

THE ALPINE



January ♦ February ♦ March 2007

Cougar ♦ Squak ♦ Tiger ♦ Grand Ridge ♦ Taylor ♦ Rattlesnake

PARK BOND PASSES

Issaquah voters overwhelmingly (74.12%) approved the Issaquah Park Bond in the November election. The bond will provide \$6.25 million for acquisition of sensitive lands and for development of parks and

The sensitive lands—of great interest to hikers and outdoor recreationists in general—are along Issaquah Creek and on the steep slopes of Squak Mountain.

IATC leaders Ken Konigsmark and Doug Simpson served on the Park Board Advisory Committee, which made recommendations to the City Council for the amount of the bond and what to include in it.

TRAIL PROJECTS IN THE WORKS

A number of significant trail projects or improvements are in the works by the Department of Natural Resources (DNR) and the Washington Trails Association (WTA). The most pertinent changes to IATC hikers are the new trail head at Snoqualmie Point (west end of Rattlesnake Mountain), the long-awaited reconstruction of the West Tiger 3 Trail, and on a number of trails on Squak Mountain.

The Rattlesnake construction, which will include a visitor center with bathrooms and designated parking spaces, began October 26 and was projected to be finished in late January or in February.

The top half of the West Tiger 3 Trail will be relocated so it will no longer cross the Cable Line Trail. Lower sections will be smoothed out and

graveled to soften the tread. March is the expected time to begin the work.

WTA has been working on Squak Mountain beginning with the Bullitt Access Trail. Efforts were to continue on other trails—the Chybinski, Coal Mine, Perimeter Loop and West Access trails.

In addition, an ongoing project is underway to remove invasive plants from the Snoqualmie Mid-Fork area. Also, the improved Mount Si Trail, especially in its upper reaches, was opened in late October.

These projects were discussed in detail at the October 24 meeting of the DNR Snoqualmie Unit Advisory Committee. IATC members on the committee are Ken Konigsmark, Bill Longwell and Doug Simpson. Larry Hanson also provides input on Tiger Mountain issues.

MANNING PARTY

Friends, associates and admirers of Harvey Manning are invited to a gathering on Wednesday, January 3, from 7-9 p.m. at Tibbetts Manor in Issaquah to honor and remember the legendary founder of the Issaquah Alps Trails Club. Snacks and beverages will be provided at the event jointly sponsored by the IATC, the North Cascades Conservation Council and The Mountaineers.

Books, pictures and assorted memorabilia will be on display at the event. The only program per se will be a few short speeches by representatives of the sponsoring groups.

Tibbetts Manor is located three quarters of a mile south of I-90 from exit 15.

The Apparatus

Club Founder

Harvey Manning

President

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Ken Konigsmark • 228-4839 • kenkonigsmark@yahoo.com

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Secretary

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Rattlesnake Mountain/Taylor Mountain: Ralph Owen • 746-1070

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Volunteer Trail Maintenance Coordinator

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Ken Konigsmark • 222-4839 • kenkonigsmark@yahoo.com

Whenever possible, please use e-mail to contact any member listed below.

The Alpiner is published in January, April, July, and October.

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Website: www.issaquahalps.org

IATC subsists on member donations only. Please send your tax-deductible contributions to the address above to help sustain our efforts to preserve, protect, and promote the Issaquah Alps and local environment.

Articles are welcome, preferably via e-mail to: d.simpson@msn.com
Send diskette or hard copy to post office box number above.

Issue deadlines: November 21 for January; February 21 for April; May 21 for July; August 21 for October.

Note: All telephone numbers are area code 425 unless otherwise noted.

PRESIDENT'S REPORT

By Doug Simpson

I knew that Harvey Manning wasn't well and had been battling health problems in recent years. Still, just as a giant tree seems destined to fall, it is a shock when it finally comes tumbling down. So it was with Harvey. He was such a giant in the environmental and recreational circles that the world without him and his stentorian voice to guide and chastise now seems a lesser place.

