



April ♦ May ♦ June 2005

Cougar ♦ Squak ♦ Tiger ♦ Grand Ridge ♦ Taylor ♦ Rattlesnake

2004 Trailwork

by Bill Longwell

Be proud of your two IATC trail crews.

Each year when we tally up the hours of these trail crews, we always think that never will we equal the numbers of the previous year. That is true again this year. It is difficult to believe that our crews will ever again equal the 4532 hours worked in 2004.

2004 was an extraordinary work year because the work load was extraordinary. The December, 2003 windstorm dumped at least a thousand logs across Tiger Trails. Squak and Cougar Mountains were mostly spared the damage.

Work crews literally doubled their efforts; most people worked much more than they had ever worked before.

Of the 483 2004 trips (yes, 483!), 374 were solo efforts. Solo work parties are really the norm for our trail work.

Scott Semans, leader of one crew, worked at least 47 times alone, and then came back on most of his multi-work parties.

Rich Johnson spent 58 days plying trails alone, both in the Issaquah Alps and US Forest Service trails.

One worker, who always wishes to remain anonymous, also spent 58 trips working trails alone. He always worked 10 hour days.

Ken Hopping, tireless and equally dedicated, went on

109 work parties. His specialty is a cross cut saw. He is a master of that saw. Sometimes he carried a five-foot saw and sometimes he carried a three-foot saw. At any rate, in 2004, he cut a total of 747 logs from trails, 545 on Tiger alone. Ken also worked numerous Forest Service trails.

Scores of other work parties, led by Fred Zeitler, Pete Girard and Bill Longwell, covered about 75 different trails, both in the Issaquah Alps and on US Forest Service trails.

Trail work consists of more than sawing out logs from trails. It means kicking rocks from the tread, clearing the tread of all limbs and branches (some as large as trees), draining troublesome spots and generally returning time and time again to the same trail to do this work all over again.

Trails need continuous work. A one-time cleanup can be undone by just a light rainstorm or windstorm.

What's most amazing about our eleven-year history of trail work is that no one has ever suffered an injury. We use power tools much of the time.

Look at the eleven-year record and then look at the list of regular workers. Say a silent prayer of thanks for all their efforts for this club.

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IATC subsists on member donations only. Please send your tax-deductible contributions to the address above to help sustain our efforts to preserve, protect, and promote the Issaquah Alps and local environment.

Articles are welcome, preferably via e-mail to: dgjsimpson@aol.com
Send diskette or hard copy to post office box number above.

Issue deadlines: November 21 for January; February 21 for April; May 21 for July; August 21 for October.

Note: All telephone numbers are area code 425 unless otherwise noted.

Trailwork, cont'd. from pg.

2004 REGULAR VOLUNTEERS**2004 REGULAR VOLUNTEERS**

| YEAR | TRIPS | DAYS | WORKER DAYS | WORKER HOURS | | |
|---------------|-------------|-------------|----------------|-----------------|-------------------|----------------|
| 1994 | 29 | 34 | 108 | 722 | Anschell, Debbie | Toynbee, Joe |
| 1995 | 63 | 69 | 152 | 941 | Hopping, Ken | Geegh, Skip |
| 1996 | 73 | 89 | 180 | 1277 | Semans, Scott | Kumar, Ravi |
| 1997 | 179 | 192 | 370 | 2047 | Anschell, Russell | Vervoort, Ed |
| 1998 | 184 | 201 | 461 | 2272 | Howatson, Ron | Girard, Pete |
| 1999 | 175 | 185 | 457 | 2405 | Simmons, Stan | Longwell, Bill |
| 2000 | 173 | 188 | 520 | 2606 | Davies, Sally | Zeigler, Bob |
| 2001 | 260 | 282 | 491 | 2977 | Johnson, John | Gross, Bob |
| 2002 | 349 | 358 | 488 | 3368 | Taylor, Michael | Reed, Page |
| 2003 | 380 | 394 | 655 | 3612 | Davis, Bill | Zeitler, Fred |
| 2004 | 483 | 487 | 779 | 4532 | Johnson, Rich | |
| TOTALS | 2347 | 2478 | 4692 | 25608 | | |

WORK LOCATIONS

| <u>WORK AREA</u> | <u>TRIPS</u> | <u>PEOPLE</u> | <u>DAYS</u> | <u>HOURS</u> | <u>TRAILS</u> |
|--------------------------------|--------------|---------------|-------------|--------------|--|
| COUGAR | 41 | 95 | | 479 | |
| SQUAK | 31 | 127 | | 595 | PHILS, E. SIDE, OLD GRIZZ, SMAT |
| TIGER | 157 | 314 | | 1667 | |
| WEYCO | 6 | 20 | | 75 | TEN CR, LAKES 30300 LOOP |
| DNR MIDDLE FORK | 26 | 26 | | 260 | MAILBOX, GRANITE CR, GREEN MTN. |
| DNR SOUTH FORK | 18 | 33 | | 219 | TENERIFFE, MT. WASH, DIRTY HARRY'S, CEDAR BUTTE |
| US FOREST SERVICE | 81 | 107 | | 874 | |
| 2004 REGULAR VOLUNTEERS | | | | | |

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IATC Adjusts Board

At its annual meeting January 31, the Issaquah Alps Trails Club added four new members to its board, one of whom, Sally Pedowitz, will serve as secretary on the executive board. Also elected were Dr. Karen Tom, Melinda Livingstone and Richard Mann. Other than Pedowitz replacing Susan Duffy, who has moved out of the area, the rest of the executive board remains intact, with Doug Simpson serving a second year as a president, Ken Konigsmark and Steven Drew continuing as vice presidents for advocacy and issues, and Jackie Hughes as treasurer. Livingstone previously served on the board in 1995.

Leaving the board besides Duffy are David Langrock, after five years of service on the board in addition to his work on the website, Mary Nolan and Fred Zeitler. Zeitler, who has been on the board since 1998, will continue with his duties as Hikes Coordinator.

The board meets quarterly, with the next meeting scheduled for Monday, April 25 at the Trail Center headquarters.

It Pays to Save

The Trust for Public Land has issued a publication called "Land and People" in which it enumerates five reasons why land conservation makes good economic sense.

