

THE ALPINE



January ♦ February ♦ March 2005

Cougar ♦ Squak ♦ Tiger ♦ Grand Ridge ♦ Taylor ♦ Rattlesnake

Squak Under Assault

by Doug Simpson

The Bullitt Access Trail, the most popular route onto Squak Mountain, is in jeopardy. Part of the trail crosses a 40-acre parcel of land owned by M&H Developers of Bellevue. M&H, or Issaquah 69 (referring to the property), is seeking a rezoning from M (for Mining) to U-L (urban low density) in order to build 40 houses (one per acre), focusing on the property that abuts the Forest Rim development.

Needless to say, the Issaquah Alps Trails Club is vehemently opposed to both the rezoning and the lot development. Efforts have been made to purchase this property from M&H in the past, but owners McIntosh and Harkleroad have turned down reasonable offers, seemingly regarding their property as residential-zoned rather than its actual mining-zoned.

According to IATC Vice-President Ken Konigsmark, "I'm very concerned that M&H (Issaquah 69) are working a back door deal to get rezoned by the county in spite of what is in the best interest of the public and the City of Issaquah."

Both the north and south sides of the parcel are on public park land. Access to the proposed home sites would be through city land, yet M&H are seeking a rezone through the county. The IATC is making both city and county officials aware of its strong opposition to the proposed zone change.

As Konigsmark stated, "It's clearly in the public's best interest (for open space and trail reasons) to leave it zoned M and to have it acquired as open space. And the owners would be likely to sell under these circumstances if the county and city would both 'just say no' to giving them a free upzone and end this speculation once and for all."

Concerned members of IATC should contact city or county officials to indicate their desire to say no to the rezone and protect the existing open space and Bullitt Access Trail.

25 Years Celebrated

The Issaquah Alps Trails Club celebrated its first quarter century of existence with a party at Gibson Hall on October 9. Approximately 40 people attended, a mix of retired and active members.

Former presidents Barbara Johnson, Dave Kappler and Ken Konigsmark spoke about the club's past and present, and everyone in attendance was introduced and explained interest/involvement in the club and reminisced about experiences with the club.

Vice-president Steve Drew was the master chef, preparing gourmet hamburgers (and veggie burgers) and hot dogs to satisfy every palate.

The Apparatus

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Whenever possible, please use e-mail to contact any member listed below.

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IATC subsists on member donations only. Please send your tax-deductible contributions to the address above to help sustain our efforts to preserve, protect, and promote the Issaquah Alps and local environment.

Articles are welcome, preferably via e-mail to: furyfun2@aol.com
Send diskette or hard copy to post office box number above.

Issue deadlines: November 21 for January; February 21 for April; May 21 for July; August 21 for October.

Note: All telephone numbers are area code 425 unless otherwise noted.

President's Message - December 2004

by Doug Simpson

Looming Cougar Mountain Crisis?

The Cougar Mountain Regional Wildland Park is a special place, the key word being "wildland." Those who love the Cougar park appreciate being able to leave the nearby suburban surroundings and moments later plunge into a wilderness—a forest, a wildlife sanctuary, a place of serenity and beauty. Could this wonderful park be in jeopardy of changes that might destroy it as we know it and love it?

Funding is a problem that has caused staff cut-backs in recent years and caused parks officials to seek ways to raise money. Competitive runs have been one successful income source that may be somewhat intrusive and cause at least minimal damage to trails. Periodic runs we can live with. How about camping? Don't be surprised to see five or six yurts set up in two locations of the park. One envisions boom boxes and beer bottles destroying the serenity of the park. Then what's next? Trails for bikers? Paint-ball warriors? You can think of the possibilities as easily as I.

Exacerbating these problems is the March retirement of Steve Williams, the only manager of the park in its twenty-plus years of existence. Williams, a former IATC hike leader himself, has been a tireless worker to maintain the best "wildland" park that he could. He knows the park, its trails, and its considerable treasures. His replacement is not likely to have the same commitment to maintain all that makes the Cougar park the treasure that it is. If Williams' replacement is more of a pencil-pushing number-cruncher more concerned with raising money than maintaining the park's wildness and habitat, then we are in for some serious setbacks in the months and years to come.

If these possibilities bother you (and they should), contact officials on the County Council and King

County Parks land let them know. And be ready to be mobilized if we ask for your help in preserving the park the way we all know it should be.

Should Men Dominate Hiking Club?

The recreation pursuit of hiking is primarily a man's thing, right? ... I hope that question raises a red flag for you—and well it should! According to Fred Zeitler, our hikes coordinator, at least half our hikers are women, and sometimes they are the clear majority on our hikes. Why is it, then, that organizationally the Issaquah Alps Trails Club is overwhelmingly dominated by males? And if we perceive this as a problem, what can we do about it?

Unquestionably, American society has been male-dominated over the years. We have never had a woman president in the U.S., we've had just one woman on the Supreme Court, and Congress has generally had a limited number of women. The number of CEOs in American businesses have been predominantly men. Times are changing, though. As a lifetime educator, I have seen the change in education. Women educators have equal footing in high schools and universities now, and, if anything, they are now a majority in principalships and other administrative positions. This sweeping change has taken place in my adult life.

So, to get back to hiking, why are our hike leaders and board members predominantly "grumpy old men"? In the past year, three times as many men (23 to 8) have led IATC hikes. The club, as I've pointed out before, is an aging organization. We need not only younger leaders, but we also need

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female leadership. Some of our active women hikers need to assert themselves and become hike leaders. We need you, ladies!

The eleven-person IATC board has always been predominantly male. Barbara Johnson has been our only female president. The board has been underrepresented with three women in the past year. However, one is moving out of the area and giving up her position. Another has resigned—probably intimidated by the macho group of board members.

