

Issaquah Alps Trails Club

*"The Apparatus" for recreation in the
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ALPINER

July ☿ August ☿ September 1992

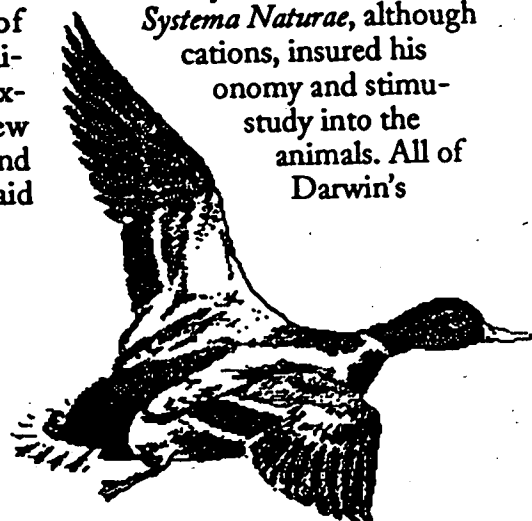
In Pursuit of Amiable Science

by Fred Weinmann

Some great accomplishments can never be surpassed. So it is with Carolus (Carl) Linnaeus the greatest namer of plants in his time and for all time. We are fortunate that his yearnings and instincts for natural history ran deep thus diverting him from parental guidance and formal training which sent him first on the road toward the ministry and late toward a physician career. Official statistics show Linnaeus was born in Resault, Sweden in 1707 and died in 1778. Between those years he became the greatest natural historian of his time and one of the greatest of all time.

It was still early in the 18th century when Linnaeus, in cooperation with friend Artedi, split the natural world between them with the explicit intent of bequeathing names to all natural creations from the three kingdoms—animal, mineral and vegetable. This goal was only imaginable by the desperately young and brilliantly ignorant. For his part, Carl selected the birds, flowers and minerals.

Their endeavour began over 100 years before Charles Darwin set down his observations to give us an explanation for the order and relationships among living organisms. However, it was the same repetitive patterns appearing in related organisms that Darwin used to develop his evolutionary theories that were earlier observed by Linnaeus and led him to his seminal work on the science of plant names, *Systema Naturae* published in 1731 at the age of 28. From that time on (whether you avoid, despise, tolerate, or appreciate "scientific names") the Linnaean system of classes, orders, families, genera and species has endured. I find scientific names to be informative, orderly and melodic but that is the subject of a whole separate article. Publications of but one of many Linnaean publications, insured his taxonomy and stimulated study into the animals. All of Darwin's



So how successful was Linnaeus in his plant naming venture? So much so that he named nearly every genus occurring in Europe and, as a result many genera of plants occurring in the Issaquah Alps were originally named by Linnaeus.

(continued on page 11)

Recreation Management in a Working Forest

Dept of Natural Resources Corner — Issues of importance from your staff at the Tiger Mountain State Forest by Doug McClelland, Wendy Sammarco, Dan Pomeroy, and Jim Russell

How can you provide quality recreation opportunities and forest products in the same place? To answer that question we can look at the history of Tiger Mountain.

Tiger Mountain was first harvested in the early 1900's. Evidence of these first harvests can be found in spring board notches cut out of old douglas fir stumps. The mountain was harvested by utilizing a system of railroad grades to move the wood to the mills surrounding Tiger Mountain. **How does this relate to recreation?** Have you recently hiked the new Preston railroad trail or the Iverson "Fat Hand" trail on the eastern side of the State Forest? These trails have incorporated historic railroad grades into their routes. Old railroad grades make ideal trails. Typically the slope is minimal with gentle curves which can accommodate a variety of users.

Tiger Mountain was extensively coal mined in the 1920's. Evidence can be seen by hiking up Fifteenmile Creek Canyon. There are small pieces of coal exposed on the side of the trail, and remains of old shafts and washing equipment. Did you know that this trail was originally a mine to market road used for delivering coal to the growing population of Puget Sound? For their easy grade and width, old roads can develop into nice trail systems. The bus road and high school trails are good examples.

For today's forest management the Department of Natural Resources has developed the Tiger Mountain State

Forest Management Plan. This plan addresses a variety of public concerns such as timber and recreation management. Through extensive public involvement the plan develops a course for the future which protects resources, provides revenue for our schools and guides recreation development.

Can timber harvest and recreation really coexist? The land managers of Tiger Mountain are trying to provide a balance. Timber sales need to include recreation in their design. Incorporating partial cutting techniques, spreading harvest over the landscape and limiting the size of harvests are special design techniques used in the Tiger Mountain State Forest. In addition, the hang gliding opportunities and views at Poo-Poo Point were created by a 1976 timber harvest. There are also great views of Mt. Rainer from the 1989 timber harvest off the Westside and Main Tiger roads.