As a relative newcomer to hiking circles, I didn't know Harvey well. In fact, I only met him once. We talked on the phone a number of times and we exchanged mail a few times. Nevertheless, because he founded the Issaquah Alps Trails Club and was its president from 1979 to 1989, his presence even from afar loomed enormous over the club and its members. When my Squak Mountain book came out and I mailed Harvey a copy, he sat down and read it through, then moved to his infamous antique typewriter and wrote me a six-page review of the book, which fortunately for me was mostly complimentary. Harvey was, to be sure, a curmudgeonly figure who could dominate and intimidate. When he became angry with someone who fell out of his favor, it was a definite fall from grace. To be recognized and accepted again was a relief, a return to grace. We all, I believe, held Harvey in a godlike kind of awe.

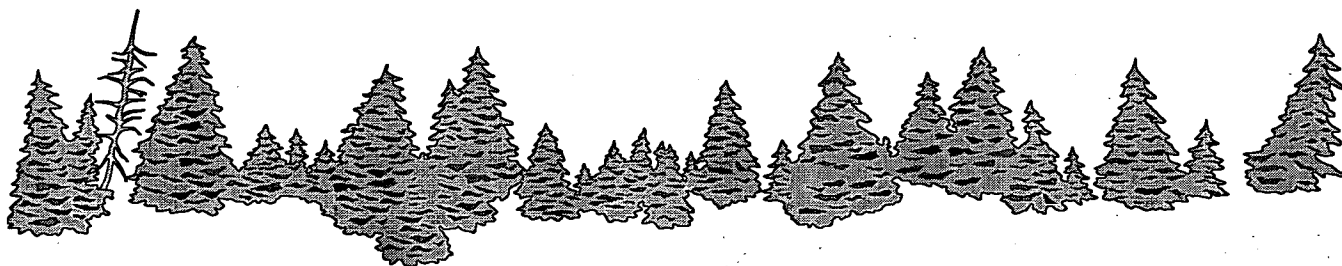
Harvey's role and importance in the IATC can never be forgotten. *Harvey Manning* was the Issaquah Alps Trails Club. May his incredible contributions always be remembered. The club and other agencies are working on several ways to memorialize him, which is as it should be. Warts and all, Harvey was a great man. May he rest in peace.

UNSUNG HERO #6

If you have been on a club hike in the past few years, the odds are overwhelming that you have hiked with RICHARD MANN. My guess is that the club hikes that Richard has missed in the past year can be counted on one hand. At times it seems as if Richard leads about half our hikes. During the summer months, he has taken IATC hikers on trails east of the traditional Alps that most hikers are unfamiliar with. It doesn't matter how many miles a hike covers or how much elevation gain is involved. Richard may not sprint up the trail, given his age, but if it's there he can do it.

When I lead a hike myself, it is comforting to note that no matter what the hike or the weather Richard will be there. He has been a great companion and support person for all hike leaders. On more than one occasion, when I had a schedule conflict or was not feeling well, a simple call to Richard solved the problem. He is always willing to step up and help others with their hikes.

Recognizing Richard's importance to the club for his knowledge of trails and hikers, I asked him to join the board two years ago. His input since at the IATC board meetings has been invaluable. As the most involved member of our hiking program, RICHARD MANN is deserving of recognition as one of IATC's unsung heroes.



MANHUNT

By Bill Longwell

Spring vacations were important to me, a public school teacher. After a hectic three-quarters of a school year, I was ready to recharge my mental and psychological batteries. I hiked a great deal during spring vacations.

On a lovely, warm Friday afternoon in late March, 1984, my understanding wife dropped me off at the Highway 18-Hobart Road junction. Ahead of me lay a fifteen-mile hike to Issaquah via Highway 18 (it was walkable then, but not now, of course), the Eastside Road and one of several routes from Preston to Issaquah. The hike would take me about four hours, and during that time I would begin to pry away numerous school cares. By the end of Spring Vacation I would be ready and refreshed to finish my school year.

I walked over Tiger Summit and reached the Eastside Road junction in about an hour and a half. Turning onto the west-trending road, I soon left the highway noise behind me and began my up-and-down six-mile walk to Preston. (It was possible to walk the Eastside Road all the way to Preston in those ancient days.)