If equal representation is more than a social shibboleth, our 750-member hiking club needs greater leadership involvement from the fair sex. So, ladies, it's time to step up and assert yourselves. The club needs you. And for your own self-respect you need to claim your place and make the Issaquah Alps Trails Club a truly egalitarian organization. If any of you are interested, why not give me a call or send me an email?

Annual Meeting Date Set

January 31 is the date of IATC's annual meeting at the trail center. At least two board positions are available, including the position of secretary, as Susan Duffy, whose term expires in 2007, will be moving out of the area. A two-year position on the board also needs to be filled.

Although President Doug Simpson and Treasurer Jackie Hughes are willing to stand for reelection, anyone is welcome to vie for the positions. Steve Drew and Ken Konigsmark will continue as advocacy vice-presidents.

Under new policy adapted two years ago, the board now meets quarterly, usually the last Monday night of the month. Meeting time is 7 p.m.

Early Inspiration For A Tiger Mountain Trail

by Bill & Mimi Longwell

The Tiger Mountain Trail, the sixteen mile-long footpath winding across the whole of Tiger Mountain, was long in planning and long in construction. Basically, the sixteen-mile trail took sixteen years to construct.

Even before its builders turned the first shovelful of Tiger soil, they had been schooled by construction of other trails, counseled by local officials and had benefited from the wisdom of countless other hikers vitally interested in this trail, now the centerpiece of Tiger trails.

Both people and circumstances helped influence the construction of this now twenty-five year old trail.

The Pacific Crest Trail

I've been keenly interested in the Pacific Crest Trail for 50 years. As a young person I read many tales of people walking this fabled trail and was thrilled whenever I traversed parts of it. Over the past 40 years I have twice walked its entirety in Washington State (500 plus miles), once along the old Cascade Crest Trail route of the 1930s and 1940s version, and once on the newer version the US Forest Service reconstructed to a higher elevation in the 1960s and 1970s. Actually, I have walked the PCT as far south as Mt. Lassen in California. Many long sections I have walked dozens of times.

While I hiked the PCT, I've met and interviewed hundreds of long distance walkers, many hiking the whole 2700 mile route. I have pages of interview notes and have written several articles on some of these interesting people who come from all over the world. Whenever I'm walking the PCT I am always conscious of its storied history,

of the people walking it and where they might be on a particular date, of the magnetic attraction that draws hikers to it, and, of course, of its construction.

When the Forest Service was rebuilding the PCT in the 60's and 70's, I sat on the heels of its builders, in all three West Coast states. I met many of them, took their pictures, interviewed them and saw what they did to build the trail.

While they were building the PCT, I was building the TMT. I tried to transfer this knowledge to the TMT.

One of my favorite hikes in the 70s and 80s was to walk in one day the completed PCT north from Snoqualmie Pass all the way to Park Lakes and back, a distance of 30 plus miles. I did this numerous times. And, as I walked, I picked up piles of blasting wire, survey sticks and wire flags the trail builders left behind. I cleaned up at least 50 miles of PCT, carrying home full backpacks.

With these survey sticks and flags I laid out miles of trail across the trackless Tiger Mountain.

Hazen High School Students

During the thirty years I taught high school, I regularly took my students with me on various hikes. They went on day hikes, on night hikes, on short walks and on long walks, even week-long walks far in excess of 100 miles.

As most of my hikes with students traversed the Issaquah Alps, it was natural for me, when I began to build the TMT, to invite my students to help me build the trail.

Most of the trail builders came from the neighborhood I lived in, about two miles from

Hazen High School, and most were friends of my two daughters, Ann and Gretchen. Over the years several brother and sister combinations came with me to build the TMT.

We started back in July, 1974, to begin laying out the TMT's original route on a two-day backpack, up High Point Creek, and across West Tiger Mountain, then called Mt. Issaquah. One student with me then, after tramping for a day through deep woods without a trail, and seemingly far away from home, was absolutely sure we would never find our way back home.

When construction began in late 1976, Hazen students were building with me. Hazen students were responsible for most of the eleven original TMT miles. Their names commemorate certain areas where they worked. Their names garnish signs along the whole length of the original TMT. Read about them in the Tiger Guide.

The last time Hazen students worked with me came in late 1989 when the IATC was building the south extension, from near Hobart to the West Side Road. That's a span of 14 years of student-trail building.

Department Of Natural Resources And Official Permission To Build The TMT

In a May, 1972, meeting of a Seattle Mountaineer committee about a potential Tiger Mountain trail, members chose Phil Hall and me to head up construction, mainly because we were the only people who knew the mountain.

At that meeting, Jim Vernon of DNR's North Bend office quickly gave his permission for the Mountaineers to build a trail across Tiger Mountain. In 1974 DNR owned about half of Tiger and Weyerhaeuser owned the other half.

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Hiker's Corner



Now that the beautiful summer and fall weather is behind us, we can all settle in and enjoy the beautiful scenery of the Issaquah Alps. We'll be able to stomp on leaf-covered trails, enjoy the extra light coming through the empty trees and, of course, still get our regular dose of exercise.

Over the past year I have been asked by many hikers to spell out again the benefits of hiking. The information that I will summarize comes from the American Heart Association and also Backpacker Magazine. Their statistics are based on a person's weight and the type of activity. For each of these activities we show the number of calories

burned per hour.

Activity	150 lb. Person	175 lb. Person	200 lb. Person	225 lb. Person
Walking (3 mph)	320 cal	375 cal.	430 cal.	485 cal.
Hiking (2.5 mph)				
No Poles, No Pack	440 cal.	524 cal.	630 cal.	750 cal.
No Poles, 10 lb. Pack	510 cal.	610 cal.	740 cal.	880 cal.
Poles, No Pack	530 cal.	640 cal.	770 cal.	920 cal.
Poles, 10 lb. Pack	620 cal.	744 cal.	910 cal.	1080 cal.