1. Parks and open space often increase the value of nearby properties, along with property tax revenue.
2. Parks and open space attract businesses and trained employees in search of a high quality of life.
3. Parks and open space attract tourists and boost recreational spending.
4. Parks and open space reduce obesity and health care costs by supporting exercise and recreation.
5. Working lands, such as farms and forests, usually contribute more money to a community than the cost of the services they require.

President's Report

by Doug Simpson

The Cougar Mountain Regional Wildland Park without manager Steve Williams? It doesn't seem possible, but Williams, the park's only manager since its inception, retired as of March 1. Not only will he be sorely missed, but he will certainly be a tough act to follow. Hopefully, the park will be in good hands with new manager Niki McBride (see accompanying article).

"Steve has been a quiet hero in the Issaquah Alps for decades," said veteran Issaquah Alps Trails Club leader Ken Konigsmark. "His dedicated efforts have guided, built, and maintained the regional wildland park we all enjoy on Cougar Mountain, but Steve's efforts go far beyond that to also include invaluable trail projects on Squak and Rattlesnake mountains as well. The careful stewardship that Steve brought to these lands will benefit both people and wildlife for generations to come."

"The first time I went into the Cougar park, I found it a scary place," Williams recalled. "I could get lost in there, I thought." Before long, his anxieties were overcome. "Now the whole park is friendly and comforting. I really enjoy being there," he said. "I have had fun watching it come back and reach its current beauty. I enjoy the cycle of life it provides."

When Williams came to the Cougar district in 1984, after ten years of service at Luther Burbank and in the Renton district of the King County parks system, he found an abandoned military site full of abandoned buildings and trash, and terrorized by motorcycle gangs.

Williams credits IATC's Harvey Manning for the concept of the park and cites the vision of politicians Randy Revelle, Larry Phillips and Gary Locke for making the park a reality. He points out how the two military bases were connected by several land purchases, eventually expanding the park to its present size. He believes the old coal mine shafts helped too, as much of the park really could not be developed due to the danger from mine cave-ins.

In his twenty-year tenure in the Cougar Mountain District, Williams' accomplishments have been enormous.

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While supervising the expansion to a four square-mile park, he has overseen development of seventy miles of trails in eight different parks. He has built 39 bridges and boardwalk systems. He has designed and fabricated 14 major interpretive signs, kiosks or displays. His efforts include supervising closure of 17 mine openings (three he discovered) and planting over 60,000 trees, including some Sitka spruce. Williams was a key partner in developing the Cougar Master Plan and in preparing the trail map and information brochure. He co-managed 15 "Return to Newcastle" historic public events and established and built key missing links in the Mountains to Sound trail system. He took great pride in educational programs, especially for kids, and supervised hundreds of volunteer work parties and special projects. And he taught a whole generation of park workers his values to keep the park natural and to assure that maintenance efforts had a "minimal impact" on the park.

Williams stresses that the Cougar park is a WILDLAND and that it must be kept that way. He takes great pride in the park's wildlife. "As best as I can tell," he said, "the same wildlife is here as when I started. We think our wildlife stewardship is doing what it was intended to do. We see new bear cubs every year. And we have deer, cougars, coyotes, red fox, rabbits, owls and at least two pair of ravens."

In twenty years, Williams has never had a problem with a bear. "They are omnivorous scavengers," he said, "not predators. We've never had a bear attack." However, Williams remains concerned about the safety of bears and other wildlife trying to cross roads. For years he has sought some kind of tunnel across SR-900 so bears and other animals can safely cross to and from Cougar and Squak mountains.

"The IATC deserves an awful lot of credit," Williams said. Through the club, Williams used to lead hikes himself, hikes of an educational, interpretive nature. "It was a way for me as a park employee to discover what's in my district. The IATC helped me become more responsible and to learn how to make the park better."

Williams has found it difficult to maintain a balance between preservation and exploration. "It has been a big concern to preserve chunks of land for animals and yet to open space for hikers." He has also had to monitor the safety of hikers in areas where possible mine cave-ins present danger.

The bearded veteran of Cougar in recent years has felt great budgetary pressures. "We are under so much pressure to raise money now that people have to look at suggestions." To date, eight trail runs have raised funds. While the yurts concept will be tested at Tolt-McDonald Park, the camping issue has been put on the back burner. Williams says that folks marches are a good opportunity that would bring in funds and still use the park as it was intended, unlike runs that take a definite toll on trails. He also says the "Million Dollar Viewpoint" by the AA peak might in the future have a large tent set up for rented weddings, picnics and other activities.

In his retirement, Williams plans to devote much time to family and personal projects. He looks forward to having time to explore the trails of Tiger Mountain, long a desire. And he knows he is welcome to participate in the activities of IATC, Mountains to Sound and other recreational organizations.

"Steve Williams has set so high a standard in managing the Cougar Mountain Regional Wildland Park that his successor will be hard-pressed to match it," exclaimed Harvey Manning, IATC founder. "It will be up to the Issaquah Alps Trails Club to see to it that Steve's contribution to the welfare of our "Wilderness Within" is not ALLOWED TO BE ERODED AWAY by the ever-pressing demands for the games and play of civitas."

"Cougar has been a tremendous accomplishment for me and many others. I believe it will be a fantastic legacy to our grandchildren," he stated. Williams will definitely be missed, but he surely will not be forgotten.

Hikers' Corner



Greetings, fellow hikers. Last year we again had record turnouts on our scheduled outings.

We led 156 hikes and had a record attendance of 1497 hikers. Last summer we also led hikes along the Mountain-to-Sound corridor along I-90 up to the pass. My special thanks go out to our hike leaders for signing up for and leading all these hikes.

Along with larger turnouts last year, we also had some accidents for the first time in years. Even with proper footwear we had three accidents where hikers slid on slippery rocks and logs. In each case the King County Search and Rescue teams got the hikers out on a timely basis and without further complications. Our thanks to the volunteers on these teams.

As I prepare the schedule for upcoming hikes I'll make my usual appeal for more volunteers as hike leaders. If anyone is interested, please let me know.

See you on the trails.