I had not walked more than a couple of miles when I heard the noise of a helicopter. It came sweeping up behind me and then slowed to follow me on my trek to Preston. I would not have my quiet walk that day. The copter followed me, flew ahead of me, came back to hover over me, and basically accompanied me the whole length of my walk to Preston.

I began to suspect what was afoot. The helicopter never left me, and I was pretty sure what I would find when I arrived in Preston. I was not disappointed.

As I turned the last corner of my road hike in to Preston, I saw ahead at the Preston gate two State Patrol cars with their attendant stern officers. They

wanted a good look at me. As I approached the officers, they could see that I was not the man they wanted. By the time I had reached the Preston Road, they were in their cars and driving off.

Sometime in that early afternoon a young male prisoner had escaped from Echo Glen Youth Prison (escapes were common from that prison then), and the helicopter assumed I was the escapee. But when the officers saw a 48-year old man purposely approaching them, they soon realized their mistake.

RUTH ITTNER

By Bill Longwell

I want to tell you about my friend Ruth Ittner. Nowadays, Ruth is famous for her steadfast and creative inspiration behind the Stevens Pass Iron Goat Trail, the 1990s trail that follows the historic and original Great Northern Railroad route from Scenic to the old and now completely disappeared town of Wellington. This scenic and well-signed trail would be nonexistent without the strong guidance of Ruth Ittner.

But before the Iron Goat Trail, Ruth was pivotal in numerous trail projects for the Seattle Mountaineers, for lobbying various governmental officials for trails and for getting things done. Ruth Ittner got things done.

For the Issaquah Alps Trails Club, it is important to know that Ruth Ittner was the inspiration and guiding force behind the Tiger Mountain Trail. Without Ruth, Tiger Mountain perhaps would still be the unknown mountain it was before 1972.

Ruth's dogged tenacity was the impetus for the TMT's creation. In May, 1972, a Seattle Mountaineer committee, chaired by Ruth, met at her Queen Anne home to set out plans to build a trail across Tiger Mountain, a trail patterned after the then new Mount Si Trail, also built by the Mountaineers.

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Ruth Ittner *continued from page 4*

The group of interested Mountaineers intended to work with the Department of Natural Resources and Weyerhaeuser, Tiger landowners, to build that trail. The committee chose Phil Hall and myself to begin the process because we were the only Mountaineers who knew Tiger Mountain.

The committee was willing to cooperate, DNR was willing, but Weyerhaeuser was decidedly not willing. The original negotiations with Weyerhaeuser were disastrous, mostly because Phil and I were tyros, and Weyerhaeuser knew what it was doing. The company basically told us to go home and forget about a trail on Tiger.

But we didn't forget, and Ruth Ittner didn't forget either. For the next four years, she relentlessly pursued that trail. She spent four years lobbying, working every angle and talking up the potential trail to any Weyerhaeuser official who would listen to her.

Finally, in late 1976, Ruth struck gold; she found a Weyco official who was sympathetic to a trail. She contacted Howard Millan, Weyco's "Public Affairs Forester," who on his own gave the Mountaineers permission to begin working on the trail. It was ironic that Howard Millan was also a life-long friend of Harvey Manning; both knew each other from Boy Scout days in the 1930's.

We went right to work on building the trail, and six months later Ruth and I held an inspection hike of the trail's first five miles for officials of Weyerhaeuser, the DNR and the Seattle Mountaineers.

Ruth served not just as a lobbyist. She was equally dedicated to Trail-building; she worked on countless trail work parties, as she did twenty years later on the Iron Goat Trail. When I look through my work party name lists, Ruth Ittner's name keeps popping up.

In the mid-1980s, the TMT on both sides of Fifteenmile Creek needed major refurbishing and some relocation. REI sent an army of 62 people to

work the trail with us. I had staked out the trail into numerous work stations, from the Hidden Estates Trail and almost back to Middle Tiger.

Ruth came and I assigned her and an older gentleman to work the tread between the Fifteenmile Railroad Grade and Fifteenmile Creek. Later when I came back to check on their work, the man, well into his eighties, was firmly in the middle of a sit-down strike. He told me he "would not work with a woman." He thought that men only should be working the trail. So Ruth was working alone, without the man's help.

