 5 miles, 1300' gain  
Mary Nolan 425-837-1535

Sunday, June 29 – 1pm  
Hike from Trails Center to  
Tradition Plateau  
2B, 6 miles, 600' gain  
Dave Kappler 425-392-3571





## FAMILY HIKE SLATED

School age children and their parents are invited to join in a series of monthly hikes connecting the library and our outdoor environment. We will gather in the meeting room of the Issaquah Library for an introduction, storytelling, and an overview of library materials related to the topic.

The theme of the April 20<sup>th</sup> hike will be "Signs of spring along Issaquah Creek and lower Squak Mountain." Experienced leaders and teachers will guide the hike lasting about three hours with a maximum elevation gain of 300 feet.

The theme for the May 18<sup>th</sup> hike will be "Exploring Lake Sammamish State Park's hidden treasures." We will meet at the Library and carpool to the Pickering Barn. There will be little elevation gain, but we will walk about three miles.

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Children under 18 must be accompanied by an adult. All participants need appropriate footwear, clothing, and a small pack with water and snack. This series of family hikes and earth friendly resources is being cooperatively sponsored by Issaquah Alps Trails Club, the Friends of the Issaquah Library and the Issaquah Environmental Council. Future hikes will explore other themes and areas and will be listed in the Issaquah Library monthly program flier.

For more information please contact Ann Fletcher or David Kappler at 425-392-3571 and [www.issaquahalps.org](http://www.issaquahalps.org).

## 100 SIGNS. . .TWICE!

By Bill Longwell

In the late summer of 1977, I purchased a Sears router to duplicate two signs I found on long backpacks that summer. One of the signs, on the Three Fools Trail between the Pacific Crest Trail near the Canadian border and Ross Lake, read:

**HOPKINS PASS 16**  
**12 SKGIT RIVER TR.**  
**4 THREE FOOLS TRAIL**

I almost convinced the US Forest Service to give me that sign when they took it down, but with the router, I gave it a faithful rendition, and it hangs in my shop now to remind me of that sign I passed by.

The other sign is also on the PCT, between Chinook and White passes about three miles south of Fish Lake. There stood a hundred year old sign that read:

**CASCADE CREST TRAIL**  
**EL 5200**  
**FISH LAKE**  
**COWLITZ PASS 4**

The Forest Service discarded some of these signs and eventually I backpacked them home where they also hang in my shop. Valuable to me, they represent a Forest Service past that few seem to appreciate. Some weigh 30 pounds.

During this time, my daughter Gretchen, in her shop class, had made mileage signs that I put up on Squak Mountain, where I first installed signs. These went up on the Phil's Creek Trail and rough trails I had built down to the East Side Road. Most are now abandoned, but the mileage signs still stand on trees there, where they've stood for over 30 years. Look for them.

After my successful attempts to copy signs with the router, I began to be inspired to do the same for the

*continued on page 12*

## President's Report *cont. from page 3*

is hard to describe. It's even more rewarding to adopt a section of trail and watch your accomplishments accumulate over time. You will find pride in caring for *your* woods and joy in sharing with others.

Finally, I think our founders would say, "Continue the good fight." There are lots of trails, and habitat areas, and wildlife corridors that don't yet have protection. There are lots of linkages between protected areas that still need to be made. And as our population continues to increase, the pressures to urbanize will make things even more difficult. We all need to be thinking and fighting for green connections between Cougar and Squak and Tiger mountains. The "speedways" between them now make crossings difficult for both animals and people, but when those roads go to four and six lane "freeways" the mountains will be walled off from each other. We need to create "green land bridges" above, or "large green underpasses" below those vehicle battlefields. The lid parks on Mercer Island and the raised freeway above Denny Creek show that this can be successfully done. The dead animals on our roads show that it needs to happen now.

For my part, I would add a new charge, and that is that we must begin to think and act as global citizens. Whether we like it or not, the very retreats and sacred places that we love are now being polluted by coal fall-out from China. Part of protecting our "Alps" now involves finding clean energy both here *and* abroad! The fuel that we that we consume in our own cars and homes pollutes our skies and contributes to the global warming that will certainly change the forest and hills that we love. Even the water cycles that are so critical to our green Northwest are being disrupted and diminished. It is my belief that we go to the hills to reconnect with nature and to recharge our physical and spiritual batteries, and much of that has to do with getting away from man and man-made things. However, part of being good stewards of Harvey and Bill's legacy must be seeking new ways to live lightly in our cities, and in learning new ways to share responsibly the limited resources of our Planet Earth.