In addition to feeling better, the studies found that persons also reduced the risk of heart problems by increasing the good cholesterol (HDL) by 20% or more. By burning an extra 3500 calories, you will lose 1 pound of weight or you can enjoy that extra dessert or a glass of wine. So hike away and enjoy.

See you on the trails,

--Fred Zeitler

IATC Needs Donations

Since membership in the Issaquah Alps Trails Club no longer requires a payment of dues, it is critical that supporters of the club make at least annual donations. Ongoing income is necessary to the club publish the quarterly *Alpiner* and its books and maps. Additional expenses are incurred for trail building and maintenance tools, and for activities such as Salmon Days.

The next few months are an ideal time to make a contribution, as any donations to the club are tax free. If you are among the numerous members who haven't given in over a year, please consider the importance of well-maintained trails, experienced hike leaders and quality publications to assist you with your hiking. The club needs and deeply appreciates the support of its members.

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I really don't think he knew any more about Tiger than did most of the Mountaineer committee, but he was amenable to the trail. I am sure he didn't expect much to come from that committee, but he didn't know Phil and me.

By the time Weyerhaeuser had given its permission in late 1976 to build a trail across its Tiger lands, Phil and I had already plotted out a desired route across the whole mountain.

We didn't deal too much with the DNR (I didn't think they wanted to be bothered) until April 1977, when trail construction had climbed up High Point Creek and had reached a point on West Tiger about a mile west of Fifteenmile Creek.

When I told Sam Quigley, a local DNR employee, about our work, he said, "You know, I guess I should get up there and see what you've been doing." I don't know if he ever did "get up there."

"Chains" And Doug McClelland

In 1978 we started building between Fifteenmile Creek and the West Side Road. By that time DNR had a new person running the local DNR office, Doug McClelland. His strong influence greatly changed the dynamic of Tiger Mountain. He loaned us tools and told us about the "chain."

A "chain" is basically a long metal tape measure. Doug said we should use it to lay out the trail.

So, armed with this giant tape measure or "chain," and hundreds of survey sticks and wire flags from the PCT, a group of my Hazen students and I started in a series of hikes from both ends of the unbuilt trail across trackless Middle Tiger. Two people would drag the chain, a hundred feet at a time. One person would pound in a survey stake, and a fourth would write appropriate notes on a work sheet, all this over rugged terrain.

Alpiners Bound and Available

Back issues of *The Alpinist* are now bound, dating back to the club's inception in 1979. The set will be kept by the club president, but available for reference or research on request.

"I think history is important," said President Doug Simpson, "and this club has a storied history that needs to be on record." Simpson, who had the private collections of Charles McCrone and Scott Semans copied and bound, presented the bound set (three volumes) to the club at the November I board meeting.

By the time we had reached the Middle Tiger Trail (the only real trail then on the south side of Tiger), we knew how long the trail would be when we finished building it. Use of the chain gave us a sense of professionalism, but it did add considerable work.

DNR was basically a non-entity on Tiger (even though it was the land owner) until Doug McClelland arrived. He changed the whole local agency. Everything became upgraded after Doug arrived.

Over the years, Doug has been so helpful, has given so much good advice, has been such a friend to the IATC, and has given so much of himself to Tiger, that he has enriched the whole Tiger Mountain complex by his presence.

In late October, 1977, the Mountaineers sponsored a large work party that began from the Middle Tiger Trail (even Weyerhaeuser employees showed up for this work party). We had walked

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JANUARY

Saturday, January 1, 9:00 AM
South Tiger

Easy hike on TMT to Otter Lake, then
up to great lunch spot. Return via
S.Tiger traverse and new horse trail.
3C, 7 miles, 1600 ft. gain
Fred Zeitler 425-882-3435

Sunday, January 2, 9:00 AM
Cougar Mountain Peaks
Big loop, touching major peaks
including DeLeo Wall.
4D, 12 miles, 2500 ft. gain
Richard Mann 425-391-0410

Saturday, January 8, 9:00 AM
Squak Mountain
From Trailcenter to Eastridge to
Central Peak, Bullitt fireplace to
West Peak and Rainier view. Return
via Perimeter and Phil's Creek trails.
4D, 12 miles, 3000 ft. gain
Richard Mann 425-391-0410

Sunday, January 9, 9:00 AM
Tiger Mountain loop
West Tiger 3 via TMT and K3.
2C, 7 miles, 2200 ft. gain
Tom Palm 206-783-6005

Sunday, January 9, 1:00 PM
Lake Sammamish Ramble
Loop hike using East Lk.Samm.trail,
Pickering Trail and trails in State Park.
2A, 4 - 5 miles, 0 ft.gain
Dave Kappler 425-392-3571

Monday, January 10, 8:00 AM
Bird watching
Annual stroll from Stillwater to Duvall.
Trail skirts acres of water along
Snoqualmie River. Easy pace.
3A, 6 miles, 100 ft. gain
Bill Longwell 425-222-6775

Saturday, January 15, 8:30 AM
Tiger Mountain
West Tiger 2 and 3 from Trailcenter
via One View trail, return via Section Line
4D, 12 miles, 3000 ft. gain
Richard Mann 425-391-0410

Saturday, January 15, 10:00 AM
Cougar Mountain
Discover beauty of Lewis Creek Canyon.
Hiking pole helpful for stream crossing.
2B, 4 miles, 600 ft. gain
Bert Drui 425-746-0709

Sunday, January 16, 9:00 AM
Cougar Mountain
Licorice Fern loop with two waterfalls
3C, 8 miles, 1700 ft. gain
Doug Simpson 425-392-6660