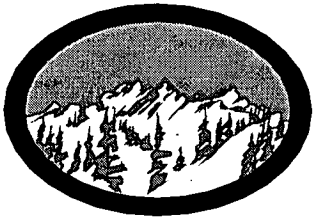
Because Ruth spent so many years gaining permission to build the TMT and since she had worked countless days building and maintaining the trail, in 1982 we named a lovely creek-filled glen after her, "Ruth's Cove." Our IATC President, Doug Simpson, thinks Ruth's Cove is the most scenic spot on the TMT.

Somehow, through the efforts of Harvey's books and Ruth's persistence, members of the Appalachian Trail Conference heard about the TMT. The Appalachian Trail is the East Coast's long distance trail similar to the West Coast's Pacific Crest Trail. Officials of the Conference were completing a national inspection of the trails around the country and had flown to Washington State to hike the TMT.

Harvey and Ruth organized the hike. Harvey, Ruth and two members of the Trail Conference hiked in from the then south trail head on the West Side Road, and I raced in from the north end to meet them. After the hike, the two Trail Conference members called the TMT "the greatest near-city wildland trail in the nation." Thanks to Ruth Ittner!

Ruth perhaps contributed to my most unnerving trail experience. In late August, 1983, I planned a long, two-day solo 52-mile backpack along the Pacific Crest Trail from Stampede Pass to Chinook Pass. This would serve as my last backpack before

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JANUARY 2007

Sunday, December 31 – 9am
NEW YEAR'S EVE DAY
Cougar Mt. Ramble-via
Redtown Trailhead
2B – 4-5 miles, 500' gain
Joe Toynbee 206-723-6716

Monday, January 1 – 9am
NEW YEAR'S DAY
Cougar Mt-Mid Coal Creek
2A – 3 miles, 200' gain
Steve Williams
425-453-8997

Saturday, January 6 – 10am
Cougar Mt. Perimeter Trail
From Newport Way
2C – 6 miles, 1400' gain
Bob Gross 425-427-8449

Sunday, January 7 – 9am
Tiger Mt 2 and 3 from the Trail Center
3C-8 miles, 2200' gain
Richard Mann
425-391-0410

Saturday, January 13 – 9am
Bellevue's Mercer Slough Park; Mercer Island
"forested" I-90 lid, weather-permitting-
3A-10 miles, 200' gain
Ralph Owen 425-746-1070

Sunday, January 14 – 9am
Cougar Mt summits and trails on south side
3C-8miles, 2000' gain
Tom Palm 206-783-6005

Sunday, January 14 – 9:30am
Twin Falls
2B-5 miles, 700' gain
Mary Nolan 425-837-1535

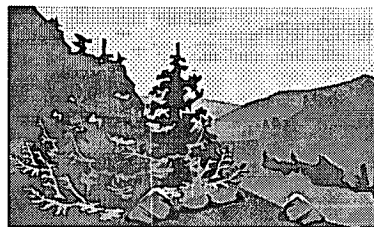
Saturday, January 20 – 9am
Cougar Mt-double loop around Wilderness Peak
to Longview Peak
3C-7 miles, 1900' gain
Scott Prueter 425-369-6016

Sunday, January 21 - 11am
Grand Ridge County Park and Issaquah
Highlands exploration
2B-6 miles, 900' gain
Dave Kappler
425-392-3571

Thursday, January 25 - 7pm
IATC Annual Meeting
Trails Center-1st & Bush

Saturday, January 27 - 12 noon-3pm
Cougar Mt Ethnobotany & Critter Clues-
Redtown trailhead-2A
Steve Williams
425-453-8997

Sunday, January 28 – 9am
Cougar Mt-Squak Mt Ramble-from AA Peak to
Mountainside Dr. Car shuttle
2A- 4 miles, 300' gain
Doug Simpson.
425-392-6660



FEBRUARY 2007

Saturday, February 3 - 9am
Cougar Mt. circle ambulation,
3B, 7miles, 1000' gain
Joe Toynbee 206-723-6716

Sunday, February 4 - 9am
Squak Mt-visit summit and see an interesting
descent variation
3C, 8 miles, 2000' gain
Tom Palm 206-783-6005