So get out and enjoy the trails. Breathe in the new life of spring. And by way of saying thanks, let's

all look for a place where we can help. Do a little trailwork. Send an e-mail or postcard to your elected officials. Help out as an assistant hike leader. Get a kid outside and onto a trail. These are my thoughts. Let me know what yours are. I look forward to seeing you out hiking.

(Ed. Note: Steve Williams has been a member of IATC since 1980. He has been a board member for the past two years, and was the Park Manager at Cougar Mountain for twenty years prior to that. As a volunteer he also led youth hikes for the Burbank Nature Project on Mercer Island and history hikes for the Eastside Heritage Center in Bellevue.)



## HIKERS' CORNER

By Joe Toynbee

The US Forest Service used to have a slogan: flick a stick, knock a rock, dig a drain. The objective was to have each member of a hike group do a little bit of trail housekeeping, with a large cumulative effect. If each hiker in a group of ten throws off half a dozen bits of litter, that is 60 bits. Hikers are also encouraged to bring along either a folding saw or a pair of hand clippers.

It would be great if IATC hike groups could do a bit of trail work. Very little would be added to the time of the trip. Some trails, of course, don't need any work.



On a final note, there will be a Hike Leader Training Session on Saturday, April 26 at 9 a.m. The session is intended both for current leaders who wish to improve their skills, and for those thinking of becoming hike leaders. The instruction will be practical and hands-on. The session will end about 1 p.m. Please sign up with me at 425-228-6118. We will meet as usual in Issaquah to convoy to High Point.



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*continued on page 12*

**Bill's Profound Impact** *cont. from page 5*

Of course Bill would never introduce himself as “the guru.” My physical therapist would ask questions about my current activities, and I would describe hikes on lesser traveled trails on Tiger Mountain I had been frequenting as a way of keeping in shape so I’d be able to resume backpacking when my shoulder was ready. Bill would join the conversation from across the room, but I thought little of it at first. A few weeks went by before my therapist asked me, “Do you know who this man is?” When she told me, it was classic—I was humbled to even talk with him about local hiking, and he was just plain humble.

Plain humble, indeed. Bill would talk about old trails, new trails, trips, projects, but always credit someone else and never himself. He praised students from Hazen High, members of IATC, and multiple other not-for-profit organizations for their contributions to trail work and increasing awareness of the need to protect the environment. At the same time I would learn about his habit of collecting odd pieces of wood from multiple sources to use for his own efforts at repairing trail damage. When he made reference to old sections of the TMT, he couldn’t help but reveal his own interest, almost as though he had a personal relationship with the trail itself. He would never credit himself, but his face would light up like a Christmas tree as he praised the work of others.

As much as he loved Tiger Mountain, his expertise was by no means limited to that area. Eventually we would begin to discuss hikes farther up the I-90 corridor. The excitement in his face as he suggested loop trips I could make using old abandoned trails was absolutely stunning. Bill was so very proud of the Washington State landscape and thrilled to share its beauty with simple folk like me. His brand of enthusiasm was contagious. I was not at all surprised to learn that he had led annual trips across the Issaquah Alps, increasing awareness and appreciation for trails that might otherwise have been overlooked and eventually given way towards urban sprawl.

When my therapy was finished about 12 weeks after my operation, I missed my chats with Bill, but

figured I’d one day see him on a trail. It would be three years before that inevitable occurrence. I “ran” into him on the Sno-Preston Trail. A year later I bumped into him on the same trail, and this time I was again recovering from surgery, which I mentioned to him, and he complimented me for how well I seemed to be recovering, never mentioning his own illness that was literally taking his breath away.

The last time I saw him my 16-year old son Brent was with me. We made simple mention of the fact that Brent was looking for an Eagle project for scouts and could use any advice Bill was willing to give. Once again Bill put his special brand of enthusiasm and excitement to action. Brent had been stalled out on project ideas, but after talking with Bill he was fired up again. After we left down the trail, Bill left a note on our car with his phone number and email address so we could communicate project ideas, which we did for awhile. His emails stopped coming in the summer, and then in November he would leave our world behind. But he left us a bit of heaven.