Fred Zeitler, Hikes Coordinator

Drew Cited as 'Watchdog'

by Doug Simpson

Steve Drew, IATC vice-president for issues and advocacy, was recently featured as a community watchdog in the Winter 2005 issue of the *Issaquah Living* magazine published by *The Issaquah Press*.

Drew, an independent property claims adjuster, has been on the IATC board for eight years now, having served three terms as president. Drew attends many city meetings and keeps in regular contact with several elected officials, enabling him to stay informed on issues of land use, traffic problems, water quality and open space creation and preservation.

Special issues for Drew at this time are working with the Talus development on Cougar Mountain's east

flank "to build adequate trailheads and links with city and county open space" and the ongoing battle over the Southeast (as he calls it) "Boondoggle" Bypass.

Drew credits Issaquah city government as being "accessible even when frustrating," but would like to see more committee representation for people with activist backgrounds; which would provide a broader knowledge to the committees.

"Our elected officials need to pay more attention to the city residents' needs and desires and be much less influenced by the influential few who advocate city policy for direct financial gain," Drew stated for the article.

Drew credits interaction with city government as "very positive," but he urges greater enforcement of the city's sign code.

Among his triumphs as a watchdog activist, Drew cites getting the Squak Mountain Access Trail built, preventing a developer's water tank from being permanently housed on King County open space, preservation of a wildlife corridor as part of the Foothills development, and the creation of more open space with the South Issaquah Creek Greenway. Besides these IATC priorities, he has also contributed to shaping the educational focus and displays at the fish hatchery and helping to get pathways and flashing crosswalks installed along Newport Way.

DNR on Tiger Mountain

by Kelly Heintz, DNR Ranger

Washington State Department of Natural Resources (DNR), in partnership with the Mountains to Sound Greenway Trust and the Washington Trails Association, has kicked-off a major effort to rebuild and clean up many of the trails on Tiger Mountain. Trail work began in early January and will continue throughout 2005.

DNR received a \$48,000 National Recreational Trails Program grant to provide sorely needed work on the 30-mile trail system located within the West Tiger Mountain Natural Resources Conservation Area

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(NRCA) and managed by Washington State Department of Natural Resources. Tiger Mountain provides a year-round outdoor recreational outlet for over 150,000 people every year.

The rapidly growing use has placed extensive pressure on trails built 20 years and more ago. Trails were also heavily damaged by the major storms in the winter of 2003. To ensure these trails remain passable and safe for a growing number of users while protecting the streams, forests and unique flora and fauna of the NRCA now requires extensive repair and reroutes.

With hundreds of thousands of hikers using the trail in the past decade, the damage is easy to recognize. Exposed tree roots are tripping hikers. Old wooden trail structures are rotting away. Water running down the trail leads to muddy and dangerously slick conditions. And as hikers avoid these wet spots and rocky gulches, the trail has gradually widened, causing further environmental damage.

Repairs to West Tiger Mountain will be labor intensive. Hundreds of hard-working volunteers are needed to join crews from the Washington Trails Association and the Mountains to Sound Greenway Trust for over 100 workdays this year to repair wooden boardwalk, install signs and fences, reroute sections of trail, install drainage structures, harden the trail with tons of crushed rock, cut out fallen trees and brush back encroaching shrubs. To the delight of West Tiger NRCA fans, the trails will remain open during trail work and the hundreds of volunteers will work around the thousands of hikers they encounter.

Taking Back the Cascades

(Editor's Note: The following article is excerpted from Rick McGuire's piece in the summer issue of *The Wild Cascades*, published by the North Cascades Conservation Council.)

Not much truly pristine country remains to be protected in the Cascades. The challenge is to "take back" places, and expand the definition of wild country to include re-wilding places. Just about all of the rest of the world has made this transition. Wild places in Europe always have traces of past human activities, as do places in eastern North America.

The drive to re-wild places around here began with Harvey Manning and the campaign to protect what he dubbed the "Issaquah Alps." When thus named, these were little more than typical Cascade foothills, roaded, logged, distinguished only by their proximity to Seattle. The name seemed more than a little over the top—"alps," for these rounded hills? And why would anyone want to protect a bunch of second growth? Tiger Mountain was a place for high school kids to drive up on Friday nights to drink, hang out, and look at the views.

But no one laughed for long. Harvey's idea of "Wilderness on the Metro" took off, perhaps even more than he thought it would, and the rest is history. The Issaquah Alps were largely taken back, and today Tiger Mountain presents a pleasing vista of continuous forest, all of it rewilding second growth, perhaps the most popular hiking destination in the state.

While the Issaquah Alps model may not fit all other parts of the Cascades, certainly parts of it can be exported, and modified as needed for local conditions. The Middle Fork Snoqualmie valley near North Bend, formerly much abused, is now the object of a long-standing drive to "take it back." Large parts of the North Fork Skykomish valley, railroad logged 80 years ago, are proposed for inclusion in the Wild Sky Wilderness. There are numerous other places in the process of re-wilding in the Sauk, Suiattle, Skagit and Nooksack areas, places where future protected areas, whether wilderness of some other designation, could and should take in productive low valleys which once saw some logging.

Snoqualmie Point Project

(Reprinted from *Mountains to Sound Greenway*)

A plan to enhance the visitor facilities at Snoqualmie Point, just off I-90 at exit 27, got a boost recently when Congress awarded \$596,460 to the Greenway Trust for design and construction at the sweeping regional viewpoint. The federal funds will be coupled with a

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APRIL

Saturday, April 2, 8:30 AM
PooPoo Point Plus
Loop hike up Chirico then back door route to Hidden Forest trail and newly reopened 15 mile RR grade. Return via TMT, one view and PooPoo Point trails
4D, 12 miles, 3000 ft. gain
Skip Geegh 425-451-2108

Sunday, April 3, 9:30 AM
DAYLIGHT SAVINGS TIME BEGINS
Cougar Mountain
Multiple loops on Eastside of mountain and around AA peak.
3C, 8 miles, 1700 ft. gain
Fred Zeitler 425-882-3435

Wednesday, April 6, 9:00 AM
Cougar Mountain
Loop hike to Wilderness Peak
2C, 4 miles, 1300 ft. gain
Melinda Livingstone 425-392-7455