Saturday, February 10 - 9am
Cougar Mt-Licorice Fern Trail to Quarry Trail,
return Far Side Trail
2B, 6 miles, 500' gain
Doug Simpson
425-392-6660

Sunday, February 11 - 11am
Cougar Mt-explore Talus urban village and
Cougar Mt. Wildland Park
2B, 5 miles, 1200' gain
Dave Kappler
425-392-3571

Friday, February 16 - 10am
Cougar Mt-DeLeo Wall via Newcastle Golf Club
2B-4 miles, 500' gain
SLOW PACE
Warren Jones
425-391-7409

Saturday, February 17 - 8:30am
Squak Mt-explore East ridge and proposed
Perimeter Loop Trail-expect some brushy spots
3C, 8-10 miles, 2000'+ gain
Ralph Owen 425-746-1070

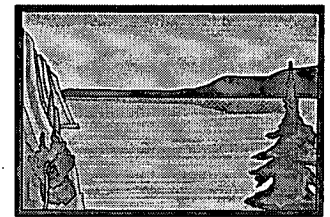
Sunday, February 18 - 9am-1pm
Birdwatch & Stream hike, Newcastle Beach-
lower Coal Creek – 2B
Steve Williams
425-453-8997

Wednesday, February 21-
Hike Leaders' Meeting-
Trails Center-7pm

Saturday, February 24 - 9am
Squak Mt-loop hike over Central Peak and West
Peak with Rainier view for lunch- 3C
7-8 miles, 2000' Gain
Scott Prueter 425-369-6016

Sunday, February 25 - 9am
Squak Mt from sunrise to sunset: start at, return
to Trail Center - 3C
Approximately 10 mile loop, 1700'+ gain
Richard Mann
425-391-0410

IATC ENCOURAGES CARPOOLING +
RECOMMENDS \$0.10/MILE GAS
CONTRIBUTION TO DRIVER



MARCH 2007

Saturday, March 3 - 9:30am
Cedar Butte – hike to hill with great views
2B, 5miles, 1000' gain
Jackie Hughes
425-641-3815

Sunday, March 4 - 9am
Tiger Mt-traverse Tiger W slope; up Chirico and
One View to TMT3; down to Sunset Way;
car shuttle
3C, 10 miles, 2300' gain
Tom Palm 206-783-6005

Saturday, March 10 - 8:30am
West Tiger Mt. Loop-climb to W Tiger 1 & 2
via Chirico Trail; return via West Side RR and
Chirico Trails
4B, 10 miles, 3500' gain
Ralph Owen 425-746-1070

Sunday, March 11 - 11am
DAYLIGHT SAVINGS BEGINS 2AM
Tradition Plateau- hike from the Trail Center
2B, 6 miles, 600' gain
Dave Kappler
425-392-3571

Saturday, March 17 - 9am
Tiger Mt-loop hike over West Tiger 2 via
TMT and K3; return via W T 3 trail
3C, 8 miles, 2500' gain
Scott Prueter 425-369-6016

Sunday, March 18 - 9:30am
Rattlesnake Mt-Stan's Overlook
2C, 5 miles, 1400' gain
Mary Nolan 425-837-1535

Saturday, March 24 - 9am
Squak Mt-south end to Debbie's View, West
Peak and Summit
3C, 8 miles, 2200' gain
Doug Simpson
425-392-6660

Sunday, March 25 - 9am
Middle Tiger Mt. from the south end of the
TMT 3C, 10 miles, up to 2500' gain
Richard Mann
425-391-0410

Saturday, March 31 - 12 noon to 5pm
Cougar Mt. - Licorice Fern to Redtown
2B, car shuttle
Steve Williams
425-453-8997

Sunday, April 1 - 9am
Cougar Mt. Loop from Redtown
3C, 8-10 miles, up to 2500' gain
Richard Mann
425-391-0410

Ruth Ittner continued from page 5

I began my twenty-first year of school-teaching. Long hikes just before school became a tradition for me and gave me inspiration to start another year.

The first day, twelve hours and 27 miles put me at Windy Gap, just north of Pyramid Peak. I had seen just one person that day. I was tired and ate just a small snack before falling into my tent and sleeping bag. Running through my next day's hike, I was just beginning to fall asleep when I heard a car door slam shut.

