Issaquah Alps Trails Club

The Apparatus

President: David Kappler • 392;3571 56

Vice President: Tom Wood 391 80276

Secretary: Suzy Roth • 392-6259

Treasurer: Jim Cadigan • 641 4046

Chairman of the Board:
Harvey Manning • 746-1017

Board members:

George Jackman • 221 3925

Mary Cadigan • 641 4046

Dennis Burk • 391 3835

Ted Thomsen • 454-8643

Bill Longwell • 255 1295

Ralph Owen • 746-1070

Gus Nelson • 392-7428

Joe Toynbee • 723-6716

term was interested that the Issaquah Alps 24-hour Hotline: 328-0480 Finance Committee Chair: Joe Toynbee • 723-6716 Policy, Government Committee Chair: David Kappler • 392-3571 Hikes coordinator: Suzy Roth • 392-6259 Printing and Publishing: 3000 40 100 Rodi Ludlum • 643-4095 Book sales/distribution: Life 11 12 10 12 Marty Hanson • 392-2458 Membership & Volunteer Committee Chair Mary Cadigan : 641-4046 Membership records: Laurene McLane • 392-020

Laurene McLane • 392-020

Land and Trails Committee Chair

Gus Nelson • 392-7428

Squak Watcher: Gus Nelson • 392-7428

Cougar Watcher: Ralph Owen • 746-1070

Issaquah Watcher: Ruth Kees • 392-3410

Tiger Watcher: 150-151

Raging River and Preston Watchers
Maryanne Tagney Jones • 222-7615
Chief Ranger: Bill Longwell • 255-1295
Friends of Grand Ridge Rep:
Dennis Burk • 391-3835

Issaquah Tourism Rep:

Jack Hornung • 545-9122

Volunteers of Washington Rep: >3 \$32.

Linda Reiter • 391-0589 Legal Advice: Tom Lincas L

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Subscriptions: \$10 peryear
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Laurene McLane 0392-0204
Editor: Rodi Ludium 0643-4095

CENTRAL SOCIETY AND LINE OF VOICE

ADPINIDER

October November December 1990

Support Proposition 21 (TREE) to preserve remaining open spaces

During the last two decades, the Puget Sound area's population has grown by 36%—while its land lost to development has increased by more than 87%.

That means we must act to save the natural lands we have left!

Citizens from all across Puget Sound have joined together and created a regional program to preserve open space and natural land. In November, the voters of several Puget Sound counties—including King, Snohomish and Pierce—will be asked to approve Proposition 21—TREE: the Real Estate Environmental Endowment.

TREE is a 10-year program, funded by a 1% tax on real estate transactions to acquire and preserve tens of thousands of acres of our most cherished datural lands and open spaces.

In King County, TREE will provide approximately \$70 million a year to fund:

The Greening of the Cities Program: 55% of TREE funds will be used to buy greenbelts and natural lands in every urban and suburban community in King County

Saving the Rural Environment Program: 35% of TREE funds will purchase thousands of acres to preserve our rural and natural lands from the threat of urban sprawl.

• Maintenance Endowment Fund:
10% of TREE funds will be placed in a perpetual endowment: The interest from the endowment will be dedicated to maintaining the lands we preserve.

TREE is not a property (ax. It is a one time fee on real estate transactions.)
TREE is fair. Growth development and people moving mio the Puget.

Sound region should help paylor the open spaces and parks we need.

TREE is affordable. Seniors those a of fixed incomes and everyone else.

wishing to remain in their homes will never have to pay:

TREE protects affordable housing. Puget Sound counties will petition the legislature to exempt first-time home-buyers from the levy.

ATREE is our last chance for a green Puget Sound. Chief Sealth told us that we do not own the land, we merely borrow it from our children. TREE will save our last large pieces of land. the last tracts of open green spaces. TREE will let us give back to our children the natural heritage we cherish.

TREE is our opportunity to complete the job of creating a permanent open space and trail system in Puget Sound unparalleled anywhere in the nation.

But we have opposition!