Sunday, January 16, 10:00 AM
Tiger Mountain Nook Loop
Hike to popular Talus Caves and
stroll along Round Lake and Plateau.
2B, 5 miles, 600 ft. gain
Trudy Ecob 206-232-2933

Monday, January 17, 8:00 AM
Preston-Snoqualmie
Hike with lots of railroad and
trail history & photos. Car shuttle.
3A, 8 miles, 300 ft. gain.
Bill Longwell 425-222-6775

Saturday, January 22, 9:00 AM
Cougar Mountain
Double loop hike at Wilderness Peak
and Longview Peak
3C, 7 miles, 1900 ft. gain
Scott Prueter 425-369-6016

Sunday, January 23, 8:30 AM
East Squak Exploratory
Following a combination of seldom walked
routes and well known trails, we'll explore
the East ridge of Squak as well as part
of a proposed perimeter Loop Trail.
Expect some brushy spots.
3C, 8 - 10 miles, 2000+ ft. gain
Ralph Owen 425-746-1070

Saturday, January 29, 9:00 AM
West Tiger 2
Hike up on Highpoint trail and TMT
to great views on WT2. Return
via K3 and back to High Point.
2C, 6 - 7 miles, 2200 ft. gain
Richard Mann 425-391-0410

Sunday, January 30, 9:00 AM
West Rattlesnake Ridge
Hike new trail and a short stretch
of old roads to two scenic views.

2C, 7 miles, 1300 ft. gain
Fred Zeitler 425-882-3435

Sunday, January 30, 9:30 AM
Lake Sammamish State Park
Bird walk hike sprinkled with
bits of history.
2A, 4 miles, 0 ft. gain
Barbara Johnson 425-746-5573

Monday, January 31, 7:00 PM
IATC Board Meeting
Issaquah Trailcenter, 1st and Bush

FEBRUARY

Saturday, February 5, 8:30 AM
West Tiger 1 & 2 via Chirico Trail
We'll climb to Tiger's 2nd and 4th
highest peaks and loop back to starting
point at the hanggliders' landing field.
Hike may be modified if too much snow.
4D, 10 miles, 3700 ft. gain
Ralph Owen 425-746-1070

Sunday, February 6, 9:00 AM
Cougar Mountain Water Falls
Loop hike past 3 of Cougar's waterfalls.
2C, 7 miles, 1500 ft. gain
Fred Zeitler 425-882-3435

Saturday, February 12, 9:00 AM
Squak Mountain
From Sunrise to Summit, return via Old
Griz, Phil's Creek and Eastside trails.
3C, 8 miles, 2000 +/- ft. gain.
Doug Simpson 425-392-6660

Saturday, February 12, 10:00 AM
Tiger Mountain Nook Loop
Hike to popular Talus Caves and
stroll along Round Lake and Plateau.
2B, 5 miles, 600 ft. gain
Trudy Ecob 206-232-2933

Sunday, February 13, 9:00 AM
Middle Tiger and South Tiger
Hike TMT to train crash site then
continue on reopened Artifacts trail to
Middle Tiger. Return on TMT to Otter
Lake, then S. Tiger Traverse.
4D, 12 miles, 2600 ft. gain
Richard Mann 425-391-0410

Sunday, February 13, 1:00 PM
Cougar Mountain
Hike up Bear Ridge trail past "Fantastic
Erratic". Return via West Tibbits trail.
2B, 3 miles, 800 ft. gain
Bert Drui 425-746-0709

Sunday, February 13, 1:00 PM
Tradition Lake Plateau
Loop hike from Trailcenter to Plateau
and around 2 lakes.
2B, 5 miles, 600 ft. gain
Dave Kappler 425-392-3571

Monday, February 14, 8:00 AM
Snoqualmie Ridge
Grand Loop through forest and city trails.
3B, 12 miles, 600 ft. gain
Bill Longwell 425-222-6775

Saturday, February 19, 9:00 AM
Tiger Mountain
Loop hike from Trailcenter up High School
trail and section line trail to Talus Caves.
Return via Tradition Lake and Round Lake.
2B, 6 miles, 1300 ft. gain.
Scott Prueter 425-369-6016

Saturday, February 19, 10:00 AM
Nook Loop
Hike to popular Talus Caves and stroll
along Round Lake and Plateau.
2B, 5 miles, 600 ft. gain
Trudy Ecob 206-232-2933

Sunday, February 20, 9:00 AM
North Tiger Loop
Leader's choice
2B, 5 - 6 miles, 800 ft. gain
Tom Palm 206-783-6005

Tuesday, February 22, 7:00 PM
Hike Leaders' Meeting
Trailcenter, 1st & Bush, Issaquah

Saturday, February 26, 9:00 AM
Lower Tiger Traverse
One way hike from Preston to Issaquah
with car shuttle.
2B, 7 miles, 900 ft. gain
Joe Toynbee 206-723-6716

Sunday, February 27, 9:00 AM
Little Si
Hike to ever popular Little Si with
great views of Snoqualmie Valley.