Bill was the Yin to Harvey Manning’s Yang. Both cherished the wilderness with all their hearts, and honestly we are all forever indebted to both of them for their contributions to trail systems. While Harvey was boisterously vocal, Bill was quiet and focused. What is important is that both were effective. Being quieter, Bill was certainly overshadowed by Harvey. It is somewhat ironic yet perfectly appropriate that Bill’s family has asked that contributions towards a statue of Harvey commemorating his contributions to the Issaquah Alps be made in memory of Bill. Bill himself wouldn’t have it any other way—honor him by honoring someone else that shared his love for wilderness.

Bill Longwell was an extraordinarily humble servant and an angel on earth. It’s our duty now to be good stewards of what he’s left for us.



Stirring from sleep on the Olympic Coast: “It isn’t the sound that awakens, the sound that has been there all the night and forever, but its distance, reminding of a minus tide that won’t wait for dreams.”

--H. Manning

## 100 Signs *cont. from page 10*

rest of Squak and Tiger mountains, especially the TMT, which badly needed directional and mileage signs. So I started a hobby, and in a year or so flooded both Tiger and Squak with directional signs. Few walked these trails at that time so they weren't badly needed. But the router revolutionized my interest in these trails, and soon I purchased better tools to do the job more efficiently.

At this time Harvey Manning and Ralph Owen were carving out trails on Cougar; both lived on the lower flanks of that mountain, and both were busy naming various trails and geography there. They decided that these trails needed signage. Harvey called to ask me to make a few signs for Cougar. I agreed. A few days later came a thick letter in the mail with the request for 100 Cougar signs. One hundred! Scrounging wood from any source I could find, I geared up my workshop (the garage in my Renton home) and started routing out those 100 signs. And then painting them.

One sign in particular stands out in my memory. I think I had completed most of the signs by Salmon Days. David Kappler had just completed a new IATC booth for the celebration, and I brought some Cougar signs to decorate it. One sign stood out in our booth for a whole day until some passerby wryly noted to Harvey that it was misspelled. Misspelled by an English teacher! Down it came. Fast. And for a long time Harvey never let me forget it. "You, an English teacher!" Ask Joe Toynbee about other misspelled signs.

One of the signs Harvey requested required fourteen separate lines. It took a 2' x 4' board to route out all the directions on it. The last one indicated a route to Walla Walla. I installed that sign at the base of the original Cougar Mountain Wilderness Peak trailhead. It stood there until King County Parks took over jurisdiction of the new Cougar Mountain Regional Wildland Park. This was before construction of the present trailhead. Harvey installed the rest of the signs.

Someone recently told me that a remnant of those 30-year old signs still hang on trees somewhere on Cougar, perhaps on trails long abandoned. You

might come across one as you walk old routes on that mountain. Remember Harvey and doff your cap.

## ANOTHER 100

In 1992, DNR "came on line" on Tiger Mountain. Doug McClelland called to ask me to lay out numerous trails on Tiger that DNR would build or rebuild by machine. The second generation West Tiger 3 Trail (not as grand or steep as that built in 2007) was an example. Other examples of DNR's work were the trails around Tradition Lake and the Nook Trail. DNR was certainly serious about its commitment on Tiger.

Besides that request came another for 100 signs. I would not construct them, but put down information for each sign and give directions where each should go. I think King County planned to construct the signs to match the Cougar Mountain signs the County was installing there.

These signs went up in the early 1990's. DNR installed some and IATC members carried some (along with 4x4 posts) up to various trails on Tiger. A second generation of signs came soon after, and many of these various IATC members installed. Charles McCrone, Joe Toynbee, Fred Zeitler and Larry Hanson put some of these up. It's taken a long time, but signs are beginning to make a difference for hikers in the region.



# Hiking Information

## Hike Leaders

Hike leaders are volunteers who donate their time to lead people who want to hike and explore the trails in the Issaquah Alps and other nearby foothills (Cascades) in King County. Hikes are scheduled and led year-round unless severe conditions pose a safety hazard.. Minimum attendance is three, including the leader.

Trails in the Issaquah Alps may be good or bad, easy or hard, muddy or dusty, brushy or clear, steep or flat—or all the above. Some are not much more than animal trails. As volunteers, neither hike leaders, the Issaquah Alps Trails Club (IATC), or Club directors are in any way responsible or liable for a hiker's comfort, transportation, property, safety, or general well-being while traveling to and from the trailhead or hiking or working on any trail.

The Club's sole purpose is to show hikers where the trails are and to lead the way. The public, other clubs, youth groups, church groups, and others are welcome and wholeheartedly invited to join hike leaders and others who want to hike these trails. Children under 18 should be accompanied by an adult. Please, no dogs on hikes.