Realtors mortgage bankers and strip mall developers have ganged up to defeat our last chance to save the Puget Sound environment from disappearing under the bulldozers. They are hiding under the name King County Citizens Against Unfair Property Taxation and have pledged \$40,000 to battle environmentalists and other supporters of TREE.

You can make Proposition 21 a success in all seven counties by donating generously to the campaign. Our regional citizen committee can win with half the budget of the opposition. But to counteract the negative campaign of the realtors we need money now!

Please make your checks payable to Citizens for Open Space A return en evelope is enclosed in this issue of the Alpiner for your convenience.

Thank you to your support as To you the result as money call from Wood at 391:8027

l know you can hike, but can you type?

See us at Salmon Days

The Trails Club will again join the Issaquah community in celebrating the return of the salmon to the creeks and rivers of the Issaquah Alps at Salmon Days, October 6 and 7

Issaquah Alps T-shirts; Mountain to Sound T-shirts, posters; maps and books will all be available at the Trails Club booth on Front Street. This is also a great time to renew your membership; get a friend to join or buy a gift membership.

Mary Cadigan at 641-4046 is in charge of getting volunteers to staff the booth for two-hour shifts. Please volunteer to help out—it is quite enjoyable to talk with the people who stop by to learn more about the Alps or report—their recent wildlife siting or other new discovery.

Club needs clerical support

You would not believe the amount of correspondence we generate as we deal, with state agencies, county departments and departments within cities around the Issaquah area! We spend a great deal of time on the phone, but the impact and the record established correspondence and the maps and visuals that accompany it are essential and most effective. Right now there are some letters that are not getting written and others that are delayed. We really need some help in this area.

Mary Cadigan (641-4046) is our volunteer coordinator, but you are welcome to call any of the people listed in "The A Apparatus" on page 1 if you would like to get a better idea of what the different volunteers do for the Trails Club and how you might fit into our efforts:

David Kappler

Explore north-south greenway connections

by Jack Hornung and Stan Unger

☼ During the past year we have enjoyed tremendous cooperation from King County Parks in our Mountains to Sound project drawing attention to the idea of preserving an I-90 Greenway.

This fall and winter, we propose to continue this cooperation on an informal basis as we do some scouting of the county parks department interurbantrail plan, a plan which in many of its details links in with our I-90 Greenway by north and south connectors. Routes along highway 900 and 18 are examples.

Hikes will be held on November 3 and 17 and December 1 and 15. We will convene at 8 a.m. at the Issaquah McDonald's on Gilman Boulevard, just east of the Renton-Issaquah Road On certain days we may change the meeting place so if you plan to come; call and confirm the meeting place with San Unger 283-7823 or 296-8657 or with Jack Hornung 545-9122

These will be exploratory full day hikes perhaps 10-15 miles, probably lasting to about supportune. They will be taken at a moderate pace but without mountainous ascents and descents. There may be some bushwacking, so come prepared. We plan to have more of these hikes in the January-February-March 1991 quarter.

The county's proposed interurban trails system will connect the urban areas in western King County with eachother as well as with the 1-90 Greenway. People living in Renton, Auburn, Redmond, Duvall, Bothell, Snoqualme and other areas around the Greenway are especially encouraged to come along and help scout these trails.

We also encourage the equestrian and cyling communities, since the proposed county trail system is intended to be multi-purpose.

To avoid misunderstanding, especially about liability in case of injury, we swould like to emphasize that these hikes are not sponsored by the Issaquah Alps. Trails Club: They are simply explorations long planned by Jack and Stan on which others are welcome to come at their own risk. Also, these are not pack aged hikes designed to entertain! Beforewarned of some road hiking.