Saturday, April 9, 8:30 AM
West Tiger 1
Loop hike to West Tiger 1 from Preston
3D, 9 miles, 2700 ft. gain
Ron Howatson 425-392-8344

Sunday, April 10, 10:00 AM
West Rattlesnake
Hike from old winery to Stan's Overlook and beautiful views of Mt. Baker, Mt. Si, and the Snoqualmie Valley
2B, 5 miles, 1100 ft. gain
Mary Nolan 425-837-1535

Saturday, April 16, 8:30 AM
Mt. Si
Popular and strenuous hike
3D, 8 miles, 3500 ft. gain
Richard Mann 425-391-0410

Saturday, April 16, 10:00 AM
Cougar Mountain
From Redtown over Marshall hill to Coal Creek Falls
2B, 5 miles, 700 ft. gain
Bert Drui 425-746-0709

Sunday, April 17, 8:30 AM
Rattlesnake Mountain
Big traverse via Rattlesnake Mtn. Trail
Strenuous hike with great views.
4D, 12 miles, 3000 ft. gain
Ralph Owen 425-746-1070

Sunday, April 17, 1:00 PM
Tradition Lake Plateau
Loop hike from trail center to Plateau and 2 lakes with emphasis on flowers, shrubs and trees of spring.
2B, 5 miles, 600 ft. gain
Dave Kappler 425-392-3571

Wednesday, April 20, 9:00 AM
S. Tiger Flower Walk
Identify trees, shrubs and flowers.
Slow pace
1A, 3 miles, 500 ft. gain
Bill Longwell 425-222-6775

Saturday, April 23, 9:00 AM
Cougar Mountain
Double loop around Wilderness Peak and to Longview Peak
3C, 7 miles, 1900 ft. gain
Scott Prueter 425-369-6016

Sunday, April 24, 9:00 AM
Squak Mountain
Hike from Sunrise to 2 peaks and Mt. Rainier views. Return via Eastside trail.
3D, 9 miles, 2600 ft. gain
Doug Simpson 425-392-6660

Friday, April 29, 10:00 AM
Echo Mountain
Annual flower hike to one of the forgotten mountains.
2B, 4 - 5 miles, 600 ft. gain
Betty Culbert 425-432-7387

Saturday, April 30, 9:30 AM
Cedar Butte
Hike to another seldom visited hill with great views.
2B, 5 miles, 1000 ft. gain
Jackie Hughes 425-641-3815

MAY

Sunday, May 1, 9:00 AM
West Rattlesnake Ridge Circuit
Loop hike to two scenic viewpoints via an old mining trail.
2C, 6 miles, 1300 ft. gain
Joe Toynbee 206-723-6716

Wednesday, May 4, 9:00 AM
Squak Mountain
Loop hike to great view point
2C, 5 miles, 1300 ft. gain
Melinda Livingstone 425-392-7455

Friday, May 6, 6:30 PM
Annual Flower Walk
Preston trail. Identify trees, flowers and shrubs on a paved trail. Slow pace

1A, 3 miles, 100 ft. gain
Bill Longwell 425-222-6775

Saturday, May 7, 8:30 AM
Annette Lake
Hike through old growth forest to peaceful lake. Note: Car pooling, driver compensation required (\$3.00)
3C, 7 miles, 1800 ft. gain in, 100 ft. out
Richard Mann 425-391-0410

Sunday, May 8, 9:00 AM
South Tiger
Easy hike on TMT to Otter Lake, then up to great lunch spot. Return via S. Tiger traverse and new horse trail
3C, 7 miles, 1600 ft. gain
Fred Zeitler 425-882-3435

Saturday, May 14, 9:00 AM
Tiger Mountain
Loop hike from Trailcenter up High School trail and Section Line trail to Talus Caves
Return via Tradition and Round Lakes
2C, 6 miles, 1300 ft. gain
Scott Prueter 425-369-6016

Sunday, May 15, 9:00 AM
North Tiger Loop
Hike Nook trail, Section Line, Adventure trail, Big Tree and Swamp trails
2B, 5 miles, 900 ft. gain
Tom Palm 206-783-6005

Sunday, May 15, 10:30 AM
S. Tiger lookout
Hike TMT past Hobart Gap and up to Powerline lookout.
2B, 4 - 5 miles, 1000 ft. gain
Bert Drui 425-746-0709

Saturday, May 21, 9:00 AM
Cougar Mountain 1-way hike.
From Redtown to Wilderness Peak via Far Country and Longview Peak. Car Shuttle.
3C, 8 miles, 1500 ft. gain
Doug Simpson 425-392-6660

Saturday, May 21, 9:30 AM
Lake Sammamish Ramble
Loop hike using Sammamish Park trails and Pickering trail
2A, 4 - 5 miles, 0 ft. gain
Dave Kappler 425-392-3571

Sunday, May 22, 8:00 AM
Tiger Mountain Trail (TMT)
Annual hike of the TMT from North to South. Full day.
4D, 16 miles, 3000 ft. gain
Ron Howatson 425-392-8344

Sunday, May 22, 1:00 PM
PooPoo Point
Up and back on Chirico trail for nice views of Mt. Rainier and Mt. Baker
2C, 4.5 miles, 1700 ft. gain
Mary Nolan 425-837-1535

Monday, May 23, 7:00 PM
IATC Board Meeting
Issaquah Trailcenter, 1st and Bush

Tuesday, May 24, 7:00 PM
Hike Leaders' Meeting
Issaquah Trailcenter, 1st and Bush

Saturday, May 28, Call Leader
Talapus/Olallie Lakes
Hike in Wilderness area with maximum group size limit of 12. Call leader for start time and reservation. Car pooling, driver compensation required (\$3.00)
3C, 6+ miles, 1500 ft. gain (+/-)
Richard Mann 425-391-0410

Saturday, May 28, 9:00 AM
Cougar Mountain
1-way downhill from Newcastle to Licorice Fern via DeLeo Wall.
2B, 4 miles, 500 ft. gain
Scott Semens 425-369-1725

Sunday, May 29, 9:00 AM
Taylor Mountain
Hike to Summit via multiple trails and roads
3C, 9 miles, 2000 ft. gain
Ralph Owen 425-746-1070