Will a hiking trail be protected from future timber harvest? We consider a recreation trail an asset to a harvest area. It's an opportunity to share the State Forest's message of the importance of maintaining a self-supporting greenway in an urban area. For safety, during a timber harvest, the DNR will temporarily close a trail or provide alternate routes. At the end of harvest we will reopen the trail in its original location. We consider protection of the recreation experience just as important as the revenue from the timber harvest.

How are you enforcing trail use restrictions? In the past we have patrolled the forest with our contracted King County officers. This program has been effective in controlling problems on the roads including target shooting, off road vehicle use and vandalism. To meet the new challenges of trail patrol we have hired a fulltime agency law enforcement officer. Jim Russell, our new officer, started May 15th and is beginning to patrol recreational trails. He is coordinating the King County Natural Resources Horse patrol and volunteer bicycle patrol. We will use education and citations to enforce trail restrictions. Please let him know your concerns.

What more can be done to enhance recreation in forest management areas? To offer additional recreation opportunities we install gates to restrict access to forest roads. These roads become excellent hiking, horseback or bicycling areas. Families can use the roads for hikes with children and leisure strolls. Since 1988 we have closed over two-thirds of the forest roads. Recreation behind a locked gate can be an enjoyable experience. Communication lease sites on the summits of Tiger Mountain provide great views for recreationists. These tower sites are critical to our urban communication needs. The leases provide trust land revenue while also provide openings in the forest for views of the surrounding countryside.

The Tiger Mountain State Forest Management Plan has a recreation chapter as a portion

of the document. Forest Management will not work without recreation management. The plan for recreation on Tiger Mountain is intended to be progressive as well as flexible. Determining the balance between recreation needs and resource conservation is our challenge.

We must answer the questions of... How many people can use a trail before it causes negative impacts to the environment? What unique forest and wetland ecosystems can we share without damaging the resource? How do we provide a quality recreation experience with an increasing number of forest users? How do we anticipate and plan for new recreation trends? The list of questions is long and ever changing. We hope to answer these questions with the management of the Tiger Mountain State Forest. Having a flexible recreation plan helps to deal with the changing issues.

Plans for future management on Tiger Mountain will continue to blend the working forest, quality recreation, and resource protection together. Trailheads are being developed, timber sales designed, and natural resource conservation areas created. Tiger Mountain is an ever changing area to manage and enjoy.



Babes On the Trail

by Peggy Barchi

When I was pregnant with my oldest son the doomsayers around me warned that my hiking, camping, backpacking, etc. days were over. In other words, my favorite pastimes were about to be curtailed by the small person I was bringing into the world. Rather than give in, I rebelled — not against my son, but against the people who told me you can't participate in and enjoy outdoor activities until your children are at least five or six years old. Since those prenatal days my husband and I have proved the doomsayers wrong many times over. For example, at six weeks old my son cross-country skied with us and enjoyed it — if a snug, sleeping infant is any indication of pleasure. At ten weeks, he camped, fished, and hiked with us and neither he nor we were miserable. And after the birth of our second son, we wasted only a few weeks before hiking as a four member family!

In my varied outdoor experiences with my sons (now aged 3-1/2 and 1-1/2) and from leading Toddler/Family hikes, I've found that you can hike with babies and toddlers AND both you and the children can live to enjoy it! You just have to remember three basic rules: 1) Be

flexible. 2) Use common sense. 3) Know your child.

Be flexible. Take frequent breaks to prevent crankiness in babies or toddlers. Young children like to stop frequently and explore "new"

territory. Even on short trips allow yourself plenty of time. Small hikers can and will be temperamental at those times that you are hurried and harried (I think it's in their contracts).

Use common sense. Don't try to climb Mt. Rainier. Choose a route that's flat, not too long and is basically "Child Friendly" towards short legs or parents carrying a wiggly load.

Bring a variety of snacks and drinks. There's nothing better than edible bribery when a toddler starts whining on the trail.

Bring a backup mode of hiking transportation for the kids. A front pack or a backpack child carrier are an easy way to carry small hikers. In general, young babies enjoy hikes for the rock-a-bye sleep effect. A backpack carrier will work for lugging older toddlers and pre-schoolers as long as your back holds out. If your child (or children) are too wiggly, big, or bored by the backpack idea, bring a stroller or a wagon — if it's allowed on the trail.

Bring a favorite toy or "special" child sized hiking equipment, such as a kid-size backpack or canteen. Be prepared to carry these items when little arms get "too tired". Or attach a few small, lightweight toys to the child carrier with plastic links. Plastic links attach easily and double as a rattling, take-apart toy.