Snoqualmie Valley Trails Club Hike Schedule

Sat October 6 Bandera Mountain, Alpine Lake Boots required: 4D 9 a.m. NB Clifton Cooper 932-3124 Sun October 7 Anderson Gap- Anderson Lake optional 3C 8:30 a.m. NB Warren Jones 284-0748. Preston Town Tour and the Raging River. 1-2B 12:30 FC Peggy Owen 746-1070 Wed October 10 🐭 Asahel Curtis Nature Trail. Trail main tenance with North Bend Ranger District. Bridge deck repair, some heavy lifting: 8 a.m. to 4 p.m. Call for sign-up; date verification and meeting. place: Pat Brewington, 888-2426. Sun October 14 Snow Lake and Gem Lake 4C 9 a.m. NB Mike Leake 333-4243 Wed October 17 Twin Lakes-optional Lake Lillian 3C 9 a.m. NB Peggy, Thompson 831-6339 Satk October# 2013 Lodge Lake 2B 9 a.m. NB June Steven 222-5452 Sat November 24 Cascade Lookout 3D 9 a.m. NB Pat Brewington 888-2426. Sun: November 25 Tolt River Forks 3B 9 a.m. FC Mike Leake 333-4243 Sat December 1 Little Si 2C 9 a.m. NB June Stevens 222-5452 Sat December 8 Commonwealth Basin *** 2B 9 a.m. Possible snow-dress accord ingly. Mike Leake 333-4243 Sat December 15 Lake Alice Trail 2B 9 a.m. FO Mike Means 888-3893 Sun: December 303 Waskowitz Lookout 2B 10 a.m. NB Warren Jones 284-0748 NB 🖺 North Bend Park and Ride! 4th and Main, by the Library FC = Rall City Park and Ride; Junction of SR 202 and 205 ≤ 5

Please call leaders for hike information

) (4 (**1990** HIFES and Events

TUEOCT 2

Squak Mtn Summit Loop Begin off Minside Drive, up west side, around the summit, and back through Thrush Gap

3C • 9:00 • Tom Mechler, 255-0922

THU OCT.4

Tiger Mtn State Forest Leader's Choice __ Leader likes to hike Tiger's little known trails 3C • 9:00 • Will Thompson, 488-8592 医小脑皮质 医马克勒氏反应

SAT OCT 6 SALMON DAYS

Come see us at the Trails Club booth on Front Street.

SUN OCT 7 SALMON DAYS

TUE OCT 9

Twin Falls State Park/Little Si 2B • 9:30 • Al Blalock, 746-4155 Ed Bowser, 747-3349

WED OCT 10

Lake Hills Greenbelt Family hike, very easy, suitable for strollers, young children 1A • 12:45 • Judy Chamberlin. 392-8813

SAT OCT 13

Grand Ridge Exploration 3B • 9:00 • Dennis Burk, 391-3835

SPECIAL

Introduction to the Issaguah Alps hiking trailheads by car caravan. We will identify unmarked or obscurely marked trailheads on Tiger, Squak, Cougar, and Grand Ridge. Trail guides, including maps, will be available for sale so that you may pinpoint many of the unmarked trailheads.

2A • 9:00 • Betty Manning, 746-1017

OCTOBER

S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31

SUN OCT 14

Rattlesnake Mountain East Peak via the ledges = terrific view, boots required! 3C • 9:30 • Ralph Owen, 746-1070

WED OCT: 17

Grand Ridge Variations Exploration of wetlands and historic trails.

2B • 9:00 • John Seebeth, 391-3843

THU OCT 18

Trails Club Board meeting, 7:30 p.m. Issaquah Library, 140 E. Sunset Way

SAT OCT 20

South Tiger Mtn State Forest 3C • 9:00 • Tom Wood, 391-8027

East Cougar Mountain

West Tibbetts Creek, Fantastic Erratic 2B • 12:30 • Dave Kappler, 392-3571

CHARMAN AND THE PARTY OF THE

of 18 Mary 1986 - Tallet A Tollet.