Monday, May 30, 9:00 AM
Dirty Harry's Balcony
Hike through a series of rock ledges and rock gardens to great views of the valley and distant peaks
2C, 6 miles, 1500 ft. gain
Jackie Hughes 425-641-3815

JUNE

Saturday, June 4, 8:30 AM
West Tiger 1, 2, 3
Loop hike from Trailcenter to multiple peaks and good views.
4D, 12 miles, 3000 ft. gain
Richard Mann 425-391-0410

Saturday, June 4, 9:00 AM
Asaphel Curtis Nature Walk
Identify old growth trees, shrubs and

flowers in a nature preserve. Slow pace
Car pooling. Driver compensation \$3.00
1A, 2 miles, 300 ft. gain
Bill Longwell 425-222-6775

Sunday, June 5, 9:00 AM
Little Si
Hike to popular destination with great views
2C, 5 miles, 1300 ft. gain
Bob Gross 425-427-8449

Sunday, June 5, 10:00 AM
Stan's Overlook
Hike up the Rattlesnake Mtn. trail to great views and great lunch spot.
2B, 5 miles, 1100 ft. gain
Mary Nolan 425-837-1535

Tuesday, June 7, 9:00 AM
Mt. Washington
Hike halfway up Mt. Washington via Twin Falls to Climber's Viewpoint
3C, 9 miles, 2500 ft. gain
Ralph Owen 425-746-1070

Saturday, June 11, 8:30 AM
Mountain to Sound 15 Year Anniversary
Rattlesnake Traverse
Strenuous hike from East to West
4D, 12 miles, 3000 ft. gain
Richard Mann 425-391-0410

Saturday, June 11, 9:00 AM
Mountains to Sound hike
Squak Mountain Traverse
From Trailcenter to Eastridge trail then over Summit to Issaquah junction then West Access to SR 900. Car shuttle.
3C, 6 - 7 miles, 2000 ft. gain
Scott Prueter 425-369-6016

Sunday, June 12, 9:00 AM
Mountain to Sound hike
Cougar Mountain Traverse
From SR900 via AA peak to Redtown
3C, 6- 7 miles, 1500 ft. gain
Fred Zeitler 425-882-3435

Sunday, June 12, 1:00 PM
Mountains to Sound hike
Tiger Mountain
Loop hike from Trailcenter to Tradition Lake Plateau with emphasis on history and hydrology.
2B, 5 miles, 600 ft. gain
Dave Kappler 425-392-3571

Saturday, June 18, 9:00 AM
East Tiger
Hike seldom used trails and roads to Tiger's highest peak
3C, 7 miles, 1700 ft. gain
Fred Zeitler 425-882-3435

Sunday, June 19, Call leader
Snow Lake
Hike to beautiful lake in Alpine Lakes Wilderness. Max group size limit 12.
Call leader for start time and reservation
Car pooling. Driver compensation required (\$3.50). Possible extension to Gem Lake
3C, 7 miles, 1700 ft. gain
Richard Mann 425-391-0410

Checklist:

- Food
- Water
- Daypack
- Raingear
- Warm clothes
- Hiking Shoes

Each item is required in order to participate in an Issaquah Alps Trails Club hike!

Don't leave the trailhead without them!

Sunday, June 19, 10:30 AM
Cougar Mountain
Longview Peak from SR900
2B, 4 miles, 1200 ft. gain
Bert Drui 425-746-0709

Friday, June 24, 10:00 AM
Cougar Mountain
Longview Peak via Indian, Shy Bear and Deceiver trails. Slow pace.
2C, 6 miles, 1500 ft. gain
Warren Jones 425-391-7409

Saturday, June 25, 9:00 AM
Annette Lake
A sylvan stroll to a tantalizing tarn.
Car pooling. Driver compensation (\$3.00)
3C, 7.5 miles, 1800 ft. gain in, 100 ft. out
Denis Harney 206-545-2829

Sunday, June 26, 9:00 AM
Squak Mountain
One way hike, mostly downhill from northern trailhead back to Trailcenter.
2B, 6.5 miles, 800 ft. gain
Scott Semans 425-319-1725

June 2005

continued from page 7

2003 grant from the Bill and Melinda Gates Foundation to create a view promontory, view shelter, restrooms, an entry road, parking and trails. Snoqualmie Point Park is owned and managed by the City of Snoqualmie.

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"We've had a very rewarding partnership with the Greenway Trust on this property," says City of Snoqualmie Parks Director Al Frank. "This viewsite might have been covered in office buildings, but by working with the Greenway Trust, Trust for Public Land and the U.S. Forest Service, we were able to keep it for the public as one of the most spectacular view spots in Western Washington. It should remain a very natural kind of park that Snoqualmie people can continue to use and share with people from all over the region who come to look at the Cascades, from Mt. Si to Mt. Baker."

In 2003, the Bill and Melinda Gates Foundation granted \$500,000 to the Snoqualmie Point Viewsite Park project. Those funds will be meshed with federal funds to pay for design and construction of improved access and view facilities. The park is expected to be completed by April, 2006.

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McBride Takes Over Cougar

by Doug Simpson

Niki McBride is the new manager of the Cougar Mountain Regional Wildland Park, and other park district duties. On March 1, she succeeded Steve Williams, the park's only manager since its inception.

"After traveling through the park with Steve, I can understand why everyone loves this place. It's amazing! It's an incredible resource, and we're lucky to have it. And I'm excited about this new assignment."

McBride comes to the Cougar district from Vashon Island, where she resides, and her duties have also extended to parks in White Center, Skyway, Petrovsky, Cascade and Boulevard. "These places share some of the same issues, but they aren't 'wildland' parks, resource land. I haven't had to deal with this much land, this wildness."

McBride claims to share a lot of the same philosophy with Williams. "I'm committed to doing as good a job as I can, following in Steve's footsteps. I'm really looking forward to this."

The new manager already has gained an appreciation for the Issaquah Alps Trails Club. "I hope we continue a close, supportive relationship. You've been great supporters." McBride planned to go on a Cougar hike with the club as soon as she could schedule it.