2C, 5 miles, 1300 ft. gain
Mary Nolan 425-837-1535

MARCH

Saturday, March 5, 9:00 AM
Taylor Mountain, Shaun Falls
We'll follow gated logging roads and
primitive trail to the elusive but pretty
falls on the middle slopes of Taylor Mtn.
3C, 7 miles, 2200 ft. gain
Ralph Owen 425-746-1070

Sunday, March 6, 9:00 AM
West Tiger 1
One way hike from Hangglider landing
field to Preston via West Tiger 1. Car shuttle
3D, 9 miles, 2800 ft. gain
Tom Palm 206-783-6005

Saturday, March 12, 9:00 AM
Cougar Mountain
Licorice Fern Trail to Wilderness Peak
then to Wilderness Creek TH. Car shuttle
2B, 6 miles, 1100 ft. gain
Bob Gross 425-427-8449

Saturday, March 12, 10:00 AM
Tiger Mountain
See the Talus Caves and loop down
to Plateau for lunch.
2B, 4 miles, 600 ft. gain
Bert Drui 425-746-0709

Sunday, March 13, 9:00 AM
Cougar Mountain
Loop hike from Redtown to DeLeo Wall,
return via Coal Creek Falls.
2B, 5 miles, 1200 ft. gain
Doug Simpson 425-392-6660

Sunday, March 13, 1:00 PM
Grand Ridge/Issaquah Highlands
Big loop on combination of forested
trails in Grand Ridge Park and some
urban trails in Issaquah highlands.
2B, 5 miles, 700 ft. gain
Dave Kappler 425-392-3571

Saturday, March 19, 9:00 AM
Squak Mountain
Loop hike over Central Peak and West Peak
with Rainier view for lunch.
3C, 7 - 8 miles, 1800 ft. gain

Saturday, March 19, 10:00 AM
Nook Loop
Hike to popular Talus Caves
2B, 5 miles, 600 ft. gain
Trudy Ecob 206-232-2933

Sunday, March 20, 9:00 AM
Cougar Mountain
Loop hike from Redtown to popular spots.
3C, 7.5 miles, 1500 ft. gain
Denis Harney 206-545-2829

Checklist:

- Food
- Water
- Daypack
- Raingear
- Warm clothes
- Hiking Shoes

Each item is required in order to participate in an
Issaquah Alps Trails Club hike!

Don't leave the trailhead without them!

Friday, March 25, 10:00 AM
Cougar Mountain
DeLeo Wall via Licorice Fern trail.
Verdant Canyon leads to popular view site.
2B, 6 miles, 800 ft. gain
Warren Jones 425-391-7409

Saturday, March 26, 8:30 AM
Rattlesnake Mountain
Traverse from East to West with
car shuttle. Strong hikers only.
4D, 11 miles, 3000 ft. gain
Richard Mann 425-391-0410

Sunday, March 27, 9:00 AM
Cougar Mountain
"Loopy" hike from Bear Ridge to Clay Pit,
Wilderness Peak, Longview Peak and more.
3C, 10 miles, 2000 ft. gain
Richard Mann 425-391-0410

Sunday, March 27, 1:00 PM
PooPoo Point
Up and back on Chirico trail for nice views
of Mt. Rainier and Mt. Baker.
2C, 4.5 miles, 1700 ft. gain
Mary Nolan 425-837-1535

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up and over Middle Tiger and down to the newly "chained" TMT location, and started to build the tread toward Fifteenmile Creek. Doug had driven all the way to Enumclaw to pick up 25 grub hoes and other assorted tools and had met me in Maple Valley to loan them to me.

After the work party, and after dragging all the tools back to my car, I was horrified to discover that one of the grub hoes was missing. By that time, it was too late in the day to climb back over Middle Tiger to look for it. I called Doug to report the loss, and he told me not to worry. I did worry. I felt I would let Doug down if I didn't find that tool.

So after teaching school the next Monday, I took my daughter Gretchen and drove back to Middle Tiger, climbed up and down to the newly constructed trail, and began to search for the missing tool, all the while walking in a raging snowstorm. In the snow and the growing darkness, we did manage to find that tool, lying below the trail. We climbed back over Middle Tiger and drove back down the mountain in the snow and darkness.

Proposed TMT Extensions

When I wanted to extend the TMT's length to sixteen miles, both on the south and the north ends, Doug gave us his permission.

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trackless forest, climbing over countless logs, through nettles and devil's club, marking a proposed extension of the TMT from High Point Creek to Lake Tradition. (We didn't use the chains.)

At that time we found an enormous glacial erratic with a long overhang. We always wanted to build the TMT under that overhang, but that never worked out. The TMT now passes above that glacial erratic and most people don't even notice it.

Doug also provided a DNR trail crew in March, 1990, to begin building the northern extension. This crew built the first mile south of Lake Tradition and later built several of the early bridges across difficult spans in High Point Creek.

Tiger Mountain would be much the less without Doug McClelland.

Harvey Manning

By the late 1970's I had been walking Tiger Mountain for 15 years and had yet to see hikers. Tiger was my private preserve.

Harvey Manning changed all of that.

In early 1977, as I was building the TMT up High Point Creek from the now long-gone parking lot along the old frontage road that ran along Tiger's lowest slopes from Issaquah to Preston (does anybody remember this old road?), Harvey Manning sat on my heels, taking notes for his soon-to-be published *Footsore* books.

As he explored the newly-built TMT, his curiosity about the trail and its builders got the best of him. He called me and arranged to meet and discuss the trail in early May at Phil Hall's house in May Valley. By that time the TMT had reached West Tiger Mountain and I had written the trail log that Harvey could use for his *Footsore*.

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I really don't think he knew any more about Tiger than did most of the Mountaineer committee, but he was amenable to the trail. I am sure he didn't expect much to come from that committee, but he didn't know Phil and me.

By the time Weyerhaeuser had given its permission in late 1976 to build a trail across its Tiger lands, Phil and I had already plotted out a desired route across the whole mountain.

We didn't deal too much with the DNR (I didn't think they wanted to be bothered) until April 1977, when trail construction had climbed up High Point Creek and had reached a point on West Tiger about a mile west of Fifteenmile Creek.

When I told Sam Quigley, a local DNR employee, about our work, he said, "You know, I guess I should get up there and see what you've been doing." I don't know if he ever did "get up there."

"Chains" And Doug McClelland

In 1978 we started building between Fifteenmile Creek and the West Side Road. By that time DNR had a new person running the local DNR office, Doug McClelland. His strong influence greatly changed the dynamic of Tiger Mountain. He loaned us tools and told us about the "chain."