SUN OCT 21 East Lake Sammamish Plateau Wetland tour of Saddle Swamp and general wetland ecology Must call leader to reserve space! 1A • 8:30: Fred Weinmann, 392-9230

Light History and the Lord ov WED OCT 24 Squak Mountain Mountainside Drive Loop Family Hike: 4 yrs old and up 2A • 12:45 • Judy Chamberlin 392-8813

THU OCT 25

Lake Tradition Plateau 2B • 9:30 • Al Blalock, 746-4155 Ed Bowser, 747-3349

SAT OCT 27 TRAIL WORK PARTY

South Cougar Mountain Licorice Fem Trail off May Valley Road

9:30 • John Johnson, 633-3805

SUN OCT 28
Tiger Mountain State Forest Tiger Mtn 2

3C • 9:00 • Laurene McLane, Description of the second

TUE OCT 30

West Cougar Mountain

Red Town to Far Country and Deleo Wall

2B • 9:30 • Mary Cadigan, 641-4046

Beyond the Alps

Mt. Margaret, Lake Lillian & beyond Views and fall color!

4C • 8:00 • Joann Howe, 432-0741

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November 1.880 He and Events

SATI NOV S

South Cougard Mountain Longview Peak from Licorice Fern Partial bushwack (not too serious!) 2B • 9:30 • John Johnson, 633-3805

Squak Mountain State Park Section 5, Bullitt Mansion, and both summits 3C • 9:00 • Tom Wood, 391-8027

SUN NOV 4
Cougar Mountain Cougar Mountain Deleo Wall and Marshall's Hill from Red Town — best view on Cougar! 3B • 9:00 • Dave Kappler, 392-3571

HILL TO THE TABLE WED NOV 7

Tiger Mountain State Forest Tiger Mtn 2 & 3 3C • 9:00 • Tom Mechler, 255-0922

East Lake Sammamish Plateau Yellow Lake in Klahanie Family hike, very easy, suitable for strollers, young children 1A • 12:45 • Judy Chamberlin, 392-8813

SAT NOV 10 North Tiger Mtn Trail Loop - 1888 old and new TMT; will look at glacialerratics

2B • 8:30 • Bill Longwell, 255-1295

Cougar Mtn Regional Wildland Park -Bear Ridge, Anti-Aircraft Peak 3C • 9:30 • Ann Leber, 746-3291

SUN NOV 11 Tiger Mountain State Forest Poo Poo Point Loop from Lake Tradition Plateau 3C • 8:30 • George Mischler. 746-8144

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NOVEMBER

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TUE NOV 13

Squak Mountain State Park — Visit remains of Bullitt Mansion and Squak Mtn summit from trail along Minside Drive 3C • 9:30 • Mary Cadigan, 641-4046 wanter in the Berline

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WED NOV 14

Grand Ridge Variations Exploration of wetlands and historic trails.

2B • 9:00 • John Seebeth; 391-3843

Market St. January Caralle Mill

THU NOV 15

Trails Club Board meeting, 7:30 pm Issaguah Library, 140 E. Sunset Way

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FRI NOV 16

East Cougar Mountain — Tibbetts Creek to Anti-Aircraft Peak and back down 2C • 9:30 • Betty Culbert, 432-7387

SAT-NOV-17

Tiger Mtn State Forest Leader's Choice Leader likes to hike Tiger's little known trails 3C • 9:00 • Will Thompson, 488-8592

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SPECIAL SECTION AND ADDRESS OF THE PERSON ADDRESS OF THE PERSON AND ADDRESS OF THE PERSON AND ADDRESS OF THE PERSON ADDRESS OF Introduction to the Issaquah Alps hiking trailheads by car caravan. We will identify unmarked or obscurely marked trailheads on Tigery Squak, Cougar, and Grand Ridge. Trail guides, including maps, will be available for sale so that you may this pinpoint many of the unmarked 12 12 18 trailheads. 2A • 9:00 • Betty Manning, 746-1017

SUNANOV 18 12 12 14 14 14

Two peaks of Squak Mountain and East Cougar Mountain in 2 big loops from SR 900

3C • 8:30 • Ralph Owen, 746-1070 THE PERSON OF THE PROPERTY AND A STORY

TUES NOV 20 Rattlesnake Ridge 2B • 9:30 • Al Blalock, 746-4155 Ed Bowser, 747-3349