## Hike Classifications

Each hike has a number and letter designation after it (e.g., 2C). Numbers indicate hiking time and letters indicate degree of difficulty.

## Hiking Time

Class 1: 2 hours    Class 3: 6 hours  
Class 2: 4 hours    Class 4: 8 hours

These are approximate hiking times. They do not include travel time to and from the trailhead (20 to 40 minutes depending on the location of the hike) or meal times (lunch will add another 20 to 40 minutes depending on the mood of the group).

Times are based on an assumption of a two-mile-per-hour pace with one-half hour added for each 1000 feet of elevation gain. Trail conditions, weather, and unexpected hazards could extend the hiking time.

## Degree of Difficulty

A: Little or no elevation gain, up to 500 feet, no difficulties for average walker.

B: Some climbing, up to 1200 feet, or some other difficulty.

C: More climbing, up to 2500 feet, or some other difficulty.

D: Much climbing, over 2500 feet of elevation gain.

## Hike Description Modifiers

Leader's choice: The leader had not decided where to hike before publication of the hikes schedule.

Trail party: Trail maintenance work party.

Exploratory: The leader goes cross country off the main trail system to explore animal trails, canyons, old logging roads, or old railroad grades.

Expect to go through brush, over logs, tiptoe through wildflowers, and/or mud while having a good time hiking where others seldom tread.

## Hike Information *continued from page 13*

Family hike: For parents and children. Easy pace. Call leader for hike particulars.

*NOTE: Group hikes do not lend themselves to dogs. Please leave your dogs at home when going on a Trails Club hike.*

## Meeting Place

Trails Club hikes meet in the parking lot at the corner of First and Bush streets next to the IATC clubhouse (the little yellow stationmaster's house). To get there, take exit 17 (Issaquah Front Street) from Interstate 90 and turn south into downtown Issaquah. Go about one mile through town on Front Street, then go two blocks past the light at Sunset Way, and then turn left on Bush Street. Go two blocks to Rainier and turn into the lot on the left.

## Clothing

Dress for the Pacific Northwest outdoors. Expect rain, snow, sunshine, fog, and everything in between. Bring extra clothing, raingear, food, drink, matches, flashlight, and first-aid supplies. Wear comfortable hiking boots or hiking shoes.

## Trail Maintenance

Volunteers periodically organize and schedule trail maintenance parties as listed in the hikes schedule. Work parties meet at the same place as hikes (see above). The Club is well supplied with heavy trail maintenance tools, but workers may also bring their own loppers, weed whackers, and other tools.

Trail work parties last at least four hours. Trail maintenance is vital to the Club's work and is

## ✓ Checklist:

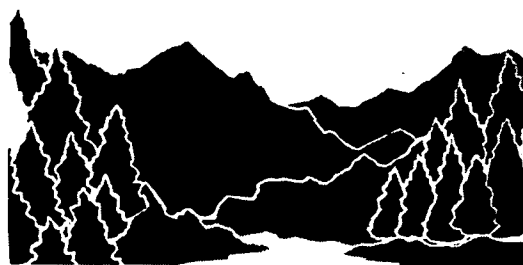
- Food
- Water
- Daypack
- Raingear
- Warm clothes
- Hiking Shoes

Each item is required in order to participate in an Issaquah Alps Trails Club hike!

*Don't leave the trailhead without them!*

an integral part of the Department of Natural Resources (DNR) management plan for Tiger Mountain.

Work parties must limit their activity to trails listed by the DNR as scheduled for maintenance. Construction of new trails is not allowed. Work parties are a great way to meet people! Individuals and groups are encouraged to adopt a trail—or section of trail—and take the responsibility of maintaining it.



# Issaquah Alps Trails Club Publications Order Form

Return this completed form along with your check to:

Issaquah Alps Trails Club Publications, P.O. Box 466, Issaquah, WA 98027

Name: \_\_\_\_\_ Address: \_\_\_\_\_

ITEM	PRICE*	QTY.	TOTAL
Book: The Flowering of the Issaquah Alps--Revised!	\$ 9.00		
Book: The Authoritative Guide to the Trails of Cougar Mountain Wildland Park and Surrounds	15.00**		
Book: Guide to Trails of Tiger Mountain	15.00***		
Book: The Coals of Newcastle: A Hundred Years of Hidden History	15.00		
Book: Eastside Family Hikes	3.00		
Book: Squak Mountain: An Island in the Sky	15.00		
Book: 55 Hikes Around Snoqualmie Pass	10.00		
Map: Issaquah Alps Tiger Mountain, 1998 revision	2.00		
Map: Issaquah Alps Cougar Mountain, 2001 revision	2.00		
Map: Issaquah Alps Squak Mountain (2005)	6.00		
Green Trails Map: Tiger & Taylor Mountains, Map 204S	8.00		
Green Trails Map: Cougar & Squak Mountains, Map 203S	8.00		
Green Trails Map: Rattlesnake Mountain & Upper Snoqualmie Valley Map 205S	8.00		
Green Trails Map: Mount Si NRCA & Snoqualmie Corridor, Map 206S	8.00		