Niki McBride seems to be getting off to a good start. King County Parks has apparently made a good choice in selecting the Cougar park's second manager.

(NRCA) and managed by Washington State Department of Natural Resources. Tiger Mountain provides a year-round outdoor recreational outlet for over 150,000 people every year.

The rapidly growing use has placed extensive pressure on trails built 20 years and more ago. Trails were also heavily damaged by the major storms in the winter of 2003. To ensure these trails remain passable and safe for a growing number of users while protecting the streams, forests and unique flora and fauna of the NRCA now requires extensive repair and reroutes.

With hundreds of thousands of hikers using the trail in the past decade, the damage is easy to recognize. Exposed tree roots are tripping hikers. Old wooden trail structures are rotting away. Water running down the trail leads to muddy and dangerously slick conditions. And as hikers avoid these wet spots and rocky gulches, the trail has gradually widened, causing further environmental damage.

Repairs to West Tiger Mountain will be labor intensive. Hundreds of hard-working volunteers are needed to join crews from the Washington Trails Association and the Mountains to Sound Greenway Trust for over 100 workdays this year to repair wooden boardwalk, install signs and fences, reroute sections of trail, install drainage structures, harden the trail with tons of crushed rock, cut out fallen trees and brush back encroaching shrubs. To the delight of West Tiger NRCA fans, the trails will remain open during trail work and the hundreds of volunteers will work around the thousands of hikers they encounter.

Taking Back the Cascades

(Editor's Note: The following article is excerpted from Rick McGuire's piece in the summer issue of *The Wild Cascades*, published by the North Cascades Conservation Council.)

Not much truly pristine country remains to be protected in the Cascades. The challenge is to "take back" places, and expand the definition of wild country to include re-wilding places. Just about all of the rest of the world has made this transition. Wild places in Europe always have traces of past human activities, as do places in eastern North America.

The drive to re-wild places around here began with Harvey Manning and the campaign to protect what he dubbed the "Issaquah Alps." When thus named, these were little more than typical Cascade foothills, roaded, logged, distinguished only by their proximity to Seattle. The name seemed more than a little over the top—"alps," for these rounded hills? And why would anyone want to protect a bunch of second growth? Tiger Mountain was a place for high school kids to drive up on Friday nights to drink, hang out, and look at the views.

But no one laughed for long. Harvey's idea of "Wilderness on the Metro" took off, perhaps even more than he thought it would, and the rest is history. The Issaquah Alps were largely taken back, and today Tiger Mountain presents a pleasing vista of continuous forest, all of it rewilding second growth, perhaps the most popular hiking destination in the state.

While the Issaquah Alps model may not fit all other parts of the Cascades, certainly parts of it can be exported, and modified as needed for local conditions. The Middle Fork Snoqualmie valley near North Bend, formerly much abused, is now the object of a long-standing drive to "take it back." Large parts of the North Fork Skykomish valley, railroad logged 80 years ago, are proposed for inclusion in the Wild Sky Wilderness. There are numerous other places in the process of re-wilding in the Sauk, Suiattle, Skagit and Nooksack areas, places where future protected areas, whether wilderness of some other designation, could and should take in productive low valleys which once saw some logging.

Snoqualmie Point Project

(Reprinted from Mountains to Sound Greenway)

A plan to enhance the visitor facilities at Snoqualmie Point, just off I-90 at exit 27, got a boost recently when Congress awarded \$596,460 to the Greenway Trust for design and construction at the sweeping regional viewsite. The federal funds will be coupled with a

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Manning Speaks Out on Runs

(Editor's note: Club founder Harvey Manning retains an active interest in the well-being of the Issaquah Alps. When he heard about the runs being held in the Cougar Mountain Regional Wildland Park, he sent a letter King County councilman Larry Phillips expressing his concerns. A copy of his letter follows.

Dear Larry,

I came across the following in the January 27, 2005, Seattle Post-Intelligencer, page 3, "Get Out" section:

Cougar Mountain Run. Join the Eastside Runners on well-maintained trails and/or pavement combinations, with some hills. Multiple courses. Meet at Red Town trailhead, 8:30 a.m., with parking at the big bend in the road. Guests welcome. ... {Contact sources info follows}

Having for the good of the order distanced myself from most affairs of the world, to the general content, I am not going to get down in the dirt and sling any at such idiots who have inherited the good work that was done by Issaquah Alps/Randy [Revelle]/you/other noble folk and do not understand, do not understand. . .

However, I do hope that you would share the following, by Mark Greif, in n+1:

Running is an invasion of public space. The runner takes over shared places—the narrow riverside, sidewalk, and nature path—for himself. With his speed and narcissistic intensity the runner corrupts the space of walking, thinking, talking and everyday contact. He jostles the idler out of his reverie, races around pedestrians in conversation, opposes sociability and solitude by publicly sweating on them. When exercise does become truly shared, as in the aerobics that come close to dance, or the hard-core bodybuilding that is always erotic and fraternal, it nears sport or art. When done in a private home or in untenanted landscapes, or spontaneously, without formal method, apparatus, or counting, it recovers certain eccentric freedoms and private tech-

niques of the self. Exercise that is not concerned with the creative process of reproduction or the pure discoveries of solitude, is a struggle to incarnate the shape and capabilities of others in the material of one's own body, without invention and without exchange.

I myself, when I used to be able to walk, occasionally broke into a run and enjoyed the rush of natural drugs, and/or the "loneliness of the long-distance runner."

I by no means object to running as such. However, I object to the masses mobbing through a wildland park, created and named as such by the King County Council.

Please make it stop.

Please send the King County Parks people responsible to a suitable gulag. At the very least, please circulate this letter to anyone in government who might be able to read it.

Sincerely,

Harvey Manning

Within And Without Writings on Wilderness

by Harvey Manning

(Editor's Note: Harvey Manning, founder of the Issaquah Alps Trails Club, has written many books and articles on hiking in the Puget Sound area. The following was compiled as an exhibit of the interconnection of the "within" and "without" of Puget Sound wilderness and hiking.)