SAT NOV 24 Tiger Mountain 2 & 3

3C • 8:30 • Trudy Ecob. 232-2933

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ecember 1990 sikes and Events

SAT DEC 1
Tiger Mountain — Tiger Caves, Big Tree and Lake Tradition. Nice varied loop hike; bring flashlight 3C • 10:00 • Cliff Cooper, 932-3124

SUN DEC 2

Tiger Mtn State Forest Leader's Choice Leader likes to hike Tiger's little known trails. 3C • 9:00 • Will Thompson, 488-8592

与我们的"我们是我们的"他们的"我们"。 第15章

the standard was a part 1955 TUE DEC 4 Tiger Mountain State Forest new trail to TMT from north and and and summit of Tiger 3 3C • 9:30 • Mary Cadigan, 641-4046 कोत्र पर, अञ्चलका हाइन्सेन ज्यानी हो तथा है अस्त्री में

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ENGLISHED READ WELLSTON

WED DEC 5

Kelsey Creek Park Family Hike, very easy, suitable for strollers, young children 1A • 12:45 • Judy Chamberlin, 3 392-8813

SAT DEC 8 HARD STATES OF STATES

Squak Mountain State Park Start by rock quarry to radio towers and descend through Thrush Gap 3C • 9:00 • Bob Eschrich, 232-5765

Note the advantage of the police SUN DEC.9

West Cougar Mountain — Coal Creek to Newcastle via the railroad grade and return 2B • 12:30 • Ralph Owen, 746-1070 THE STATE OF THE S

WED DEC 12. Grand Ridge Variations Exploration of wetlands and historical trails. 2B • 9:00 • John Seebeth, 391-3843 Mary bill we wall

DECEMBER

SEMETS WIT FOR 2*3.455.67.8 9 10 11 12 13 14 15 *16,17,18:19.20.21.22 23 24 25 26 27 28 29 30 31

THU DEC 13 Cougar Mountain — Wilderness Peak and beyond 3C • 9:00 • Tom Mechler, 255-0922

FRI DEC:14 South Tiger Mountain State Forest South TMT loop 2B • 9:30 • Betty Culbert, 432-7387

Imagine to the sense of the sen

SAT DEC 15 See All Control of the Co

Tiger Mountain State Forest Leader's Choice 3C • 9:00 • Laurene McLane, 392-0204

TUE DEC 18

Tiger Mountain 2 & 3 Christmas cookie and candy potluck and exchange. Bring a dozen or more of your favorite cookie or candy. 3C • 9:00 • Joanne Howe, 432-0741

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Committee of the Commit WED DEC 19 Cougar Mtn Regional Wildland Park Newcastles the constraint some Family Hike, 4 yrs old and up 2A 12:45 • Judy Chamberlin, 300 16:392-8813 392-8813 Section of the first of the section of th Trails Club Board meeting, 7:30 pm Issaquah Library, 140 E. Sunset Way? The second state of the second second

THU DEC 27 Lake Tradition Plateau 2B 9:30 Al Blalock, 746-4155 Ed Bowser. 747-3349 That have there were the state of

Called to the latter of the la BANK OF THE CONTROL OF THE BANK A Part of the property of the part of the निर्देश है है है जिस्से अपने जिल्ला है जिस मुख्य की ले The property of the second agreementation विकास के लिए । अने ताले हैं अपने अने विकास का तर्थ 在中国的"原"的"是"的"是一种"的"是一种"的"是一种"的"是一种"的"是一种"的"是一种"的"是一种"的"是一种"的"是一种"的"是一种"的"是一种"的"是 And the second of the second o

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de Prais Machine at the training of the first facility With the fire out of their mines left an

Someone told us to go take a hike, so we did

Editor's note: Diane Guthrie was an end-to-ender on the Mountains to Sound March over the Fourth of July holidays. She kept a delightful, detailed diary of the journey's hardships and triumphs. Following are exerpts from the 9-page account. For the complete transcript, send a stamped, self-addressed envelope (a large manila one would be best) to:

Issaquah Alps Trails Club P.O. Box 351 Issaquah, WA 98027

Day One

When travelling west on a ski slope, Indian Paintbrush plants dotted the slope and confused us. Their color is similar to the orange in the orange and black ribbons that were used to mark our route.

ing terrain was hard and rocky. Half of a mile was on a logging road, the remainder was on the old Milwaukee Railroad grade. When entering a dilapidated and ghostly snow shed, we heard a train whistle. Denny Crosten, a railroad history enthusiast, created the sound from a wooden whistle.