Bring binoculars, a nature book or some other item that helps you explore your surroundings. As any parent knows, toddlers and pre-schoolers love to ask questions so it helps to have the answers at your fingertips.

(continued on page 11)

July 1992

Hikes and Events

Wednesday July 1

Beyond the Alps Lake Serene
2C. Call leader for time and meeting place.
Will Thompson 488-8592

Tuesday July 7

Lake Alice Road to Tokul Creek
(Car switch)
2B 9:30 a.m.
Al Blalock 746-4155

Wednesday July 8

Beyond the Alps Mt. Higgins
4D. Call leader for time and meeting place.
Will Thompson 488-8592

Thursday July 9

Squak Mtn. State Park from North Access
2C 9:30 a.m.
Mary Cadigan 641-4046

Saturday July 11

Greenway Hike: Snoqualmie Pass to Tinkham campground
3B 8:30 a.m.
Joe Toynbee 723-6716
See article on Greenway Series

Cougar Mtn. Bear Ridge to Big Erratic

2B 9:30 a.m.
Kate Gross 329-2412

Sunday July 12

Greenway Hike: RR grade from Rattlesnake Lake
2A 8:30 a.m.
Joe Toynbee 723-6716
See article on Greenway Series

Cougar North Side Loop

2B 12:30 p.m.
Ralph Owen 746-1076

JULY 1992

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Tuesday July 14

Beyond the Alps Squire Creek Pass.
3C. Call leader for time and meeting place.
Will Thompson 488-8592

Saturday July 18

Greenway Hike: Rattlesnake Ridge
3C 8:30 a.m.
Ted Thomsen 454-8643
See article on Greenway Series

Middle Tiger

2B 12:30 p.m.
Bob Gross 392-0539

Sunday July 19

Greenway Hike: Tiger Mtn.
4D 7:30 a.m.
Sally Davies 641-0676 or
Jim Cadigan 641-4046
See article on Greenway Series

Little Mt. Si

2B 9:30 a.m.
Leonard Eisenberg 392-4034

Tuesday July 21

DeLeo Wall, Wildside Trail and Marshall Hill Loop
2B 9:00 a.m.
Gail Palm 783-6005 or
Bob Knutson 243-4546

Wednesday July 22

Big Tree
1A 10:00 a.m.
Peggy Barchi 432-5446

Thursday July 23

Beyond the Alps Bedal Basin Trail. 3C. Call leader for time and meeting place.
Will Thompson 488-8592

Saturday July 25

Greenway Hike: Squak and Cougar Mtns.
4D 8:00 a.m.
Ralph Owen 746-1070
See article on Greenway Series

Sunday July 26

Greenway Hike: Newcastle to Discovery Park
3A 8 a.m.
Jack Hornung 545-9122
See article on Greenway Series

East Tiger via Middle Tiger
3C 8:00 a.m.
Tom Palm 783-6005

Monday July 27

Board Meeting
7:30 p.m. Issaquah Community Hall (next to Fire Station)

Tuesday July 28

Lake Tradition Plateau
2A 9:30 a.m.
Al Blalock 746-4155

AUGUST 1992

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30	31					

Saturday August 1

Beyond the Alps Mt. Dickerman
4D. Call leader for time and
meeting place.
Will Thompson 488-8592

Sunday August 2

Middle Tiger Mtn.
2B 9:00 a.m.
John Johnson 633-3805

Taylor Mtn. from Hobart Rd.
Green River
Country
Pool. Camp foot ford
3C 10:00 a.m.
Ralph Owen 746-1070

Monday August 3

Beyond the Alps Surprise Lake
2C. Call leader for time and
meeting place.
Will Thompson 488-8592

Wednesday August 5

Redmond Dam
1A 10:00 a.m.
Peggy Barchi 432-5446

Saturday August 8

Country Mtn. Coal Creek Falls
and Country
2A 9:00 a.m.
Kate Gross 329-2412

Sunday August 9

Tiger Mtn.
3C 8:00 a.m.
Trudy Smith 232-2933

Wednesday August 12

Hobart Rd. Grade to Middle
Tiger Mtn.
3B 9:00 a.m.
Gail Johnson 783-6005 or
Bob Johnson 243-4546

Thursday August 13

Beyond the Alps Foss Lakes
4D. Call leader for time and
meeting place.
Will Thompson 488-8592

Saturday August 15

South Tiger Loop
3B 9:00 a.m.
Mary Cadigan 641-4046

Artist Hike with frequent stops

2B+ 9:00 a.m.
Patsey Parsons 255-6603

Sunday August 16

From High Point via TMT to
mid point and return
4C 8:00 a.m.
Tom Palm 783-6005

Tuesday August 18

Twin Falls
2B 9:30 a.m.
Al Blalock 746-4155

Wednesday August 19

Mercer Slough
1A 10:00 a.m.
Peggy Barchi 432-5446

Thursday August 20

Beyond the Alps Perry Creek
Trail. 4D. Call leader for time
and meeting place.
Will Thompson 488-8592