The Wild Cascades. Contributor to the journal of North Cascades Conservation Council, founded in 1957. Website: www.northcascades.org

100 Classic Hikes in Washington, 1988. From 100 Hikes series begun in 1966. Fighting Foreword gives the only publicly extant, veritable history of Mountaineer books from the "amateur"

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ebullience of the id-century to the century-end languors of the "professional" Marketeers.

Forty Years of Fighting Forewards. The evolution of the "party line" of the environmental community, prior to the ego-driven schisms of the empirelets. Taken from the 100 Hikes series and Footsore series and accompanying books. Photocopy from author, \$25 including postage.

Footsore Series (1, 2, 3, 4) 1977-1990. Pioneer survey afoot of "The Wilderness Within" of the Puget Trough between Olympics and Cascades, complementing "The Wilderness Without" of 100 Hikes series. Defuncted by Marketeers because of sales incommensurate with their salaries.

Walks and Hikes in Lowlands Around Puget Sound, 1995. Salvaged from defuncted **Footsores**. Focused on environs of Puget Sound City. Revised edition in 2002 issued as **Winter Walks and Hikes**—a title missing the point of "Within," imposed by Marketeers to compete with cypcats, the author's bitter protests ignored. However, the Fighting Foreword got the point across. Manning's final association with the Book Factory.

Walks and Hikes on Beaches Around Puget Sound, 1995. Comprehensive survey afoot of the shores of the premier "Wilderness Within" Western Washington and the Pacific Northwest. Treats all walkable beaches, a unique inventory not provided by any other publication, public or private. Fighting Foreword gives layman-friendly exposition of Public Trust Doctrine (dating from Code of Justinian and Magna Carta) and the competing Private Greed Doctrine (championed by the regnant Republican Party). Publisher's up-front disclaimer declares the Book Factory and the Mountaineers to be neutral, the author on his own.

The Alpinist. Contributor to journal of Issaquah Alps Trails Club, founded in 1979 by the "The Icon" and cohorts. The organization has been advocate and defender of the largest urban-area wheelfree wildland in America. Website: www.issaquahalps.org

Guide to the Trails of Cougar Mountain Wildland Park. Much of the author's original text of the 1980's is preserved in the 2002 edition by IATC. Foreword features blow-by-blow history of "How We Got the Park" (and how we fought off attempts of knobby tires to annex it).

55 Hikes Around Snoqualmie Pass, 2001. Foreword tells how the Mountains-to-Sound Greenway was invented by the Issaquah Alps Trails Club and amicably bestowed on Jim Ellis and the Establishment.

The Wild Cascades, Forgotten Parkland, 1966. A Dave Brower Exhibit Format, Sierra Club. Instrumental in establishment of the national park.

Wilderness USA, 1970. National Geographic Society. Contributor.

Washington Wilderness, The Unfinished Work, 1984.

Backpacking, One Step at a Time, 1972, fourth edition 1986, REI Press/Random House Vintage Books.

Mountaineering, The Freedom of the Hills. Chairman of Editors of first edition, 1960. Seven years in the writing and editing by the faculty of the Climbing Course begun in 1934. Upon this rock (this cash cow, no royalties paid) was built Mountaineer Books.

Conservation and Conflict, The U.S. Forest Service and National Park Service in the North Cascades, 1892-1992. New edition from North Cascades Conservation Council expected in 2005.

Walking the Beach to Bellingham, Madrona Publishers 1986, Oregon State University Press 2002. A memoir of walking alone beside the waves north from Seattle.

Hiking Information

Hike Leaders

Hike leaders are volunteers who donate their time to lead people who want to hike and explore the trails in the Issaquah Alps and other nearby foothills (Cascades) in King County. Hikes are scheduled and led year-round unless severe conditions pose a safety hazard.. Minimum attendance is three, including the leader.

Trails in the Issaquah Alps may be good or bad, easy or hard, muddy or dusty, brushy or clear, steep or flat—or all the above. Some are not much more than animal trails. As volunteers, neither hike leaders, the Issaquah Alps Trails Club (IATC), or Club directors are in any way responsible or liable for a hiker's comfort, transportation, property, safety, or general well-being while traveling to and from the trailhead or hiking or working on any trail.

The Club's sole purpose is to show hikers where the trails are and to lead the way. The public, other clubs, youth groups, church groups, and others are welcome and wholeheartedly invited to join hike leaders and others who want to hike these trails. Children under 18 should be accompanied by an adult. Please, no dogs on hikes.

Hike Classifications

Each hike has a number and letter designation after it (e.g., 2C). Numbers indicate hiking time and letters indicate degree of difficulty.

Hiking Time

Class 1: 2 hours Class 3: 6 hours
Class 2: 4 hours Class 4: 8 hours

These are approximate hiking times. They do not include travel time to and from the trailhead (20 to 40 minutes depending on the location of the hike) or meal times (lunch will add another 20 to 40 minutes depending on the mood of the group).

Times are based on an assumption of a two-mile-per-hour pace with one-half hour added for each 1000 feet of elevation gain. Trail conditions, weather, and unexpected hazards could extend the hiking time.

Degree of Difficulty

A: Little or no elevation gain, up to 500 feet, no difficulties for average walker.

B: Some climbing, up to 1200 feet, or some other difficulty.

C: More climbing, up to 2500 feet, or some other difficulty.

D: Much climbing, over 2500 feet of elevation gain.

Hike Description Modifiers

Leader's choice: The leader had not decided where to hike before publication of the hikes schedule.

Trail party: Trail maintenance work party.

Exploratory: The leader goes cross country off the main trail system to explore animal trails, canyons, old logging roads, or old railroad grades.

Expect to go through brush, over logs, tiptoe through wildflowers, and/or mud while having a

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Hike Information, continued

good time hiking where others seldom tread.

Family hike: For parents and children. Easy pace. Call leader for hike particulars.

NOTE: Group hikes do not lend themselves to dogs. Please leave your dogs at home when going on a Trails Club hike.

Meeting Place

Trails Club hikes meet in the parking lot at the corner of First and Bush streets next to the IATC clubhouse (the little yellow stationmaster's house). To get there, take exit 17 (Issaquah Front Street) from Interstate 90 and turn south into downtown Issaquah. Go about one mile through town on Front Street, then go two blocks past the light at Sunset Way, and then turn left on Bush Street. Go two blocks to Rainier and turn into the lot on the left.