...Tom Wood visited many lunchers and spread the news of how the hike was going. Two people had dropped out of the hike: Half the leaders were in the back. Tom wondered, "At exactly what point did we lose control?"

...Two miles after crossing the Mine Creek trestle, we crossed Halls Creek...Dozens of hikers removed their footware to cool their feet in the water. Roxanne Love placed moleskin on her feet and said, "I am stopping to patch my tires." (Could this creek be renamed Blister or Moleskin Creek in our honor? "Halls" conjures up thoughts of sore throats, not sore feet.)...Later we discovered that Jack Horning had lacerated his finger while descending to the creek and had been taken to the hospital.

Day Two

...After crossing Highway 18 into Preston, a surprise was in store for us. With only two and a half miles left to Page 6



John Hartman and his daughter
Meghan, 10, complete the Mountains to
Sound March. Meghan was the
youngest hiker to complete the March.

go, we sang as we entered a forest path paralleling Lake Creek. Our songs became drowned out by thunder and there was a downpour that swept us to Preston. We were promised running water at each campground but had not expected the water to be running down the streets of Preston.

Preston gave us a great welcome. At 6 p.m. many hikers were splashing past the 100-year-old church and its bells were ringing.

Jones introduced Sven and Ole. The curtain opened and there Ole stood with an extra high backpack with a pan on top. He called for Sven. The pan lifted up and Sven appeared. Ole had unknowingly carried Sven on his back for the past 10 miles and was also dragging a box which contained a mattress, eggs and jumper cables. They were doing the "Summit to Plummet". Both were concerned about preserving nature. Sven thought that chopping wood and soaking it in lye like lutefisk would

help. Ole said that he had stopped brushing his teeth because the flouide ruins the ozone layer. Sven corrected him. It was not the fluoride but the floral carbons that were the problem. Ole said, "I'll stop buying flowers then."

Day Three

...Tom Wood assured us that the trails of Tiger Mountain were going to be soft. This was good news to a hiker with pink and purple blisters under his toenail...Steve Millican said, "My feet are no longer speaking to me."

...Tom Wood promised us a sauna at Tiger 1 that he guaranteed to be 75 degrees. When we reached the cloudedover West-Tiger 1, Tom delivered on his promise. On the back side of one of the buildings by the tower was an event of warm air protected by a lean-to shelter. Up to four hikers at once could huddle in the space to warm up and dry off. Several people started eating so Tom declared it a lunch break.

Day Four

...Hikers set up a line for foot doctoring by Search and Rescue volunteers right away even though one of the hikers said "I don't get blisters while I'm sleeping."

(At the end of the day at Newcastle Beach)...We fell asleep under a clear sky with a full moon providing a night light. At 2:30 a.m. we were awakened by showering lawn sprinklers. Quick-thinking people placed garbage cans and large juice containers over the nozzles to restrict the spray. Dave Kappler called 911 to get assistance. He expected the operator to find this request unusual, but the operator said, "We expect anything during a full moon."

Day Five

...Ann Marshall; editor of the Signpost magazine, was overhead saying. "I've done it on aspirin since Preston.

...(In Seattle) people asked us questions. When they found out how far we walked they said, "Are you serious?" We replied; "Yes. Crazy but serious." One hiker, after being asked why he did it, said, "Someone told us to go take a hike so we did."

Mountains to Sound Scheduled Day Hikes

Bold listings indicate route and schedule for those who want to join the end-to-end hikers one day at a time.