\*All prices include shipping and handling.

\*\*One (1) IATC Cougar Mountain Map included.

\*\*\*One (1) IATC Tiger Mountain Map included.

Total: \_\_\_\_\_

## Issaquah Alps Trails Club Foundation and Membership Request Form

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Telephone: \_\_\_\_\_ E-mail: \_\_\_\_\_



All donations are tax deductible. Your donations fund The Alpiner publication costs and the club's minimal operating costs first, with 100% of remaining funds being directed where they can best address the trail design, construction, maintenance and advocacy needs throughout the Issaquah Alps. **Note:** Membership does not require a donation; however, donations help us preserve and enhance your Issaquah Alps.

Annual donation levels:

p The basic hiker.....\$15    p The project supporter.....\$25  
p The IATC sponsor.....\$50    p The visionary.....\$100 and above

**IMPORTANT:** This form and your donation and/or membership request form should be mailed to:  
IATC Foundation, P.O. Box 351, Issaquah, WA 98027

Issaquah Alps Trail Club  
P.O. Box 351  
Issaquah, WA 98027

Non Profit  
U.S. Postage  
PAID  
Issaquah, WA  
Permit #70

Address Service Requested

Donation Date 9/1/2007

|||||  
Charles & Malena McCrone  
PO Box 593  
Issaquah WA 98027-0022

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Issaquah Alps Trails Club

## Issaquah Alps Trails Club Publications

See page 15 for the publications order form.

Note: All of the following prices  
include shipping & handling.

o *Flowering of the Issaquah Alps*—Revised! By Fred and Ann Weinmann and Harvey Manning. 1996 updated edition. This new edition lists trees, shrubs, ferns, and flowers found in the Issaquah Alps. Flowers are listed by color, season when flowering, and where many of the plants can be found. \$9.

o *Guide to the Trails of Cougar Mountain Regional Wildland Park and Surrounds*—By Charles McCrone. 2000 edition. Completely updated version gives historical background and descriptions for every park trail, plus 30 other trails in the surrounding area including Bellevue, Newcastle, Renton, and the Precipice. \$15 (includes map listed in next column).

o *Guide to Trails of Tiger Mountain*—By Bill Longwell. 2003 revised edition. Updated trail information, two new trails and numerous photographs. \$15 (includes map listed in next column).

o *The Coals of Newcastle: A Hundred Years of Hidden History* By Richard K. McDonald and Lucille McDonald. A complete history of the once-thriving coal mining area of Cougar Mountain now hidden from all but hikers. 100+ photographs, 4 maps, and Tim O'Brian's account of the incredible Seattle and Walla Walla Railroad. \$15.

o *Eastside Family Hikes*—By Peggy Barchi. 2001 revised and updated edition. Descriptions of family hikes (annotated for stroller use and picnicking) on the Eastside. \$3.

o *Squak Mountain: An Island in the Sky* By Doug Simpson with trail descriptions by David Langrock. Provides a history of Squak Mountain and its gestation as a park. Includes 4 loop hikes covering most of the mountain trails. Includes many earlier writings by Bill Longwell and vignettes by others. \$15.

o *Green Trails Tiger & Taylor Mountain*. Map 204S. \$8.

o *Green Trails Cougar & Squak Mountains*. Map 203S. \$8.

o *Green Trails Rattlesnake Mountain & Upper Snoqualmie Valley*. Map 205S. \$8.

o *Green Trails Mount Si NRCA & Snoqualmie Corridor*. Map 206S. \$8.

o *Green Trails Quality Squak Mountain Map*. By IATC member Harry Morgan. \$6.

o *IATC Tiger Mountain map*. 1998 revised. \$2.

o *IATC Cougar Mountain map*. 2001 revised. \$2.

o *55 Hikes Around Snoqualmie Pass* By Harvey Manning. \$10.