Saturday August 22

Big Tree/Wetlands and
Adventure Trail on Tiger Mtn.
2B 9:30 a.m.
Kate Gross 329-2412

Sunday August 23

Lake Tradition
2A 12:30 p.m.
Ann Leber 746-3291

Monday August 24

Board Meeting
7:30 p.m. Issaquah Community
Hall (next to Fire Station)

Saturday August 29

Beyond the Alps Squire Creek
Pass. 3C. Call leader for time
and place.
Will Thompson 488-8592

September 1992 Hikes and Events

Wednesday September 2

Beyond the Alps Mt. Higgins

4D. Call leader for time and meeting place.

Will Thompson 488-8592

Saturday September 5

Cougar Mtn. West Tibbetts

Creek to AA Park

2C 9:30 a.m.

Mary Cadigan 641-4046

Sunday September 6

DeLeo Wall Loop

2B 10:00 a.m.

Patty Olwell 392-6719

Saturday September 12

SPECIAL EVENT

Tiger Top Traverse

5D 8:30 a.m.

Tom Palm 783-6005

Sunday September 13

Tradition Lake—Big Trees and

Cave

2B 9:30 a.m.

Leonard Eisenberg 392-4034

Tuesday September 15

Cougar to Bear Ridge via

Fantastic Escalade

3B 9:00 a.m.

Carl Palm 783-6005 or

Bob Knudson 243-4546

Wednesday September 16

Kelsey Creek

1A 10:00 a.m.

Peggy Barchi 432-5446

Thursday September 17

Lake Alps Road to Tokul

Cave

(Car switch)

2B 9:30 a.m.

Al Blalock 746-4155

SEPTEMBER 1992

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13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

Saturday September 19

Squak Mtn. to Collapsed Bridge,

Lunch at Cave of the Sabertooth

Tiger

3B 9:30 a.m.

Ann Leber 746-3291

Sunday September 20

Tradition Lake Plateau,

Introduction to Best Trails

2A 2:00 p.m.

Ted Thomsen 454-8643

South Tiger Traverse

Botanists Hike

3B 8:30 a.m.

Ann and Fred Weinmann

392-9230

Wednesday September 23

Beyond the Alps Bare Mtn.

4D 8:00 a.m.

Warren Jones 888-0262

Saturday September 26

Squak Mtn. Traverse. Plant

Identification.

3C 8:30 a.m.

Fred and Ann Weinmann

392-9230

Beyond the Alps Bedal Basin

3C. Call leader for time and

meeting place.

Will Thompson 488-8592

Sunday September 27

Lake Tradition Plateau

1B 1:00 p.m.

Bob Gross 392-0539

Sunday September 27

Wilderness Peak Loop.

"Awesome Hole in the Ground"

3C 9:00 a.m.

Peggy Owen 746-1070

Monday September 28

Board Meeting

7:30 p.m. Issaquah Community

Hall (next to Fire Station)

Wednesday September 30

Beyond the Alps Lake S.

2C. Call leader for time and

meeting place.

Will Thompson 488-8592

Hike Information

HIKE LEADERS

The hike leaders are volunteers who have donated their time to lead people who want to hike and explore the trails in the Issaquah Alps and other nearby foothills (Cascades) in King County. Hikes are scheduled and led year-round regardless of weather. *Minimum attendance is 3, including the leader.*

Trails in the Issaquah Alps may be good or bad, easy or hard, muddy or dusty, brushy or clear, steep or flat, easy or hard—or all of the above. Some are not much more than animal trails. As *volunteers*, neither the hike leaders, the Trails Club or club directors are in any way responsible or liable for hiker's comfort, transportation, property, safety, or general wellbeing while traveling to and from the trailhead or while hiking or working any trail.

The club's sole purpose is to show hikers where the trails are and to lead the way. The public, other clubs, youth groups, church groups and others are welcome and wholeheartedly invited to join with the hike leader and others who want to hike these trails. Children under 13 should be accompanied by an adult. *Please, no pets on these hikes.*

HIKE CLASSIFICATIONS

Each hike has a number and letter designation after it (e.g., 1C). Numbers indicate the hiking time and letters indicate the degree of difficulty.

Hiking Time

- Class 1: 2 hours
- Class 2: 4 hours
- Class 3: 6 hours
- Class 4: 8 hours

The time *approximate* hiking time, not including travel time to and from the trailhead, 20-30 minutes, depending on the hike and meal times. Lunch will add another 20-70 minutes, depending on the mood of the group).