Day 1: Wednesday, July 4

Asahel Curtis to Twin Falls. 4B 8:30 a.m. -- 13 miles, mostly downhill. Meet at the North Bend Park & Ride* Leaders: Mike Means 888-3893, Clifton Cooper 655-7239

McClellan Butte Trailhead to Twin Falls. 3B 10 a.m. 8 miles. Meet at the North Bend Park & Ride*. Leaders: Pat Brewington 888-2426, Pattie Mercer 888-4753.

Snoqualmie Pass to Rattlesnake Lake. 4B+ 6 a.m. Meet at the Mountaineers Lodge between Snoqualmie Summit and Ski Acres. 25 miles.

Day 2: Thursday, July 5

Rattlesnake Ledge up and back. 2C 9 a.m. Meet at Rattlesnake Lake. Take exit 32 from I-90 and head south. This is a steep and difficult hike with unsure footing—not suitable for small children. Boots required. 2 miles. Leader: Gred Brigance, 745-6326.

Cedar Butte. 2C 12:30 p.m. Meet at the North Bend Park and Ride*. 4.5 miles. Meet at North Bend Park & Ride*. Leaders: Pat Brewington 888-2426, Suzy Roth 392-6259. Preston Town Tour. 1A First tour: 10 a.m., second tour: 2 p.m. Meet at Preston Community Hall (take the Preston exit from I-90, follow road to Fall City 1/2 mile.) Tours are 1 hour each. Leader: Mary Ann Tagney-Jones 222-7615.

Rattlesnake Lake to Preston. 4D+6 a.m. Meet at Rattlesnake Lake. Take exit 32 from I-90, turn south to Rattlesnake Lake. Meet at the camp area on opposite side of lake and ask for the day hike leader. 18 miles.

Day 3: Friday, July 6

Grand Ridge Exploration 2B 9 a.m. Meet at the Issaquah City Hall Parking Lot. Leaders: John Seebeth 391-3843, Dennis Burk 391-3835.

Lake Tradition Exploration. 2B 1:30 p.m. Meet at the Issaquah City Hall Parking lot. Five miles. Leader: Bob Gross 392-0539.

Preston Trail, Tiger 1 and 3, to Issaquah. 4D 8 a.m. Meet at Preston Park and Ride on the north side of I-90 at the Preston exit. 10 miles. Leaders: Tom Wood 391-8027, Will Thompson 488-8592.

Day 4: Saturday, July 7

Issaquah over Squak to Highway 900. 3C 8 a.m. Meet at the Issaquah City Hall Parking lot. 6 miles. Some steep and wild. Leaders: Gus Nelson, 392-7428, Tom Palm 783-6005. Wilderness Peak Trailhead to Red Town. 2C 11 a.m. Meet at the Park and Ride at Newport Way and the Renton-Issaquah Road (SR 900) 5 miles. Leaders: Betty Culbert 432-7387, Connie Dow 392-2190.

Newcastle Tour. 1B 2 p.m. Meet at the Coal Creek Trailhead (from Newport Way, turn south on 164th. Trailhead is at the "U-bend" about 3 miles up the hill.) Leaders: Ann Leber 746-3291, Gail Palm 783-6005.

Issaquah to Newcastle Beach Park via Squak and Cougar Mountains. 4D 7 a.m. Meet at Memorial Field in Issaquah and have a pancake breakfast with the Masons.

Day 5: Sunday, July 8

The Tri-MountainVolkssport Club joins the last leg The March at Mercer Island's Luther Burbank Park starting between 8 and 10 a.m. and proceeding seven miles over the Mercer Island Floating Bridge to Seattle and Waterfront Park, Call Margaret Marshall at 392-4335 for details.

Newcastle Beach Park in Bellevue to Watefront Park in Seattle. 7 a.m. Meet at Newcastle Beach. Take the 112th St. exit from 405 in Renton. Turn right off the exit and then take the next right to the beach.

* At 4th and Main, next to the North Bend Library.

Profile of Mountains to Sound March (scale deliberately exaggerated).