Clothing

Dress for the Pacific Northwest outdoors. Expect rain, snow, sunshine, fog, and everything in between. Bring extra clothing, raingear, food, drink, matches, flashlight, and first-aid supplies. Wear comfortable hiking boots or hiking shoes.

Trail Maintenance

Volunteers periodically organize and schedule trail maintenance parties as listed in the hikes schedule. Work parties meet at the same place as hikes (see above). The Club is well supplied with heavy trail maintenance tools, but workers may also bring their own loppers, weed whackers, and other tools.

Checklist:

- Food
- Water
- Daypack
- Raingear
- Warm clothes
- Hiking Shoes

Each item is required in order to participate in an Issaquah Alps Trails Club hike!

Don't leave the trailhead without them!

Trail work parties last at least four hours. Trail maintenance is vital to the Club's work and is an integral part of the Department of Natural Resources (DNR) management plan for Tiger Mountain.

Work parties must limit their activity to trails listed by the DNR as scheduled for maintenance. Construction of new trails is not allowed. Work parties are a great way to meet people! Individuals and groups are encouraged to adopt a trail—or section of trail—and take the responsibility of maintaining it.

Issaquah Alps Trails Club Publications Order Form

Return this completed form along with your check to:

Issaquah Alps Trails Club Publications, P.O. Box 466, Issaquah, WA 98027

Name: _____ Address: _____

| ITEM | PRICE* | QTY. | TOTAL |
|--|----------|------|-------|
| Book: The Flowering of the Issaquah Alps--Revised! | \$ 9.00 | | |
| Book: The Authoritative Guide to the Trails of Cougar Mountain Wildland Park and Surrounds | 15.00** | | |
| Book: Guide to Trails of Tiger Mountain | 15.00*** | | |
| Book: The Coals of Newcastle: A Hundred Years of Hidden History | 15.00 | | |
| Book: Eastside Family Hikes | 3.00 | | |
| Book: Squak Mountain: An Island in the Sky | 15.00 | | |
| Map: Issaquah Alps Tiger Mountain, 1998 revision | 2.00 | | |
| Map: Issaquah Alps Cougar Mountain, 2001 revision | 2.00 | | |
| Green Trails Map: Tiger & Taylor Mountains, Map 204S | 7.00 | | |
| Green Trails Map: Cougar & Squak Mountains, Map 203S | 7.00 | | |
| Green Trails Map: Rattlesnake Mountain & Upper Snoqualmie Valley Map 205S | 7.00 | | |
| Green Trails Map: Mount Si NRCA & Snoqualmie Corridor, Map 206S | 7.00 | | |

*All prices include shipping and handling.

**One (1) IATC Cougar Mountain Map included.

***One (1) IATC Tiger Mountain Map included.

Total: _____

Issaquah Alps Trails Club Foundation and Membership Request Form

Name: _____

Address: _____

Telephone: _____ E-mail: _____



All donations are tax deductible. Your donations fund The Alpiner publication costs and the club's minimal operating costs first, with 100% of remaining funds being directed where they can best address the trail design, construction, maintenance and advocacy needs throughout the Issaquah Alps. **Note:** Membership does not require a donation; however, donations help us preserve and enhance your Issaquah Alps.

Annual donation levels:

- | | |
|--|--|
| <input type="checkbox"/> The basic hiker.....\$15 | <input type="checkbox"/> The project supporter.....\$25 |
| <input type="checkbox"/> The IATC sponsor.....\$50 | <input type="checkbox"/> The visionary.....\$100 and above |

IMPORTANT: This form and your donation and/or membership request form should be mailed to:
IATC Foundation, P.O. Box 351, Issaquah, WA 98027

Issaquah Alps Trails Club Publications

See page 15 for the publications order form.

Note: All of the following prices include shipping & handling.

- ☐ ***Flowering of the Issaquah Alps***—Revised! By Fred and Ann Weinmann and Harvey Manning. 1996 updated edition. This new edition lists trees, shrubs, ferns, and flowers found in the Issaquah Alps. Flowers are listed by color, season when flowering, and where many of the plants can be found. \$9.
- ☐ ***Guide to the Trails of Cougar Mountain Regional Wildland Park and Surrounds***—By Charles McCrone. 2000 edition. Completely updated version gives historical background and descriptions for every park trail, plus 30 other trails in the surrounding area including Bellevue, Newcastle, Renton, and the Precipice. \$15 (includes map listed in next column).
- ☐ ***Guide to Trails of Tiger Mountain***—By Bill Longwell. 2003 revised edition. Updated trail information, two new trails and numerous photographs. \$15 (includes map listed in next column).
- ☐ ***The Coals of Newcastle: A Hundred Years of Hidden History*** By Richard K. McDonald and Lucille McDónald. A complete history

of the once-thriving coal mining area of Cougar Mountain now hidden from all but hikers. 100+ photographs, 4 maps, and Tim O'Brian's account of the incredible Seattle and Walla Walla Railroad. \$15.

- ☐ ***Eastside Family Hikes***—By Peggy Barchi. 2001 revised and updated edition. Descriptions of family hikes (annotated for stroller use and picnicking) on the Eastside. \$3.
- ☐ ***Squak Mountain: An Island in the Sky*** By Doug Simpson with trail descriptions by David Langrock. Provides a history of Squak Mountain and its gestation as a park. Includes 4 loop hikes covering most of the mountain trails. Includes many earlier writings by Bill Longwell and vignettes by others. \$15.
- ☐ ***Green Trails Tiger & Taylor Mountain***. Map 204S. \$7.
- ☐ ***Green Trails Cougar & Squak Mountains***. Map 203S. \$7.
- ☐ ***Green Trails Rattlesnake Mountain & Upper Snoqualmie Valley***. Map 205S. \$7.
- ☐ ***Green Trails Mount Si NRCA & Snoqualmie Corridor***. Map 206S. \$7.
- ☐ ***IATC Tiger Mountain map***. 1998 revised. \$2.
- ☐ ***IATC Cougar Mountain map***. 2001 revised. \$2.

Issaquah Alps Trail Club
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Issaquah, WA 98027

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