A car door? Right in the middle of nowhere and after a day when I had seen only one person? Where would a car be in the middle of nowhere? It was eerie, but I fell asleep.

The next morning, after making a six a.m. start and gearing up for a 25-mile day, I happened to look down slope and spied a lone car at the end of a logging road in a far away clearcut. I saw no one so I kept on moving along the PCT.

I later told this story to several people and finally to Ruth. She listened intently and replied, "Bill, I was in that car!" Ruth had driven to the clearcut to check up on logging practices and had spent the night in her car miles away from any major road. Two friends alone in the wilderness and neither knowing the other was nearby!

This is just a meager account of what Ruth Ittner has done for trails in our region. Her influence has been vast. Without Ruth Ittner so many trails would have remained unbuilt, so many areas lost to development.

Tiger Mountain would surely be lost without the successful efforts of Ruth. According to our Harvey Manning, "Ruth has long been our patron saint of the trails. She has been distinguished over the years by major accomplishments in planning trails and getting them built."

Thank you, Ruth!

HIKER'S CORNER

By Joe Toynbee

In this Alpiner, I would like to salute a group of people who make our hike program happen: our leaders. Our leader roster consists of about thirty people who lead varying numbers of hikes. They receive no payment--unless we count your thanks.

Taking responsibility for leading a group of people out into terrain with sometimes poor trails and sometimes bad weather is no small matter. On the rare occasion when an injury occurs to a group member, our leaders nearly always respond admirably. At the same time, our leaders are not perfect. If you see something happening on a hike which bothers you, bring it up. Any good leader values group input, even though he or she must exercise ultimate control.

You yourself might aspire to being a hike leader. If so, we suggest that you go on several of our hikes, observe the leaders in action, and decide if the role is right for you. Leadership is not for everyone. If you do decide to try it, please call one of the Hike Coordination Committee members listed in the Alpiner. We could always use more leaders and fresh faces.

**MEMBERSHIP QUESTION?**

If you have any questions about your membership in the IATC, or have had any problems with the delivery of your ALPINER, please contact Jackie Hughes at: jhughes62003@yahoo.com.

Ruth Ittner continued from page 4

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In this Alpiner, I would like to salute a group of people who make our hike program happen: our leaders. Our leader roster consists of about thirty people who lead varying numbers of hikes. They receive no payment--unless we count your thanks.

Taking responsibility for leading a group of people out into terrain with sometimes poor trails and sometimes bad weather is no small matter. On the rare occasion when an injury occurs to a group member, our leaders nearly always respond admirably. At the same time, our leaders are not perfect. If you see something happening on a hike which bothers you, bring it up. Any good leader values group input, even though he or she must exercise ultimate control.

You yourself might aspire to being a hike leader. If so, we suggest that you go on several of our hikes, observe the leaders in action, and decide if the role is right for you. Leadership is not for everyone. If you do decide to try it, please call one of the Hike Coordination Committee members listed in the Alpiner. We could always use more leaders and fresh faces.



MEMBERSHIP QUESTION?

If you have any questions about your membership in the IATC, or have had any problems with the delivery of your ALPINER, please contact Jackie Hughes at: jhughes62003@yahoo.com.

Hiking Information

Hike Leaders

Hike leaders are volunteers who donate their time to lead people who want to hike and explore the trails in the Issaquah Alps and other nearby foothills (Cascades) in King County. Hikes are scheduled and led year-round unless severe conditions pose a safety hazard.. Minimum attendance is three, including the leader.

Hikes in the Issaquah Alps may be good or bad, easy or hard, muddy or dusty, brushy or clear, steep or flat—or all the above. Some are not much more than animal trails. As volunteers, neither hike leaders, the Issaquah Alps Trails Club (IATC), or Club directors are in any way responsible or liable for a hiker's comfort, transportation, property, safety, or general well-being while traveling to and from the trailhead or hiking or working on any trail.

The Club's sole purpose is to show hikers where the trails are and to lead the way. The public, other clubs, youth groups, church groups, and others are welcome and wholeheartedly invited to join hike leaders and others who want to hike these trails. Children under 18 should be accompanied by an adult. Please, no dogs on hikes.