The times are based on an assumption of a two mile per hour pace, with a half hour added for each 1000 feet in elevation gain. Trail conditions, weather, and unexpected hazards can extend the hiking time.

Degree of Difficulty

- A: little or no elevation gain, up to 500 feet, no difficulties for average walker
- B: some climbing: up to 1200 feet, or some other difficulty
- C: more climbing: up to 2500 feet, or some other difficulty
- D: much climbing: over 2500 feet elevation gain

This is an *estimated* degree of difficulty. Most trails in the Issaquah Alps are not up to the high standards of state and national parks. Issaquah Trails can be very steep in parts or muddy and brushy. Hikers may gain 1000 feet in just one mile of a five-mile, 1500-foot elevation gain hike. Sometimes there are trees to climb over or nettles and berry bushes to beat through. *Short* doesn't automatically mean easy and *long* doesn't automatically mean tough.

HIKE DESCRIPTION MODIFIERS

Exploration

The leader shows trails and points of interest along the way. The trails to be hiked or points visited depend on the weather and the group's interests.

Leader's Choice

The leader had not decided where to hike before publication of the hike schedule.

Trail Party

Trail maintenance work party.

Variation

The leader may detour, take short cuts and loops, explore or otherwise deviate from the main trail to make the hike more interesting.

Exploratory Bushwhack

The leader goes cross country off the main trail system to explore animal trails, canyons, old logging

roads, or old railroad grades. Expect to go through brush, over logs, tiptoe through wildflowers and/or mud and have a good time hiking where others seldom tread.

Youth Hike

For children ages six to 12. Parents must come along.

Toddler's Walk

For parents with very small children or infants.

MEETING PLACE

Trails Club hikes meet in the parking lot just south of Issaquah City Hall. To get there, take Exit 17 (Issaquah-Front Street) off Interstate 90 and turn south into downtown Issaquah. Go one mile or so down Front Street, past the light at Sunset to S.E. Andrews. Turn left into the KC Foods complex. Go one block to parking area between First Avenue and Rainier Blvd. Park south of Andrews Street.

CLOTHING

Dress for the Pacific Northwest outdoors—expect rain, snow, sunshine, fog and everything in between. Bring extra clothing, rain gear, food, drink, matches, flashlight and first aid supplies. Wear comfortable hiking boots or hiking shoes.

TRAIL MAINTENANCE

Volunteers organize and schedule trail maintenance parties periodically as listed in the hike schedule. These work parties meet at the same place as the regular hikes (see "Meeting Place" above). The Club is well supplied with heavy trail maintenance tools, but workers may also bring their own loppers, weed whackers and other tools. Trail work parties last at least four hours. *Trail maintenance is a vital part of the Club's work—and a great way to meet people!* Individuals and groups are also encourage to adopt a trail, or section of trail, and be responsible for maintaining it.

Grand Ridge Update

by Roger Delmar

When I was first approached and asked to write an update to the Grand Ridge saga, it seemed this would be an easy job. On the contrary I've found it to be very difficult.

Six months ago I hoped that the whole plan to develop Grand Ridge would be shelved, that the Trails Club, by calling attention to the potential impact on downstream flooding and the destruction of animal habitat and forested open space could really alter the course to be set by the City of Issaquah and the County Council who are in the position to approve or disapprove development plans. I didn't begin to understand the political, social and economic forces that push us ever farther outward into open land, or the philosophical mind set that views land as just another consumer commodity. Grand Ridge will be developed, that is a near certainty.

We have contributed to influencing a downscaling from the scope of development originally envisioned by Blackhawk/Port Blakely but it will still be more dense and land consuming than the Trails Club would have hoped. The die is cast and the final conclusions are now in the hands of the political decision makers. But between then and now I discovered some treasures up on the ridge and their obliteration by the bulldozers and the tramping of workers feet will leave me with a sense of grief and anger, and loss. The old fort built by some adventurous kids (most likely) and the ladder tree next to it. Who sat up there and what wonders did they see passing below them through the silent woods. The grove of Sitka Spruce and the stands of near old growth timber in the wetlands, and the pristine flow of the water through the twisting course surrounding that little island. These and other treasures will be gone and can never be replaced.

Every piece of land has its own private treasures and memories. They are there for us to respect and enjoy. Until our society as a whole comes to grips with the real issues, the policies and philosophies that demand ever increasing amounts of land, many other special places will also be engulfed, and swallowed.

The loss of Grand Ridge puts even more impetus on caring for and preserving what we have in the Issaquah Alps and beyond and if we really hope to preserve the wild lands it challenges us to face the hard issues that call for changes to the way we live.