A "chain" is basically a long metal tape measure. Doug said we should use it to lay out the trail.

So, armed with this giant tape measure or "chain," and hundreds of survey sticks and wire flags from the PCT, a group of my Hazen students and I started in a series of hikes from both ends of the unbuilt trail across trackless Middle Tiger. Two people would drag the chain, a hundred feet at a time. One person would pound in a survey stake, and a fourth would write appropriate notes on a work sheet, all this over rugged terrain.

Alpiners Bound and Available

Back issues of *The Alpiners* are now bound, dating back to the club's inception in 1979. The set will be kept by the club president, but available for reference or research on request.

"I think history is important," said President Doug Simpson, "and this club has a storied history that needs to be on record." Simpson, who had the private collections of Charles McCrone and Scott Semans copied and bound, presented the bound set (three volumes) to the club at the November I board meeting.

By the time we had reached the Middle Tiger Trail (the only real trail then on the south side of Tiger), we knew how long the trail would be when we finished building it. Use of the chain gave us a sense of professionalism, but it did add considerable work.

DNR was basically a non-entity on Tiger (even though it was the land owner) until Doug McClelland arrived. He changed the whole local agency. Everything became upgraded after Doug arrived.

Over the years, Doug has been so helpful, has given so much good advice, has been such a friend to the IATC, and has given so much of himself to Tiger, that he has enriched the whole Tiger Mountain complex by his presence.

In late October, 1977, the Mountaineers sponsored a large work party that began from the Middle Tiger Trail (even Weyerhaeuser employees showed up for this work party). We had walked

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up and over Middle Tiger and down to the newly "chained" TMT location, and started to build the tread toward Fifteenmile Creek. Doug had driven all the way to Enumclaw to pick up 25 grub hoes and other assorted tools and had met me in Maple Valley to loan them to me.

After the work party, and after dragging all the tools back to my car, I was horrified to discover that one of the grub hoes was missing. By that time, it was too late in the day to climb back over Middle Tiger to look for it. I called Doug to report the loss, and he told me not to worry. I did worry. I felt I would let Doug down if I didn't find that tool.

So after teaching school the next Monday, I took my daughter Gretchen and drove back to Middle Tiger, climbed up and down to the newly constructed trail, and began to search for the missing tool, all the while walking in a raging snowstorm. In the snow and the growing darkness, we did manage to find that tool, lying below the trail. We climbed back over Middle Tiger and drove back down the mountain in the snow and darkness.

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I felt privileged to meet such a famous Seattle Mountaineer and renowned outdoor author.

The publishing of Harvey's first **Footsore** book radically changed the hiker dynamic on Tiger Mountain.

A year after that May Valley meeting, as I was building a foot bridge across swampy terrain, a mile-and-a half up from the West Side Road, the then TMT south trailhead, eight backpackers suddenly burst in on me. Backpackers!

Amazingly, they held in their hands, copies of Harvey's **Footsore**, and were reading aloud hiking directions of the TMT I was still building!

The TMT has never been the same since that day.

The Weedwhackers

In the 1980's several retired men and women, generally led by Joe Toynbee, banded together to build and maintain several trails on Tiger Mountain. These people were basically responsible for the lower Preston Trail, several bootleg trails, the Swamp Trail, the One-View Trail, and Dwight's Trail. When the IATC began work on the TMT south extension, in the winter of 1989, the Weedwhackers built most of the trail. Other than individuals working alone, the Weedwhackers completed the basic work in less than three weeks.

A trail sign commemorates their work at an appropriate place, "Weedwhackers Gap," perhaps the unique location on the TMT.

The TMT didn't just happen. Many people influenced its construction. Think about this history as you walk the length of the TMT and see the signs that commemorate the builders.

My Extended Family

By Joe Toynbee

As readers of the *Alpiner* know, the IATC publication has a schedule of hikes conducted in the Alps by various leaders. Years ago I started going on these hikes, and after I learned the terrain starting leading some of them myself. At this time, I have participated in about 650 club-sponsored hikes, and have gone on perhaps 450 more with friends or alone. The three primary peaks have over 200 miles of trails: I have been on them all, some countless times.

After spending so much time in the Issaquah Alps, I have come to think of them almost as family. Tiger Mountain, the biggest and wildest, seems to me like a brawny big brother. Squak Mountain, much smaller and harder to access, seems like a shy, retiring kid sister. Cougar Mountain, which has seen much development in recent years, seems to me like an elderly aunt who has fallen on hard financial times, and has been compelled to take in boarders.

Following are the character sketches of my family members:

My big brother Tiger has impressive dimensions: he looms over Issaquah. His head bumps against I-90 at High Point: he broadens out to six miles wide at his waist, and his feet are planted some six miles south of his head. Tiger's right shoulder is a relatively flat area known as the Tradition Lake Plateau; around his right hip are some housing developments. Most of Tiger is covered by the Tiger Mountain State Forest, managed by the Washington State Department of Natural Resources. This forest is 12,000 acres, or some 19 square miles in size.

Getting to know a hulking fellow like my brother Tiger is not easy. Perhaps the best way to become
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acquainted is to explore his right shoulder. The Tradition Lake Plateau is best accessed from the High Point exit off I-90. For the more energetic, a great way to meet Tiger is to hike the Tiger Mountain Trail. This trail takes 16 miles to cover a linear distance of six miles, north to south.

My brother Tiger has many moods, depending on the time of year. In the winter, he tends to be chilly, somber and austere, sometimes hiding for days behind clouds, at other times glittering in a blanket of white. In the spring, he pulses with life, frisking about in a cloak of bright green leaves and flowers. In the summer, he dozes through long lazy days, occasionally coming to life after a shower. In the fall, he dresses in a coat of bright colors, having a last fling before winter calms him down.