Hike Classifications

Each hike has a number and letter designation after it (e.g., 2C). Numbers indicate hiking time and letters indicate degree of difficulty.

Hiking Time

Class 1: 2 hours Class 3: 6 hours
Class 2: 4 hours Class 4: 8 hours

These are approximate hiking times. They do not include travel time to and from the trailhead (20 to 40 minutes depending on the location of the hike) or meal times (lunch will add another 20 to 40 minutes depending on the mood of the group).

Times are based on an assumption of a two-mile-per-hour pace with one-half hour added for each 1000 feet of elevation gain. Trail conditions, weather, and unexpected hazards could extend the hiking time.

Degree of Difficulty

A: Little or no elevation gain, up to 500 feet, no difficulties for average walker.

B: Some climbing, up to 1200 feet, or some other difficulty.

C: More climbing, up to 2500 feet, or some other difficulty.

D: Much climbing, over 2500 feet of elevation gain.

Hike Description Modifiers

Leader's choice: The leader had not decided where to hike before publication of the hikes schedule.

Trail party: Trail maintenance work party.

Exploratory: The leader goes cross country off the main trail system to explore animal trails, canyons, old logging roads, or old railroad grades.

Expect to go through brush, over logs, tiptoe through wildflowers, and/or mud while having a good time hiking where others seldom tread.

continued on page 10

Hike Information *continued from page 9*

Family hike: For parents and children. Easy pace. Call leader for hike particulars.

NOTE: Group hikes do not lend themselves to dogs. Please leave your dogs at home when going on a Trails Club hike.

Meeting Place

Trails Club hikes meet in the parking lot at the corner of First and Bush streets next to the IATC clubhouse (the little yellow stationmaster's house). To get there, take exit 17 (Issaquah Front Street) from Interstate 90 and turn south into downtown Issaquah. Go about one mile through town on Front Street, then go two blocks past the light at Sunset Way, and then turn left on Bush Street. Go two blocks to Rainier and turn into the lot on the left.

Clothing

Dress for the Pacific Northwest outdoors. Expect rain, snow, sunshine, fog, and everything in between. Bring extra clothing, raingear, food, drink, matches, flashlight, and first-aid supplies. Wear comfortable hiking boots or hiking shoes.

Trail Maintenance

Volunteers periodically organize and schedule trail maintenance parties as listed in the hikes schedule. Work parties meet at the same place as hikes (see above). The Club is well supplied with heavy trail maintenance tools, but workers may also bring their own loppers, weed whackers, and other tools.

Trail work parties last at least four hours. Trail maintenance is vital to the Club's work and is

✓ Checklist:

- Food
- Water
- Daypack
- Raingear
- Warm clothes
- Hiking Shoes

Each item is required in order to participate in an Issaquah Alps Trails Club hike!

Don't leave the trailhead without them!

an integral part of the Department of Natural Resources (DNR) management plan for Tiger Mountain.

Work parties must limit their activity to trails listed by the DNR as scheduled for maintenance. Construction of new trails is not allowed. Work parties are a great way to meet people! Individuals and groups are encouraged to adopt a trail—or section of trail—and take the responsibility of maintaining it.



Issaquah Alps Trails Club Publications Order Form

Return this completed form along with your check to:

Issaquah Alps Trails Club Publications, P.O. Box 466, Issaquah, WA 98027

Name: _____ Address: _____

ITEM	PRICE*	QTY.	TOTAL
Book: The Flowering of the Issaquah Alps--Revised!	\$ 9.00		
Book: The Authoritative Guide to the Trails of Cougar Mountain Wildland Park and Surrounds	15.00**		
Book: Guide to Trails of Tiger Mountain	15.00***		
Book: The Coals of Newcastle: A Hundred Years of Hidden History	15.00		
Book: Eastside Family Hikes	3.00		
Book: Squak Mountain: An Island in the Sky	15.00		
Map: Issaquah Alps Tiger Mountain, 1998 revision	2.00		
Map: Issaquah Alps Cougar Mountain, 2001 revision	2.00		
Map: Issaquah Alps Squak Mountain (2005)	6.00		
Green Trails Map: Tiger & Taylor Mountains, Map 204S	8.00		
Green Trails Map: Cougar & Squak Mountains, Map 203S	8.00		
Green Trails Map: Rattlesnake Mountain & Upper Snoqualmie Valley Map 205S	8.00		
Green Trails Map: Mount Si NRCA & Snoqualmie Corridor, Map 206S	8.00		

*All prices include shipping and handling.