Many Thanks, Gus

Almost a year ago Gus Nelson took over the Presidency of the Issaquah Alps Trails Club as David Kappler successfully ran for an Issaquah City Council position. In his first letter to the membership, Gus said it would be tough to fill David's shoes as President of the Trails Club. But to those of us who worked with him, Gus pursued and fulfilled many goals he set for himself and the club.

One of his major objectives included organization of the roles volunteers played within the club. If it weren't for his relentless pursuit of detail, we wouldn't have the structure we have today that is allowing the club to be governed by a diverse committee of dedicated and talented members.

Another major goal dear to Gus' heart is the addition of Section 9 on Squak Mountain to Washington State Parks. Gus mobilized several volunteers to help campaign for the land to be purchased with funds provided by the WWRG. By the time you receive this newsletter we will hopefully be celebrating a larger Squak Mountain State Park.

Thanks Gus for all the effort you put in to making the Trails Club a big success!

Join the First Annual "Tiger Tops Traverse"

by Tom Palm

On Saturday, September 12, we will visit each of Tiger Mountain's six distinct summits in a South to North traverse that will reward us with plenty of exercise and an in-depth understanding of our favorite Issaquah landform. Because of the physical demands of this hike and the necessity to arrange a car shuttle, signups will be limited to 30 people and should be completed by September 1.

This hike is rated a 5D. It will begin at the Issaquah City Hall meeting place at 6:30 a.m. on September 12. There, we will divide into our pre-arranged car shuttle groups and drive to the South Tiger Mountain Trailhead off SE Tiger Mountain Road. Our goal then is to hike back to our cars after reaching all six Tiger Mountain summits.

First we will visit the most prominent of South Tiger's three peaklets and continue on to Middle Tiger for a break. Then, we drop down a bit for an ascent to East Tiger for lunch. Back down the new East Tiger trail to the old Bootleg trail and up to West Tiger 2, then West Tiger 3, for an afternoon snack. Finally, we will descend the Section Line Trail to the Tradition Plateau en route to our starting point.

To participate in the inauguration of this new hiking experience, please call Tom Palm at 783-6005 by September 1.

Greenway Hike Series Detailed Information

by Joe Toynbee

As explained in the last Alpiner, the Greenway Hikes planned for the last three weekends in July are intended to acquaint participants with various portions of the Greenway. Do some hikes or do all; total distance for all hikes is about seventy miles.

Except for July 12, these hikes involve a fair amount of distance and, in some cases, elevation gain and loss. Hikers should be in reasonably good condition and carry appropriate gear (please see Hike Information on page 7).

To receive detailed information on these hikes, including meeting places, routes, distances, etc., send a self-addressed stamped envelope to: Greenway Hikes, 5908 So. Prentice Street, Seattle, 98178.

Volunteers Wanted!!!

The Issaquah Alps Trails Club is seeking members interested in getting involved with local issues concerning land use, wetlands, wildlife, historical preservation and open space. If you have related experience or would like to learn about any of these issues, please call Bill McFerren at 391-3359.

Our hikes continue to be the most important ongoing Club activity. They are the bedrock of the organization. We would like to offer a variety of hike types—this requires hike leaders of all vigor and vintage. Anybody who is willing to lead hikes—or has ever even thought about leading hikes—should

contact Ann Weinmann at 392-9230.

The Club also is still looking for a **Publicity Coordinator**, whose responsibilities will include working with local print, TV, and radio media to give visibility to Club environmental and political concerns as well as Club hikes and special events. This person will work closely with the VP of Operations, President and Board of Directors. If you have good communication skills and have an interest in promoting the Club, please call Bill McFerren at 391-3359 for more information.

We are seeking a **Wetlands / Wildlife Coordinator**. This person will coordinate the work of IATC experts on wetlands and wildlife issues, and will work with other Club apparatus groups in addressing wildlife issues related to the Greenway, local land use, community planning, Cougar Mountain Wildland Park, etc. You don't need to be an expert, just have an interest. If you're willing to help with wildlands and wetlands issues or serving as a coordinator, please contact Fred Weinmann at 392-9230.

Lastly, the Alpiner production team is looking for a few good writers and graphic artists. If you like to write, draw, take black & white photographs, or generate computer art, please contact Suzy Roth at 392-6259. We're looking for articles and art that have to do with the Issaquah Alps and/or the "great outdoors"!

A CHALLENGE FROM THE GREENWAY!

Ted Thomsen, Greenway Chief

The words "Mountains to Sound Greenway" can mean many things to different people.