My little sister Squak sits demurely to the south of Issaquah. She is much smaller than big brother Tiger, measuring four miles from north to south and two miles across the waist. About 40 percent of Squak's 5600 acres are in public ownership.

Squak has a reputation for shyness because access to her wild and beautiful center is difficult; her extremities are on private land. At her heart is Squak Mountain State Park, some 590 acres in size. Another 700 acres are King County land.

Getting to know sister Squak requires persistence and tact. Most people arrive at her doorstep by driving up Mountain Park Boulevard out of Issaquah, parking at an unmarked spot, and traversing a trail through private land to reach the park boundary. Squak can also be visited from east, south and west, but parking is difficult and trails are hard to find, though the east can be accessed now on foot from town or by parking on Sunrise Place.

Those who make the effort to know Squak are richly rewarded. She has a charming personality. Because of difficult access, much of her is seldom visited and very wild. Her basic trail system is a system of old logging roads, connected with

several primitive trails. Across Squak's waist there are three peaks, West Peak, Central Peak and Southeast Peak. Views from these peaks are very limited: Squak is indeed a shy thing.

Like Tiger, Squak is at her most charming in the spring, with a garland of flowers in her hair. Because her maximum height is only about 2000 feet, Squak is generally home to visitors even in the middle of winter. Those who love her have mixed emotions about her remoteness: easier access would allow more visitors, but could destroy some of her charm.

My elderly aunt Cougar completes the roster of my extended family. Cougar lies closest to Seattle, rising from the shores of Lake Washington. She has a stocky figure, measuring five miles from north to south and six miles across at the waist. Compared to Squak, Cougar is easy to visit: trailheads are well marked and trails easy to follow. The sad part of visiting Cougar is passing through all the housing developments: poor aunt Cougar has been compelled to take in many boarders. When a visitor finally penetrates to the attic of her house, in which Cougar lives, there is much charm.

Cougar Mountain Regional Wildland Park, my aunt's room, covers about 3000 acres. The terrain is quite varied with no prominent peaks and many ridges and valleys. Like her nephew Tiger and niece Squak, Cougar puts on her brightest clothing in the spring. Because of her lower elevation (1590 feet at the highest point), snow is minimal. Also, because of the greater number of softwood trees on Cougar (maple, alder, cottonwood), aunt Cougar puts off the family's brightest colors in the fall.

You have now met my extended family. On several occasions, I have managed to visit all three of them in one day. The Issaquah Alps Trails Club each year conducts at least one such traverse. Experiencing each of these varied personalities all within one day is a richly rewarding activity.

Hiking Information

Hike Leaders

Hike leaders are volunteers who donate their time to lead people who want to hike and explore the trails in the Issaquah Alps and other nearby foothills (Cascades) in King County. Hikes are scheduled and led year-round unless severe conditions pose a safety hazard. Minimum attendance is three, including the leader.

Trails in the Issaquah Alps may be good or bad, easy or hard, muddy or dusty, brushy or clear, steep or flat—or all the above. Some are not much more than animal trails. As volunteers, neither hike leaders, the Issaquah Alps Trails Club (IATC), or Club directors are in any way responsible or liable for a hiker's comfort, transportation, property, safety, or general well-being while traveling to and from the trailhead or hiking or working on any trail.

The Club's sole purpose is to show hikers where the trails are and to lead the way. The public, other clubs, youth groups, church groups, and others are welcome and wholeheartedly invited to join hike leaders and others who want to hike these trails. Children under 18 should be accompanied by an adult. Please, no dogs on hikes.

Hike Classifications

Each hike has a number and letter designation after it (e.g., 2C). Numbers indicate hiking time and letters indicate degree of difficulty.

Hiking Time

Class 1: 2 hours Class 3: 6 hours
Class 2: 4 hours Class 4: 8 hours

These are approximate hiking times. They do not include travel time to and from the trailhead (20 to 40 minutes depending on the location of the hike) or meal times (lunch will add another 20 to 40 minutes depending on the mood of the group).

Times are based on an assumption of a two-mile-per-hour pace with one-half hour added for each 1000 feet of elevation gain. Trail conditions, weather, and unexpected hazards could extend the hiking time.

Degree of Difficulty

A: Little or no elevation gain, up to 500 feet, no difficulties for average walker.

B: Some climbing, up to 1200 feet, or some other difficulty.

C: More climbing, up to 2500 feet, or some other difficulty.

D: Much climbing, over 2500 feet of elevation gain.

Hike Description Modifiers

Leader's choice: The leader had not decided where to hike before publication of the hikes schedule.

Trail party: Trail maintenance work party.

Exploratory: The leader goes cross country off the main trail system to explore animal trails, canyons, old logging roads, or old railroad grades.

Expect to go through brush, over logs, tiptoe through wildflowers, and/or mud while having a

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Hike Information, continued

good time hiking where others seldom tread.

Family hike: For parents and children. Easy pace. Call leader for hike particulars.

NOTE: Group hikes do not lend themselves to dogs. Please leave your dogs at home when going on a Trails Club hike.

Meeting Place

Trails Club hikes meet in the parking lot at the corner of First and Bush streets next to the IATC clubhouse (the little yellow stationmaster's house). To get there, take exit 17 (Issaquah Front Street) from Interstate 90 and turn south into downtown Issaquah. Go about one mile through town on Front Street, then go two blocks past the light at Sunset Way, and then turn left on Bush Street. Go two blocks to Rainier and turn into the lot on the left.

Clothing

Dress for the Pacific Northwest outdoors. Expect rain, snow, sunshine, fog, and everything in between. Bring extra clothing, raingear, food, drink, matches, flashlight, and first-aid supplies. Wear comfortable hiking boots or hiking shoes.