**One (1) IATC Cougar Mountain Map included.

***One (1) IATC Tiger Mountain Map included.

Total: _____

Issaquah Alps Trails Club Foundation and Membership Request Form

Name: _____

Address: _____

Telephone: _____ E-mail: _____



All donations are tax deductible. Your donations fund The Alpiner publication costs and the club's minimal operating costs first, with 100% of remaining funds being directed where they can best address the trail design, construction, maintenance and advocacy needs throughout the Issaquah Alps.

Note: Membership does not require a donation; however, donations help us preserve and enhance your Issaquah Alps.

Annual donation levels:

p The basic hiker.....\$15 p The project supporter.....\$25

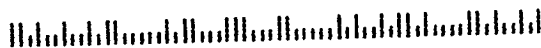
p The IATC sponsor.....\$50 p The visionary.....\$100 and above

IMPORTANT: This form and your donation and/or membership request form should be mailed to:
IATC Foundation, P.O. Box 351, Issaquah, WA 98027

Issaquah Alps Trail Club
P.O. Box 351
Issaquah, WA 98027

Address Service Requested

Non-Profit
U.S. Postage
PAID
Issaquah, WA
Permit #70



*****AUTO**3-DIGIT 980
SUBSCRIPTION DATE: 09/14/07
CHARLES & MALENA MCCRONE
PO BOX 593
ISSAQUAH, WA 98027-0022

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Issaquah Alps Trails Club

Issaquah Alps Trails Club Publications

See page 15 for the publications order form.

Note: All of the following prices
include shipping & handling.

o *Flowering of the Issaquah Alps*—Revised! By Fred and Ann Weinmann and Harvey Manning. 1996 updated edition. This new edition lists trees, shrubs, ferns, and flowers found in the Issaquah Alps. Flowers are listed by color, season when flowering, and where many of the plants can be found. \$9.

o *Guide to the Trails of Cougar Mountain Regional Wildland Park and Surrounds*—By Charles McCrone. 2000 edition. Completely updated version gives historical background and descriptions for every park trail, plus 30 other trails in the surrounding area including Bellevue, Newcastle, Renton, and the Precipice. \$15 (includes map listed in next column).

o *Guide to Trails of Tiger Mountain*—By Bill Longwell. 2003 revised edition. Updated trail information, two new trails and numerous photographs. \$15 (includes map listed in next column).

o *The Coals of Newcastle: A Hundred Years of Hidden History* By Richard K. McDonald and Lucille McDonald. A complete history of the once-thriving coal mining area of Cougar Mountain now hidden from all but hikers. 100+ photographs, 4 maps, and Tim O'Brian's

account of the incredible Seattle and Walla Walla Railroad. \$15.

o *Eastside Family Hikes*—By Peggy Barchi. 2001 revised and updated edition. Descriptions of family hikes (annotated for stroller use and picnicking) on the Eastside. \$3.

o *Squak Mountain: An Island in the Sky* By Doug Simpson with trail descriptions by David Langrock. Provides a history of Squak Mountain and its gestation as a park. Includes 4 loop hikes covering most of the mountain trails. Includes many earlier writings by Bill Longwell and vignettes by others. \$15.

o *Green Trails Tiger & Taylor Mountain*. Map 204S. \$8.

o *Green Trails Cougar & Squak Mountains*. Map 203S. \$8.

o *Green Trails Rattlesnake Mountain & Upper Snoqualmie Valley*. Map 205S. \$8.

o *Green Trails Mount Si NRCA & Snoqualmie Corridor*. Map 206S. \$8.

o *Green Trails Quality Squak Mountain Map*. By IATC member Harry Morgan. \$6.

o *IATC Tiger Mountain map*. 1998 revised. \$2.

o *IATC Cougar Mountain map*. 2001 revised. \$2.