What is your vision of the Greenway? This is the question we have asked each of our Board members. Their answers are helping us formulate a feasible—and yet inspiring and shared—vision of the MTS Greenway. *We now ask each of you the same question!*

Please tell us (in about 500 words or less) what you believe should be the key elements in establishing and preserving the look, feel and function of the MTS Greenway. Also include your ideas as to how we can best accomplish this. Send your thoughts to MTSG Vision Editor, 506 Second Ave., Suite 1510, Seattle, WA 98104.

One person's vision—a pipedream? To stimulate your thinking—or give you a target to pulverize—here is my vision:

I visualize a broad range of people and wildlife enjoying the Greenway. Birdwatchers, school classes, handicapped persons, wildflower enthusiasts, skiers, foreign visitors, snowmobilers, horseback riders, and ravens, bear and beaver are among those I see. For this brief vision, however, I will focus on the three user groups of greatest interest to me: (1) hikers, (2) bikers and (3) tourists. If properly managed, each of these groups can add significantly to the economic stability of the communities along the Greenway, with minimal impact on the residents or the environment.

In my vision, a hiker will be

able to walk pleasurably from Seattle to Cle Elum, having available a variety of routes, depending upon the season and the hiker's stamina. There will be at least three summer routes: (1) the lowland trail, using the Iron Horse Trail, (2) the south ridge trail, traversing the peaks and valleys through Cougar, Squak, Tiger, Rattlesnake and on to the east, skirting the Seattle Watershed, and (3) the north ridge trail, traversing the mountains eastward from Mt. Si through the Alpine Lakes Wilderness.

There will be many trailheads—most served by public bus—located at suitable intervals for comfortable day hikes between stops. Along some of the trails, there will be campgrounds and, where feasible, European-style alpine huts. Each hut will be operated by a resident manager and provide water, prepared meals, toilets, showers and dormitory sleeping space. Some will be open only in the summer. Others will operate year-round to serve cross-country skiers.

For bikers, I foresee a bike-trail system providing opportunities comparable to those provided for hikers. A biker will be able to ride safely (physically separated from highway traffic) from Seattle to Cle Elum. Branching from the main trails will be a variety of interesting and challenging side trails into the mountains, for example, on logging roads.

On wide routes, for example, the Iron Horse trail or logging roads, bikers and hikers will safely share the same trail. However, narrow or single-

track trails will be biker only or hiker only. The bikers and hikers will also share many of the trailheads and hostel facilities, providing a stimulating cross-cultural experience for both!

For the passing tourist, I visualize numerous historic sites, interpretive centers and stunning viewpoints dotting the green along the way. Food, lodging and services for these travelers will be provided mostly by facilities located in the currently planned cities, towns and communities en route. This will minimize the need for new areas of urban development within the Greenway.

There will be a number of special places easily visited by the passing tour bus or car. Snoqualmie Falls, Preston, and Roslyn come to mind; there are many others. One of the best auto-accessible views in all the Greenway is that from the Snoqualmie Winery site. We must help the city do the right thing here; this could be a five-star stop for millions of visitors every year. If an even more commanding view is desired, visitors can ride the tram from its landing near the North Bend I-90 exit to the western summit of Rattlesnake Mountain, there to enjoy a twilight dinner in a revolving restaurant towering more than 2,700 feet above the valley!

How to accomplish all of this? We will find a way. For example, to complete the hiker and biker trails, all we need are an agreed plan, a few easements and permits for the missing links, some donated tools, equipment and supplies, and lots of volunteer labor. These shouldn't be too difficult to come by—should they? We did it in the Issaquah Alps.

Amiable Science... (cont.)

He personally named and described thousands of species deriving most names from Theophrastus, Pliny or other classic Greek and Roman literature. He is so recognized and honored in the botanic profession that the official abbreviation of his name has been reduced to the single letter, L.!

Fittingly, the name Linnaeus was coined by Carl's father by putting a Latin ending on the Swedish word for linden, a tree growing on the family farm. And what about plants named for Linnaeus? Carl reportedly asked for but one species, that being one of our favorite alps inhabitants—the twinflower, officially monikered as *Linnaea borealis*, variety *longiflora*. This was not a modest request. Even though twinflower is a small plant it is a true gem of the forest floor and admired by all who encounter it. Along with the mosses, ground dogwood, kinnikinnick and a few other plants it forms the green velvet coating of the alps.

The shiny evergreen leaves of twinflower (about 1/2 inch long) smell faintly of anise, and the twin pairs of pinkish to white flowers, nodding downward from June to August, once recognized are easily remembered. And once learned you will have a friend throughout its occurrence around the world in northern latitudes. (It closest look alike is kinnikinnick, but the rounder leaves that have serrations on their outer half differentiate twinflower. The habit of twinflower is best described as a small woody vine. See page 67 of Bill Longwell's Guide to Trails of Tiger Mountain for a silhou-

ette of the leaves. Its relatives in the alps include twinberry, orange honeysuckle, elderberry, and snowberry, all members of the honeysuckle family or the Caprifoliaceae. Look for twinflower throughout the forested reaches of the alps. You cannot miss the dense cover along trail E-2 just as you approach Far Country Lookout on Cougar Mountain.