Trail Maintenance

Volunteers periodically organize and schedule trail maintenance parties as listed in the hikes schedule. Work parties meet at the same place as hikes (see above). The Club is well supplied with heavy trail maintenance tools, but workers may also bring their own loppers, weed whackers, and other tools.

Checklist:

- Food
- Water
- Daypack
- Raingear
- Warm clothes
- Hiking Shoes

Each item is required in order to participate in an Issaquah Alps Trails Club hike!

Don't leave the trailhead without them!

Trail work parties last at least four hours. Trail maintenance is vital to the Club's work and is an integral part of the Department of Natural Resources (DNR) management plan for Tiger Mountain.

Work parties must limit their activity to trails listed by the DNR as scheduled for maintenance. Construction of new trails is not allowed. Work parties are a great way to meet people! Individuals and groups are encouraged to adopt a trail—or section of trail—and take the responsibility of maintaining it.

Issaquah Alps Trails Club Publications Order Form

Return this completed form along with your check to:

Issaquah Alps Trails Club Publications, P.O. Box 466, Issaquah, WA 98027

Name: _____ Address: _____

ITEM	PRICE*	QTY.	TOTAL
Book: The Flowering of the Issaquah Alps--Revised!	\$ 9.00		
Book: The Authoritative Guide to the Trails of Cougar Mountain Wildland Park and Surrounds	15.00**		
Book: Guide to Trails of Tiger Mountain	15.00***		
Book: The Coals of Newcastle: A Hundred Years of Hidden History	15.00		
Book: Eastside Family Hikes	3.00		
Book: Squak Mountain: An Island in the Sky	15.00		
Map: Issaquah Alps Tiger Mountain, 1998 revision	2.00		
Map: Issaquah Alps Cougar Mountain, 2001 revision	2.00		
Green Trails Map: Tiger & Taylor Mountains, Map 204S	7.00		
Green Trails Map: Cougar & Squak Mountains, Map 203S	7.00		
Green Trails Map: Rattlesnake Mountain & Upper Snoqualmie Valley Map 205S	7.00		
Green Trails Map: Mount Si NRCA & Snoqualmie Corridor, Map 206S	7.00		

*All prices include shipping and handling.

Total: _____

**One (1) IATC Cougar Mountain Map included.

***One (1) IATC Tiger Mountain Map included.

Issaquah Alps Trails Club Foundation and Membership Request Form



Name: _____

Address: _____

Telephone: _____ E-mail: _____

All donations are tax deductible. Your donations fund The Alpiner publication costs and the club's minimal operating costs first, with 100% of remaining funds being directed where they can best address the trail design, construction, maintenance and advocacy needs throughout the Issaquah Alps. **Note:** Membership does not require a donation; however, donations help us preserve and enhance your Issaquah Alps.

Annual donation levels:

- | | |
|--|--|
| <input type="checkbox"/> The basic hiker.....\$15 | <input type="checkbox"/> The project supporter.....\$25 |
| <input type="checkbox"/> The IATC sponsor.....\$50 | <input type="checkbox"/> The visionary.....\$100 and above |

IMPORTANT: This form and your donation and/or membership request form should be mailed to:
IATC Foundation, P.O. Box 351, Issaquah, WA 98027

Issaquah Alps Trails Club Publications

See page 15 for the publications order form.

Note: All of the following prices include shipping & handling.

- ☐ ***Flowering of the Issaquah Alps***—Revised! By Fred and Ann Weinmann and Harvey Manning. 1996 updated edition. This new edition lists trees, shrubs, ferns, and flowers found in the Issaquah Alps. Flowers are listed by color, season when flowering, and where many of the plants can be found. \$9.
- ☐ ***Guide to the Trails of Cougar Mountain Regional Wildland Park and Surrounds***—By Charles McCrone. 2000 edition. Completely updated version gives historical background and descriptions for every park trail, plus 30 other trails in the surrounding area including Bellevue, Newcastle, Renton, and the Precipice. \$15 (includes map listed in next column).
- ☐ ***Guide to Trails of Tiger Mountain***—By Bill Longwell. 2003 revised edition. Updated trail information, two new trails and numerous photographs. \$15 (includes map listed in next column).
- ☐ ***The Coals of Newcastle: A Hundred Years of Hidden History*** By Richard K. McDonald and Lucille McDonald. A complete history

of the once-thriving coal mining area of Cougar Mountain now hidden from all but hikers. 100+ photographs, 4 maps, and Tim O'Brian's account of the incredible Seattle and Walla Walla Railroad. \$15.

- ☐ ***Eastside Family Hikes***—By Peggy Barchi. 2001 revised and updated edition. Descriptions of family hikes (annotated for stroller use and picnicking) on the Eastside. \$3.
- ☐ ***Squak Mountain: An Island in the Sky*** By Doug Simpson with trail descriptions by David Langrock. Provides a history of Squak Mountain and its gestation as a park. Includes 4 loop hikes covering most of the mountain trails. Includes many earlier writings by Bill Longwell and vignettes by others. \$15.
- ☐ ***Green Trails Tiger & Taylor Mountain***. Map 204S. \$7.
- ☐ ***Green Trails Cougar & Squak Mountains***. Map 203S. \$7.
- ☐ ***Green Trails Rattlesnake Mountain & Upper Snoqualmie Valley***. Map 205S. \$7.
- ☐ ***Green Trails Mount Si NRCA & Snoqualmie Corridor***. Map 206S. \$7.
- ☐ ***IATC Tiger Mountain map***. 1998 revised. \$2.
- ☐ ***IATC Cougar Mountain map***. 2001 revised. \$2.

Issaquah Alps Trail Club
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