No finer groundcover can be found in the alps or in nurseries. As a bonus, it is easy to propagate and so common that carefully (with emphasis on carefully) harvested starter snips from the wild need not be forbidden. It will spread easily in shady areas and is charming both in and out of flower. Anecdotal information suggests that survival is more successful when starts are taken from disturbed areas such as roadsides rather than from natural wooded areas.

Botany has been referred to by Goethe as the "amiable science" and hiking could well be termed the most amiable of avocations. So the next time you rub up against the alps, whether with flora and vasculum in hand, or just your trail guide, why not conduct some amiable science in kinship with Linnaeus and with *Linnaea borealis*.

Next time I will treat some not always so amiable plants, the brambles of the alps. See hike descriptions for opportunities to get up close and personal with the alps plants in the accompaniment of experienced botanists.

Babes... (cont.)

Think like a child when choosing a destination. Choose a hike that incorporates some of the things children enjoy. For example, kids love water, animals, caves, and playgrounds. If you can make any of these a destination you can keep kids interested by telling them "We're almost to ...". I generally try to make these fun places the turnaround point or the end point on my toddler hikes, because once small hikers reach these places they won't want to go on.

Turn the hike into a child's game. If a fun destination isn't enough to keep small hikers going, make up games that will. For example, appoint them Expedition Leader or Chief Bug Finder.

Bring extra clothes, diapers, bottles, etc. Remember a baby or toddler in a child carrier will get chilled sooner than a hiking adult. You can make child-sized leg warmers for the packable child by pulling a pair of adult-sized socks over each little leg. Most hikers are familiar with the Ten Essentials. Even on short, warm summer toddler hikes I carry a version of these essentials: snacks, water, emergency space blankets (one for each hiker in case of emergency) and/or extra clothes, diapers, etc, first aid kit (lots of BandAids for the scrapes and cuts of small trailblazers), map, and compass (if for nothing else they provide great entertainment for the kids), sunglasses (if your kids will wear them), sunscreen (check with baby's doctor for an acceptable sunscreen; a sunburned baby means a miserable baby and miserable parents), flashlight (again if for

(continued on page 12)

Membership Application Issaquah Alps Trails Club

P.O. Box 351, Issaquah, WA 98027

Name: _____

Address: _____

Phone: _____

- Annual Regular Dues\$10
- Annual Contributing Dues\$20
- Lifetime Membership\$100
- Limited Income.....\$5

♦ All memberships cover the entire family.

♦ A regular annual family membership is \$10. This covers the cost of printing and mailing the Alpiner and a part of the club's overhead expenses.

♦ Contributing memberships at \$20 or more cover the rest of the club's overhead expenses and allow us some financial leeway in planning special events, publishing trail guides and keeping our trail maintenance tool supply fit and ample.

♦ Lifetime memberships at \$100 give us room to be creative and visionary, to venture forth on projects otherwise beyond our means and dreams.

Babes... (cont.)

nothing else than the entertainment factor), knife (generally used on toddler hikes for cutting snacks such as apples), matches/lighter/firestarter (in case of a genuine emergency), plastic garbage bag (for used diapers and snack wrappers or as an emergency rain poncho, plus it's never too early to teach basic ecology 101 — litter patrol).

Know your child. Recognize your baby/toddler/pre-schooler's moods and interests on the trail. Try to turn back before their short little legs give out. Don't push little tikes past their limits or you and they won't enjoy your trek into the great outdoors.

In closing, hiking with even the youngest family member is very enjoyable. Besides the immediate hiking rewards, a child who is introduced to well planned hiking trips will likely grow into a lifelong outdoors person who enjoys and respects the environment.

Issaquah Alps Mail Order Service

P.O. Box 351, Issaquah, WA 98027

♦ *Guide to Trails of Cougar Mountain Regional Wildland Park, Coal Creek Park, May Creek Park* By Harvey Manning and Ralph Owen.

1990 updated edition. This new edition brings you all the old favorites plus new favorites—new trails on the west side connecting to Renton and May Creek plus *all new maps!* \$8.50 (includes map, tax and shipping)

♦ *Guide to Trails of Tiger Mountain*

By Bill Longwell. 1989 updated edition. New trails: Tradition Plateau Trail (adding Swamp and Wetlands Trails), the *new* Bootleg Trail, the *new* Preston Trail. Plus encounters with animals. \$8.50 (includes map, tax and shipping)

Issaquah Alps Trails Club
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